***** **Fow to Purify** the Blood

"Fifteen to thirty drops of Extract of Roots, commonly called Mether Seigel's Carative Syrap, may be taken in water with meals and at bedtime, for the cure of indigestion, constipation and bad blood. Persistence in this treatment will effect a cure in nearly every case." Get the genuine at druggists. -----

The Telgmann School of Music

Plano, violin and other stringed instruments; elocution and dramatic art. Pupils may begin at any date. Terms on application. Engagements for concerts ac-

216 Frontenac Street. Phone 1325j

A mother whose strength is over-wrought or who is thin. pale or nervous, should find renewed energy in every drop of

20112 EMULSION

Let it help turn your daily tasks from a burden to pleasure. Scott's Emulsion is abundant in those nourishing elements that every mother in the land needs.

Scott & Bowne, Toronto, Ont.

Special For Saturday

Choice Pot Roast . . 20-25c. Ib. Stew Beef 18-20c. a lb Choice Steak 30-35c. a lb. Choice Stew Lamb . . . 20c. a lb. Choice Pork, Bacon, etc., at-

> QUICK'S WESTERN MEAT MARKET 112 CLERGY STREET

MAN'S BEST AGE

A man is as old as his organs; ne can be as vigorous and healthy at 70 as at 35 if he aids his organs in performing their functions. Keep your vital organs healthy with

GOLD MEDAL

The world's standard remedy for kidney, liver, bladder and uric acid troubles since 1696; corrects disorders; stimulates vital organs. All druggists, 50c. a box. Look for the name Gold Medal on every

When She Wants A Portrait

make them - the kind that

The Gray Studio 151 WELLINGTON STREET

Medical science knows how serious is the sign of bleeding gums. For it knows that tender and bleeding gums are the fore-runners of Pyorrhea, that dread disease which afflicts four out

of five people over forty.

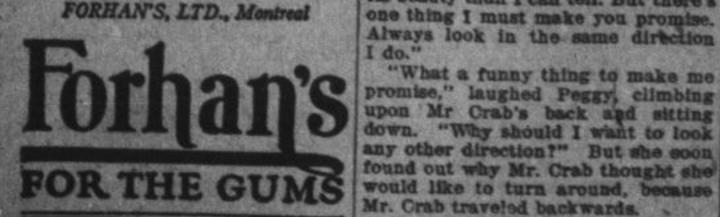
If the disease is unchecked, the gum-line recedes, the teeth decay, loosen and fall out, or must be extracted to rid the system of the Pyorrhea poisons generated at their base—poisons which seep into the system and wreck the health. They cause the matter the health. They cause rheumatism, nervous disorders, anaemia, and many

To avoid Pyorrhea, visit your den-ist often for tooth and gum inspection, and use Forhan's For the Gums. For-han's For the Gums will prevent Pyor-rhea or check its progress, if used in time and used consistently. Ordinary dentifrices cannot do this. Forhan's keeps the gums firm and healthy—the teeth white and clean. Start using it today. If gum-shrinkage has already set in, use Forhan's according to directions and consult your dentist immediately for special treatment.

"Is it very beautiful?" asked Peggy. "Who lives there—fishes?" "Oh, dear me, what a funny person you are anyway," laughed Mr. Crab. "Fishes nothing! It's where the king and queen and all the royal

diafely for special treatment.

35c and 60c tubes in Canada and
U. S. If your druggist cannot supply
you send to us direct and we will mail sea girls and sea boys live. The prince and princesses live there, too. But what's the use talking! Come along and I can show you more of its beauty than I can tell. But there's FORHAN'S, LTD., Montreal



SCHOOL BRITISH WHIG

TUESDAY, JANUARY 20, 1920.

For Boys to Make Handicraft

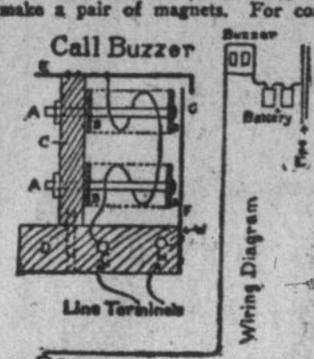
Home-made Call Busser SY GRANT M. HYDE

FIRST YEAR

Every Boy's Mother would be grate-ful for a signal or buzzer system leading from Loy's room or den to the kitchen so that she might call him by pressing a button.

