

HAD TO LIE IN BED MOST OF THE TIME

Mrs. Bartels Could Eat Only Milk and Crackers—Is Now Like New Person.

"Of all medicines in the world none can equal Tanlac," said Mrs. Henry Bartels, of 786 Van Buren street, St. Paul, Minn., the other day.

"I suffered from indigestion so bad that what I ate wouldn't stay on my stomach," she continued. "I had to diet myself for a long time on milk and crackers, and I lost weight rapidly, going from one hundred and thirty-five to one hundred and sixteen pounds, an actual loss of sixteen pounds in about three months time."

"One day I noticed in the paper about Tanlac, and decided to try it. And it proved to be the thing I've been looking for. I've taken four bottles now, and it seems like a dream the way I've improved."

Tanlac is sold in Kingston by A. P. Chow, in Plebna by Gilbert Oster, in Battersby by C. S. Clark.

CUT THIS OUT

OLD ENGLISH REMEDY FOR CATARRH, CATARRHAL DEAFNESS AND HEAD NOISES

If you know of some one who is troubled with Catarrh of the nose, head noises or ordinary catarrh, cut out this formula and hand it to them.

Sprays, inhalers and nose douches are liable to irritate the delicate air passages and force the disease into the middle ear, which frequently means total deafness.

Secure from your druggist 1 ounce of Parmitin (Double strength). Take this home and add to it 1/4 pint of hot water and add to it 1/2 pint of sugar, stir until dissolved.

News From Caintown. Oct. 23.—School was closed for the past week, owing to the illness of the teacher, Miss Dickey.

The lunch I like just before bedtime—says Bobby Adish of POST TOASTIES.

New American Phrases. Where do you get it? Introduce me!

Earliest Rifle Known

To be of English Make Has Recently Been Found

THERE is likely to be a revival of the one-time hotly fought question as to whether the British only learned their art of rifle shooting after their experience of the deadly shooting of the backwoodsmen in the War of Independence.

A rifle said to have been made during the reign of Queen Anne has been on exhibition at the National Rifle Association meeting at Bisley.

It is the earliest rifle known to have been made in England, and it is also the earliest known English breech-loading flintlock rifle.

The weapon is a long, slightly bell-shaped rifle made in London by a maker called Willmore.

A certain amount of interest attaches to the discovery of the piece. The owner, a well-known collector and authority on firearms, bought it for a few shillings in a curiosity shop because he saw it was a breech-loader of early pattern.

"I thought so, too," said the collector, "but it is pure Queen Anne just as much as this pistol."

The dealer said so many pounds, and the collector wrote out a cheque at once. By this extreme edge of coincidence the pistol was the companion piece to the rifle, and was signed by the same maker and decorated in the same style.

"Flappers' Work on Sewers." You may be under the impression that you know your mother tongue, but just pick up a trade paper, run through the advertisements, and you will speedily discover that there is a lot of English of which you have never heard.

The London County Council just before the war granted an advance of two shillings a week to all its "flappers." Now, if this had happened since 1914 no one would have been surprised, for all offices were full of young ladies of the type so described.

HIS EYES. Sir Rosslyn Wemyss is one of the comparatively few British public men who does not mind telling a story against himself.

The custom of presenting a judge with a pair of white gloves when the court assemblies with no cases to try owes its origin to the fact that in olden days judges were forbidden to wear gloves on the bench for fear of bribes being dropped into them.

Cartoons Magazine. New American Phrases. Where do you get it? Introduce me!

PREPARING FOR MEMORIAL

To Be Erected at Mountain Grove For Soldiers

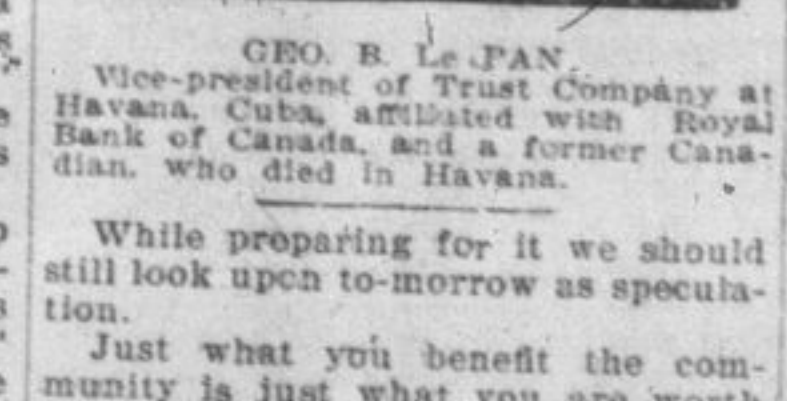
Mountain Grove, Oct. 23.—Monday was a busy day in this little burg, and all are pleased to know that provision was made by a big majority, not only in this place but all over the province.

A number of men are working at blasting and taking of the rock on the Loy's corner, where the council intends erecting a monument in honor of our brave soldiers boys.

R. P. Hawley has returned to Kingston, after spending a few days at home. Mrs. W. A. Saunders left for Stanbridge East, Que., on Tuesday, to attend the funeral of her brother-in-law, the late Eugene Smith.

