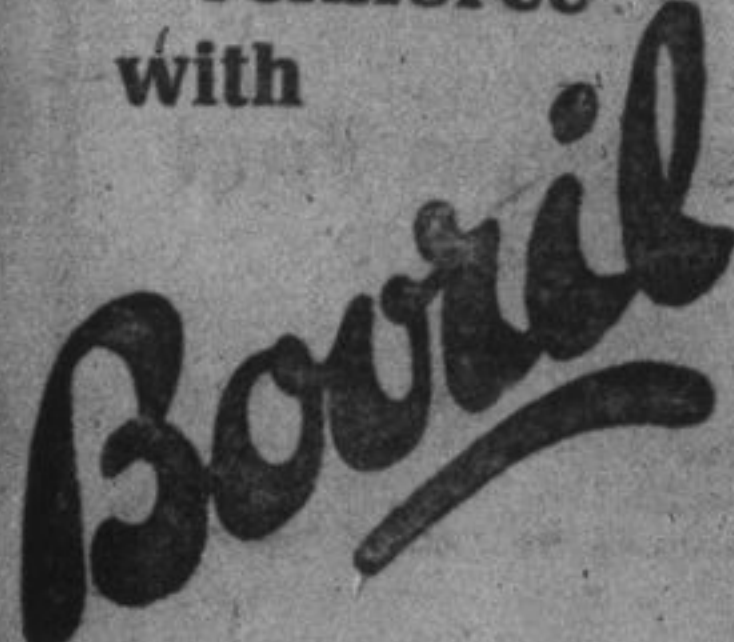


If hard work is sapping your strength—reinforce with



On sale at all Druggists and Stores.


WOOD

Sawed in Stove Lengths

BOOTH & CO.,
Foot West Street
Phone 133

Pain subsides—aching ceases

When Thermogene is applied, this wonderful medicated wool generates instant heat—and soothes and cures—pain—racked nerves and tissues. Takes the place of poultice or plaster.



THERMOGENE
CURATIVE WADDING
From Your Druggist
50c

Painful Piles

A Free Trial of Pyramid Pile Treatment is One of the Greatest Events You Ever Experienced.

You are suffering dreadfully with itching, bleeding, protruding piles or hemorrhoids. Now, go over to any drug store and get a 50-cent box of Pyramid Pile Treatment. Be- lieve it or not, you will find relief in a few days. Send for a free trial package by mail. You will then be convinced. Don't delay. Take no substitutes.



FREE SAMPLE COUPON
PYRAMID DRUG COMPANY,
50 Pyramid Building,
Marshall, Mich.
Kindly send me a free sample of Pyramid Pile Treatment, in plain wrapper.

Name.....
Street.....
City..... State.....

INFLAMED GUMS—THE CAUSE OF TOOTH-BASE DECAY

Just as the strength of a building is dependent upon its foundations, so are healthy teeth dependent upon healthy gums.

Permit the gums to become inflamed or tender and you weaken the foundation of the teeth. This condition is called *Pyorrhoea* (Riggs' Disease). Loosening of teeth is a direct result. And spongy, receding gums invite painful tooth-base decay. They act, too, as so many doorways for disease germs to enter the system—inflicting the joints or tonsils—or causing other ailments.

Pyorrhoea (Riggs' Disease) attacks four out of five people who are over forty. And many under that age, also. Its first symptom is tender gums. So you should look to your gums! Use *Forhan's*, which positively prevents *Pyorrhoea* if used in time and used constantly. It also scientifically cleans the teeth—keeps them white and clean—brush your teeth with it.

If gum-shrinkage has already set in, start using *Forhan's* and consult a dentist immediately for special treatment.

35c and 60c tubes. All Druggists.

FORHAN'S, LTD., Montreal.

Forhan's FOR THE GUMS

Death came suddenly to Percy M. Millard, Belleville, on Saturday. He was stricken with a paralytic stroke and passed away on Sunday. Mr. Millard was seventy-one years of age.

Total Prohibition For Natives in Transvaal.

