

IF you had a sore place, and had to choose between two remedies, one of which went to the sore spot direct, and the other by a round-about way, which would you prefer? Undoubtedly, the one that gets there direct!

That is just the reason for people's preference for Peps for ailments of the throat, bronchitis and lungs. Peps gets there direct, because they are breathable, while remedies which are swallowed only go to the stomach.

Dissolve Peps in the mouth, and the vapor which is liberated is carried by the breath direct to the breathing passages and minute air cells of the lungs, destroying all germs, and soothing, healing, and strengthening the delicate membranes.

Once you try Peps you will never use any other remedy for coughs, colds, sore throat, bronchitis, tightness across the chest, night cough, laryngitis or asthma. Ask dealers 50c. box.

FREE TRIAL Send this advertisement and 1c. stamp (for return postage) to Peps Co., Toronto, and receive free trial package.

PEPS

A CAPITAL WAY TO AVOID "FLU"

Well Worth Trying.

Of all the suggestions made for preventing the "Flu," none seems to be more worthy of trial than the use of Dominion C. B. Q. (Cascara Bromide Quinine Tablets) immediately after the germs and, increasing the secretions of the stomach and liver, clears the system with certainty yet without weakening effects. There are some of the burning sensations peculiar to the Sulphate of Quinine.

Made by that old and reliable firm, The National Drug & Chemical Co. of Canada, Limited. At all druggists, in the Red Boxes.

To Rid Yourself of La Grippe, Colds, NEURALGIA, HEADACHES, etc., USE DOMINION C. B. Q. Tablets in the red box, 25 cents.

We have a supply of cut hard wood and kindling.

J. Sowards Coal Co.

INFLAMED GUMS—A CAUSE OF LOOSE TEETH

Pyorrhoea is undoubtedly a vital danger to both gums and teeth. Tender gums indicate it, and with it come loosening teeth. Imperceptibly, at first, the gums recede from the normal gum line. They inflame. They prevent many tiny openings for millions of bacteria to attack the supporting tooth base. Tooth-base decay quickly follows. Even if the cavity be filled and the tooth saved, the gums continue to recede. Remember, too, that inflamed and bleeding gums act as so many doorways for disease germs to enter the system—infecting joints or tonsils—or causing other ailments.

Against this Pyorrhoea (Riggs' Disease) ordinary tooth-pastes are powerless. Yet Pyorrhoea attacks four out of five people who are over forty, and many under this age. But Forhan's—if used in time and used consistently—positively prevents Pyorrhoea. It is a scientific tooth cleanser as well. Brush your teeth with it. See how promptly bleeding or gum tenderness ceases and how your teeth are kept white and clean.

If gum-shrinkage has already set in, start using Forhan's and consult a dentist immediately for special treatment.

35c and 60c tubes. All Druggists.

FORHAN'S, LTD., Montreal.

Forhan's FOR THE GUMS

MIDWAY IN LIFE

Men and women at forty stand at the portal of a crucial period. Strength must be kept up, the body well nourished.

SCOTT'S EMULSION

is the tonic of wonderful help—ness to those in middle life. SCOTT'S nourishes and invigorates and helps the body keep up with the daily wear and tear on strength. Let Scott's help keep you robust!

PERSIA'S YOUNG RULER

HAS HAD SHORT BUT STRENUOUS REIGN.

He Succeeded His Father, Who Was Driven From the Throne on Account of His Misdeeds, and Had to Fight His Parent, Who Tried to Invas the Country.

SULTAN AHMED MIRZA, the Shah-in-Shah, is the great-grandson of Nazred-Din, the first famous potentate who used frequently to visit Europe, and who was wont to enjoy himself, in so doing, enormously. The present boy has never been outside his own dominions. Few kings have ever had a more disturbed career than he since his accession to the throne. Born on January 20, 1898, he succeeded his father on July 17, 1909, when the country summarily ejected his parent from the throne for his innumerable misdeeds, which culminated in the turning of his heavy artillery on the Persian Houses of Parliament.

They can stand a great deal in that country, but a policy of this nature overstepped the mark. So the Shah, his father, withdrew into exile, but he did not retire for long; for no sooner had his son come to the throne than he promptly started an invasion of the country, operating himself along the southern part of the Caspian, and, therefore, to the northeast of Teheran. At the same time, Salared-Dowlat, a well-known local leader, started an insurrection in the Tabris district in the west. After an effort, the son conclusively defeated the father, though it took nearly all the loan of between one and two millions sterling which had just been advanced by the Imperial Bank of Persia for the development of his country.

