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### SCHOOL BRITISH WHIG

FIRST YEAR

THURSDAY, FEBRUARY 5, 1920.

### The All Round Girl Red Cheeks and Pep

An Old and New Sport BY MOLLIE PRICE COOK

Do you know that when you put on your hockeys to glide over the ice you are indulging in a sport that is hundreds of years old! The old Norseman had skates made of oxen bones, curiously shaped, and fastened with thongs to his shoes. The Puritan fathers wore wooden skates quite similar to those which the Dutch wear today. Thanks to invention, the "peppy" girls of today who live where it is cold in the winter have the advantage of modern skates. Imagine the us aga joy of the old-fashioned girl over a years. pair of smooth, sharp, steel skates! Surely you are not permitting your-self to miss the fun they hold!

Skating Not Expensive To enjoy the greatest sport of the season it is not necessary to have you all the speed you need. The point is to skate. Girls who do not own skates can earn them. Dimes and quarters earned in helping mother will soon add up to \$2.50, the price of Get busy and relieve those pains with a pair.

HAT Sloan's does, it does thor- and lace them tightly. Then tightening oughly - penetrates without the strap will not hurt your instep. Use both skates. Do not try to gyand promptly relieves all manner of rate on one foot as that injures the spine. If the ankles turn over nothing will keep them straight but prac-tice and lots of it. If your ankles are it clean and non-skin-staining. Keep weak, skating will strengthen them.

ralgia, over-exerted muscles, stiff "Rollers" for Southern Girls joints, pains, bruises, stains, sprains, Girls who live too far south for fro-For 38 years Sloan's Liniment has zen rivers and ponds merely substitute roller skates for ice skates. Roller helped thousands the world over. skating gives the same invigorating exercise in the open air, and "rollers" You won't be an exception. It is unequaled in producing results. Made can cover as great a distance on a floor as steel skate blades on the ice. Roller skating is not a "sissy" sport,



but one giving opportunity for great skill. Many girls seem to think that there are only certain seasons for roll-ar skating. Not so; it is an all-year-round sport. Why can you southern girls not set the pace for a roller-skating revival, making it a great na-tional girls sport?

(Tomorrow: Learn how to make money by trapping.) Copyright, 1930, by J. E. Millar



LOOKING AHEAD He: Do you think we could live on my salary if we married? She: I think so, but how far would it go if we ever got a divorce.

No, Hazel, footsteps are not always

Cataragui School.

A Driving Party. At seven o'clock on Friday evening, some of the boys and girls of Cataraqui school met at the school and waited for the sleigh. At 7.30

it came along and we got on it and

beer and it made them sick, the bare feet and legs. clergyman asked them what was the The garrison was aroused and matter, they said, coming along in soon the Danes with smarting feet the car made them sick.

After we had our dinner we went hasty retreat to their boats. Make a soft padded tongue of eider- to see the White Horse carved in Thus the Scots chose the thistle as see a cave; the old peasant told us Nora O'Connor, Junior Fourth. that years ago if a man was riding by one his horse and a shoe came off he could put a sixpence in a little dent in the rock, leave his horse Our best China is made in France. there and go away, by the time he Turkeys are natives of America, and came back his horse's shoe would be so are Irish potatoes. Cork legs are

stone it would make a noise like a silver at all, but a combination of infog-horn. It is said that King Alfred ferior metals. Dutch gold is anything we were on the home journey at not made from the hair of camels. dusk .- Charles Stanley, aged 13.

#### Notre Dame Convent.

The Story of a Lead Pencil. I am now an old lead pencil chewed at one and worn off at the other. My green paint is all gone and I am thrown into a corner of the desk.

I was first cut from an oak tree. I was put into a machine and made round. A man bored a hole through me and poured led graphite into me. Then they painted me green and put a brass tip with a rubber on one end and a nice point on the other end. I was then packed away in a box and sent to a stationery store. When the lid was taken off, I was put on the third shelf.

I was very happy up there watching the people going out and in. Some bought cigars and candies and at last a school boy bought me. My new owner was very careful of me at first. But after a while he began to sharpen me until I became very short and I am not much use. I am lying in one corner of the desk and will soon be thrown away, but I am happy to think that I did good service in my day.—Agnes Birkett, junior third, Notre Dame Convent.

Which Loved Her Best. Breakfast was over, and Jack, Tina and Betty gathered around Mamma. Jack and Tina both hugged how they loved her. Betty was a

chen, Betty took the broom and success swept the floor and dusted the room. After that she minded the baby while Mamma rested an hour.

Mamma wondered who loved her best?-Kathleen . Tyo, junior third, Notre Dame Convent.

St. Vincent's Academy.

The Thistle of Scotland.