A Big Illicit Traffic

THOMAS SEARLE, president of the South African Temperance Alliance, contributes an interesting article on the prohibition movement in South Africa in the International Record. Affairs in South Africa, he states, have taken a decided turn in favor of prohibition. In recent years the evils associated with the drink traffic—especially in the wine and brandy farming districts, where the Dutch Reformed Church, on account of the support it derived from the industry, was inclined to stand aloof—have become so great that the church has been obliged to take action.

In the course of his article, Mr. Searle says: "During the last session of the South African Parliament, in 1918, two select committees were appointed by that body. One to enquire into the drunkenness prevalent in the western districts (the wine and brandy districts), and the other to enquire into the working of the Transvaal liquor laws. Under the act of Union, by which, in 1910, the four provinces of Cape Colony, Orange Free State, Transvaal and Natal, became the Union of South Africa, provision was made that until the Union Parliament passed consolidating laws the laws in force in each of the provinces should continue to be the law in those provinces. Thus it is that in each of the four provinces there is a different law. In the Transvaal there are no gold mines, the chief labor force is drawn from the native population, and there are about a quarter of a million of these people working there. The law of the province is total prohibition for all colored and native people. But a large illicit liquor traffic is carried on, and many of the poorer classes of Europeans, chiefly Dutch, take to this nefarious business. The result is that very drastic laws have been passed against the traffic, but so remunerative is it, that notwithstanding heavy fines and long terms of imprisonment, the traffic still flourishes.

"It was to inquire into this matter that the select committee referred to was appointed. The chairman of the committee was Mr. Rooth, a prominent supporter of the South African Political Party, which now holds the reins of government. This select committee reported, by a majority of one, that the total prohibition for natives in the Transvaal had broken down (so it said), as was shown by the large number of convictions for illicit sale, it would be better for the Government itself to open canals for the sale of European beer and wines of approved alcoholic strength to these people.

"The state of affairs in the mines before the total prohibition law was enacted was terrible, and drunken orgies, and consequent crime, were a great evil. It has been proved that natives, as a rule, cannot drink in moderation, and they very soon get a craving for strong spirituous liquors. Knowing this, and the terrible state of affairs that existed before the total prohibition to these people was enacted, the report of the committee above referred to—known as the 'Rooth Committee'—thoroughly roused the temperance people, and a large section of other people not actively engaged in temperance work, and made them raise their voices in protest against the dangerous proposition. Public meetings were held throughout the length and breadth of the Union. The Dutch Reformed Church, too, took action, and practically unanimously at the meetings of the presbyteries passed resolutions condemning the proposal. Nothing had ever so consolidated the temperance forces.

"Notwithstanding these protests and the very clear expression of opinion by the public, Mr. Rooth in the session of Parliament, proposed that the recommendation of his committee should be adopted. The Ministry in power, themselves, were divided on the subject, and it was made known that the matter would not be made a party issue. Thus in all the political parties there were those in favor of, and those against, the proposal. It soon became apparent, however, that the proposal, if the matter came to a vote, would not get the majority support, although the issue would be fairly close. The result is that the debate has been adjourned from time to time, and no vote is likely ever to be taken.

"The reports of the committee proving so conclusively the hopelessness of trying to deal with the liquor evil by merely partial restrictive measures, has convinced a large body of people outside of those usually known as temperance reformers of the necessity for total prohibition, and they are prepared to support it. The Dutch Reformed Church of the Transvaal has definitely declared that it looks upon total prohibition as the ideal at which they should aim, and they have appointed a committee to inquire into the effects of prohibition in America and elsewhere, and to act as a vigilance committee on behalf of the church. It is hoped that the synods of the church in other provinces will take similar action. When once the Dutch Reformed Church will unitedly and actively take up the cudgels on behalf of prohibition we may then consider the matter as practically settled."—*Christian Science Monitor.*

Seaweed is Useful.

It has been discovered that from Swedish seaweed can be produced illuminating gas, acetic acid, potassium chloride, iodine and methylated spirit.

Japanese girl babies have their heads shaved until they are three years old.