For five years the boy was under a regency. He was very carefully brought up. Educated in Teheran, mostly by the aid of foreign professors, he speaks French and Russian fluently, and in addition, of course, to his own language has a knowledge of English.

The Shah is a good tennis player, and used frequently to figure on the court at the British Legation at Teheran. On one occasion Sir George Barclay, the then British Minister, obtained some special requests for his amateur photographs, is fond of riding, and recently, to encourage open-air sports among his own people, he founded the Imperial Sport Club, placing at its disposal a piece of land in the vicinity of Teheran styled "Eych-abad." It is the intention there all other out-door pastimes. Fencing is also practiced at the club. As this sporting innovation is decidedly novel in Persia, it is worth while quoting the exact words of the Shah in giving the ground, namely, that it was because "he had at heart the progress of sport and the physical and moral development of his subjects."

In appearance the Shah is of medium height and stout. Possessed of very remarkable intelligence, quick of perception, cool of demeanor, he is very popular among his own subjects, the more so as he has always acted on strictly constitutional lines. It was unfortunate that the great war broke out immediately after he had succeeded to the throne at the age of 16, for he was crowned on July 21, 1915. As a result, his country was in almost constant confusion. It always suffers from a certain amount of internal effervescence, more especially when economic conditions are bad; but in the great war Persia spent its time in struggling against becoming a pawn, either on the one side or the other. For a long time the enemy seemed to have been carrying it all their own way, but the outspoken action of the Shah—accepting openly and without reservations the offers of good will on the part of Russia and Britain—materially cleared the air. The outlook, consequently, is now good.

Obviously the young ruler has personality. The Foreign Ministers like him for he has always acted very straightforwardly; they have invariably trusted in what he says.

Much of the success of Persia is due to the ability of its diplomatist abroad, to whom the credit of acting honestly and straightforwardly is admittedly due; but the personality of the Shah is the main factor in the situation created by the new Anglo-Persian treaty. One of the chief authors of the treaty is Prince Nosr-ed-Dowle, the new Foreign Minister of Persia, a son of Prince Farman-Farma, Governor of the Fars. The Minister is regarded as one of the coming men in Persia. He lived in Paris for a long time, where he took his degree of doctor of law, and he then went to England to study the language, which he speaks quite well. He was first of all Under-Secretary of the Ministry of Justice, then Minister of Justice himself in two Cabinets, giving up the post only about two months ago, when he was appointed Foreign Minister. Nosr-ed-Dowle has never filled any diplomatic post outside his own country, except that when he was in Paris he held the rank of the hon. attaché to the legation. His younger brother, Prince Mohammed-ed-Hussain, is now accompanying the Shah on his visit to Europe as aide-de-camp. Prince Mohammed studied in Russia, where under the old Imperial regime he was a member of the Corps des Pages. It might be added that one of the sons of the Foreign Minister is about to enter Harrow School in England.

Artificial Arms and Legs.

Artificial arms and legs were, it is believed, used in Egypt as early as 700 B.C. They were made by the priests, who were the physicians and surgeons of those days in the land of the Nile.

There are now more than 5,000 vocations open to women. One is marriage. The other are of minor importance.

Uncle Sam is pictured as a thin, cadaverous-looking man, but he has a strong constitution, just the same. Some surgeons manage to carve out large fortunes for themselves.

An appropriate present for a miser would be a chest protector.

THE VILLAGE OF SYDENHAM.

A Number of Property Transfers—U.F.O. Rent Grist Mill.

Sydenham, Nov. 11.—The mild weather has been of great advantage to the farmers in their work. Adam Davey has finished thrashing and left Wednesday for the wild north for a deer hunt.

The funeral of the late Mrs. Chesler Davey took place on Thursday last. The deceased was eighty-one years of age and known to many here as eight sons and two daughters. She was widely known as she was born and lived all her days in this vicinity.

The Methodist tea meeting was largely attended last Thursday evening. A good programme was rendered.

Sydenham cheese factory paid off for September, on Nov. 5th, at \$2.20 per cwt.

The Imperial Oil Company has leased a lot from the C.N.R. and has erected two large tanks, one for coal oil and the other for kerosene.

Elgin Bramley unloaded a car of corn at \$3.40 per cwt. The U.F.O. has rented the grist mill for three years and has engaged William Walker and take charge of the business.

Horatus Horning sold his village property to Walter Harker and has gone to California.

Manley Babcock is moving in the house lately vacated by Mr. Horning. Mrs. Edith Cook has purchased the Komro property opposite Mr. Martin's. Miss Ruth Reid, James Scott has purchased Lyman Pirley's farm. Mr. Sine has moved into the Stewart Joyce's house. Sidney Alport has moved in the house lately vacated by Ross McCorry. Sohylar Joyce and wife have returned from Western Ontario to spend the winter.

