warriors, and within a week we had

started on our wonderful journey

north. We went by train as far as-

Penetang a large town on the bay.

When we first set eyes on the "In-

dian's Delight" we were greatly dis-

were throwing bread to the sea-gulls.

St. Mary's School.

The Draper's Little Boy.

She asks me for a quart of string,

-James Kirkwood, aged 12 years.

Central School.

The Autobiography of a Shoe. One morning as I was lying in a

well-known shoe factory at Hamilton

I was picked up by an employee and

soon shaped into a fine shoe, of

course being before that a piece of

leather. I was soon completed and

After arriving at the above named

· shipped to a retail store in Ottawa.

What Everybody Sa s

"The Automatic Bobsleigh Coupling which I have used two

Winters has far exceeded my ex-

pectations. It is the proper thing for pitch-holes. James B. Cochrane. Lansdowne."

Our new Sleighs have these Couplings. Get them while they

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Portraiture, Commercial Work

Copying, Enlarging, Etc.

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we are better equipped to sup-

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ply your wants in-

corner of Queen Street, where

# Coughs



The Well-Known Cod Liver and Iron Tonic - Without Oil



Stops the cough and breaks up a cold by removing the cause. It builds up a healthy body and prevents colds. Your money back if it fails Get Vinolat leading drug stores

CHESTER KENT & CO., WINDSOR, ONT. ARTHUR SALES CO. TOPA TO THOMAS COPLEY

l elephone 501 Wanting anything done in the carpentery line. Estimates given on all kinds of repairs and new work; also hardwood floors of all k ads. All orders will receive prompt attention. Shop 28 Queen street.

### Your Resolution For 1920

Enroll at once for a Home-Study Course with the

#### International Correspondence Schools

Scranton, Pa.

And you can begin the New Year headed straight for a better position.

M. M. SIMS, Local Manager, 130 Clarence Street.

Phone: Office 1002w;

Res. 1520f

### INUNII SYSTEM

## Restoration of Passenger Train Service

Effective Sunday, December 28th, 1919, normal passenger train service which was temporarily reduced due to coal shortage, will be resumed.

For full particulars, apply to: J. P. HANLEY.

C. P. & T. A., G. T. Ry. Kingston, Ont.



REGULAR SERVICES TO GLASGOW.

Portland......Saturnia ....Jan. 24
Portland......Cassandra ....Feb. 4
Portland......Saturnia ....Mar. 6
TO GLASGOW VIA MOVILLE New York.....Columbia ....Jan. 10 New York......Columbia ....Feb. 7 New York......Columbia .....Mar. 6 TO LIVERPOOL

New York......Vauban.....Jan. 3
New York......Vauban.....Jan. 34
New York.....Carmania....Jan. 29
New York......Carmania....Mar. 6
TO PLYMOUTH, HAVRE, SOUTH-AMPTON New York......Royal George Jan. 19 New York......Royal George Feb. 19 TO CHERBOURG AND SOUTH-

New York. . Kaiserin August New York.....Mauretania.....Jan. 28 TO PLYMOUTH, HAVRE, LONDON TO PIRAEUS & TRIESTE

New York ..... Pannonia .... Jan. 20 for rates of passage, freight and furthes particulars apply to local agents or ME ROBERT REFORD CO., LTD. GENERAL AGENTS 50 KING STREET HAST



From West St. John To
Jan. 1—Scandinavian Liverpool
Jan. 2—Tunisian. ...Havre-Lon.
Jan. 5—Scotian ......Antworp
Jan. 10—Metagama ...Liverpool
Jan. 21—Emp. of France Liverp'l
Jan. 22—Grampian ...Havre-Lon Feb. 12-Metagama Liverpool Steamers sail on arrival of C. P. R. trains leaving Montreal 12.19 p.m. and 7 p.m. day prev-

Rates and all information from DCEAN SERVICES

# SCHOOL BRITISH WHIG

There are many pleasures and joy- appointed. The water was the same, ous things in the world, but the one the shore was the same, and every-

thing I like the best is a good jour- thing was the same as at home. What

ney. One can go away for weeks at were we to do. We wished we had

a time and yet feel that it would be never come at all. It was too late

hateful to go home, but feels that it to turn back, so we decided to make

liam, and I enjoyed the trip so much Harbor, then we knew that we were

I left Kingston in the latter part A movie man was taking pictures of

SATURDAY, JANUARY 3, 1420.

