

SCHOOL BRITISH WHIG

FIRST YEAR

MONDAY, MARCH 1, 1930

NO. 56

NERVES ALL GONE TO PIECES

"Fruit-a-lives" Conquered Nervous Prostration

R. H. No. 4, 615 RIVER PLAINS, MAN. In the year 1910, I had Nervous Prostration in its worst form...

GRAND TRUNK RAILWAY SYSTEM

AGENCY FOR ALL STEAMSHIP LINES

For information and rates apply to J. P. Hensley, C. P. & T. A., G. T. B., Kingston, Ont.

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For Infants and Children In Use For Over 30 Years

SPECIALS at the UNIQUE GROCERY AND MEAT MARKET

Fresh FISH of all kinds. Prime MEATS of all kinds. Smoked and Cooked Meats. Smoked and Salt FISH.

Order Early—Phone 530. 490 and 492 Princess Street.

C. H. PICKERING

SANTAL MIDY CATARRH of the BLADDER relieved in 24 HOURS

The Cash Store Special Sale

Gunn's Royal Brand Mince Meat. Choice Farmer Butter, per lb. 58c, 60c, 62c.

The United Grocery COMPANY

Next Standard Bank 138 Princess St. Phone 267

Grip, Influenza

Hamlin's Wizard Oil a Reliable, Antiseptic Preventive. During influenza epidemics spray the nose and throat several times a day with one part Wizard Oil...

Yes, the Pain goes!

The very first rub gives relief and as you massage in the healing, penetrating oils of Chamberlain's Liniment...

Chamberlain's Liniment



Study Problems Solved

The English Sentence

BY HERMAN T. LUKENS Skill in writing is like skill in handling any other tool. Shakespeare used four times as many words as the ordinary writer of English...

Louise School.

Mad Notes.

On February 21 I saw a barn owl. It was about seven and a half inches long. Its face was like a flat disk with a short, strong beak...

Wild Life of Forest and Field

Early Birds

There are always wideawake boys and girls who see the first month as early as the last week in February...

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Early Birds

There are always wideawake boys and girls who see the first month as early as the last week in February...



It out from memory, or try to write it in your own words in your own way...

Our Household Science Lesson.

Household science is one of the girls' best classes in school. It is a way of learning how to be clean in everything we do.

Sydenham School.

Our Sleigh Ride.

On Feb. 14 the children of the Home had a sleigh ride. We started out at four o'clock, and we went out to the penitentiary road.



MEADOWLARK ANNOUNCES SPRING OF THE YEAR AND WE BELIEVE HIM

My Nature Study Walk.

On Tuesday morning, when the boys of "Senior Fourth" class of Louise school were over to Macdonald school for manual training...

A Trick With Water.

You take a wine glass and fill it to the brim with water. Then you take a thin sheet of paper and put it over the top of the glass.

The Man Who Carried Death.

During the Crimean war a gallant deed was performed by Captain William Peel, commander of a British warship...

TO BE HANDED OVER.

Germany to Surrender Fifty-nine Warships on March 10th.

Yukon Has Gone Bone Dry.

Dawson, Y.T., March 1.—Territorial-wide prohibition of the liquor traffic has been endorsed by the people in the plebiscite just held.

FINES OF \$1,300 IMPOSED UPON THREE MEN WHO SOLD LIQUOR TO DETECTIVES.

Magistrate Farrell, was Engaged all Friday and Saturday in Hearing the Cases—Another Scheduled for Monday.

William Seals, fined \$700 and costs or six months.

William Mitchell, fined \$400 and costs or three months.

Charles Grass, fined \$200 and costs or three months.

The above penalties were handed out by Magistrate Farrell at the Police Court on Saturday afternoon.

The case of James Delph Jr., charged with selling liquor to the government detectives was enlarged till Monday morning.

In imposing a fine of \$700 and costs on Seals, Magistrate Farrell stated that Seals had been before the court on a similar offence.

T. J. Rigney, counsel for Christopher Grass, who was fined \$200 and costs, pointed out that this was the first time the accused had been convicted on a charge of this kind.

All Saturday forenoon was taken up by Magistrate Farrell, in the hearing of the case of Grass. Provincial

Great Britain's Drink Bill.

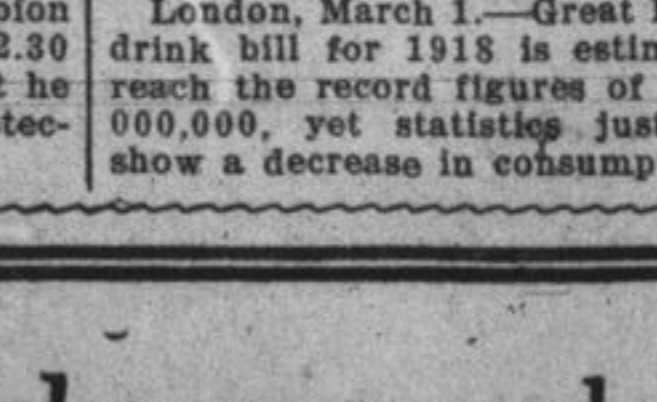
London, March 1.—Great Britain's drink bill for 1918 is estimated to reach the record figure of \$1,295,000,000, yet statistics just issued show a decrease in consumption and an increase in sobriety.

Dad speaks one word for me and two for himself when he tells Mother to order more



He likes them, same as I do — Bobby Canadian Postum Cereal Co. Ltd., Windsor, Ont.

Postum Toasties



Postum Toasties are made from the best quality of wheat and are a most nutritious and palatable cereal.

Cedar Fence Posts. We have a good supply of sound Posts on hand at reasonable prices. Let us quote you on your requirements. Allan Lumber Co. Phone 1042. Victoria Street

JUTE BAGS WANTED. We will pay highest prices for all kinds of Jute Bags. Get in touch with us. A. SPEIZMAN 60 QUEEN ST., KINGSTON

HIGH GRADE BONDS BOUGHT—SOLD—OR EXCHANGED. Owing to the favorable exchange it is a good time to sell your Anglo-French, United Kingdom or any bond, payable in New York funds. Telephone 703 J. O. HUTTON 67 Clarence Street, Kingston

HALLIDAY ELECTRIC CO. Distributors for G. E. MAZDA LAMPS. Large stock on hand. 345 King Street - - - Phone 94

PRICES UNCHANGED. WHILE THE EXCHANGE SITUATION HAS AFFECTED AMERICAN-MADE GOODS, THE "MADE-IN-CANADA" COLUMBIA RECORDS ARE STILL SELLING AT THE OLD PRICE. Columbia Artist Records 90c. The Columbia Factory is the Largest Manufacturing Plant in any line of business in all Canada.

Grove's O-Pen-Trate Salve Opens the Pores and Penetrates. A Remedy for Chest Colds, Head Colds, Sore Throat, Stiff Neck, Earache, Spasmodic Croup and kindred ailments. Apply freely to the skin just over the affected parts and rub it in.

GROVE'S O-PEN-TRATE SALVE is also an Excellent Germicide for the Nose and Throat. It should be applied to the nostrils so that you will be continually inhaling the vapors while in the presence of patients who are sick with contagious diseases...