George Blake, of Alberta, is renewing old acquaintances around here. Mr. and Mrs. John Martin and Mrs. Fred Foxton motored to Oshawa on Friday and spent the week-end. Bert Sills spent a few days at Oshawa. Miss Ruth Reid, of the week-end here. The Orangemen of the Sydenham Lodge held their church service at the Methodist church on Sunday afternoon. A good crowd was in attendance. Thomas Foxton is building an addition to his house. Thomas Trousdale is unloading two cars of coal this week. Mrs. Bert Sills spent a couple of days with her parents at Godfrey.

Oh You Jazz!

"What was my most thrilling experience?" mused the ex-pilot. "Ah! I could never forget it. It was a bright starlight night, but the lurid flashes around us obscured all else as we sped through the air. The advancing enemy was hard upon us, while all around we heard the wild, savage music so terribly familiar, and the thud as of a thousand falling meteors. We divided, looped, corked until our senses were numbed. I felt a sharp pain in my right foot, a dull weight in my side—I was falling, falling—and I knew no more till I found myself lying on the ground badly smashed some hours later."

"And that was really your record aerial engagement?"

"No," he replied, "it was my first experiment with the jazz."

STOMACH TROUBLES ARE DUE TO ACIDITY

Tells Safe, Certain, Speedy, Relief For Acid Indigestion

So called stomach troubles, such as indigestion, gas, sourness, stomach-ache and inability to retain food are in probably nine cases out of ten, simply evidence that excessive secretion of acid is taking place in the stomach causing the formation of gas and acid indigestion.

Gas distends the stomach and causes that full oppressive burning feeling sometimes known as heart-burn, while the acid irritates and inflames the delicate lining of the stomach. The trouble lies entirely in the excessive development or secretion of acid.

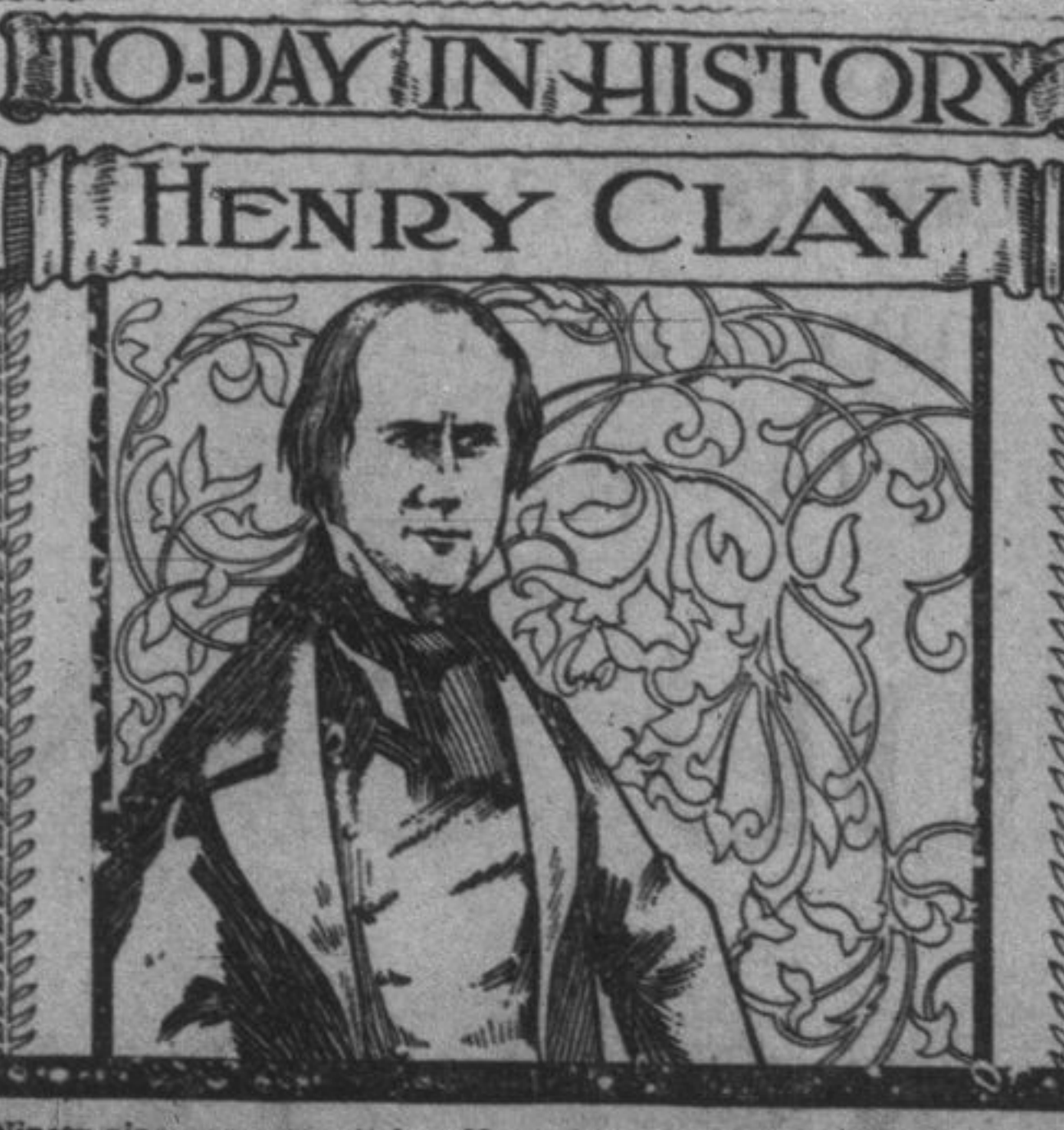
To stop or prevent this souring of the food contents of the stomach and to neutralize the acid, and make it bland and harmless, a teaspoonful of bisulphated magnesia, a good and effective corrector of acid stomach, should be taken in a quarter of a glass of hot or cold water after eating or whenever gas, sourness or acidity is felt. This sweetens the stomach and neutralizes the acidity in a few moments and is a perfectly harmless and inexpensive remedy to use.