Cataragui School.

A Pleasant Journey.

What Shall I Be? Boys

FIRST YEAR

BY J. H. MILLAR "That boy can talk; he ought to be a salesman," says Uncle Hiram. Most people are like Uncle Hiram; they think that a good line of talk is more necessary for a salesman than a good I left Kingston to go to Fort Wil- Sound, and had cleared Penatang

This is wrong. When we make a that I hated to come home, although going to enjoy ourselves. People list of the things you must have, to I was away for a month. be a salesman, we will put first: Something good to sell. If you of July, and then went to Toronto, them as they followed the ship, and don't believe yourself that what you where I spent about three days. I even two boys who had been downsell is worth the money you ask, how was much interested in the sights as cast a few minutes before seemed to are you going to convince wiser men I went up Yonge street, and saw the be excited. And so, when we reached than you that it is?

high buildings and the busy streets, the Sound we were pretty well tired

Enthusiasm. This makes more I left there and went to Hamilton, out. But with boyish curiosity we sales than argument, for it is catch- where I spent but one day, thus I did wanted to see the place where we ing. It makes a man grab for his pen. not see much of that city. The steam- were to live during our stay in Nobel. 3. Agreeable personality, not nec- er left the city about three o'clock. So we begged our father to finish essarily good looks. Many a homely While we were passing through the the trip at once. In this strife be-



of a handsomer race will get a cold,

"I'm too busy today." Self-confidence. More salesmen fail because they cannot "close" than for any other reason. It takes nerve. and to have nerve you must be fear-lessly self-reliant. If you are right, don't let any man run over you.

Personal sales talk. A parrot can learn a line of jabber. It takes brains and salesmanship to pick out the one thing that will convince your man and present it so clearly that he

lost after the man is half-persuaded lost commissions the next day. on the road to be content with a every minute of the trip.-Lorne Mcthree-hour day, especially when you sell the first man in the morning. Do a man's work.

There are always business men who want to sell more. A real salesman is never out of a job. Salesmen win promotion to executive positions. The board of directors of the business want a president and managers who can make sales.

To learn salesmanship you must sell. Nevertheless, you must study too. Look through the advertising columns of a good magazine; you will see a dozen chances to get books or courses on salesmanship

(Next week: "Production Engi-Boys' and Girls' Newspaper Service Copyright, 1918, by J. H. Millar



CAN'T BORROW EVERYTHING "De Short is a cheerful chap-

"Oh, well, I suppose he must drav

A happy new year with fourteen

council, with vacant houses and land

never borrows trouble."

the line somewhere,"

to be governed.

Sydenham ward.

that operation was completed, she rived there, and we tumbled into left for Fort William. bed, tired and sleepy, but ever so Lake Erie was very calm, and the happy. - Haroid Cohen, senior voyage across its waters was un- fourth. eventful, but when we reached the

thought more of aleeping than I did I do not have to sell.

Detroit River the temperature must have been at least one hundred degrees in the shade. There were numerous little yachts and ferries, not only on the Detroit River, but also on Lake St. Clair and River St. Clair. I saw the trawler that was built in twenty-eight days, and I am a draper's little boy, other ships painted so as to camou- I keep a shop you see, flage them. On the trip over Lake And Jessie comes to buy of me Huron I saw a number of large Each evening after tea. freighters, some five hundred feet long, and a number of passenger She comes to buy, but oh, dear me. ships. We locked through the Sault She does not treat me well; Ste. Marie Canal at night, when I She asks for lots of funny things,

