



Will that Boy of Yours Make Good?

That boy of yours has great possibilities. The chief factor in his success is good health. The chief factor in good health is cleanliness inside.

Keep his mind keen and his physical force ever increasing through the proper elimination of waste matter and intestinal poisons from his system. By an entirely new principle Nujol will keep the poisonous waste moving out of the body. Every other form of treatment either irritates or forces the system. Nujol works on the waste matter instead of on the system.

Nujol prevents constipation by keeping the food waste soft, thus helping Nature establish easy, thorough bowel evacuation at regular intervals—the healthiest habit in the world.

It is absolutely harmless and pleasant to take—try it.

Nujol is sold by all druggists in sealed bottles only bearing Nujol trade-mark. Write Nujol Laboratories, Standard Oil Co. (New Jersey), 50 Broadway, N. Y., for Booklet, "Thirty Feet of Danger."

A New Method of Treating an Old Complaint

THE EWE AT LAMBING

Hints on Care of Both Mother and Lamb.

Care Before Lambing Important—How to Help in Cases of Poor Delivery—A Good Ration for Ewes When Raising Lambs.

(Contributed by Ontario Department of Agriculture, Toronto.)

THE two main factors contributing to a satisfactory lamb crop are the proper feeding and care of the sheep during the six months previous to lambing time together with care and detailed attention given to the flock during the lambing period. Plenty of exercise coupled with sufficient amount of the right kind of feed to maintain the ewes in good thriving condition will usually result in the birth of active rugged lambs, for which the mother will have a sufficient supply of milk. In practically every flock, no matter how well cared for, the attendant must be on hand frequently, day and night, during the period the lambs are arriving. A little extra care at the proper time often results in the saving of not a few lambs.

Absolute dryness and freedom from draught are very essential for the flock at lambing time, and when the lambs are expected in March or even early April previous should be made for reasonable protection from the cold.

Wool balls in the stomach is often the cause of much loss in young lambs. This trouble as well as difficulty in getting the lambs to nurse may be avoided by keeping the ewes and their dirty wool from around the udder and quarters of the ewes. It must be borne in mind that at this time the ewes, heavy in lamb, should be handled gently, otherwise serious loss may occur from ewes slipping their lambs.

Provision should be made for a few small pens located along the warmest side of the building. The ewe about to lamb is much safer separated from the main flock and in cases of difficult parturition, weak lambs, ewes disowning their lambs, and numerous other difficulties that may arise they can be looked after in a great deal more satisfactorily when confined in small enclosures. It not infrequently happens that a ewe has difficulty in delivering her lamb; this is more common in the case of young ewes with their first lamb. When the lamb has come forward far enough so that the nose and front feet are in sight and the head is unable to pass through the ewe should be assisted by gentle pulling on the forefeet. If this fails smear the inside of the vagina well with linseed oil; this has the effect of softening and allowing the opening to stretch, and will, unless the case is a very severe one, give relief. No action should be taken until it is reasonably certain some assistance is needed, and before investigating the hands should be perfectly clean and disinfected.

Lambs may be born weak and apparently lifeless, more particularly in case of difficult delivery. These may be revived by quick action on the part of the attendant. First remove the phlegm from the mouth, then hold the mouth open and blow gently a few times to start lung action. Next lay the lamb on its belly and gently beat it on the sides next to the heart just back of the shoulder.

A ewe may lose her lamb and still have a supply of milk. She may be given a lamb say one of twins or an orphan lamb belonging to another ewe to raise. This may be accomplished by skinning the dead lamb and throwing the skin over the one to be adopted. A ewe may take to another lamb when held and the lamb allowed to suck. Especially is this true where a ewe has a full flow of milk.

When a lamb is born during a cold spell it may become so thoroughly chilled as to require attention. Place the lamb in hot water until well warmed, rub dry, then wrap in a cloth and place beside a fire until restored. A little warm milk taken from the mother should be given as soon as the lamb will take it. A few drops of whiskey in a little warm water may often prove beneficial.

Ewes, like dairy cattle, vary a great deal in the amount of milk given. In case of single lambs the mother may have more milk than the lamb will take for a week or more, the lambs may be nursing on one side only and the other side will become inflamed and sore. Either hold the ewe and allow another lamb to nurse or milk out. In case the udder has become hard bathe with hot water for five minutes with a woollen cloth, dry thoroughly and apply (warm) pure melted hog's lard.

