



FIGURES IN Y.M.C.A. CONVENTION IN TORONTO.

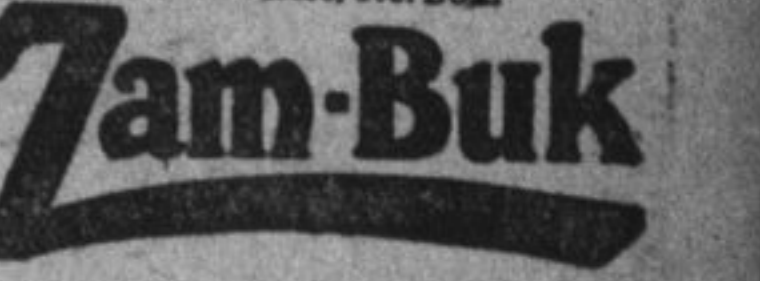
From left to right they are: G. H. Wood, Toronto, chairman of the National Council; L. F. Monypenny, Toronto, chairman of the National Service Committee; Fred Ratcliffe, chairman Finance Committee; Charles W. Bishop, Toronto, general secretary; A. S. McAlister, maritime secretary; H. Ballantyne, western secretary; Dr. John Brown, secretary for Ontario and Quebec; J. H. Coker, secretary for the central west; John W. Ross, Montreal, chairman of the Commission of Five, who presented the report; Lieut.-Col. Gerald W. Birks, Montreal, general supervisor overseas.

NO PROFITEERING WITH ZAM-BUK

ten days. She was a daughter of the late Mr. and Mrs. John Joynt, and was born at New Boyne in 1841. Several years ago she was married to Henry Joynt, who predeceased her. She leaves to mourn her loss three sons and one daughter, Messrs. Ellisons and one daughter, all of Lombardy and Mrs. George Bass, Kilsby. She also leaves two brothers and one sister, R. L. Joynt, Brockville, Chas. Joynt, Omamee, Mich., Mrs. W. C. Simmons, Newboro. She was an Anglican in religion. The funeral on Sunday, was very largely attended and services were conducted in St. Peter's church, New Boyne, by Rev. W. H. Towle, interment being made in New Boyne cemetery.

Before the war, Zam-Buk was 50c. a box. All during the war, when the cost of production was rapidly advancing, the price of Zam-Buk to the consumer remained the same. Now, with the war over, while some prices continue to soar, Zam-Buk is still 50c. a box. Not only so, but the same high standard of quality has been maintained throughout.

There has been no profiteering in regard to Zam-Buk. For every box you have bought, you have been asked to pay fair value only. Is this method of doing business not worthy of recognition? Answer this question by continuing to recommend, to appreciate, and to use Zam-Buk—the greatest household healer of modern times.



To Grow Hair On Bald Heads

Thousands of people suffer from baldness, and falling hair who, having tried nearly every advertised hair tonic and hair-grower without results, have resigned themselves to baldness, and its attendant discomfort. Yet their case is not hopeless; the following simple home prescription has made hair grow after years of baldness, and is also unequalled for restoring gray hair to its original color, stopping hair from falling out, and destroying the dandruff germ. It will not make the hair greasy, and can be put up by any druggist: Bay Rum, 6 ounces, Lavona de Composee, 2 ounces, Menthol Crystals, one-half drachm. If you wish it perfumed add 1 drachm of your favorite perfume. This preparation is highly recommended by physicians and specialists and is absolutely harmless, as it contains none of the poisonous wood alcohol so frequently found in hair tonics. Ladies using this preparation should be careful not to get it on the face or where hair is not desired.

From The Countryside

FRONTENAC

Jan. 20.—F. F. Booth lost several teams drawing gravel for the road. Mrs. H. York is on the sick list. Mr. and Mrs. Henry Dean spent Sunday at Arthur Dean's. A number of friends and neighbors gathered at the home of Mr. and Mrs. Robert Stacey on Tuesday evening last and tripped the light fantastic until the wee sma' hours. A number from here attended the ball at Seely's Bay on Thursday last, and Mrs. Mrs. Florence Blackmore's Bay, spent Tuesday at J. Stewart's. E. Roantray spent a couple of days last week with friends at California.

OSO STATION

Jan. 21.—The recent fall of snow has improved the sleighing. John Crawford's sawing outfit left for Burke's. Hauling hay and wood is the order of the day. Mr. and Mrs. Joseph R. Bourk called on Mr. and Mrs. William McPherson, Wednesday. Mrs. Wagon and David Webster have returned from Kingston, where they went for medical aid. Miss M. Hamilton and E. J. Moss, Dalhousie Lake, called on Miss Edith Blisshop on Sunday. Owing to the cold weather the attendance at school is not very large. Miss Bella Wilson visited at William Conroy's on Saturday. Miss Ethel Conroy has returned from Mountain Grove.