The Danes were never so happy were shouting and laughing and the as when harrassing the Scots. They party started. Lyford Johnson got up would cross over the stormy sea the party. After about an hour's when least expected and kill, steal driving we went to Mrs. Scrutton's and burn. Once however they failed. house and played all kinds of games It was during the reign of Maland then Mrs. Scrutton served re- colm the First. The Danes had hidfreshments. Then we played some den in the caverns of the east coast more games and at 10 o'clock some of Scotland near to the enemy's base went home but others stayed until of supplies, and waited patiently for 10.30. We all had a good time and a favorable time for an attack. The we hope Mrs. Scrutton will invite Scots were in a large fortress surus again .- James Kirkwood, age 12 rounded by a moat, that was often filled with water, -- it was not this

An English Choir Boys' Outing. The night for which the invaders We had to get up at six o'clock to had been looking came. It was moonleave at seven, we had to go sixteen less and cloudy and off they started. miles in a char-a-banc to the place. When they came to the most the lea-Soon as we got in to the country we der gave the command, "Swim" and expensive skating shoes and fancy saw German prisoners planting pota- all slipped down the bank together. skates. The plain inexpensive kind toes. When we came to the Hotel Thistles, thistles, the whole moat was with a strap over the ankle will give where we were going to stay we had full of thistles. The men yelled with our dinner, some of the boys drank pain for the thistles pricked their

and arrows raining upon them beat a

down or lamb's wool for your shoes chalk that King Alfred had made for their emblem and to-day, the motto a remembrance of the big battle of the Knights of the Thistle is, "No against the Danes. Then we went to one assails me with impunity."-

A good many terms are misfits. not make of cork and are not from Then we went to a big stone, we the city of Cork. German silver is an could blow through a hole in the invention of the Chinese, and is no used it. A very tired party of boys but gold. Camels' hair brushes are An Irish stew is an English dish.' The Russians invented what we call the Turkish bath, and the famous Cleopatra's Needle, now in Central Park, New York, was made a thousand years before that famous lady. was born.-Claire Cooper, Junior

> St. Mary's Rink. St. Mary's rink is the place for healthful exercise and fun. The girls of our school are allowed to go over every Monday, Wednesday, and Friday afternoon after four and I think all enjoy themselves very much.

Occasionally a few of us have ? game of tag, and that is when you hear "Oh, Oh," "Look out" "There you have it," "That is not fair." The girls bump into one another now and then, but are not hurt-a tumble on the ice that is all. Some-

times one is off the ice and into the snow bank before she knows how it The caretaker keeps the dressing room warm and comfortable and he

is always ready to make a loose strap About five, we are supposed to leave for home but, very often a few of us linger to make two or three more rounds. We hope to have good ice all this month because the "Bear saw his shadow," on Monday.-Evelyn Golloghly, Junior Third.

A Slight Mistake.

and kissed their mother and told her with the girls to St. Mary's rink. I rubbers. My rubbers were on the lost took off my boots, tied them together boots. The seat in front of me was quiet little girl and had not much to and hung them up. My skates were vacant that morning. I found it soon on and I went off to the ice. At strange as the little girl who sits to the garden swing. He knew there boots and go home. To my surprise ently I heard one girl say, "Where was coal to get and buckets of water my boots were not where I had left is Helen to-day?" "Oh!" said anothto carry. Mamma had all this to do. them. Some of the girls helped me to er, "She skated home last night and Tina fretted and fussed the whole look for them but no boots of mine carried another girl's boots with her day. Mamma was glad when she could be found. The caretaker was instead of her own." There was a told and he, too, joined in the search burst of laughter from the girls who

There was a pair unclaimed hang- Junior Fourth. ing up but they were too small for me. What was I to do? There was no When night came, do you suppose alternative I would have to go home tively escapes detection.

Sports that Make Men Athletics EY

> Over and Back BY DR. E. DO ANGELL

With the Cart Wheel and Roll-Over mastered, the boys were anxious for a new trick. Beppo, however, never seemed in much of a hurry to give them new ones. He said that each stunt should be perfectly learned before new ones were tackled. This greatest and funniest clown believed it better to do a few tricks in first-class style rather than many in a sloppy

After the boys had shown Beppo that they could do a circle of Cart Wheels all around the barn floor, and four or five Roll-Overs in succession on his padded mat, he nodded approval and said they could start on the

This stunt, Beppo told them, was mighty hard for a fat man, and in fact almost impossible for anyone unless his joints were good and limber. Then he encouraged the boys by saying that it was one of the best tricks for exercise that there was.

Beppo then took a rake handle, that was standing in the corner of the barn, and holding it lightly in his fingers jumped over the stick, and with graceful ease jumped back again, still holding the stick in his hands. How It's Done

"Now, boys, I want you to remember the directions I give you," Beppo said. "First, you hold the stick lightly in your finger tips so that failure will not cause you to trip and fall as it would if the stick were held tightly. You jump in the air drawing your knees up to the chest, as in the Roll-Over, and with your arms perfectly straight you swing the stick under your



feet. Remember three things, straight arms, stick lightly held, and legs well

The boys immediately began to practice, and after many failures Ralph succeeded in getting over, but try as hard as he could he failed in the back ump, which Beppo did so easily; but both boys went home determined that they would keep at it until they could jump over the stick both forwards and backwards.