of getting up and looking at the The trip over Lake Superior was And then a peck of silk, also uneventful, and in a day or so A yard of pork, and then a pound, we arrived at Fort William. There Of nice, fresh buttermilk. were quite a number of elevators at the docks, and I saw the Canadian And all the money she has got, Northern elevator, the largest in the To pay me for these wares, world. The ship was unloaded of its Is nothing but the tiddley-winks, cargo, and then went on to Port Ar- I dropped upon the stairs. thur. There were a large number of foreigners working around the docks. We stayed in both cities about five 6. Straight living. Most sales are days, and I was very sorry when the ship blew the leaving whistle. There and many when he is nine-tenths con- was nothing eventful on the way vinced. It takes pep to put on that back, not even a storm, and in about extra 10 per cent. If you lost that a week after leaving Port Arthur we pep the night before your sale is gone. arrived in Kingston. The journey A \$5.00 date may cost \$10.00 more in was a very pleasant one, and the only trouble was that it did not last 7. Work. It is very easy in selling long enough. I certainly enjoyed

> How I Spent the Summer. School had just closed. A pro- place, I was taken from the large

Connell, senior fourth.

blem of how to spend the summer packing box along with some other vacation began to confront the shoes. My mate and I felt very minds of a few boy friends, my bro- proud when the fine sum of six dol ther and myself. The one and only lars was marked on us. I had not thing was to turn Courier du Bois been long in the store when I was and go out camping in the wild and bought by an elderly gentleman woolly west (Loughboro Lake). To named Premier Borden. get our parents' consent was a pro- This made me feel very proud to blem easier solved than we thought. think of my good fortune. The first The next step was to get ready for place to which we proceeded, as you the camping expedition, and this was may suppose, was the Parliament

When we reached our destination was whether Canada shall send delewe had to begin making the camp gates to England and France to oblook like home. The rest of the fel- tain a clear view of the existing conlows did not mind this, but the near- ditions for Canadian soldiers on the est relative I'll ever have in this firing line. The majority of memworld was a flunker through and bers voted in its favor. Premier through. Naturally, as I was the Borden was one of those chosen to lazy man, I wouldn't blame him, and go to the Motherland. I was so glad, anybody with pitiable consideration because I liked to take a trip to see

we found that we had been blessed adian general staff, we paid a visit ripped the side out of me. He de-by a visit from our parents, who had to the King and Queen. Our con-cided he would not wear me back to come to take us back to the city. But versation referred to the part which Canada. This grieved me very much, we bravely held our own, and when Canada played in the war. After a because I would like to see my native peace was declared, one of the terms short stay in England, our next land again. In a few days the garbwas that we were to go to Nobel, a journey was to France, where Gene- age man came around, and I was small town on the Georgian Bay. rai Joffre gave us a royal welcome. thrown in the wagon. This ended

ing that their civic service will some electing him reeve by acclamation, is a change of programme at each day cause the flags on the city build- for he not only cures their ills and service, perhaps a view of the edifice ings to be half-masted in their me- aches, but their municipal troubles in the evening would not injure those

Cataraqui warders now look to Ald .- elect Cohen to build up their Many people are beginning to think cent bread staring us in the face? ward as Christy did Victoria ward, that it would be better to permit the Victoria. Jan. 17 The farmers will certainly enjoy The Cataraqui section may now re- drinking of good whiskey in a limitjoice and blossom as the rose, even ed amount, in lieu of the poison that though it is the home of stone quar- has been consumed by so many dur-Garden Island still has a reeve and ries, the incinerator and the dump. ing the past year.

Jones must be kin. The latter swept ing realized that in order to lower Perhaps the alderman-elect who Rideau ward in the school election prices of foodstuffs there must be has the best right to be called a city while John Paul did some sea-sweep- greater production, so it might pay "father" is Dr. F. J. O'Connor of ing during the American revolution- the city folk to go into wheat as well

Aldermen who have not been re- The Wolfe Islanders have good day to get potatoes at less than three

LOST FOREVER! A WHOLE DAY!