Ewes should be fed sparingly, especially of grain, for a few days after lambing, as soon as they are safely over the effects of lambing they should be gradually brought up to full feed. Clover or alfalfa hay, together with a grain ration of oats and bran should give results. If root or good quality silage is available they will supply succulence and add variety to the ration.

All lambs should be docked and the male lambs, other than those intended for breeding purposes, castrated at from ten days to two weeks old.

Following is a good ration for ewes when raising lambs:—
Oats, eight parts.
Brass, four parts.
Oil cake, one part.
Roots, four to six pounds per day.
Good hay.

Lambs started on ¼ pound per day will give a good account of the feed consumed—Perry Sackville, O. A. College, G. sheep.


Sheep-talk.
Prof. Garner reports that the female ape says "moo-hoo," and the male ape replies "Wahoo." Evaluation doesn't appear to have carried us very far. A chap on the moonlit beach last night said, "Who is 'oo'?" and the girl replied, "It's 'oo'."

Indians Died from 'Flu.'
Five thousand Indians succumbed to the epidemic of the "flu" during the fall and winter of 1918 is the statement of the deputy superintendent general of Indian affairs.



MAGIC BAKING POWDER

HOW TO ATTACH A RUNNER TO A SIDE-CAR.



These photos show how Ernest Jarrold, of Hamilton, has solved the problem of satisfactorily attaching a runner to a motorcycle side-car.

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Shipping in Montreal.

That the first year of peace was a banner shipping year for Montreal is reflected in the statistics placed before the harbor commissioners of Montreal. In the season just closed 786 ships came to Montreal, of which 702 were trans-Atlantic ships, as compared with 644 last year. The British tonnage totalled 1,646,522 and total of other tonnage was 532,748. Inland transportation totalled 7,499 vessels, with tonnage of 4,357,724 tonnage, an increase of 1,397 ships and of 1,043,825 over the previous season. River and gulf traffic between Montreal and the Maritime Provinces showed great improvement, number of vessels in this category being 84, with tonnage of 127,642, as compared with only 39 vessels, and tonnage of 22,861 in 1918. The 1919 season opened on April 14 and closed December 12. The opening was the earliest since 1915, but the closing was five days earlier than last year. First ocean arrival was on April 22, five days earlier than last year, and last ocean departure was December 10, four days earlier than in 1918.

Winnipeg to Build Houses.

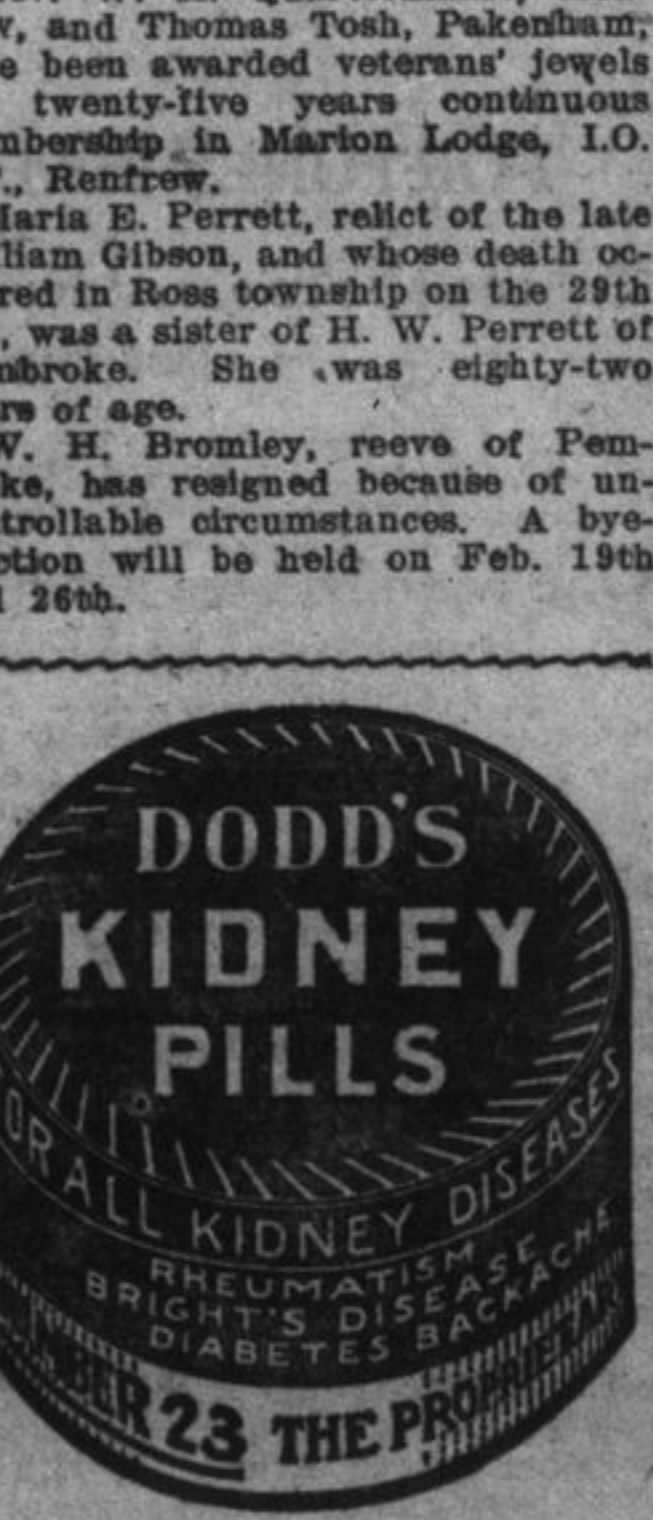
As the first definite step toward relieving the housing shortage, the Winnipeg Housing Commission has called for tenders for the construction of fifty residences in Fort Rouge and west end districts. These houses, to be erected at a cost of about \$185,000, are to be the first block of about \$90 that the commission proposes to build before next autumn.

