

Columbia Records



"Oh! What a Pal Was Mary"

Here's a good old-fashioned ballad song that's making one of the biggest sentimental hits on record. Henry Burr sings the appealing words and beautiful melody with sincere and tender feeling. Coupled with "Waiting" (from "Listen Loster"), by Charles Harrison.

A 2786-90c

Other Good Records

- "TELL ME"—Fox Trot A2783
 - "BREEZE"—Fox Trot 90
 - "Take Me Back to Canada"—Burr R4013
 - "Hearts of the World"—Quartette 90
 - IRISH JIGS—Accordion A1917
 - IRISH REELS—Accordion 90
- Best selection of Records Between Toronto and Montreal

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In the World of Sport

CARPENTIER TELLS TRAINING METHODS

Always Keeps His Opponent Before Him—An Earnest Worker.

From the day on which I commence to train I have my opponent always before me. I evoke him and I attack his phantom. I battle against him with all my strength, and with all the resources I have.

In a word, I act as if my vis-a-vis were real and not fictitious—Georges Carpentier.

An intensely interesting article, by Georges Carpentier, describing how he trains for a big fight, appears in a recent number of the magazine. Lectures Pour Tous.

In view of his forthcoming meeting with Beckett, thousands of people will be glad to know something of the great French boxer's methods, and I translate the purport of what he writes on the subject.

In this article is revealed a man who is not only skilful and courageous in the ring, who not only fights with his brains as well as with his fists, but who adopts a certain mental attitude which distinguishes him from the average pugilist.

As soon as a match is arranged for him he forces himself, as he puts it, mentally to gain an advantage over his adversary. "From the day on which I commence to train," he says, "I have him always before me. I evoke him and I attack his phantom; I battle against him with all my strength and with all the resources I have."

"In a word, I act as if my vis-a-vis were real and not fictitious."

He also declares that the boxing part of a man's training should be something more than "an exchange of delicate touches." He believes in giving and receiving (if his opponent can get at him), the hard punch, and in the encounters in which he engages while training, the knock-out is not rare.

In another part of his article Carpentier says that while it is essential to concentrate all the faculties on the work of training, the boxer who "has not the idea, largely to vary his program, courts real danger; his imagination is dulled; he ceases to think as an intelligent being, and finally his training becomes to him a dreadful obsession.

Carpentier himself does not make this mistake. Music, fishing, billiards, and other exciting pastimes help to mitigate the arduousness of his preparations for the great day.

He explains that his daily program is subject to change. On one point, however, he allows no exception; he rises every morning at seven o'clock. Then he takes his coffee and his bowl of milk from the farm of his trainer and faithful friend, Desamps, at whose home he is staying. After this he goes for a long walk, accompanied by his two dogs. But he is not always contented with walking, for occasionally he races with the dogs, and he mentions that recently he did 100 yards in 19 seconds.

After the walk he is massaged, and then comes a crowded hour or two in the gymnasium, where he indulges in Swedish exercises and vigorous bouts of boxing with skilled partners.

Though in ordinary times the cigar is his "companion and joy," as he expresses it, he does not smoke at all during his training. He has a great appetite and eats heartily "any thing that is good," and his favorite drink is a little red wine mixed with water.

There is a significant sentence in his article, in which he says that if he feels any nervousness he "passes it on to Desamps" before entering the ring.

THE PACIFIC TEAMS TO PLAY TO DECISION

Plan to Adopt N.H.L. System Abandoned—Eastern Players Sign Contracts.

Frank Patrick will not manage the Vancouver hockey team in the 1919-20 championship race of the Pacific Coast Hockey Association. Finding that he cannot handle both the playing and business ends of the game at the same time, the local magnate has relinquished the management of the team, and has appointed Lloyd Cook, last year captain of the Montreal team, to manage the Vancouver team in the coming season.

Lloyd Cook's signed contract to play with Vancouver this season has arrived at hockey headquarters and is locked in the strong box along with those of Alf Skinner and the Adams brothers.

All matches in the P.C.H.A. series this winter will go to a finish, as in the past, the plan to adopt the Eastern system of cessation of hostilities if the teams are even at the end of twenty minutes' overtime play having been abandoned. Coast officials realize that the fans want decision contests, and the only change to be made in the overtime rules provides for a full ten-minute rest at the end of the third period and before the players start into overtime. The Coast system insures a decision.

McGILL MAY PASS UP C.R.U. SEMI-FINAL

The McGill Rugby Club refuses to discuss the Canadian Rugby semi-finals until after Saturday's game with Varsity, but in certain quarters it is understood that the collegians will pass up the Canadian semi-final, and instead may play a city championship game with M.A.A.A. This would bring their season to a close on Nov. 22, which is said to be the time allotted them to play Rugby by the faculty.

Members of the executive of the McGill team are not anxious to discuss the question of a match with Montreal, as the team has not won the championship, and should Varsity win on Saturday a play-off would be necessary to decide the winners of the title for this season. Some of the members of the college team are willing to remain in training for a few extra days and play a match with the M. A. A. A., while others are inclined to drop out of training as soon as the intercollegiate is over.

The public are anxious to witness a match between the interprovincial champions and McGill. Should McGill win next Saturday it is more than likely that the game will be arranged, weather permitting, on Saturday, November 22. The students would not lose a great deal of time in training for another few days, and the match would no doubt be the attraction for the greatest attendance that has ever witnessed a rugby game on a local grid-iron.

McGILL AND M.A.A.A. ARE LIKELY TO CLASH

But Both Will Pass Up Chance For Canadian Football Honors.

