

In the Realm of Women--Some Interesting Features

The Cook's little helps

Oxo Cubes are little wonders of convenience and economy. In the hands of the cook they are something to conjure with—they save meat—they save fuel—improve the cooking—increase nutrition—and make for better health and well-being all round.



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For rates of passage, freight and further particulars apply to local agents or THE ROBERT REPOD CO., LTD., GENERAL MANAGERS, 80 KING STREET EAST, TORONTO, ONT.

What is sometimes termed an investigation, may be nothing more or less than a whitewash. The novice is often found telling the expert how to do it.



COOKERY COLUMN

COCOA BISCUIT

- 2 cups flour
 - 1/2 teaspoon baking powder
 - 1/2 teaspoon salt
 - 2 tablespoons flour
 - 2 tablespoons Cocoa
 - 2 tablespoons butter
 - 2/3 cup milk
- Mix and sift dry ingredients.
 - Rub in the butter with the tips of the fingers.
 - Add milk gradually, mixing to a soft dough.
 - Toss on floured board.
 - Roll lightly to one-half inch in thickness, cut into small biscuits.
 - Bake in a hot oven 12 to 15 minutes.



Send for recipe booklet to THE COWAN COMPANY LIMITED, TORONTO



SINCE 1870
SHILOH
30 STOPS COUGHS

Silence many times means consent to the questionable, if not actually dishonest, transaction. The man of brains proves the fact by actions as well as words.

Should women be put on trial for their faults?

Should women be put on trial for their faults? And should they be tried by men? Are their so-called weaknesses due to the mediocre demands of men? Do women know how to stick to ideals that are not social assets? What is the type of girl that invariably becomes an old maid? Do men put a premium on virtue?

These are a few of the questions that are discussed and answered in a tremendously stimulating article called "Supply and Demand." Every woman in America owes it to herself to read it. This is but one of the 38 stimulating and amusing features in this big magazine.

GOOD HOUSEKEEPING
EVERYWHERE—25c.

LOVE and MARRIED LIFE by the noted author Idah McGione Gibson

Planning Our Trip.

I felt a lump rise in my throat as I saw the look of adoration that Bob Gaylord gave Helen. Never since we had been married had John looked at me in that way. I could not have spoken with him in that way.

Fortunately Helen and Bobby were so engrossed in their little love episode that they had forgotten me for the moment. Helen was the first to recover.

"Where do you think we had better go, Bobby?" she asked.

"Why, hasn't Katherine decided? Why don't you two girls come with me to California?"

"No, that would spoil it all," said Helen and I in the same breath. "We don't want to be bothered with any one but just the two of us, and besides I don't think that Katherine is well enough to take so long a trip," continued Helen.

"Do you want gaiety?" asked Bobby with a smile.

"Some," answered Helen. "That's a nice thing for a woman to tell her husband who is about to leave her," was Bob's grinning comment.

"Well, we're not going to bury ourselves," she answered, "but we don't want to be too gay."

"What I would like most of all," I interrupted, "would be to go to some place where we could have gaiety if we wished, and get out of it and be quiet if we found it was pleasanter to spend some of the time by ourselves."

"The only place I can think of," said Bobby, "is Atlantic City."

"All right, we'll go there," was my quick decision, and I looked to Helen for confirmation.

"That suits me," she said.

"What does John say to this?" asked Bob.

"He doesn't know anything about it," I answered as lightly as I could.

Bobby Becomes Serious.

Bobby became very serious, and I intercepted a peculiar look which passed between him and his wife.

The look in Helen's eyes seemed to draw Bob to her, for he went over and sat down beside her, and passing his arm about her waist, lightly drew her to him. Although nothing was said, the action spoke louder than any words could. He was telling her that he understood that John's and my dream of love had been rudely dissipated, but even if every other lover's dream on this earth became dispelled, yet he would still cling to hers.

Helen must have seen on my face the little spasms of pain this thought caused me, for with a little caressing pat she drew away from Bobby's controlling arm.

"Well, it's settled that you're going to Atlantic City," said he gayly. "Have you girls the slightest idea that you could get ready to go tonight? I would like to see Helen started before I leave for the west in the morning."

"Of course we can," I answered. "I'll go right away now and Helen can pack while I am gone."

"I'll go to the station and buy your tickets," said Bob, "and to the bank for you, Helen. Would you like me to do anything for you, Katherine?" he asked.

"No," I answered. I could not give him Alice's cheque and let him know that the only money I had came not from John, but from John's sister.

However, I did not allow myself to worry, but made my mind speed to something else. Quickly I travelled over my wardrobe, and I decided that I would take very little baggage with me. If I needed anything more I could easily send to Alice.

On my way home I opened an account at the bank in which I deposited Alice's cheque and drew out \$500 for my very own.

Every Woman Will Understand.

I am sure that every woman whose husband has been mean in money matters, and there are many such husbands, will understand the relief, comfort and buoyancy I felt with the knowledge of a sizeable bank account and the possession of ready cash.

Many people say that money cannot make one happy, nor the lack of it miserable. The lack of money can make me very miserable, and, although money can not make people happy, it can ameliorate conditions and smooth out many of the little annoying things which add to either mental or physical pain.

There are almost as many flimsy fallacies said and written about money as are said and written about love or virtue. Virtue is largely a matter of geography, and love is usually a juxtaposition of time and place and circumstance.