DESERVAKE

Jan. 21.—The heavy snow falls have left the roads in a bad condition. Mrs. Best Page, who has been ill for the past week, is improving nicely. The humming of John Afrom's sawing machine is now being heard in this neighborhood. Miss Laura Storms has returned to her school again, after having a severe attack of quinsy. Mrs. J. N. Abrams and little son, Clifford, have returned after spending the past week with relatives in Kingston. Mr. and Mrs. E. Page and little son, Lawrence, spent Sunday at B. Page's. Miss Maggie Fitzgerald and her brother spent Sunday last at J. N. Abrams'. Robbie Freeman and Miss Mary Abrams spent Sunday last with his sister, Mrs. Miah Leeman.

VERONA

Jan. 20.—A number of young people enjoyed themselves at a party at A. Trousdale's on Friday night. Traveling on the roads is very difficult owing to the storms. A number from here are trying to get up their wood and ice. The Free Methodist district quarterly meeting which was held here from the 15th to 18th was largely attended. Rev. E. Snyder, of Kingston, was the district elder. Visitors: Mr. and Mrs. Ross Martin spent a few days at J. Bradford's; Miss Orphie Wilson, Vannachar, at Mrs. Norman Ball's; Mrs. Thomas Botting, also Mrs. Arthur Embury, of Harrowsmith, spent Friday and Saturday at Seely's Bay. Hazel Davey, Kingston, with her parents, Mr. and Mrs. Chas. Davey; Mrs. Thos. Albertson, of Kingston, calling on friends here; Miss Martha Vandewater at Edward Tallen's; Iren Leadley and Mrs. Ira Reynolds are on the sick list. The hockey match, which was to be played on the 17th, between Sydenham and Verona, was a failure on account of the heavy snowstorm.

LEEDS

Jan. 19.—The snow storm on Saturday put the roads in a very bad condition again. Burton Burtch finished hauling gravel for the government job at Jones' Falls. John McGuire is spending a few days with friends in Ottawa. Miss Mae Burtch has returned home after spending a few days with relatives at Seely's Bay. She was accompanied back by Miss Muriel Burtch. Misses Eva Baxter and Mabel Sly are at Charles Hutchings'. Cecil Gamble at Lotan Burtch's; Mr. and Mrs. Adelbert Hutchings and John Patterson at James White's. Gerald Amos and Lloyd Baxter attended the dance held at Portland on Wednesday last. Miss Maggie McGuire, at Charles Hutchings'. Orrin Burtch at J. Graham's, Newboro; Miss Florence Hutchings at James White's on Monday last; Mildred Simpson at Burton Burtch's on Sunday last; Mrs. James White at C. Hutchings'. Orrin Burtch spent Monday in Brockville.

PINE GROVE

Jan. 19.—The roads are in a very bad condition, owing to the recent heavy snow storms. The surprise party at E. Jones' on Friday evening was well attended, and every one had an enjoyable time. The school is favorably progressing under Miss Wood, the new teacher. Miss Mollie De Marsh is able to be out again after a serious illness. Mr. and Mrs. Albert Raushorn, of Harrowsmith, are visiting relatives here. William Lee, assisted by his brother, Harry Lee, of Sydenham, is busily engaged at the Kent Bros' mill, near the Stoney property. Mrs. S. E. Whaley had the misfortune to fall down stairs last week, but fortunately she was not seriously injured. Miss Della

COURSES IN AGRICULTURE

Are Being Given in Bath Town Hall.

Bath, Jan. 21.—Mr. and Mrs. John Murdoch are visiting friends at Syracuse, N.Y. John Richards, Amherst Island, spent the week-end at Charles Davy's. The dance held in the Masonic Hall on Friday evening last, in aid of the public library, was not very well attended on account of the extremely cold weather. The winter course in agriculture, given by the Department of Agriculture, is being held in the town hall for the next three weeks, with Mr. Main and Mr. Springstead as lecturers. Mrs. Agnes Sharpe went to Kingston on Tuesday, to attend the funeral of her aunt, the late Mrs. David Hartman. Rev. Howard Kennedy has returned from Omphah. John Roberts has left for an extended visit with friends in Chicago.

SMILES



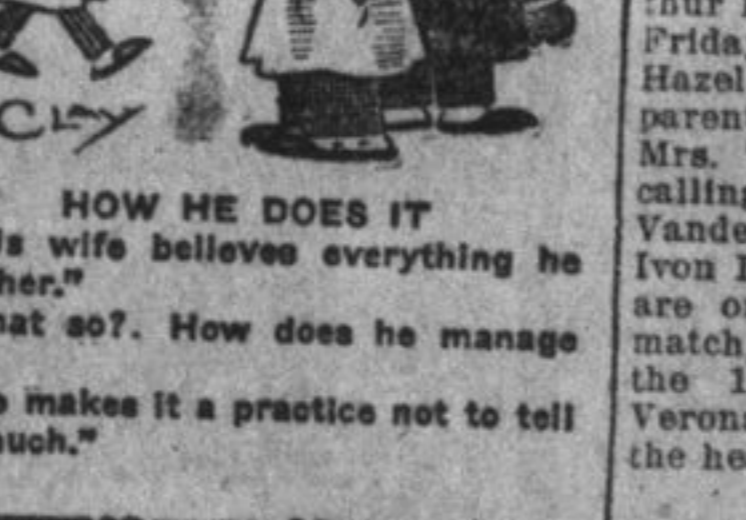
RESEARCH IN MYTHOLOGY
The Professor: How did Oedipus discover the secret of the Sphinx?
The Co-ed: Probably she had been telling it to the neighbors in confidence.



