

Ministers Recommend

Rev. John Davidson, of Thurso, Ont., writes:—“I have had considerable trouble with my throat, caused by public speaking in heated buildings and exposure to damp and chilly atmosphere. I find PEPs very effective in soothing the throat.”

Rev. Edward G. Heaven, Marksville, Ont., writes:—“I have used PEPs and find they give considerable relief to the throat. I have also found them very beneficial for colds.”

PEPs is the direct treatment for Coughs, Colds, Bronchitis, Asthma, Hoarseness, Laryngitis, and other ailments of the throat, chest, and lungs. As PEPs dissolve on the tongue, healing vapors are liberated which are breathed down direct to the sore places. Liquid cough mixtures, etc., cannot be inhaled, they go to the stomach not the lungs. PEPs get to the seat of the trouble direct.

PEPs are sold only in tin boxes. All druggists and stores 5c. box, 3 boxes \$1.25.

FREE TRIAL

Send this article, name of paper, and 1c. stamp for postage to PEPs Co., Toronto, Winnipeg, or Montreal, and we will send free package.

Peps

That Hair Mattress

OR THOSE FEATHERS SHOULD BE RENOVATED NOW. SEE US WE ARE EXPERTS.

Kingston Mattress Company
555 Princess Street, Phone 6027.

Salvatore Russo died in hospital at Ottawa from five wounds received last Friday, as a result of a Mafia plot.

STEAMER BRITANNIC

EVERY WEEK BETWEEN MONTREAL AND KINGSTON; ALWAYS ON TIME. SHIP YOUR FREIGHT BY THIS RELIABLE ROUTE.

TELEPHONE 2195 FOR INFORMATION.

Kingston-Cape Vincent Ferry

STR. MISSISQUOI
EFFECTIVE NOVEMBER 17, '19.

| | |
|------------------|------------|
| Lv. Kingston | 8:15 a.m. |
| Lv. Cape Vincent | 10:15 a.m. |
| Ar. Kingston | 2:30 p.m. |
| Ar. Cape Vincent | 4:30 p.m. |

Special accommodation for automobiles. Rates for cars: Ford, \$1.00; touring or other cars, \$1.50.

Close connections at Cape Vincent with N. Y. C. for all N. Y. points.
Phone 2195. Subject to change without notice.

A VITAL FACTOR

It is natural for a growing child to crave what may seem an over-abundance of food. The vital, important factor is to assure not only a plenitude of food but food that contains those substances that promote healthful growth.

SCOTT'S EMULSION

is daily helping to nourish and strengthen many boys and girls through the trying period of growth.
You should not hesitate to give SCOTT'S EMULSION to a child of any age. Try it!

Scott & Bowne, Toronto, Ont.

When you want:

- Stove Pipes
- Elbows
- Coal Hods
- Fire Shovels
- Stove Boards
- Combination Gas & Coal Ranges

See our stock and get prices.

LEMMON & SONS
187 PRINCESS STREET
PHONE 840

MILK WATERING INCREASES

INSPECTOR SAYS THE PINES NOT LARGE ENOUGH.

Pay by Test Is the Remedy—Larger Salaries For Cheesemakers Advocated at Renfrew Meeting.

Renfrew, Nov. 21.—That much adulteration of milk is done by cheese factory patrons in Eastern Ontario, and that every year the practice is on the increase, was a statement made at a district dairy meeting in Renfrew by T. A. Thompson, of Almonte, for several years Secretary of the Eastern Ontario Dairy-men's Association.

Some patrons Mr. Thompson explained, add water to the milk, others skim the milk. “This is a great reflection on the farming community. There is not much of it done in Renfrew county or in Lanark but there is some. Last year nearly \$3,000 in cash was brought into our association from fines for adulteration of milk. This year Mr. P. B. Low, Dairy Inspector for Eastern Ontario, tells me the condition is not any better. Recently a test of milk made showed some of it to be 50 per cent. water. Half of the milk in one man's cans was water. In the fall the watering of milk seems to start.

“Half of the fine goes to the factory concerned; the other half to the Dairy-men's Association, and we have been reaping a revenue of \$1,000 per year from the scores for some time, and the fines are small. I have not yet met a magistrate who fines offenders enough money. While I have never been a hearty supporter of payment for milk by butter fat test, I believe it will yet come in Eastern Ontario. I believe it would cancel forever the adulteration of milk sent to factories either by skimming or watering.”

David Muirhead of Renfrew who was re-elected District Director, expressed himself as in favor of paying for milk at factories by the butter

fat test, and will advocate it at the Eastern Ontario Dairy-men's convention in Brockville.

The Dairy Inspector for the district blamed much of the porosity of quality of some milk on milking machines, many farmers thinking that through mechanical milking there is little danger of impurities getting into milk, and some of them have not learned that the machine requires a thorough cleansing after each milking.

The Secretary of the Eastern Ontario Dairy-men's Association put in a word for a better status for cheese makers. He advocated the payment of salaries such as would attract and retain the best young men.

He also reported that more care is taken of milk for export to cities than of that sent to cheese factories.



From an snapshot taken in London, where he was the guest of Premier Lloyd George.

MARY NEARLY SHOCKED.

Skirts in Paris Growing Shorter Hourly, Says Miss Garden.

New York, Nov. 21.—This certifies that Mary Garden will not be married this year.

The famous singer and movie star said so herself when she arrived on the French liner La France yesterday.

“How about next year?” she was asked.

“Well—you can't tell what will happen in a year,” she replied.

Miss Garden will leave for Chicago to-morrow to join the Chicago Grand Opera Company. When she goes on concert tour she will bring a new “gown of a thousand mirrors” which, she said, “will assist every woman within eyesight to adjust her coiffure.”