An antacid, such as bisulphated magnesia, which can be obtained from any druggist in either powder or tablet form enables the stomach to do its work properly without the aid of artificial digestants. Magnesia comes in several forms, so be certain to ask for and take only Bisulphated Magnesia, which is especially prepared for the above purpose.

TODAY IN HISTORY

HENRY CLAY

Ninety-nine years ago today, November 14, 1820, Henry Clay resigned the speakership of Congress. Find another congressman. Answer to yesterday's puzzle: Right side down, in clouds.



Ninety-nine years ago today, November 14, 1820, Henry Clay resigned the speakership of Congress. Find another congressman. Answer to yesterday's puzzle: Right side down, in clouds.

Growing Romping Youngsters thrive splendidly on Grape-Nuts

An ideal food with cream or good milk.

Delicious-Economical

—at Grocers.

Made by Canadian Postum Cereal Co. Ltd. Windsor, Ont.

HAD ECZEMA NEWS FROM THE DISTRICT

For Over 28 Years

CLIPPED FROM THE WHIG—MANY BRIGHT EXCHANGES

Eczeema or Salt Rheum manifests itself in little round blisters, which contain an extremely irritating fluid. These break and subsequently a crust is formed and the intense burning, itching and smarting, especially at night or when the part is exposed to any strong heat is almost unbearable.

The success which Burdock Blood Bitters has met with in skin diseases of such severity is due to its wonderful food cleansing and purifying properties, and we know of no other remedy that has done or can do, so much for those who are almost driven to distraction with the terrible tortura.

Mr. James Walker, 152 Niagara St., Hamilton, Ont., writes:—"I have been using Burdock Blood Bitters for several months past, and find it an excellent remedy for skin eruptions. I have suffered with eczeema for over 28 years, and have tried almost everything you could think of. I was recommended to use Burdock Blood Bitters, and I am now clear of my skin trouble. It is certainly a good remedy and I shall recommend it to all my friends."

Manufactured for over 40 years by The T. Millburn Co., Limited, Toronto, Ont.

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Tells Safe, Certain, Speedy, Relief For Acid Indigestion

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LETTERS TO THE EDITOR

Howe Island's Mail Problem.

Howe Island, Nov. 13.—(To the Editor: If you would kindly give me a space in your valuable paper I would like to deny the charge made against me to the Postmaster by the Howe Island "Box Holder," who accuses me, as mail carrier of the Howe Island mail, of "disrespecting and abusing the majesty of the mail."

First of all, they accuse me of delivering only about half the mail on the south side of the island on July 1st, and then going to Gananogue for the sports. There was only a small amount of mail that day, which was distributed on that day. They have no proof that I had mail for the whole island. And who saw me in Gananogue sporting myself? No one.

Then during the first week of October, when a mission was being held at the church where all the people attended, I did distribute the mail there but only after the people asked me to do so.

Then on October 28th they accuse me of keeping the mail in my own house all day instead of delivering it. No mail came from Gananogue that day, for I was on Gilliope's ferry from 8.30 to 11 o'clock and am sure none came. Had it come it could not have crossed on account of the high sea, so where could I get mail to keep in my house all day?

