

GEO. A. WRIGHT
MACHINIST
Has removed from King Street
to 40 PRINCESS STREET
Repair work of all kinds.
Phone, shop 1264; Res. 1235

PHONE 1670
O. Aykroyd & Son
Carpenters and Builders
21 MAIN STREET

G. WASHINGTON
PREPARED COFFEE
made in the cup at the table.
All size cans in stock.
Prompt Delivery.

D. COUPER
221 Princess Street Phone 78

WOOD'S GREAT PEPPERMINT CURE
The Great English Remedy
Tones and invigorates the whole
nervous system, makes new blood,
in old blood. Cures Nerves,
Debility, Mental and Brain Weakness,
Dizziness, Loss of Energy, Fatigues of the
Heart, Puffing Breasts. Price \$1 per box, 5¢
for 5¢. One will please, six will cure. Sold by all
druggists or mailed in plain pkg. on receipt of
price. New pamphlet mailed free. THE WOOD
MEDICINE CO., TORONTO, ONT. (Formerly Watson's)

FOR SALE
—PIPES, all sizes.
—RADIATORS.
—MILITARY TENTS.
—Large pieces of CANVASS,
etc., etc.

I. Cohen & Co.
275 Ontario Street. Phone 834

2 BIG BARGAINS
70c. Red Rose Tea . . . 50c.
25c. Clark's Pork & Beans 18c.

Bon Marche Grocery
Cor. King and Earl Streets.
License No. 8-37149
Phone 1544.

IT'S A BOON!
LESS WORK FOR YOU!
THE kind of bread we bake is a boon to the housewife. When you are tired Mrs. Bake-your-own-bread of the fussing and the fretting of baking day try a loaf of our made-well bread. It will please you and your family and will save you a lot of trouble if you buy our bread.

LACKIE'S BAKERY
HOME MADE BREAD & PASTRY
The mosquito isn't a prohibitionist, yet he wants the bars removed.

Willard
Dry Storage For Your Battery
The only proper winter care. Profit by past experience.
Send it to—
WILLARD SERVICE STATION
19 Brock St. L. LESSES, Prop. Phone 1240

Grand Cafe
We give special attention to Banquets and Evening Parties.
Special private rooms with tables that will seat twenty-five people.
Can make accommodation for about one hundred.
Our service is the very best obtainable.
So, the proprietor, Peter Lee, for further particulars and rates.
222 Princess Street, Two Doors Above Opera House
Peter Lee, Prop.

SERGE DRESSES
JUST RECEIVED A LARGE NUMBER OF LADIES' SERGE DRESSES—in black, brown and navy blue, in all the latest styles. Prices from \$15.00 to \$35.00.

FOR ONE WEEK ONLY
MEN'S OVERALLS—black and blue striped, at cost price . . . \$1.35 to \$2.25

JOS. B. ABRAMSON
257 PRINCESS STREET. PHONE 1237.
Our rent is low—our prices are low.

ST. JOHN MAN HAS GAINED 28 POUNDS

H. F. Rollings Is Surprised by Rapid Improvement—Troubles End.

"The best proof that I can give that Tanlac is the right thing for me in the way it is building me up," said H. F. Rollings, of 62 Flower Hill, St. John's, Nfld., recently. Mr. Rollings has been employed as carpenter by Reed's Newfoundland Railway Company for ten years.

"At the time I began taking Tanlac," he continued, "I only weighed one hundred and twenty-two pounds, but now I weigh one hundred and fifty pounds—have actually gained twenty-eight pounds—and am picking up, both in weight and strength. I have been in the worst kind of a fix for some time and could get nothing to do me much good, if any. My appetite went back on me and my stomach was in such a bad fix that I could not eat meats or any of the more substantial foods at all. I had severe headaches and was so run down and weak that I couldn't do justice to my work. I would get so weak, faint and dizzy that I was actually afraid to mount the scaffold. I was very nervous and nearly all my strength just seemed to be gone. One day while crossing the railroad track I felt one of those dizzy spells coming on me. I managed to call for help, but I fainted dead away, and the next thing I knew I was home. I could never get a good night's sleep and that tired, worn-out feeling was with me all the time.

"My improvement since I began using Tanlac has certainly surprised me. My appetite returned after the first few doses and by the time my first bottle was gone I could eat and digest anything. Then I commenced to pick up my lost weight and strength and get rid of that tired, worn-out feeling. The headaches, dizziness and nervousness have all left me and I sleep so soundly that I have to be woken up in the morning. My appetite is so big that I can hardly get enough to eat and I never have the least trouble with my stomach any more, and when it comes to work I can keep up my end with the best of them. I am convinced that Tanlac will help anyone who tried it and I am glad to make this statement for what it may be worth to others."

