

PLAY FAIR.

DON'T JUMP TO CONCLUSIONS.

What is the difference between remedy and cure? Any disease which is habitually recurring cannot be indefinitely cured, but it may be dispelled from the system—but that is simply remedying it.

A man suffers for years with Rheumatism. After trying numerous treatments without success, he takes Templeton's Rheumatic Capsules, and is restored to perfect health again.

A year or so later Rheumatic symptoms appear again. What does he immediately conclude? That it is his old trouble returned; that the medicine he took had only a temporary effect; that he will never again be well. This impression is the one we wish to eradicate—because it is entirely false.

Whenever Templeton's Rheumatic Capsules are given a fair trial they remedy Rheumatism, Sciatica, Lumbago, Neuritis, Neuralgia, or any of their kindred diseases.

T.R.C.'s won't make you immune from the above diseases. They will remedy them and drive them from your system, but whenever you feel an attack coming on, start using T.R.C.'s again.

Ask your Druggist or write us for our new booklet; it is interesting and costs you nothing. Templeton, 142 King West, Toronto. We mail T.R.C.'s any amount of \$1.00.

Sole agent for Kingston, James S. McLeod, Druggist.

CATARRH of the BLADDER relieved in 24 HOURS. SANTA MIDY. Each Capsule bears the name MIDY.

GEO. A. WRIGHT MACHINIST. Has removed from King Street to 100 PRINCE STREET. Repair work of all kinds. Phone, shop 1264; Res. 1285.

Tobacco Habit Dangerous. Says Doctor Censer, formerly of Johns Hopkins Hospital. Thousands of men suffering from fatal diseases would be in perfect health to-day were it not for the deadly drug, Nicotine.

We have a supply of cut hard wood and kindling. J. Sowards Coal Co.

LIVEN UP THE LIVER PARMELEE'S VEGETABLE PILLS. A HIGHLY EFFICIENT CORRECTIVE FOR REGULATING THE ACTION OF THE LIVER AND ASSISTING THE DIGESTIVE ORGANS TO PERFORM THEIR FUNCTIONS AND ELIMINATING IRREGULARITIES IN THE DIGESTIVE TRACT.

That Hair Mattress. OR THOSE FEATHERS SHOULD BE RENOVATED NOW. SEE US. WE ARE EXPERTS.

Kingston Mattress Company. 254 Princess Street. Phone 6827.

To Cure A Cold in One Day. Take "Laxative Bromo Quinine Tablets"

Be sure you get the Genuine. Look for this signature. E. W. Snow on the box. 30c

The number of American troops now in France is less than 15,000, and is rapidly diminishing.

EXTRACTS FROM "MORE PEP"

Articles Reprinted From the Whig's Little House Organ.

TO SALES MANAGERS

WHERE do you want your Eastern Ontario circulation? When you put on a sales campaign anywhere you know that you must concentrate. You must use your appropriation where it will produce the best results at the lowest cost.

You can be sure of results if you use liberal space in the Daily British Whig, for the Whig's circulation, over 92 per cent. of it, is in prosperous Eastern Ontario. And furthermore, the Whig goes into over 84 per cent. of the homes in the city of Kingston.

DOES IT AFFECT YOU THIS WAY TOO?

I WONDER if you ever read the weeklies from the country towns. It isn't what you see in print that is interesting—it's what you read between the lines.

In a weekly from way up in northern Michigan, I notice that the ladies' guild held a supper and social at the Methodist church last Thursday evening to raise a purse for the minister.

I'll bet a good Havana perfecto against a pipe full of fine-cut that fifty-three grownups, and a hundred and thirty-six children sat down to a feast that would make the maitre d' hotel of the Ritz-Carlton weep with envy.

I can see the table now, covered with clean white linen, and fairly groaning under the load of good things to eat: home-cured boiled ham, done to a turn, and so tender that only a blade of razor-like sharpness would slice it; fried chicken, browned and fairly oozing deliciousness; veal loaf, cottage cheese, marmalade, strawberry jam, crabapple jelly, pickled peaches, hot scalloped potatoes; custard, apple, mince, and blackberry pies; freshly baked, snowy white bread, as soft and finely grained as a baby's hand, newly churned butter; and finally, piping hot coffee, made in a wash boiler and diluted with rich, thick cream.

I can see the dozen members of the ladies' aid society, the grandmothers in the full flowing expansive white aprons, and the younger members in their fancier and saucier little white ruffled affairs.