A Montreal despatch says: It is now doubtful if there will be a contest for the rugby championship of the Dominion this season. It has been definitely decided by McGill that they will not play for Dominion honors should they win the intercollegiate honors from Varsity on Saturday, while there is a general expression of feeling among the members of the M. A. A. A. that they have had enough rugby for this season and none of them are anxious to play for the Dominion championship.

The members of the champion M. A. A. A. team are business men and cannot afford the time to keep in training for two or three weeks more to play off with the winners of the Ontario Rugby Union.

The Winged Wheel players would be willing to keep in training for another week to play a game with McGill, should that team win the college title, as it would not cause a waste of time in training. M. A. A. A. players have been in training almost daily since the last week in August, and have had a long, tiresome session of it. Several of the members of the team are swimmers and aquatic polo players, while others are amateur boxers and would rather devote their time to the winter sports than to keep in training to play off with the O. R. F. U. winners.

Montreal May Get It.

Decision to transfer the Newark International League Baseball Club franchise to some other city was announced by Ernest C. Landgraf, president of the club, who said he had received permission from the league to take such action. The franchise, it was stated, is being sought by Scranton and Montreal. Lack of interest in the team and difficulty in obtaining a better playing field were given as reasons for making a change. The Binghamton franchise was last week transferred to Akron, Ohio.

Wright Olympic Coach.

At a meeting of the Olympic Committee at Toronto, the unanimous opinion was that Joe Wright should be appointed coach of the Canadian crew, and he will be asked to accept the appointment.

No better man is suited for the position than Mr. Wright, and it might be news to many that only recently he was asked to coach the American crew for the next Olympic. Joe, however, declined, as being a Canadian he couldn't very well see how he could act.

Would Be Too Bad.

Toronto Telegram: It will indeed be too bad if both McGill and Montreal should decide to pass up the Canadian championship in favor of one game for the city honors of Montreal. Rugby fans are always anxious to find out the champion of champions, and the Canadian championship is the only real test. A falling down this year on arrangements means that the task of building it up again will be much harder.

Athletics' Training Camp.

Connie Mack has chosen Lake Charles, Louisiana, as the training place in the spring for the Philadelphia Athletic Baseball Club. Arrangements have been made for the pitching staff to be quartered there beginning February 23, and the other players a week later.

Their Method of Protest.

A most unusual cause for stopping work is reported from Banknock, Scotland. The local miners turned out in the morning, but did not descend the pit to work on account of a protest lodged by the local soccer club having been rejected by the Scottish Junior Soccer Association.

Mike Finn, who managed the San Antonio club of the Texas League during the past season, is planning to return to the scouting business. He will do gumshoe work for the Detroit Tigers. Ed Holly is slated to lead the San Antonio club next season.

The Sailors and Soldiers' Monument in Utica, N.Y., is a pre-tentious sculptural monument. It is surmounted by a figure typifying Freedom and on separate pedestals stand figures representing our sailors and soldiers. In base relief around its cylindrical column is shown a battle scene.

This is the day of Public Memorials. Every village, town and city should show its appreciation of the valor of our past heroes by erecting a memorial. Their names should live forever. Commemorate them with a monument as Eternal as the hills. Ask us for designs.

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The Moose

All Canada is the natural home of the "King" of Canada's big game, but New Brunswick, Quebec, Ontario and Manitoba afford the best moose hunting.

There are two methods followed in moose hunting—"calling" and "still hunting." During the rutting season the first method is the one usually followed, but there is more satisfaction in tracking. Absolute silence is the one great essential in still hunting and stalking must be done "up wind."

The tracks of a bull moose can be readily distinguished from those of the cow. The former are rounded and blunt—the cow's long and pointed.

During the winter, moose gather on the hardwood ridges between cedar and spruce swamps, through which they make beaten lanes. A "yard" sometimes contains twenty to forty animals.

Opinions differ as to the most suitable cartridge for moose hunting. Choose one with aback-ting power back of it and be sure the big "X" mark is on the box.

DOMINION Ammunition

In single cartridges for easier use than the big ones. Use of the big ones should be for the prize shot on the bank of the sea—no heavy carry, easy to carry and easy to shoot.

Dominion Cartridge Co. Montreal, Canada 23

New Field For Belleville.

A scheme is well under way to provide an up-to-date athletic field for Belleville. The G. T. R. team faced big obstacles this year owing to the unsatisfactory state of the fair grounds, on which they practiced and played. The purchase of a large acreage for all classes of sports is contemplated.

Cy Young, the only major league pitcher with 500 victories in his credit, made a visit to Cleveland a few days ago. Cy weighs four pounds less now than when he quit baseball about six years ago. He is a prosperous farmer at Pool, Ohio.

The report that Bobby Quinn was prepared to quit baseball to accept another business proposition in Columbus, appears to have been just a rumor. Quinn is again on the job in the office of the Louis Browns.

That \$20,000 in prize money hung up by the promoters of the six-day bicycle race in New York should make the pedalers speed some.

Deaf people should enjoy better health than others, as they do not catch everything going.

A man is rich according to what he has, and not according to what he has.

My Dad wears 'em

BOB LONG
OVERALLS
SPORTS GLOVES

EASTERN HATS & CAPS
FOR DAD AND HIS LAD

TODAY IN HISTORY

Napoleon

One hundred and twenty-six years ago today, November 15, 1793, Napoleon first attracted attention at Toulon. Find an Englishman. Answer to yesterday's puzzle: Right side down at shoulder.

Chew King George's Navy

And enjoy its lingering flavor

NEED NOT AGUPE FRODOENING
Aberthaw's heads of the Allied
Commanders, who "expected
Glorious Victory" in the
terms of the armistice.