Tanlac is sold in Kingston by A. P. Chown, in Plevna by Gilbert Ostler, in Battersby by C. S. Clark, in Percival by Ervin Martin, in Ardoch by M. J. Scullion, in Sharbot Lake by W. Y. Cannon.

H. ROWLEY
House Painter and Paper Hanging.
Estimates on work freely given.
WALL PAPER FOR SALE
340 BARRIE STREET.
PHONE 1363.

That Hair Mattress
OR THOSE FEATHERS SHOULD BE RENOVATED NOW. SEE US. WE ARE EXPERTS.
Kingston Mattress Company
222 Princess Street. Phone 622.

Willard
Dry Storage For Your Battery
The only proper winter care. Profit by past experience.
Send it to—
WILLARD SERVICE STATION
19 Brock St. L. LESSES, Prop. Phone 1240

SERGE DRESSES
JUST RECEIVED A LARGE NUMBER OF LADIES' SERGE DRESSES—in black, brown and navy blue, in all the latest styles. Prices from \$15.00 to \$35.00.

FOR ONE WEEK ONLY
MEN'S OVERALLS—black and blue striped, at cost price . . . \$1.35 to \$2.25

JOS. B. ABRAMSON
257 PRINCESS STREET. PHONE 1237.
Our rent is low—our prices are low.

Kingston and Vicinity

Grand Lodge Subscribers.
As Deputy Grand Master of the Masonic Grand Lodge Col. W. W. Ponton, K.C., Belleville, sent a cheque for \$23,000 to be put into the Victory Loan.

100 Men Wanted At Once.
One Hundred men are wanted at once to buy one each of those classy overcoats at a great sale at the Lion Clothing House, King St., near Princess.

Attended a Convention.
Mrs. E. B. Shupe, Bath, has returned home, having spent the last three weeks in Toronto with her son, Egbert, and attending the provincial Sunday school convention.

Brig.-Gen. A. E. Ross
Will speak to the Women's Canadian Club on "Hospital Work in France," in Convocation Hall Friday, November 14th, at 8 p.m. Admission to non-members, 25c.

Steamer Ionic Released.
The steamer Ionic, which went aground in the Morrisburg canal a few days ago, has been released by the Donnelly Wrecking Company and is being towed to Kingston.

Died in Toronto.
Dr. Robert A. Stevenson, a well-known physician, died on Wednesday. His only child is the wife of Brigadier-General Cartwright, C.B., C.M.G., now chief engineer, Aldershot, England.

For Fall and Winter.
Frost-proof Brock street has a great assortment of "Frost-Proof" clothing in suits and overcoats and a splendid assortment of Gents Furnishings, his order clothing department was never better assorted at extremely low prices.

To Visit Relatives.
George R. Pastello, Woodstock, has come east to meet his son-in-law, Col. Bowie and family, who have just returned on board the S. S. Minnedosa, to their home in Brookville, after an absence of five years in England and France.

Stolen Jewellery Recovered.
Some days ago, a sneak thief entered the apartments of Mrs. A. R. Walker at the Corby Library building, Belleville, and stole a gold watch and other articles of jewellery. The missing property has been recovered at Montreal and a party is under arrest charged with the theft.

An Address Wanted.
R. J. Bushell is in receipt of a letter addressed to George Tanner, care of the Kingston Industrial Exhibition. Not knowing the gentleman, he is unable to deliver the communication, but would be pleased to receive any information as to the address of the gentleman.

Died At Brockville.
The death occurred Wednesday afternoon of one of Brockville's well-known young citizens in the person of Harold Irving Storey, youngest son of the late Mr. and Mrs. Charles H. Storey, who passed away after an illness extending over a period of a few months. The late Harold Irving Storey was born in Brockville on March 3rd, 1896, and lived there practically all his life. He was in

Music in the Home

ORCHESTRAL MUSIC IN CHURCH
English Writer Points Out the New Field of Usefulness.
Reviewing the great strides that Band and Orchestral music has taken during the war, how the number of players has increased, and how these war activities should be turned into the right channels now, Urie Daubeny presents in the London Musical Times a strong argument for the Church's use of bands and orchestras for the praise of the services.

Keeps Baby's Skin Healthy
If every mother could only realize the danger which lurks in the neglect of chafing and skin irritations she would not take chances on being without Dr. Chase's Ointment to apply after baby's bath.

It arrests the development of eczema and makes the skin soft, smooth and velvety.

