

Ready in a minute—the minute you want it.

A cup of OXO is a little between-meal-luxury that can be served quickly and daintily.

After shopping, or when cold after an outing, at bedtime or when fatigued; indeed on any occasion—a cup of hot OXO is just the thing—it warms one through and through, and—**quickly renews one's strength and vitality.**

OXO is a splendid safeguard against colds, chills and sudden changes of temperature. Before going out into a cold or damp atmosphere, always fortify yourself with a cup of OXO

A Cube to a Cup.



Prices same as before the war: 10c., 25c., \$1.15, \$2.25.

DRESS

BY ANNE RITTENHOUSE

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'Tis Folly to Predict Too Freely as to What Women Will and Will Not Wear—and just because it has been said that "Women Are Not Going to Wear Muffs" is No Very Good Reason For Supposing That They Won't.

The prediction was made that muffs were not going to be much worn this winter. Jumping at conclusions, one might have supposed that the fact that muffs were not so popular last winter as they were the winter before was reason to believe that they were not going to be worn much, if any, this winter. It might have looked like a passing out of muffs.

But there were two very good reasons for this—the war and the climate. We were not buying any more furs than was necessary. We were not spending any more money than was necessary on our clothes. We felt that a fur collar was necessary, but we could dispense with the muffs. Besides, muffs were in the way if you didn't need them. It may be that you ran your own motor car because your chauffeur had gone overseas or had gone into munitions. Perhaps you toted your own bundles for patriotic reasons. At any rate, you used public conveyances more than usual and you needed your hands. Besides, in and around New York and other large eastern cities it was decidedly warm, you will remember. There were very few days when a muff would really have been necessary. As a fact, muffs were not worn during those days that came so close upon the days when, though the war was over, the casualty lists still appeared and women still knitted and worked and had little heart or inclination to buy more furs or other finery than they needed.

But the stirrels have been buried their nuts deep—and the fur that comes close to their skin is thicker than usual, all of which proves to the farmer whom you ask that the winter is to be hard and long.

Meantime some interesting muffs have been brought out and they are so fetching that the woman who can afford them will hardly wait for cold weather before she wears one. There are pillow muffs that are different from pillow muffs of other seasons, because they are round and are shirred just like round foot cushions that one sees in every French woman's boudoir. But the really interesting thing about muffs is that they are now made to go with the frock with which they are to be worn. There are monkey muffs that might be worn with more than one frock by the woman who has gone in heavily for monkey trimming on her winter frocks. If there is a band of monkey fur on your frock, then you must carry a monkey muff. There are winter frocks that are made especially to be worn into fairly cold weather without any outside wrap, and it is with these that the matching muff is most desirable. Later, of course, over such a frock you may wear a wrap, but the muff you carry must still match the frock, not the wrap, and presumably you carry the muff as part of the scheme of your get-up, even when you have arrived at your destination and have left off your wrap.

Minutes of Relaxation.
It is foolish to sit in an uncomfortable chair when you might sit in a comfortable one. For the very fact that it is uncomfortable is proof that it is using up your strength and nervous energy to sit in it. The reason the comfortable chair is comfortable is because it makes no demands on your strength. There are times when being too comfortable might

interfere with your efficiency. Then doubtless the straight, stiff chair is better. For instance, the student who is in danger of dozing if he sits in a comfortable chair with his books had better take a straight one. The housewife who tries to pare potatoes in a Morris chair might take an hour at doing what might be done in ten minutes. But if it does not interfere with doing what you are doing well and quickly, then why not take the chair that is comfortable? It will leave all the more energy with which to do other useful things.

Several successful American writers have done their writing in comfortable rocking chairs—Lew Wallace among them. And a once famous publisher and editor used to have the sort of easy rocking chair in his private office because he was better able to think clearly and quickly when his body was entirely at ease.

But most men and women feel

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that to sit in a comfortable or easy chair in business hours would be exceedingly unorthodox. However, the feeling is wanting. Gradually you see comfortable upholstered chairs, wicker chairs fitted with cushions at the back seat and side, making their way into business offices. One business woman is able to get through her hardest day's work without intense fatigue because she has a comfortable chair in her office, where she sits in an attitude of relaxation when she is dictating letters to her stenographer or reading her mail. Sometimes by taking five minutes of complete relaxation in this chair she is able to drive ahead on work that otherwise she might have to pigeon-hole until the next day.