The boy who does not feel capable of making a buzzer can buy a cheap bell or buzzer at an electric shop. His job then is merely to string the line, and in most houses gas, water, or steam pipes will serve as one wire. He will then fasten the buzzer to the wall wire from one of its connections to a pair of dry cells, then to the nearest pipe. The main line wire he will string above picture mouldings, over casings by the shortest, least conspicnous route, to the downstairs button. wire to the nearest pipe. Grounding on any pipes will complete the circuit

and cause no danger. HOME-MADE BUZZER



(A and A), use two 3-in. bolts; take out temper by heating red hot and allowing to cool slowly. Fit them with round pasteboard end-pieces in (B, B, B, B,) to hold the wiring. Then wind them carefully like a spool of thread with very fine magnet wire, one clockwise and the other counterclockwise, as shown. Then put the core-bolts through a piece of wood, 3x4x1/2 in., (C) and set up the nuts. The base (D) should be a heavier piece of wood. For a clapper (F), use spring steel, say, a heavy corset steel, fastened to D with screws, so that it stands 34-in. from the magnet core ends. For a circuit breaker (E) use heavy shone wire bent as shown and fastened to C with staples so that it can be moved. Adjustments are provided by sliding E back or forth and by slipping a small wedge, whittled from a match, under F at W.

In operation, F should touch E at Jack. G; when the current comes, the magnets draw F to them and break the circuit at G; then F flies back again and re-makes the circuit—and so on. Careful adjustments may be needed. (Tomorrow learn how to hike in

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chances of the Board of Education tried to keep cool, and to think mands by The Whig.

Peggy Visits the Coral Castle Under

she sat on the sands, watching the

waves wash up over the shore. "What

a dreadful lonesome life it must be

to live under the sea all the time."

asked a merry voice, and Peggy look-

ed up to see a tiny crab standing in

Peggy Meets the Prince.

front of her laughing merrily. "Such an idea to have! Why, it's anything

"Coral castle!" exclaimed Peggy.

"Why, down at the bottom of the

sea, of course," laughed Mr. Crab.

"And if you've never seen it you have

the king and queen and all the royal

"What a funny thing to make n

"I suppose if I faced the way I

sitting up and taking

"Where's any coral castle?"

certainly missed something."

"What makes you think that?"

Frontenac School.

The Miller of the Dec. to work hard, but still he was happy. "Come, little sister, there is not a He owned a little piece of land on moment to lose," he cried as he

in his room, run an insulated copper working he always sang a little song, struggled on, and at last they reached color in plain linen or a cotton maand this is what he sang:

"I envy nobody-no, not I, And nobody envies me." From the button he will run another ly dressed, and rode on a beautiful horse, with attendants to wait on him and praise him. He was the King, and was very rich and powerful. But he was not happy, because To make a burser, one must first he had so many cares and worries make a pair of magnets. For cores that he could not rest. He said to the miller, "Miller, how is it that you are so happy though you are poor and have to work hard?"

my wife and children to love me. The king bade the miller farewell, and turning, said, "Do not sing any more that no one envies you, for I would rather be a happy miller by the Dee than the king on his throne." -Lillian Potts, aged 13 years.

A Gallant Rescue. In a narrow street crowds of people stood looking up at a burning building. The fire-engines had not

come, but as it was thought no one was in the house, no great excitement was felt. Suddenly a woman's voice rang out, "Save my children; save poor little children." , "There they are," she cried, as a girl's frightened face appeared at a window. Just at that moment a boy forced

stood, white and breathless, before burning house. "Stand away there," a burly policeman said to him, laying a heavy hand on his "Are they out?" cried Jack.

"My sister and two brothers on the third floor." "No, I fear not; no one has come out that I know of."

Again came the woman's cry, 'Save my children.' "I'll do my best, mother," said Wait a minute, my boy, the fire-

engines will soon be here, and we

will save them all right." "Wait:

no. I cannot wait: I must save them Just then Jack spied a cord hanging from the window of the house next door. He snatched off his coat, and before anyone could prevent it, The main topic of interest amongst he was swinging high above their the teachers this week has been the heads, going up hand over hand. He giving them a salary increase. They was only in the gymnasium, but his have expressed their great apprecia- head swam, and the heat made him tion of the support, given their de- sick and dizzy, but still he kept on The crowd below murmured cheers

stop me I'd never get anywhere,"

beautiful with their long, shiny, sil-

ver tails and their beautiful faces.

