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The Great English Remedy.
Tones and invigorates the whole nervous system, makes new blood, cures Rheumatism, Gout, Neuralgia, Headache, Migraine, Stiffness, Loss of Energy, Palpitation of the Heart, Falling Memory, Price \$1 per box, six for \$5. One will please, six will cure. Sold by all druggists or mailed in plain pkg. on receipt of price. Never comparable with any other medicine.
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WE ENJOY YOUR BAKING!
FOLKS say they enjoy our baking. They know that no bread baked in superior to the bread we make, and they know our pastry is quite tasty. They know our buns are the ones that please and tempt their appetite and that all the cakes we make is just exactly right.

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The man who can afford to own a home—and the average man of reasonable earning capacity—can—should make it his first concern to solve the problem. He will be aided in that task by studying the real estate offerings closely and investigating those which impress him favorably. He will thus be serving himself, his family and his city. To every such man, we would say "Get a home to rally around."
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Special private rooms with tables that will seat twenty-five people.
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Our service is the very best obtainable.
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And all kinds of Ornamental Cement work.
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ALL SEASONS OF THE YEAR

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In Any Quantity
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Phones 47 or 780.

Kingston and Vicinity

Name Please.
Well, which of Kingston's fair maidens will have the pleasure of the first dance with the Prince of Wales in Kingston next Saturday?

Happy At Referendum Quarters.
Up at the referendum quarters in the Y.M.C.A. building last night there was a happy party of workers as the "dry" figures came rolling in.

For Fall and Winter.
Prevost Brock street has a great assortment of Ready Made Clothing in suits and overcoats and a splendid assortment of Gents Furnishings, his order clothing department was never better assorted at extremely low prices.

Oh Fickle Woman!
"Was the woman who did it," remarked the Portsmouth Philosopher

MOZAMBIQUE.
Portuguese Colony In the "Dark Continent."

The war is over, but the necessity for learning strange sounding names of new lands and peoples is far from over. The spot light which has brought to view some little known peoples as the Czechs, the Croats and the Ukrainians in Europe, now will be turned, in part, on Africa.

Through the redistribution of colonial possessions, and the removal of the blight of German domination, Africa bids fair to be the "boom continent" of the twenty-first century.

New interest is being taken in the colonies of the erstwhile "Dark Continent." Mozambique is a Portuguese colony to the south of what was German East Africa, now released from the imperial designs of German African expansion, and therefore extremely apt to play a more conspicuous part in African development.

A description of Mozambique is given by O. W. Barrett, as follows:—
"A country as big as the Atlantic states from Florida to New York, with the capital near the southern boundary and half a dozen smaller towns scattered along the coast; more than 3,000,000 inhabitants, of which only about one per cent are white; one of the oldest of all European possessions and one of the richest in agricultural possibilities, at least, but one of the poorest in all countries in the world. Such is Mozambique."

"Four or five good ports and as many bad ones; five towns and a small but up-to-date capital city, and a generous number of military posts and outposts, a few of which are in the real interior; millions of acres of the finest alluvial soil fairly aching to show the farmer what big crops may be grown; waterways like the Zambezi, the Limpopo, and plenty of smaller ones to allow cheap handling of produce; no deserts, no salt sinks, no large swamps, no malarious wastes, no impenetrable jungles; out of some twenty only one or two tribes that object seriously to paying taxes to the Government, none which realize that the tax collector is a ritual enemy of the white tribe, which objects to any one tribe terminating another in the good old way; for, wicked as a bush policeman tries to be, he must needs fall far short of the unrestrained chief's 'induna.'"

"The early history of this strange section of East Africa should not be, even if it could be, written. We know the old-time black was as bad as a barbarian can be, and the endless tale of persistent, widespread, and continuous butchery would not be good to read."

"The Zulus have had for centuries a superstitious fear of salt water, and so, when Chaka, Dingaan, and their brother Senda had devastated practically all the country between Zululand and Inhambane, wiping out kraals and even whole tribes by scores, they came to a long chain of lakes (the Lower Inhambane) parallel with the coast, and there they stopped, thus saving one tribe of true, pure-blood Kafirs who had fled over onto the dunes and low, bushy hills between the 'rosary' of brackish lagoons and the Indian Ocean. This tribe, the M'chols, is the purest of not the only unmixed Kafir tribe now in existence."