Speaking of styles, Mary said the skirts in Paris are “growing shorter hourly,” and that if she had remained there a day longer she would have been “shocked.”

GLORIES ARE REVIVED.

Brilliant Political Reception at Londonderry House.

London, Nov. 21.—The Marchioness of Londonderry revived last night the glories of Londonderry House, where, in the past, many brilliant political receptions were given. The scene last night was fully as brilliant as any described in Disraeli's letters and the reception is regarded as a political event of the first importance inasmuch as it is expected to exercise an influence in bringing the diverse elements of the Coalition together in common purpose. Two thousand guests included practically every member of the Government, headed by Lloyd George and Bonar Law, many peers from the Upper House, and a large section of the House of Commons. At midnight the guests were still arriving in large numbers.

WELCOMES HYDRO-RADIALS

As a Feeder For the Canadian Pacific Railway.

(Canadian Press Despatch)
Toronto, Nov. 21.—Speaking before the Empire Club yesterday, President E. W. Beatty said that he did not oppose the proposed Ontario hydro-radial system, but intimated that he rather welcomed it as a feeder for the C.P.R. He also declared that the C.P.R. proposed to do more for Ontario than was being done at present. He predicted the success of the Canadian National Railway system, and in regard to the high cost of living urged economy and efficiency on the part of all.

GREAT EMIGRATION.

Herbert Samuel Expects a Rush to Canada Soon.

London, Nov. 21.—Herbert Samuel, former postmaster-general, believes that a great emigration to Canada will take place in the near future. High prices will give an impetus to the movement towards food-producing countries. Emigration from eastern Europe was growing steadily before the war, and a big movement from that quarter might present one of the most formidable problems for Canada in the future.

Pastor Sues Township.

Woodstock, Nov. 21.—Rev. J. Wesley Bean, Methodist minister at Dereham Centre, has entered an action against the Township of Dereham, asking for \$5,000 damages for alleged neglect of the municipal corporation which resulted in the death of his son. The young lad was walking along the road, and, noticing a live wire upon which a cow was lying dead, following contact with the wire, he touched the animal and a voltage of 3,200 volts passed through his body, killing him instantly.

OMAHA RIOT CAUSES

Crimes Against Women and Criticism of Officials.

Omaha, Neb., Nov. 21.—The special grand jury investigating the courthouse riots of September 29th, reporting yesterday after returning indictments, said that the causes of the riots were crimes against women and undue criticism of public officials.

Many a poor workblack shirt in society.

To Visit Our Store On Saturday Is A Matter Of Economy

Economical mothers will more than welcome this news, for we have included in the offerings for Saturday, just the sort of things that are wanted most at the present time and marked them all at a worth-while saving.

BOYS' COATS

Notably low priced warm Coats for Boys, are well tailored and dependable materials. See these in our window and compare quality and price with any others. The economy prices are

\$8.00, \$10.00, \$12.00 and \$14.00

GIRLS' COATS

Excellent values in carefully made warm Coats for girls. Made of Freize Cloth, Velour and Curl Cloth; comfortable and of good appearance. Colors are: Gray, Blue, Brown and Green; sizes from 5 years to 18 years. Economy prices are:

\$9.00, \$12.00, \$15.00 up to \$39.00

BRUSHED WOOL SCARFS

New Brushed Wool Scarfs, in a big variety of colors.

Economy Price—\$1.50 and \$1.75

BRUSHED WOOL SKATING SETS

in great variety, with Toque or Tam.

Economy Price—\$2.25, \$2.50, \$2.98 Set

LADIES' BRUSHED WOOL SWEATER COATS and PULLOVERS

Splendid collection, in all the new colors.

Economy Price—\$3.75, \$3.98, \$5.50 up to \$10.00

VESTS AND DRAWERS

Turnbull's fine natural Wool Vests and Drawers for men and women.

Economy Price \$2.25 and \$2.50 each

BOYS' BRUSHED WOOL SUITS

Small Boys' Brushed Wool Suits in grey and brown, with Toque to match.

Economy Price \$3.98 Suit

CHILDREN'S BRUSHED WOOL SWEATER COATS

in Saxe and Rose and Rose and Blue.

Economy Price—\$2.98 and \$3.98

BOYS' HOSIERY and TOQUES

in plain knit and brushed Wool.

Economy Price—25c. and 50c.

STANFIELD'S UNDERWEAR

Stanfield's heavy Underwear for Men; every garment guaranteed; in all sizes.

Economy Prices—\$2.00, \$2.25, \$2.50 each garment

McIntosh Bros.

A Store for the People—Created by Service—Satisfaction—Savings



Up On Your Toes

What a thing it is to be fit! To be not merely free from actual sickness, but to be well, absolutely well—and to have the mental vim, stamina, vigor, which go with physical well-being.

But you can't be fit if constipation is constantly breeding poisons, which are taken into the blood and undermine the whole system.

The modern treatment for constipation is Nujol.

The action of Nujol is entirely different from that of castor oil, pills, salts, etc. Nujol is pleasant to take and does not force and weaken the system, nor impair digestion.

Nujol prevents constipation because it softens the food waste and encourages the intestinal muscles to act naturally. It thus removes the cause of constipation and self-poisoning.

Nujol helps Nature establish easy, thorough bowel evacuation at regular intervals—the healthiest habit in the world. Get a bottle from your druggist today.

For valuable health booklet—“Thirty Feet of Danger”—free, address Nujol Laboratories, Standard Oil Co. (New Jersey), 50 Broadway, New-York.

Warning: Nujol is sold only in sealed bottles bearing the Nujol Trade Mark as shown here. Beware of products represented to be “the same as Nujol”. You may suffer from substitutes.

Nujol

For Constipation

SICKNESS PREVENTION