Friends Are Sometimes Candid.

"My poem is returned with the editor's regrets. I wonder if he is quite candid with me?"
"I fear not. I don't see why he should have any regrets at sending it back."
Really.
Son—"Father, what is the rest of the quotation, 'Man proposes and God disposes'?"
Father (sighs)—"Women seldom refuses!"

Absent-minded Vicar (during dinner at a friend's house, to his wife)

—My dear, we must change this soup. Your own words were that the last, the sixth year in succession Sheriff Alex. Morris has been elected as chairman of the Pembroke Board of Education.
William Stewart has been re-elected chairman of the Ottawa Board of Health. Dr. McCann is with medical health officer.
The Arrprior Independent band is out to raise \$200 for the purchase of new instruments.
There is usually room at the top of a span's head for hair.




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A Ten-Day Tube of Pepsodent to show you its effects. See coupon.



Look in 10 Days

Note how the teeth glisten. You can see that the film is gone.

Learn the Cause of Decay

Dental science has now traced most tooth troubles to a film. To that slimy film which you can feel.

That is what discolors—not the teeth. It is the basis of tartar. It holds food substance which ferments and forms acid. It holds the acid in contact with the teeth to cause decay.

Millions of germs breed in it. They, with tartar, are the chief cause of pyorrhea.

The film is clinging. It enters crevices and stays. No ordinary tooth paste can dissolve it. A soapy tooth paste makes it more viscous.

So, despite your brushing, much film stays. Night and day it does its damage. It is the great tooth wrecker.

Science now has found a way to combat that film. The fact has been proved by many clinical tests. The method is now advocated by leading dentists everywhere.

For daily use it is embodied in a dentifrice called Pepsodent. And we are mailing 10-Day Tubes so that every home may try it.

Do This and See

We urge you for your own sake to write for this 10-Day Tube. See the results for yourself.

Pepsodent is based on pepsin, the digestant of albumin. The film is albuminous matter. The object of Pepsodent is to dissolve it, then to constantly combat it.

Pepsin must be activated, and science has discovered a harmless activating method. The usual method is an acid, harmful to the teeth, so pepsin long seemed impossible. Now everyone may apply it, morning, noon and night. And the evidence is that this invention brings a new dental era.

Send the coupon for a 10-Day Tube. Note how clean the teeth feel after using. Mark the absence of the slimy film. See how teeth whiten as the fixed film disappears.

Compare results with the methods you use now. Then judge for yourself what is best. Cut out the coupon now.

REG. IN CANADA

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