Now, Mr. "Box Holder," come out of your poker den, or if like, give me four name, and some proofs of your accusations.

—THOMAS J. DRISCOLL.

Merton Matters.

Merton, Nov. 11.—B. N. Henderson, George Byram and Philander McMaehen have gone to Portland for a few days' white fishing. Robert Galway, Gananogue, and Mrs. J. Galway, Sweet's Corners, were visitors at A. Hill's on Friday evening. Miss Jennie Henderson, Brockville, spent the week-end with her parents. Mrs. O. Dean and brother, R. Mourghan, spent Sunday with friends at Seely's Bay. Miss Estelle Sly spent Sunday the guest of her cousins, the Misses Mahal and Olive Sly, Jones' Falls. The shooting match at R. Stacey's on Saturday was well attended. A number from here attended the dance at Leeds hall on Wednesday evening last. Harry Johnston, Athens, spent a couple of days last week with his sister, Mrs. George Routree. Miss Maud McMaehen is spending a few days with her sister, Mrs. Delbert Sly, Jones' Falls. A number from here attended the funeral of the late Sidney Gilbert, Delta, on Wednesday last.

Diphtheria Epidemic at Bloomfield.

Bloomfield, Nov. 10.—The village streets are being graveled and are greatly improved. An epidemic of diphtheria is going the rounds, there being twelve cases in the village. One death has occurred, that of the five-year-old daughter of Mr. and Mrs. Edward Irish. All cases are quarantined and the schools are closed. Charles T. Saylor, Henry Newwood and William Gerow are at Maynooth hunting deer. A reception was held at the home of Mr. and Mrs. Herbert Cooper on Wednesday night in honor of their son Fred and bride, who were recently married. Clayton Burr was at Demorestville Sunday, speaking on church work. Canid Haight and family have moved to Picken for the winter.

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Victoria Street . . . Phone 1042

GRAND TRUNK RAILWAY SYSTEM

AGENCY FOR ALL STEAMSHIP LINES

For information and rates apply to J. P. Hanley, C.P. & T.A., G.T. Ry., Kingston, Ont.

DIRECTORY FOR RETURNED MEN, APPLY

For employment information. For Land Settlement, general matters, advise: Bank of Toronto Bldg., cor. King and Brock Streets.

For Vocational courses, Industrial Re-training: Merchants Bank Bldg., cor. Brock and Wellington Sts.

For medical treatment, surgical appliances: Golden Lion Block.

For Postboxes: Bibby Block, Princess Street.

The Value Of The Home

The man who can afford to own a home—and the average man of reasonable earning capacity can—should make it his first concern to solve the problem. He will be aided in that task by studying the real estate offerings closely and investigating those which impress him favorably. He will thus be serving himself, his family and his city. To every such man, we would say "Get a home to rally around."

For the choicest lots, houses and locations, apply to:

Telephone 703 **J. O. HUTTON**
67 Clarence Street, Kingston

Ingersoll watches

are built to keep accurate time.

25 years experience proves it. The system of tests and inspections assures it. Inspected after each factory operation. Tested in from 3 to 6 positions. Timed in the case.

Warranty: Ingersoll watches are guaranteed for five years. Ingersoll watches are guaranteed for five years.

Today We Go Even Further

Fifty years ago—before Sir Joseph Lister founded antiseptic surgery—surgical operations were followed by gangrene and blood poisoning.

Today such consequences are rare exceptions, and medical science has so extended the idea of *sickness prevention* that the great plagues of the past no longer ravage the world. Serums, vaccines, anti-toxins, sanitation—all stand guard before the citadel of health.

Now science has developed an effective agent against the general condition that underlies 90% of all human disease—constipation.

That effective agent is Nujol.

Leading medical authorities agree that pills, salts, castor oil, etc., simply force and weaken the system. Nujol softens the food waste and encourages the intestinal muscles to act naturally, thus removing the cause of constipation and self-poisoning.

Nujol helps Nature establish easy, thorough bowel evacuation at regular intervals—the healthiest habit in the world. Get a bottle from your druggist today.

For reliable health builder—"Thirty Years of Success"—see, Nujol Laboratories, Standard Oil Co. (New Jersey), 55 Broadway, N.Y.

Warning: Nujol is sold only in sealed bottles. Beware of cheap imitations. Nujol is sold only in sealed bottles. Beware of cheap imitations. Nujol is sold only in sealed bottles. Beware of cheap imitations.

Nujol

For Constipation

SICKNESS PREVENTION