ST. JOHN MAN HAS GAINED 26 POUNDS

Charles Allen Finds Tanlac to Be Just What He Has Needed For Fifteen Years.

"Yes, sir, I have gained twenty-six pounds since I commenced taking Tanlac, and I am in such fine condition that I can do as hard a day's work as any man," said Charles Allen, who lives at 301 Union street, St. John, N.B., the other day.

"My health broke down while I was serving in the Boer war," continued Mr. Allen, "and since that time my condition has been getting worse all the time. For the past nine years, my stomach has been in an awful fix, and no matter what I would eat I was sure to suffer afterwards. Every night that came was misery for me, for I couldn't sleep, but would roll and tumble till time to get up. I was so nervous that when anybody opened the door I would almost jump out of my chair. Finally I could go no longer, so I gave up my work and started to the country to take a long rest.

"But before I left I decided to buy a bottle of Tanlac and take it with me, as I had heard and read so much about it. I went on to the country and began to take my Tanlac, and I want to tell you I felt so much better when I finished my first bottle that I was determined to have some more and I walked two miles and got it. It has been some time now since my last bottle, but I am feeling even finer to-day than I did then, for I am heavier and stronger, and my work is a pleasure to me. My nerves are steady and every night that comes I can sleep as sound as a child, and I get up in the mornings feeling fine. My appetite is so good that I am almost ashamed of the way I eat, and everything I eat digests perfectly, and I never have the heart pain in my stomach. Tanlac has proved to be just the thing I have been needing for over fifteen years, and a medicine that can do what it has done for me certainly deserves every bit of the praise I can give it."

Tanlac is sold in Kingston by A. P. Chown, in Plover by Gilbert Ostler, in Battersea by C. S. Clark, in Fernleigh by Ervin Martin, in Ardoch by M. J. Scullion, in Sharbot Lake by W. Y. Cannon.

DON'T BE A SLAVE TO YOUR NERVES

Good Advice to Nervous People

People who are excessively nervous, tired out and all run down, who get the jumps and fidgets, who can't concentrate their minds on work, have fits of blues, trembling, nervous headaches and dyspepsia and that "don't give hang" feeling so common to nervous folks, may take it as a certain fact that their trouble is due to impoverished or de-vitalized nerve force. Their nerve cells are starving and when they give out entirely, complete nervous prostration or breakdown is the result.

A splendid treatment for weak nerves is found in the famous Ferro-Peptide, composed of six of the best nerve vitalizing elements known to modern chemistry. These tablets go straight to the nerve cells and begin immediate action. Take 1 or 2 Ferro-Peptide tablets, wait ten minutes and watch yourself perk up. They feed your famished nerve cells, start healthy blood circulation and normal digestion. Then you brighten up, put on a smile, get some of the old-time "pep" back in your system and feel as happy as a clown at a high tide. Ferro-Peptide is absolutely harmless, contains no dangerous habit-forming drugs, is easy to take, inexpensive and all leading druggists sell it on a positive guarantee of successful results or money back.

BIG EATERS GET KIDNEY TROUBLE

Take Salts at First Sign of Bladder Irritation or Backache.

The American men and women must guard constantly against Kidney trouble, because we eat so much and all our food is rich. Our blood is filled with uric acid, which the kidneys strive to filter out, they weaken from overwork, become sluggish; the eliminative tissues, clog and result in kidney trouble, bladder weakness and a general decline in health.

When your kidneys feel like lumps of lead; your back hurts or the urine is cloudy, full of sediment or you are obliged to seek relief two or three times during the night; if you suffer with sick headache or dizziness, nervous spells, acid stomach, or you have rheumatism when the weather is bad, get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate clogged kidneys; to neutralize the acids in the urine so it no longer is a source of irritation, thus ending bladder disorders.

Jad Salts is inexpensive; cannot injure, makes a delightful effervescent lithia-water beverage, and belongs in every home, because nobody can make a mistake by having a "good kidney flushing" any time.