Miss Annie Buckler, Chicago, is visiting her parents at the parsonage. Mr. and Mrs. William Miller and daughter, a Mrs. of Newburgh, were at J. A. Coulter's yesterday.

Hugh Thompson has returned from the west. Miss F. Abbott is at J. A. Coulter's. A number from here attended the chicken supper at Long Lake on the 15th.



While preparing for it we should at least look upon to-morrow as speculation. Just what you benefit the community is just what you are worth to it.

By bluntness of speech we may earn the reputation of being insulting.

REAL VALUE. Is based, not on the price paid for a commodity, but on the benefit derived. That is why Zam-Buk is the cheapest skin healer on the market.

Zam-Buk. HOW TO MAKE YOUR HAIR BEAUTIFUL. Ten Minutes' Home Treatment Works Wonders, Stops Falling Hair and Dandruff and Makes the Hair Soft, Brilliant, Lustrous and Fluffy.

Better than all the so-called "hair tonics" in the world is a simple, old-fashioned home recipe consisting of plain Bay Rum, Lavona (de Compoese) and a little Menthol Crystals.

Somebody Started Yarn

That Philosopher's Stone Had Been Found in India

A STORY comes from England to the effect that a British subject in India found, during the war, the long-sought philosopher's stone, and accomplished the miracle of transmuting base metals into gold.

The British Government, fearing that this discovery would overturn Governments and destroy the existing gold standard of international exchange, arrested the modern Merlin, court-martialed him on a trumped-up charge of treason, and executed him.

This proposition yarn is believed by many, according to English papers. Those that believe it also probably believe that Joan of Arc was not burned to death in the pyre at Rouen, that Doc Cook discovered the North Pole, that Lord Kitchener did not go down to his death in the North Sea.

Even if the story were true, there would be nothing new in it. Men have been killed before because they had discovered the philosopher's stone.

So far the philosopher's stone has eluded the avaricious grasp of man, through time and time again has it been hidden by somebody or other has discovered the process of transmuting the base metals into precious ore.

"Manchester Martyrs." The execution of the "Manchester Martyrs" in 1867, which caused considerable excitement in British circles over the possible overthrow of Britain's Irish control, was fostered by the Fenian Brotherhood, an Irish political institution initiated in the United States.

For a general rising in the date set for the Fenian Brotherhood, an Irish political institution initiated in the United States. An attack on Chester Castle, containing 20,000 stand of arms, was planned by branches of the Fenian Brotherhood.

Relics of a King-maker. Guy, the famous Earl of Warwick, known in history as the "King-maker," was a man of great stature.

Shipping Sunk. British merchant shipping sunk by the Germans during the war is officially aggregated at 2,197 vessels, having an aggregate tonnage of 7,838,020.

Everyone's Brotherhood. I don't belong to the K. of C. Or the I.O.O.F. either. The K. of P. or the B.P.O.E. I am a member of neither.

Tip the A.O.H. I'm a stranger too. And the Y.M.C.A. as well. With all of these I have nothing to do.

But I stick with the H.C. of L.

Cartoons Magazine.

TO-DAY IN HISTORY. The French penetrated the German lines. An illustration shows a soldier on a bicycle in a landscape. Text: Three years ago today, October 24, 1916, the French penetrated the German lines at Verdun, and won back the fort and village of Douaumont.

DELTA JUNIOR INSTITUTE. Appointed Delegates to Attend Convention at Ottawa. PERTH ROAD HAPPENINGS. Women Were Proud of Opportunity to Cast Vote.

DODD'S KIDNEY PILLS. A safe and effective treatment for headache and neuralgia. Rubbed in where the pain is, it acts as a tonic to the tortured nerves.

Tempting Pastry—Toothsome Cooking. A LIGHTER DAY Range. Light, flaky pastry comes easy with this perfected range. Cooking becomes an art, rather than a task.

LOOK! If you were told of a new discovery for the treatment of coughs, colds and bronchitis, as certain in its action on all chest troubles as anti-toxin is on diphtheria, or vaccination on small-pox, wouldn't you feel like giving it a trial?

Wood's Phosphodin. The Great English Remedy. Tones and invigorates the whole nervous system, makes new Blood in old veins, cures Arteriosclerosis, Loss of Memory, Depression of the Spirit, Palpitation of the Heart, Spitting of Blood, etc.

SCOTT'S EMULSION. time-honored and reliable, combines palatability, inherent virtues and unrivaled efficacy. At the first sign of weakness take Scott's Emulsion.

Neuralgic Pains. Give Way to Soothing Hamlin's Wizard Oil. Hamlin's Wizard Oil is a safe and effective treatment for headache and neuralgia.

Hamlin's Wizard Oil. Give Way to Soothing Hamlin's Wizard Oil. Hamlin's Wizard Oil is a safe and effective treatment for headache and neuralgia.

Lighter Day Range. Light, flaky pastry comes easy with this perfected range. Cooking becomes an art, rather than a task.

Sanitary porcelain enamel and nickel trimmings make the Lighter Day easy to clean. A damp cloth makes it sparkle—no black lead is needed.

LEMMON & SONS KINGSTON. CLARE BROS. & CO., Limited PRESTON, ONTARIO. One of the four distinct models will be suitable to your home.