I smiled at my own epigram and thanked heaven that I could smile again at my troubles.

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To-morrow—Madam Gordon Gets the News.

THE LIEUTENANT-GOVERNOR.

Functions of the "Official Head" of a Province.

The appointment of a new Lieutenant-Governor for Ontario has revived interest in the functions of that official. Technically speaking, he is in charge of the administration of government of the province; actually, he acts only on the advice of the executive council or cabinet, and performs no duties that could not be fulfilled by the chief justice of the province, unless they be social duties which are his by tradition, but not by law.

It would not be an easy matter, if desirable, to abolish the position of lieutenant-governor, because the appointment is required by the British North America Act, the constitution of Canada, and the provinces have allotted to him various duties not common to all. For instance, in British Columbia, the lieutenant-governor is authorized to transmit by message to the Legislature the draft of any law which appears to him to be desirable. And in Quebec, New Brunswick and Nova Scotia he appoints the member of the Upper House or Legislative Council. In Quebec he appoints the Speaker of that body.

The lieutenant-governor is authorized to choose the ministers who shall assist him in the governing of the province and constitutional practice requires that he shall choose them from the party having a majority of the members of the Legislature. In practice, the lieutenant-governor selects the party leader having the largest following to form a ministry, and almost as a matter of course approves of the selections made for the various portfolios.

The other duties of the lieutenant-governor are:

To summon, prorogue or dissolve the legislature.

To recommend the appropriation of the revenues and all money bills.

To assent to or veto bills or reserve them for the consideration of the governor-general.

He appoints all officers necessary to the work of administration.

He may dismiss ministers or demand their resignations.

The lieutenant-governor, contrary to popular impression, is not a representative of the King, and holds no commission from him. He is appointed by the Governor-General in Council and may be removed by the same on the advice of the Dominion Cabinet. Munro's "Constitution of Canada" says he presides over the administration and forms a part of the legislature.

A Captain of Finance.

"The Germans know that their country is down and out," said Sir John Aird, in a recent interview, "and their temperament makes them realize that only vigilance and efficiency will get to the top again. We must be eternally vigilant also, and watch them."

Sir John Aird is one of Canada's captains of finance, whose position of general manager of one of our largest banks enables him to make an accurate survey of the whole financial and commercial situation. A few weeks ago he visited France and Belgium for the purpose of studying the after-war situation. He was impressed with the progress made in the

Work of Reconstruction.

"Canada," he said, "can provide many things that are needed in these countries, apart altogether from food-stuffs, such as live stock, beef, pork products, and cereals of all kinds. They need all kinds of manufactured goods, such as machinery, iron, steel, paper, boots and shoes, cotton and woollen goods, and agricultural implements—articles that they require immediately. I think people fail to realize how important it is that what we can do in the way of assistance should be done promptly."

Sir John Aird was born on November 15, 1855, in the town of Louisa on the south shore of the St. Lawrence river opposite Montreal, but in his early boyhood the family moved to Ontario, and Sir John was educated in the Toronto Model School. Shortly after leaving school he took up clerical work in a railway office and for six years he made that his occupation.

In 1879, at the age of 24 years, he became private secretary to the general manager of the Canadian Bank of Commerce, and after passing through many positions, he became general manager.

Speaking of Canada's overseas trade, Sir John remarked that "the rate of exchange is one of the difficulties in the way. I am hopeful that, once the Peace Treaty is ratified, some arrangement will be effected for stabilizing the rate of exchange—I believe \$4.50 for the pound would be a reasonable figure all round—then we should know where we were and be able to get on with business, which is badly handicapped by the present uncertainty."

H. A. Cody.

Good, clean, wholesome novels, unique in plot and abounding in action, adventure, are the productions of H. A. Cody. His early experience as a missionary in the Yukon district supplied him with material which he uses so successfully as the background of his books of western life. As a clergyman who enters into the activities and daily problems of his community he has, in other stories, helped to show the place of the preacher and the church in the life of the people.

Rev. Hiram Alfred Cody was born in New Brunswick in 1873, ordained to the Anglican priesthood in 1893, missionary and rector in the Yukon district for six years. Since then he has been rector of St. James' Church at St. John, N.B.

Happy Occasion.

Mother—What's the matter, darling?

Child—P-p-p-ah! his finger with the hammer.

Mother—Don't cry about that; you should laugh.

Child—I-I-I-did.

There is enough real troubles without hunting up and adopting any imaginary ones.

There is generally more or less action in the facts of the case as presented to the jury.

The man who is perfectly satisfied with a little usually has that amount, or less.

"A grandfather did" would not make much of a slogan in this age of push and hustle.

If you trust to chances you will not be burdened with chances.



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"Nothing will do but FRY'S"

A Financial Diagnosis. In a confidential little talk to a group of medical students an eminent physician took up the extremely important matter of correct diagnosis of the maximum fee.

"The best rewards," he said, "come of course to the established specialist. For instance, I charge \$25 a call at the residence, \$10 for an office consultation, and \$5 for a telephone consultation."

There was an appreciative and envious silence, and then a voice from the back of the amphitheatre, slightly thickened, spoke:

"Doe," it asked, "how much do you charge a fellow for passing you on the street?"

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