They called the royal prince and prin-

cess and their cousins and aunts.

sat very still upon Mr. Crab's back,

Peggy had never seen anything on

trees above her head, and in and out

among them darted wonderful color-

The coral castle was all of beauti-

coral spires pointing high into the water. Seaweeds and gorgeous sea

the sands looked like jewels glitter-

the water above Peggy's head.

ing in the sunlight.

"Oh, dear me," sighed Peggy as They all crowded around Peggy, who

him why he walked backwards.

as he neared the window. Would he reach it? Would the rope hold? Now he was quite close, and the crowd held its breath in silence. They watched him swing towards the window ledge, then spring from the rope There was once a miller who lived and grasp it tightly, and the next on the bank of a little river called minute he was through the open the Dee. He was very poor, and had window and inside the burning house.

which his mill was situated, and seized Jim's hand and caught the every evening after his work was bably in his arms. Clinging together, done, he walked home to his little they groped their way to the door, cottage, where his wife was waiting and then through leaping flames and to make several attractive things for for him. His children always ran blinding smoke, began to feel their your room to go with the new furniout to meet him when they saw him way down the stairs. Sometimes the flames almost reached them, and at This miller was happy because God times it seemed as if they could hold blessed him and gave him a wife and out no longer, as if they must all die blue, pink or yellow? Whatever color children to love him. When he was in the terrible flames. But they arms, Jack fell fainting at her feet, One day as he was working and while the crowd burst into ringing singing his little song, a visitor came cheers for the noble boy and his to him. This visitor was handsome- brave rescue.-William Campbell,

Macdonald School.

At the end of the day the surface The miller answered, "I am happy of the earth cools quicker than the air above it. If the ground has because I can work and earn my enough cold and if the air has bread ,and I owe no man, and I have enough dampness, then dew is form-All the dew which we see is not the same. Some dew is pushed up by the roots of plants. On a windy day there is no dew as the cool stratum of air moves along and there is not enough cold to make dew. On an extra cold day the dew is crystallized and is called hoar frost .- Noel Brunswick, Macdonald School.

The Winds of the World. In the great oceans of the world we find the water moving in a systematic manner and we call this system of movement ocean currents. The Gulf Stream, the Equatorial Current, the Japan Current and others may be compared to great rivers in the ocean. There are greater rivers of air in the atmosphere imself through the crowd until he than there are rivers of water in the ocean. The river of air in which we live extends fom Florida to the North Pole. It circles around the earth from west to east. It is called the great westerly wind system. In the northern hemisphere there is an-"Are who out?" answered the other great river of air which extends in width from latitude 35 to the equatorial line. It runs from east to west. It is called the northeast trade wind. In the southern hemisphere we have two similar rivers, one extending from latitude thirty to the south pole, called the great westerly wind because it flows from west to east as in the northern

> The students of the Collegiate can generally produce some very good articles for the K.C.I. Times. The School Editor would very much like to have a few stories and articles from the Collegiate for the School British Whig. Every other school is doing splendidly, especially Central School, Louise School, and the Notre Dame Convent.

hemisphere and the other from lati-

tude 30 to the equator, which flows

from east to west and is called the

south-east trade wind .- Contributed.



NO. 25

Useful Things of Cretonne

BY CAROLYN SHERWIN BAILEY Often the shops that sell beautiful fabrics for home decorating have short lengths of bright cretonne, pillow size. Two or three of these will be enough

matches, make a pillow cover of that the street in safety. Placing Baby terial. Carefully cut out the flowers contrasting color and sew them with small over and over stitches to the plain background. These designs should be artistically arranged, not too close together to spoil the effect. If you want a very gay one use a black cover, sateen or cambric.

> A TEA SET If you have a chafing dish or a tea service in your room to help in enter-taining your girl friends after school, wLy not make a table cover and small napkins to use with them?

Use coarse, unbleached linen. Cut tiny flower bouquets or baskets of flowers from a length of chintz that has a small, bright design. Sew these the napkins and to the four corners of the table cover just as you put them on the pillow cover. The stitches will hardly show if you make them fine enough. Last of all, fold very narrow hems and cross stitch them down with mercerised cotton that matches the prevalling color of the chintz design. This set will be really beautiful, and so different.