And business men are realizing the fact that if they seat their visitors in comfortable chairs they are actually more apt to come to pleasant business terms with them. In the adjusting department of one of the large department stores it is especially arranged that the one who has a complaint or grievance to explain is seated in a luxuriously comfortable chair at the side of the man to whom she makes the complaint. She is relaxed physically, and this naturally tends to relax her mentally. She is in a far better frame of mind and far less likely to be unreasonable than as if she were allowed to stand or to sit in an uncomfortable chair.

More than 2,000 women and girls employed in the bureau of war risk insurance in Washington, are up in arms and threaten dire things because the director of the bureau has ordered the removal of all mirrors in the bureau.

In Japan not only the men but the women go to the barber if there be any sign of hair on their faces; they do not permit even the soft down to grow, which the Japanese are often astonished to see left unmolested on the faces of some western women.

The British House of Lords has rejected the clause in the bill for the removal of sex qualifications, which would permit women to sit in the House of Lords.

PURE AND DELICIOUS BAKER'S COCOA

Is a most satisfactory beverage. Fine flavor and aroma and it is healthful.

Well made cocoa contains nothing that is harmful and much that is beneficial.

It is practically all nutrition.

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Householders in Great Britain are barred from entertaining their mothers-in-law, or other guests, longer than four weeks, by an order of the ministry of food.

English women are beginning to wear monocles, and not only are they adopting them for home wear, but are appearing on the street so adorned.

SILVERWARE that is Protected where the Wear Comes

SILVER INLAID AND SUPER PLATE

CHOOSE HOLMES & EDWARDS Flatware for Christmas Gifts then you can rest assured that the recipient of your gift will never be disappointed. HOLMES & EDWARDS spoons and forks are protected where the wear comes. In the "Silver Inlaid" line the wear points in before plating, while the whole of the spoon is superplated. In the "Super Plate" line the protection is given by an extra heavy coat of pure silver at all wear points.

Be sure to look for the name "HOLMES & EDWARDS" on the back of all spoons and forks. Many beautiful patterns including the "James Town" handily carried for Christmas Gifts. Have your jeweler show you these.

Set of Six Teaspoons—Silver Inlaid, \$4.25; Super Plate, \$3.25
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The Standard Silver Company of Toronto, Limited.
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Children should all be members of that happy circle, where all are knit together by the joyous ties of health. There is health and protection for all in the daily use of

LIFEBUOY SOAP

Children are always eager for their morning wash with Lifebuoy. They love the health odour—they glow with health after it's use. At night wee folk may be tired but they go to bed, refreshed and happy after a Lifebuoy bath.

The carbolic odour in Lifebuoy is the sign of its splendid protective qualities—quickly vanishing after use.



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Stockings for cold weather

Buster Brown Stockings will lighten the clothing bill this winter. They are sensible, closely-knit stockings, that will amply protect your boy against the cold, yet can be bought much more reasonably than other winter stockings.

Buster Brown Stockings wear longer—require less mending, too. They're knitted with three-ply heels and toes, and double-ply legs and feet. They give extra wear—they're shaped to fit—and they hold their color.

Get Buster Brown Stockings for your boy or boys this winter. They will lower the clothing account, especially if your family is large.

Ask for Buster Brown durable hosiery—the economical kind.

BUSTER BROWN'S SISTER'S STOCKINGS are ideal for the girls. Fine quality two-thread English mercerised, lisle, in Black, Leather Shade Tan, Pink, Blue and White. Splendid wearing, moderately priced.

The Chipman Holton Knitting Co., Limited
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The BUSTER BROWN STOCKING

Mrs. Helen Essex, elected town clerk of Orangetown, N.Y., intends to appoint her husband as her assistant. She succeeded her husband in the office, and was his assistant during his incumbency.

The married Kaffir women are compelled to speak a language different from that of their husbands. They may not even pronounce their husband's names, commonly refer to them as the father of so-and-so.

Black velvet frock trimmed with fur.