Salts, Oil, Calomel and Griping Pills Shake Up and

Sicken You-Take "Cascarets" instead

Rev. J. W. Jones and John Paul Perhaps for the first time it is be-

as potato growing. It is only by city potato growing that we are able todollars a bag.

There was greater infant production in Kingston during 1919, as the births have exceeded the deaths by about 125. Perhaps the child welfare station claims credit for the smaller number of deaths among infants during the past year. It certainly did help.

The Forward Movement leaders ovet the money spent daily in tobacco by churchgoers. It is figured that the money spent in "smokes" by the leading congregations of Kingssystem is filled with liver and bowel ing Cascarets occasionally. They argument ends.

poison which keeps your skin sallow, act without griping or inconveniand aching. Your meals are turning nasty, harsh Pills. They cost so lit- the church pew. Let everybody who fear. into poison and you can not feel the, too—Cascarets work while you can move out to worship to-morrow Mother! You must say "Califor-right. Don't stay billious or consti- sleep, Switch to Cascarets! working the most churches, there

Answered for Girls The Bookkeeper BY ELIZABETH 'MATEER "Mother," said Anne, "could I have

What Shall I Be?

\$5.00 more allowance this week? I would be splendid to keep always on the best of it. When we boarded the don't know where my money has this carefree holiday. Two years ago boat that was to take us to Parry gone. "I'll tell you what I'll do, Anne," said Mrs. Lowry. "I'll raise your al-lowance \$5.00 every month if you keep

> And that's bookkeeping, keeping a systematic account of all you receive and all you spend. Anne handed her mother the following statement at the end of January:

high buildings and the busy streets. the Sound we were pretty well tired DEBIT (what comes in) Allowance .....\$50.00 Gift ..... 5.00 locks, I took a number of snapshots tween father and sons the latter won, CREDIT (what goes out) of the city. When I returned to the and we went on to our destination. Gloves .....\$ 3.00 ship coal was being loaded. When It was late in the night when we ar-Hat ...... 15.00 Candy ..... Slippers ..... 7.00 Postage ..... 1.00 Luncheon ........... 5.00 Matinee .............. 2.00 

 Charity
 2.00

 Stationery
 1.00

 BALANCE
 18.50

> "See," said Anne, "I've learned two things, to debit all I receive and credit all I give out or spend. The difference between the debit side and the credit side shows the cash on hand." Anne became so interested in her ac-

counts that she decided, after finishing that school year, to become a bookkeeper. She chose the two year elec-tive course in bookkeeping given in a City High School. At the end of her course, she had learned to write a good hand, to be quick and accurate in figures, and had developed habits of neatness and care. She realized that the more varied her specialties, the better her chance for promotion would

When she accepted a position two years later, her skill in keeping books,



tion, her penmanship, and a fair knowledge of shorthand, picked up at odd moments, soon attracted the attention

of her employer.

Anne advanced from an earnest and accurate bookkeeper to an office manager and later became Treasurer of her Company. The early habit of tak-ing pains with the little details called Buildings. The subject of discussion cents and working them into an or-derly account, added to her devotion to her work, had contributed largely to her advancement.

(Next week: "The Telegraph Op-Boys' and Girls' Newspaper Service Copyright, 1919, by J. H. Millar