(Tomorrow: Read "Trapping for Copyright, 1920, by J. H. Millar

on my skates. After a great deal of

slipping, skating and tumbling, I reached home. The next day I went to school but On Wednesday after class I went I had to wear my slippers without

Jack took his cap and scampered five o'clock I came in to exchange there is seldom if ever absent. Pres-While mother was busy in the kit- for the run-a-away boots but without knew of my experience. The boot puzzle was solved .- Aileen Kane,

Many a blessing in diaguise effec-

# Run Down

Gain Strength Rapidly on Vinol

In their zeal to do all in their power for their loved ones, most mothers overwork and soon get in a nervous, rundown condition. Vinol, the non-secret cod liver and iron tonic, is exactly what they need to build them up, make them strong and quiet their nerves. Please be Convinced by this Positive Proof

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"I am a farmer's wife and keep house for my family of six children. I suffered from a constitutional breakdown and a weak, nervous, run-down condition. My daughter recom-mended Vinol and it built me up so I enjoy my meals and feel like a different woman." - Mrs. C. J. Snoddy,

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New York.....Saxonia .....Mar. 23
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New York.....Saxonia .....May 1

One day as Johnny Hoppy Toad was building her new home. The at last pulled the threads out straight and hrew them over a tiny

Toad with a half sneer on his ugly "If I had to go to all that never have one. It would do you good to see the house Mrs. Snail has, She carries it with her every place she goes, then she don't have to keep

building new ones." "Now that would be perfectly lovely to have such a home if one could use it," replied Mrs. Busy Spider, sweetly, throwing the last long

"You don't seem to know just what | which to catch your food."

"I certainly do," replied Mrs.

starve to death. How do you catch "Why!" exclaimed Johnny Hoppy

tongue, of course, don't you?" "Certainly not," laughed Mrs. Busy Spider. "If I had to depend on my tongue, as you call it, I'd surely starve. Why, a hundred times a day something catches in my net here, and then all I have to do is to creep out and have a feast. Then, if I'm not hungry right at that time I just twist an extra net around my prey and he's there nice and fresh for me when I do get hungry. Not so bad after all, is it?"

"I suppose not," laughed Johnny Hoppy Toad. "After all it's the way a fellow thinks about it. I'd rather catch my food the way I do than go to the trouble of building a web like

"Isn't it nice every one can do as he pleases about such things. Now, I'd much prefer my way," laughed Mrs. Busy Spider. And bidding Johnny Hoppy Toad good-day Mrs. Busy Spider crept under a leaf and

Johnny Hoppy Toad with a hoarse croak of disgust, shook his ugly head and hopped on down the garden path. He was glad he wasn't a spider, and I guess Mrs. Busy Spider was glad she wasn't a hop toad.

At the Methodist church parsonage Brockville, on Saturday, Rev. Dr. P. L. Richardson united in marriage Miss Iva Luella Jenkinson, daughter of Mr. and Mrs. W. G. Jenkinson, Brockville, to Thomas Scott Young, son of Adam Young, Capreol, Ont. formerly of Brockville.

After an illness of only a few days' duration, James Blair, Brock-ville, passed away Monday. Deceas-ed was born at Lyn, sixty-six years ago, son of the late Mr. and Mrs. Oliver Blair.

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Also some new patterns in Dinner Sets just opened. These are very moderately priced.

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Why Mrs. Spider Weaves Her Web. was out hopping he chanced to pass a green bush where Mrs. Busy Spider long, slender, webby threads had become entangled, and Mrs. Busy Spider worked and worked before she

"Well!" croaked Johnny Hoppy



webby thread in its place. "But dear !

Snail's would never suit my purpose." | we spiders build webs for," laughed "To catch food!" exclaimed don't care about one myself, any old houses." place I can hide my head is all right with me, but where you fellows have waste your time on such a frall thing this flimsy thing, as you call it. I'd to build your own houses I should for?" asked Johnny Hoppy Toad. think you'd build one that folks "That's because you're a toad and your food?" couldn't tear down all the time. Of not a spider," laughed Mrs. Busy course, if you have nothing else to Spider. "You see, if you were a Toad, sticking out his long, slender do but build then it's all right.' spider like I am you'd need a web in tongue, "Right on the end of my

"A house is a house, isn't it?" Mrs. Busy Spider. "It isn't only to Johnny Hoppy Toad. "You don't snapped Johnny Hoppy Toad. "Just hide our heads or as a covering for mean to say you catch your food in a covering for one's head. Now I our bodies that we build these webby that flimsy thing, do you?" "Then what in the world do you Busy Spider. "Why, if it wasn't for

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