WAR-LIKE BIRDS
"Poet, out here to see you!"
"Throw him out!"
"Don't think I'll try it. He looks like one of those fighting poets to me."



BOTH RIGHT
Hubby: You should make allowances for me in these times of high cost of living.
Wife: And you should make a larger allowance for me.



HOW HE DOES IT
"His wife believes everything he tells her."
"That so? How does he manage it?"
"He makes it a practice not to tell her much."



BY DEGREES
Hubby: My dear, isn't that dress a trifle extreme?
Wife: This dress, darling? Why, I put this on merely that you may become accustomed to the one I am having made.

THE FEMINIST MOVEMENT
Why is Mrs. Leghorn so opposed to votes for hats?
Why what would you expect from one who insists on hatching her own eggs?
Mrs. Blanche Kertland died in Toronto on Monday. Deceased was a daughter of the late Dr. B. S. Wilson Belleville, and a sister-in-law of J. W. Murray. The body was interred at Belleville.

Music in the Home

MUNICIPAL ORGANS

Prove Useful in Promoting Good Citizenship. The municipal organ is a live topic. This is natural in view of the increase of music under city auspices and the power of the organ, single-handed, to "hold the crowd." Portland, Maine, has a municipal organ, and William C. MacFarlane, the organist there, is soon going to Melrose, Mass., where a similar instrument, under municipal ownership, is about to be placed in commission. In connection with Portland's organ comes a significant report from the police of that city, who assert that the Sunday concerts given with the aid of this instrument have raised ten high-class entertainments at the amount of from \$1 to \$5 for the series, those too boisterously inclined. The San Francisco municipal organ, with Edmund Lemare as its organist, has long been an object of pride to the citizens. In Denver, a large and fine pipe organ was recently purchased by public subscription and installed in a great, centrally located auditorium seating about 12,000, where daily recitals are given, particularly during the summer, especially for the benefit of tourists. New York has at least two municipally owned organs of first class quality and large size. Both are located in the educational institutions of the metropolis, one in the great hall of the College of the City of New York, and the other in the beautiful new buildings of the Washington Irving High School. Philadelphia has no municipal organ as yet, but the many recitals there, free to the public on privately owned organs, make up for the deficiency. These organs include the Wanamaker instrument, the largest organ in the world, and that of the Stetson Company, the widely known hat manufacturers.

Minor Chords

The Ottawa Select Choir, founded by Dr. Herbert Sanders last year, to revive oratorio singing, is now preparing "Handel's 'Messiah'" and will probably repeat "Elijah." A program of miscellaneous pieces by Sullivan, Elgar and Eaton' Fanning will be given for the opening concert. The Winnipeg Male Voice Choir of 60 voices is now entering its third year and holding rehearsals every Wednesday evening. A ladies' band is one of the features of the musical life of Allentown, Pa. The Arion Club, Victoria, B.C., was organized in 1893 for the study

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Manufacturers' New Departure Sale
Of Prime Japara Kapok And Cotton Felt
MATTRESSES
As a preliminary to opening on May 1st our retail sales room now occupied by the Bank of Nova Scotia, we wish to introduce our products and acquaint the public with the high standard of quality which we are prepared to offer and for one week beginning
Saturday, Jan. 24th
and continuing to SATURDAY, JANUARY 31st, we will conduct a sale and give below a complete list of "Made-in-Kingston" Mattresses. We invite a comparison of prices and values.
COMFYDOWN—Imperial Edge Mattress, filled with 30 lbs. Japara Kapok, covered with beautiful Art Ticking \$25.00
JAPARAFLOSS—Filled with 27 lbs. Japara Kapok and finished with French Roll Edge, covered with fancy strong Art Ticking \$22.50
WAVERLY—Pure White Layer Felt, covered with strong Art Ticking; weighing 45 lbs. \$18.00
COLONIAL—Pure White Cotton weighing 42 lbs., covered with Fancy Art Ticking, and finished with French Roll Edge .. \$14.00
CROWN—Gray Cotton filling throughout weighing approximately 40 lbs., Art Ticking and finished with French Roll Edge. This grade is known in all retail stores as a \$15.00 line. Factory price \$11.50
With each Kapok Mattress we will give without extra charge a pair of beautiful-Kapok Pillows in ticking to match.
We will also have in stock cheaper grades of mattresses ranging from \$5.50 up. Mattresses, Camp Cots and Children's Cots of special dimensions will be made ready for delivery during the week.
If you do not need the mattress now a deposit will secure your selection for delivery up to April 30th.
Kingston Mattress Company
1st Door Above Alfred St. 556 PRINCESS ST. Phone 602w.