FOR PHONE NUMBERS The scraps of cretonne that are left will make you a dainty telephone directory. An oblong piece of heavy cardboard about the size of a cabinet photograph is the foundation. Cut a piece of cotton wadding to fit one side, glue it on, and then cover the whole with some sort of firm lining material.
Cut a back and front of cretonne, fold the edges in, and oversew them to-gether, covering the cardboard. Last of all glue a small note book or pad



colored cord, and hang it up beside the (Tomorrow Hunting Eye gets

Convright, 1920, by J. H. Millar

Odessa Personals. Odessa, Jan 20 .- Miss Clark, De-

Stiff Neck, Lumbago

land to compare with the beauty of this wonderful land under the sea. Grasses of every hue waved like tall Aches and Pains of Rheumatism Sometimes Almost Unbearable, There are weather conditions that et fish. Just like the birds flying make rheumatism worse. They are in Peggy's land, they sailed through not the same in the cases of all persons. Some victims of this disease

The cause of rheumatism is an ex- ments. cess of uric acid in the blood, affecting the muscles and joints. Hence 77th year, died on Friday at her the blood must have attention for home in the 4th concession of Sidney, Peggy thought the prince was the permanent results in the treatment after a few days' illness. She was a

seen, and when he called her to play | Hood's Sarsaparilla has given en- and lived in Sidney almost all her with him she forgot all about her tire satisfaction in thousands of life. promise to Mr. Crab. When she turn- cases. Do not fail to give it a trial. ed around to look after him she If a laxative is needed, take Hood's found herself once more sitting on Pills-they don't gripe.

the sands, while in front of her a traveled I'd see so many things to crab was hurriedly backing into the laughed Mr. Crab when Peggy asked sea

They soon arrived at the beauti- has resigned owing to ill-health. He couple of days with Mr. and Mrs. ful coral castle, and the king and has been thirty years with the de- Henry Smith last week. Mr. and Mrs. Peggy thought them both perfectly chief.

ful pink coral with hundreds of tall suffer more or less all the time. flowers blossomed everywhere Even

most charming little boy she had ever of this disease.

troit, is the guest of her grandparents, Mr. and Mrs. W. V. Smith. Mr. Fire Chief J. M. Taylor, Pembroke, and Mrs. Knapp, Picton, spent a visiting relatives in Sydenham.

queen greeted Mr. Crab and Peggy. partment and seventeen years as Lewis Snider have returned from Haynes Warren, son of Ulric War-ren, Seeley's Bay, passed away on Thursday at the early age of twenty-Harvey Denyes, received the sad eight years after a protracted illness. news of their daughter's serious illness, Mrs. Herbert Lindsay, Prince Albert, and left last week to visit her. Dr. Gerald Denyes, late of Ot-tawa, has opened an office on Main street. Mrs. Edward Babcock and Jonathan Babcock were quietly mar-

> John Fraser has bought the former Revere House property, Carleton Place, latterly occupied by Jacob suffer more in dry warm weather Morris as a hotel. We understand than in moist cold weather, but all the ditention of the new proprietor is to remodel the building into apart-

Ann McGurn, a maiden lady in her daughter of the late James McGurn.

HOLIDAY GOODS AT HOOD'S STORE

500 lbs. Chopped Suct 28e. Also s nice lot of Turkeys, Fowl and Chickens at lowest market

HOOD'S MEAT MARKET COR, EARL AND BARRIE STREETS.

Conserve Fuel

BY USING A

Cooks the Bakes at Entire Roasts Brown

SEE WINDOW DISPLAY **STEVENSON**

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During our big Money Saving Shoe Sale. Tuesday, we will feature Women's Oxfords in our ads. We are going all through our stock to give our many friends such a feast of offerings that will make this the biggest sale we have ever held.

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UNPREPAREDNESS -FAILURE

A bank account is an assistant in character building. It establishes the confidence, independence and pride which increases effort and paves the way to success. Open an account to-day and be

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G. B. McKAY, Manager

It is in the spirit of co-operation that The Bank of Toronto offers its facilities to Canadian business men. Our organization embraces departments for the transaction of every form of banking business.

NKOFTORONTO



Twenty-two years ago today, January 20, 1898, a relief expedition was equipped for service in Alaskan Gold Fields.

Find a miner. Answer to yesterday's puzzle: Upper left hand corner down, in trees.