wouldn't either, after finding out the the Canadian boys fighting in line. On arriving he asked many true state of affairs. A lake was France. I was worn by Premier Bor- questions about the Canadians. He tempting me in for a swim, a boat den over to England. After our ar- found them in the best of health and with a nice pair of oars wasn't do- rival in England we made a tour of eager to stay in France and finish ing anything less in the way of mak- inspection to the different military the war, because the war had to be ing me discontented, and besides, it camps. We found those camps very won. On the Premier's return from was a boiling hot day. But this, clean and pleasant. At Shorncliffe the firing line he was walking down like all work, had to come to an end, there was much mud, and I unfor- one of the principal streets of Paris, and fortunately this task was no ex- tunately became very dirty. I did when he came across a shoe shine ception to the rule. Then our fun not mind this, as I was pleased to parlor. Finally he looked at ma gradually began. I say gradually to see our Canadian boys. The boys and said I would be too dirty to go show the contrast between the slow said they were all anxious to get to back to England. He, therefore beginning and the quick ending. the firing line quickly. They spoke went in and sat down; a boy started We were out rowing one day when openly on this matter, because they to clean me, and he rubbed till I signals came from the shore saying disliked the hard and strenuous looked like a new pair of shoes. Afthat we had better make a bee line training which they were undergoing. ter we returned to England I only for camp. This order was put into Accompanied by some prominent lived a few weeks, or Premier Boraction, and when we reached camp men from the headquarters of Can- den stubbed me against a nail and My brother and I were the lucky The premier was driven to the firing my career with Premier Borden.

> who spend the time in idleness. -THE TOWN WATCHMAN.

# LAXATIVE FOR CHILD

from stomach, liver and



would more than meet the For- Accept California Syrup of Figs ward Movement money levy being only-look for the name California made upon them. The candy bought on the package, the you are sure by the ladies would probably equal your child is having the best and Enjoy life! Straighten up! Your pated. Feel splendid always by tak- the smoke money. And there the most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity your stomach upset, your head dull next day like Calomel, Salts, Oil or year by renewing the acquaintance of dose on each bottle. Give it without

# The Good Judge Has Reserved His Decision

To allow three weeks for the Judge-Jones Milling Company, Limited, to start . operations and would advise everyone to Phone 1518w. - 92 Princess Street
Anything —Any Time—Any Place see they start the New BERRENE Year right and buy only the best brand of flour and cereals. To be sure of this look for the Judge's Picture on all bags and packages. The 18.50 guarantee of Everything Pure and Right in Mlil-

look's Cotton Root Compound.

A safe, reitable regulating medicine. Bold in three degrees of strength—No. 1, \$1 No. 2, \$3; No. 3, \$5 per box. Bold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address; THE COOK MEDICINE CO. TORONTO, ONT. (Formerly Windsor.)

> **SLOW** DEATH

Aches, pains, nervousness, difficulty in urinating, often mean serious disorders. The world's standard remedy for kidney, liver, bladder and uric acid troubles-

**GOLD MEDAL** bring quick relief and often ward off iseases. Known as the national

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Look for the name Gold Medal on every

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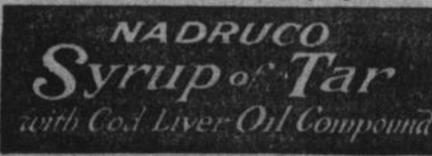
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# That Stubborn Cough

-whether from a fresh cold, Bronchitis or Asthma - will readily yield to





This dependable cough medicine gives quick relief when the throat is sore or irritated. It heals the inflamed membranes; loosens the phiegm; and completely relieves the most stubborn cough

Its pleasant agreeable taste makes this excellent remedy particularly suited to children. Keep a bottle always in the house. None genuine except in Red Package bearing the trademark Na-Dru-Co.

Manufactured by National Drug and Chemical Company of Canada, Limite

Dry Storage For Your Battery

The only proper winter care. Profit by past experience.

WILLARD SERVICE STATION I. LESSES, Prop. 19 Brock St. Phone 1340

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100 SMOKED HAMS ......40e. 100 B. BACON, whole or half ........ ..... ...... ........... 43e. 

HOOD'S MEAT MARKET COR. EARL AND BARRIE STREETS.

Also a nice lot of Turkeys, Fowl and Chickens at lowest market

### FOR QUICK SALE

Reasonable price and terms; b rick dwelling; fully equipped; hardwood floors throughout; fu ruace, gas, electricity, garage, hen house; summer house; lot 66 x 132; possession 1st May, 1920. Apply to-

J. O. HUTTON 67 Clarence Street, Kingston