Tobacco Habit Dangerous

Dr. J. C. Cannon, formerly of Johns Hopkins Hospital, thousands of men suffering from fatal diseases, the perfect habit to-day were it not for the deadly drug, nicotine. Stop the habit now before it's too late. Use a simple process to rid yourself of the tobacco habit in any form. Just go to any up-to-date drug store and get some Nicotol tablets; take them as directed, and in a few days you will be free. Nicotol Druggists refund the money if they fail. Be sure to read large and interesting announcement by Doctor Cannon, which appears in this paper. It tells of the danger of nicotine poisoning, and how to avoid it. In the preceding try Nicotol tablets; you will be surprised at the result.

TO RELIEVE CONGESTION.

British Plans to Get People Back to Land.

Labor in the United Kingdom has been represented in some quarters as hostile to the settlement on organized lines of the people on the land. The statement, however, is not found to be supported by facts. The plans to place discharged soldiers and sailors on the land, and to establish land banks in connection therewith, are being carried out with a full sense of the importance of the movement in relation to national welfare. That the solution of industrial unrest is intimately bound up with the scheme is shown in letters recently forwarded to Herbert K. Easton, the honorary secretary of the British Immigration League.

J. T. Clatworthy, the president of the Cardiff Coal Trimmers' Union, and member of the National Alliance of Employers and Employees, after declaring his "most hearty and cordial support to the movement in favor of the establishment of land banks," wrote that as a representative of labor, he regarded it as absolutely essential that it should be made as easy as possible for the people to be settled on the land. "The present position is," he continued, "that thousands are seeking into our great industrial centres, and this, in consequence, is one of the causes of industrial unrest. If we are to prosper as a nation, it seems to me that it is essential that the Government should offer every means possible, and certainly by the means indicated above, to provide opportunities for many of our discharged soldiers and others to settle upon the land."

Writing from the House of Lords, Lord Willoughby de Broke, who has prominently identified himself with the land bank movement, and is a patron of the British Immigration League, declared that the strength of the British Empire lies in its main power. It was surely the main function of governments to equip the agricultural industry at home and beyond the seas in such a manner as to make it more attractive than it had been in the past, and capable of rearing a healthy race.

Viscount Templetown wrote: "If we are again to have industrial peace, and without it the fruits of our victory will pass away, the land must be used to relieve the congestion of the cities. Public opinion has justly condemned the profiteers, but if they will apply some of their talents in financing land settlement, they will at least have the satisfaction of knowing the money will be used for the common welfare."

Cheating the Ex-Soldier.

Appearing before Medical Boards in 1916 and 1917, a private in the R.F.A.—a married man with four children, who had enlisted voluntarily in 1915—was each time "marked for discharge," although urged by his C.O. not to press for release, as he was "doing such good work in the army." According to this request, he continued in Khaki until, upon the formation of the Ministry of National Service, his good work was rewarded by an appointment as "Area Recorder" at a salary of £400 per annum, technically a soldier, he waited patiently to see his discharge. He was appointed to and with the placement of his army pay by a civil salary there were growing arrears of payment. To meet this it was arranged, under official sanction, that his C.O. should advance him certain sums of money for his immediate needs, and it was not until he had borrowed £35 in this way that the National Service authorities made the extraordinary announcement that his comfortable appointment was "under review and must be cancelled— it having been discovered that the appointment was one for which a 'serving soldier' was not technically eligible. In the circumstances, the very least these blundering bureaucrats should have done was to have paid the soldier's salary up to the date of the cancellation of his appointment—instead of which they actually ordered him to refund out of his own pocket the £35 advanced on their account. For downright injustice this is, as George Robey would say, "the utmost extension of the outside edge."

A Brave Australian.

The King has approved the award of the Victoria Cross to Corp. Arthur Percy Sullivan, 45th Battalion Royal Fusiliers (Crystal Brook, South Australia), for most conspicuous bravery and devotion to duty on the 19th August, 1919, at the Shelka, near North Russia. The platoon to which he belonged, after fighting a rearguard covering action, had to cross the river by means of a narrow plank, and during the passage an officer and three men fell a deep pool. Without hesitation, under intense fire, Corp. Sullivan jumped into the river and rescued all four, bringing them out singly. But for this gallant action his comrades would undoubtedly have been drowned. It was a splendid example of heroism as ranks were on the point of exhaustion, and the enemy less than 100 yards distant.