"At Quessico we had the good fortune to witness a batuku, or ball, lasting nearly three days, at which about 3,000 fine specimens, mostly adults, were present. To describe the weird minor music of the marimbas, or huge xylophones, the blood-freezing death chants, the thrilling war songs, the 'expression' dances of both women and men, and rites and divination ceremonies which the witch doctors were induced to show us would require much space."

"The young girls' dance of the M'chops tribe requires several years' practice before the difficult poses and contortions can be successfully performed. Ankle rattles are worn by girls. These hollow spheres are made of palm-leaf or grass, if not young gourd fruits, and are partially filled with large seeds, pebbles, etc. The noise of these ankle rattles is supposed to assist in keeping time in the dance. This is probably a Zulu custom, and even to-day in civilized Durban the ricksha boys frequently wear similar ornaments."

"Near Mopea, three days up the Zambezi, we passed through two small native kraals in which the lions had eaten eighteen people in three months previous. It is quite impossible to hunt these man-eaters on account of the tall, rank grass (four to six feet high), and since they soon learn that two or three cuffs will make a big hole in the side of an ordinary hut, the poor native must roost high or die."

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Two-Thirds Vote Cast.
Two-thirds of the voters registered on the Ontario lists for Kingston and Frontenac cast their ballots Monday. But there were about 6,000 voters who did not go to the polls, the lukewarm kind who failed to do their duty by not exercising their franchise.

Dinner to the Prince.
"That's the right kind of banquet to give the prince—a good feed and smoke, and then go home," remarked a citizen. "Even the mayor will have no chance to work off his superlatives in one of those camp meeting kind of orations."

How Will Kingston Fare?
Kingston Tories say that Kingston would have fared better under the Hebert Government than under a new regime as Hon. Dr. Ross would have bent there, backed by "Tony" Rankin, to have got the Limestone City and Queen's University what they sought.

Strength Will Return To Weak People Using This Treatment

You are discouraged. You feel old and worn. You are sick, but not aware of the fact. You can drag yourself around—but work is impossible. With your stomach crying out for assistance and the nerves all on edge why not try Ferrazone?—It will surely do you good.

Ferrazone is a wonderful combination of vegetable extracts, fortified by excellent tonics for the nerves and stomach. When you feel despondent, Ferrazone cheers you up.

When languor and oppression weigh you down, Ferrazone braces you up. When sleep is impossible Ferrazone calms the nerves and gives you rest. For bounding health, good looks, good spirits, nothing equals Ferrazone; makes the weak strong and the sick well. Good for men, women and children; try Ferrazone, it can work wonders, as it did for Mrs. Mary Melting, of Harbor Bouche, N. S., who writes:

"Before using it I scarcely knew what good health meant. 'I was just as miserable and weak as any woman could be. I awoke every morning to find myself, overpowered by trifles, unceasingly nervous. The first box of Ferrazone improved my blood, gave me appetite. In a short time I was like a new person. Now I rejoice in abundant good health."

Try Ferrazone. It will make an unexpected improvement in your looks, your feeling, your health. Whether anaemic, nervous or suffering from secret disorders—if you want cure, use Ferrazone. Price 50c. per box, or six boxes for \$2.50, at all dealers.

The Word "Selah."
The word Selah, which occurs so frequently in the Psalms, is usually believed to be a direction to the musicians who chanted the Psalms in the temple. Mattheson, the great musical critic, wrote a book on the subject, in which, after rejecting a number of theories, he came to the conclusion that it is equivalent to the modern "da capo," and is a direction that the air or song is to be repeated from the commencement to the part where the word is placed.

The man who creates brotherly good will and charity is, in a way, doing his mission. Sooner or later uncurbed curiosity is bound to cause trouble.

A Slow Process.
Mrs. Brown was at the back of the church waiting to have her baby christened. Baby was getting restless, so she beckoned the verger.
"Is the sermon nearly finished?" she whispered.
"No, mum," replied the verger, "another half-hour of it yet. He's only on his 'lastly.'"
"But," said Mrs. Brown, "will it take him half an hour to get through his 'lastly'?"
"No, mum," was the demure reply, "but there's the 'one more word and I'm done,' and the 'finally,' and the 'in conclusion' to come yet. Don't be impatient."

Many who think they have the right of way are nothing more or less than a trespass dowsard or a trespasser.

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Leave Kingston 6:30 a.m. and 1 p.m.
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Round trip tickets \$1.25, with a 50c rebate on return trip, having a lovely outing for 75 cents. Tickets good to return on date of issue only. Bus connections at Cape Vincent from morning boat, giving nearly 4 hours in Watertown and returning to connect with steamer leaving for Kingston.
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