50 cents a box, all dealers, or Edmundson, Bates & Co., Ltd., Toronto.

these companies. Herbert L. Clark is now bandmaster with the Anglo-Canadian Leather Company at Huntsville, Ont., population 7,000, and has a well balanced list of more than fifty. A considerable number of our prominent violinists, pianists, organists and composers who entered the service have taken up the study of band instruments and conducting and have been commissioned as bandmasters. The work which has been done in the army will give impetus to the advancement of bands and band music throughout the country, since the majority of these musicians are being returned to civil life. There are in this country a number of widely scattered journals devoted to the promotion of bands and band music.

Solving a Problem.
One of the problems which present themselves to the music lover is the question of continuing practice even when he or she is engaged the greater part of the day in business. It is scarcely to be expected, after working hard all day that one should sit down to practice scales by the hour. It is, on the other hand, unnecessary to give up musical study entirely as is too frequently the case. A happy medium may be struck by devoting about fifteen (more if possible) minutes to one's instrument each day. A surprising amount of work can be done in this musical increment if it is done systematically. A short period of music will fill in admirably after the evening meal and will not only be a happy mode of relaxation, but will help the digestion of the dinner as well.

An epilaph is a mixture of the wit of the living and the virtues of the dead.

A rich uncle's will power is often the making of a young man.

WOOD'S KIDNEY PILLS
KIDNEY PILLS
"23" THE PRINCE

Reduce Your Fat Without Dieting

Years ago the formula for fat reduction was "diet"—"exercise." Today it is "Take Marmola Prescription Tablets." Friends tell friends—doctors tell their patients, until thousands know and use this convenient, harmless method. They eat what they like, live as they like, and still lose their two, three or four pounds of fat a week. Simple, effective, harmless Marmola Prescription Tablets are sold by all druggists—a large case for \$1. Or if you prefer you may write direct to the Marmola Company, 364 Woodward Ave., Detroit, Mich.



A Great Soprano Marie Rappold

Reduce Your Fat Without Dieting
A leader in Grand Opera and star of the concert stage—Marie Rappold was one of those artists chosen to have her voice Re-Created by Edison. Her marvellous voice when heard Re-Created on The New Edison is revealed in all its splendor.

If you will come to our store we can give you a delightful half hour hearing Marie Rappold sing.

We are Sole District Agents
The J. M. GREENE MUSIC CO. LIMITED
"The Home of Good Music"
166 Princess Street.
The Telgmann School of Music
Piano, violin and other stringed instruments; elocution and dramatic art. Pupils may begin at any date. Terms on application. Engagements for concerts accepted.
216 Frontenac Street. Phone 1325j

DR. A. W. INNETT
DENTAL SURGEON
Begs to announce that he has resumed his practice, corner Johnson and Wellington Streets, Kingston. Tel. phone 363.

ook's Cotton Root Compound
A safe, reliable regulating medicine. Sold in three dosages—No. 1, 2, 3. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Watson's).

FOR SALE
Farm of 91 acres; 9 miles from Kingston. Good buildings and water front.
W. H. GODWIN & SON
Real Estate & Insurance
80 Brock St. Phone 484

Fresh Cut Flowers
Ferns, palms, funeral decorations, spray, wedding bouquets made to order
F. J. JOHNSON, Florist.
115 Brock St. Phone 228.

ZBAR'S ICE CREAM
Bring your children in to our Ice Cream Parlor and treat them to a dish of our pure Ice Cream, or take a pint or quart home. You will be delighted with the good quality of our Cream.
288 PRINCESS STREET. PHONE 1128.

For The Long Winter Evenings Ahead—Get a Grafonola

Why deprive yourself any longer of the pleasures of good music in your home when a Columbia Outfit can be purchased on LINDSAY'S Easy-Payment-Plan, a plan that brings you the instrument and records at once and spreads out the cost over a length of time so that you never miss the money. Come at once and select your outfit.

Type "A"—Small and light; an ideal portable instrument with tone volume ample for dancing party in the home. Complete with 17 double-sided 90c. Columbia Records of your own choice for only \$47.50. Easy terms if desired.

Type "B"—A handsome model in quartered oak or mahogany, fine tone; complete outfit consisting of machine with 17 double-sided 90c. Columbia records of your own choice for \$65.50. Easy terms if desired.

Type "C"—Beautiful and substantial; has cover; in quartered oak or mahogany. Complete with 17 double-sided 90c. Columbia records of your own choice for \$90.50. Easy terms if desired.

Type "D"—The tone volume of this popular model is astonishing; has three spring motor; in quartered oak or mahogany. Complete with 17 double-sided 90c. Columbia Records of your own choice, for only \$110.50. Easy terms if desired.

LINDSAY'S
C. W. LINDSAY LIMITED
121 PRINCESS STREET, KINGSTON.
Montreal, Ottawa, Quebec, Brockville, Belleville and Three Rivers