Perhaps They Did.

A sergeant was so much given to using bad language on the parade ground that some of the men complained, and the commanding officer interviewed him and told him not to let it happen again. The following morning the sergeant was in charge of a very ragged squad and after keeping a silence for a considerable time he eventually burst out with: "Bless you, my pretty dears; you know what I mean."

Where Are They?

Where are the girls who were to return to the kitchens after the conclusion of the war work, as was predicted? Where are they? Not in the kitchens; and trades and professions utilizing female help are unable to locate them. Perhaps, like Francis Villon's girls, "The wind has blown them all away." They can't all be in the movies.


Miss Edith Florence Hefferman, daughter of Mr. and Mrs. Thomas Hefferman, Charlottetown, was united in marriage to William E. Green, son of Mr. and Mrs. Watson Green, Oak Leaf. The ceremony was performed by Rev. Canon F. D. Woodcock, of Brockville.

Patches that decorate the trousers of a calamity bowler are not on the knees.

Y. M. C. A. MEMBERSHIP CAMPAIGN

December 1-8

MR. BUSINESS MAN

DO YOU KNOW?  DO YOU KNOW?

Physical Fitness and Efficiency Go Hand in Hand

The Y.M.C.A. Gymnasium Helps Men Keep Fit

JOIN TO-DAY AND START ON THE ROAD TO EFFICIENCY

ANNUAL FEES:

Men (full privilege)	\$6.00	Boys 10-15 years	\$3.00
Men (limited privilege)	\$3.00	Boys 15-18 years	\$4.00
Students (College term)	\$4.00	Returned Soldiers, free 6 months from discharge.	

NOVEMBER

The Overcoat Month at Prices Which are a Saving

Our Stock of Overcoats offers the Men of Kingston Greater Values Than Any Other Store. You Must See Our Stock to Appreciate the Values.

OVERCOATS

In fabrics and in designs these Overcoats for men and young man are beautiful; made from the best imported English Scotch and domestic weaves; fancy models in Chesterfields, Ulsters; Waist Line and Form Fitting.

Prices From \$18.00 to \$33.50

men and young men. You'll like the fine trimmings, well tailored, but best of all, you'll like the style, individuality that stamp them different.

Prices for Saturday from \$16.50 to \$35.00

BOYS' COATS

A splendid range of handsome Ulsters in belted and waist-line models; in brown, grey and assorted Tweed mixtures; convertible collars; well lined; sizes 28 to 35.

Prices for Saturday from \$12.50 to \$18.50

MEN'S SUITS

Of Rare Fineness, Wonderfully Tailored

If you are a fellow who wants a touch of "pep" in your clothes, come and see the new Suits for

Splendid Buying Opportunity For The Ladies

DRESSES

Navy Serge and Colored Silks.	Reg. \$50; to clear	\$34.95
Reg. \$40; to clear	\$23.95	
Reg. \$35; to clear	\$20.95	
Reg. \$30; to clear	\$19.95	
Reg. \$25; to clear	\$16.95	
Also a few at	\$ 9.95	

BLOUSES

White and flesh; Crepe de Chene and Jap Silks at \$3.95 and \$4.45

SKIRTS

Serges, navy and black. Prices from \$4.95 to \$10.45

Louis Abramson,

The Up-to-the-Minute Clothier and Furnisher. 336 Princess St.

A wedding was celebrated at the church of the Sacred Heart, Montreal, on Monday morning, when Rev. Father Farrell united in marriage Miss Lillian L. Forestell, daughter of Mrs. Catherine Forestell, and Mr. Rockwell J. Hoffman, of Belleville.

Building permits to the extent of \$42,700 have thus far this month been taken out at the city engineer's office in Belleville.

W. K. McManus, Meliland, has been appointed district manager for Eastern Ontario of the Travellers Life Assurance Co. of Canada. He will make his headquarters at Ottawa.