One of the deacons is complimenting a round-faced spectacled old grandlady of seventy-eight on her apple pie, which is so good that if it were any better it would fall apart, and she is telling him that it isn't as good as she usually makes, that she had a little trouble with the oven this morning, and one of the grandchildren had an attack of colic and she forgot it for a few minutes.

The price of a ladies' aid supper used to be twenty-five cents—fifteen for children—and the cost of the raw food you ate was at least a dollar. Maybe the price is thirty-five cents now, but that doesn't make any difference—it's all for the minister and the cause is a worthy one.

In Dear Old England.

A clergyman who was not disinclined toward an occasional glass, hired an Irishman to clean out his cellar. He brought out a number of empty whiskey bottles, and as he lifted each one looked to see if there was anything in it.

The clergyman, who was walking on the lawn, noticed him, and said: "They are all dead ones, Mike."

"They are," answered Mike. "But there is one good thing about it, they all had the minister with them when they passed away."—TIT-BITS.

Studying the Case.

"You're under arrest," exclaimed the officer, as he stopped the automobile.

"What for?" inquired Mr. Chiggins.

"I haven't made up my mind yet. I'll just look over your lights, an' your license, an' your numbers, an' so forth. I know I can get you for somethin'."



The Misses Aitor and Mandick, celer dancers with the musical comedy "My Soldier Girl," coming to the Grand on Tuesday evening, Oct. 21st.

OSO SOLDIERS MEMORIAL

Committee to Canvass the Township For Subscriptions.

Sharbot Lake, Oct. 13.—A large representative and enthusiastic meeting was held in the Sharbot Lake school house by the committee in charge of the Oso Soldiers Memorial to secure subscriptions toward the fund which is set at \$3,000.

The committee in charge propose building a suitable monument, also to purchase a park or playground to be dedicated in memory of the soldiers who left the township of Oso to take part in the great war. Their idea is to build a monument with the names of the fallen ones to be printed on a bronze slab on the one side, and all those who enlisted from the township, who happily were spared to return, on the other.

Very appropriate addresses by the chairman of the committee, H. Smith, also by M. Avery and Rev. Herbert Pringle, made the meeting a decided success, the amount of the subscription taken in being \$1,000. All the people felt that the cause was such a worthy one that they gave their whole-hearted support, and it is felt that when the remainder of the township is canvassed, that everyone will feel it their duty to subscribe something.

The intentions of the committee is to canvass the whole township in school sections. It is hoped, that by spring, the amount asked for will have been donated and Sharbot Lake will have a monument that will be a credit to the whole township, which will keep in perpetual and grateful remembrance to the present and future generations the names of our soldiers who paid the supreme sacrifice, and those who were ready and willing to do so.

CASTORIA

For Infants and Children In Use For Over 30 Years

Always bears the Signature of J. C. Watson

STANFIELD'S Unshrinkable UNDERWEAR. STANFIELD'S has met the test of good underwear—best material—unshrinkable—perfect fit, long service, warmth, and freedom of movement, and has proved the best. Sold by all leading dealers.

Nelson Day Its Message to Canadians. ONE hundred and fifteen years ago tomorrow Nelson achieved his great Victory at Trafalgar and decided Britain's supremacy on the seas. Today we eagerly strive for the commercial supremacy of the seas, and to that end we MUST train our Canadian boys to man Canadian ships to carry Canada's exports. Canada Expects that Every Man will do his Duty. Tomorrow and the two following days you will be given an opportunity to insure the success of the Boys' Naval Brigades, on which rests the continuance of the type of trained seamen Canada must have. The Navy League Campaign for \$500,000 must be an unqualified success so that the great work undertaken may be carried forward during the coming year. Every dollar subscribed will be used in Canada to aid Canadians—to provide relief for Canadian seamen injured in the war and their dependents—to conduct comfortable homes on shore for our seamen in port—to organize Boys' Naval Brigades and give our boys the necessary training so that if they decide their livelihood is on the sea they will be ready for Merchant Service. Tomorrow the campaign starts. For three days, many of our best citizens will give all their time and attention to the raising of the fund. Help them. Respond liberally. There is a great issue at stake. Do your part to the utmost of your ability. THE NAVY LEAGUE OF CANADA. CAMPAIGN COMMITTEE FOR THE PROVINCE OF ONTARIO. Chairman: Sir John C. Eaton. Vice-Chairman: A. M. Hoberlin. Hon. Treas.: Sir Edmund Walker. Asst. Treas.: N. L. Martin. 34 King St. West, Toronto.