COULDN'T LEAVE HOUSE FOR YEAR

Hamilton Tells of His Wife's Remarkable Improvement Since Taking Tanlac.

"Last Sunday my wife was able to be out of the house for the first time are designed for certain kinds of in almost a year, and she wouldn' have been out then if Tanlac had no put her on her feet," is the remark able testimony of William Hamil- plexion do the thinking for the ton who resides at 149 Preston St., world; the others get out and do Halifax, Nova Scotia, Canada. Mrs. Hamilton had Spanish Influ-

enza over a year ago," he continued. "and had never been able to over- Winnipeg, is no place for a real come the effects of it. Her appetite white man to live. An effort to prove was gone completely and she fell off that the ultra-violet rays of the sun in weight and strength until she was as frail and thin as anybody could be and still get around. Her nerves were all torn up and the least little noise would make her jump and quiver like a leaf. Mary a night she has lain awake until daylight in nervous misery. She complained of dull throbbing headaches and it has made me actually suffer at times to see her so weak and run down and in so much pain. Somebody gise had to attend to all the housework as she could just barely creep about the house and hadn't been able to months. She was confined to the bed most of the time, and even when she would get up in her room for a while. she really ought to have been in bed.

"It sure was a surprise to me to see her build up the way she has since she started taking Tanlac. Her appetite is just fine now, why, she told me the other day that if she out for a long walk with me, for the in nearly a year. She seems like a different person and is beginning to feel that her troubles are all over. Tanlac is the only thing that ever did her any good, and we both are happy been taking it and we are glad to | same reason, but at any rate everyrecommend it all the time."

Ostler, in Battersea by C. S. Clark, in the summer. in Fernleigh by Ervin Martin, in Ardock by M. J. Scullion, in Sharbot cold and warmth that affect the Lake by W. Y. Cannon .- Advt.

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Go North

vanced lately which connect a man's success or failure in life with his complexion. Blondes work, and if they get in other kinds they will fail. Men of one comthe hustling. More interesting is the theory that this continent, south of kill off blonde races in all latitudes O'Malley, a widely-known Philadelphia medical man and scientist, and it is to be admitted that he presents some striking arguments before arriving at the conclusion that all the north European races will be extinct south of Winnipeg within a couple of centuries unless there is a constant stream of immigration from their native lands.

Starting from the accepted belief that the earliest man was white and lived somewhere about the latitude of the Euphrates basin, Dr. O'Malley says, that the negro and the real ventured south or north. The farther south the early pioneers penetrated could not survive the murderous least 1,000 descendants to-day. As north became more blonded. This it is the more slowly it lets the heat northern animals are white. An exception is provided by the Esqui- the Italian. maux, who are dark, but this is in order that their skins may the better withstand the six months of blinding sunshine upon the snowfields and the ice. One might ask why polar bears are not dark for the body knows that in the north part of the temperate zone and even in the Tanlac is sold in Kingston by A. frigid zones many animals become P. Chown, in Plevna by Gilbert white in the winter that were brown

> It is not so much the matter of growth and development of mankind and mark inexorably his proper place upon the planet as the sunshine. Not heat rays but light rays 'Here Robin sat, and sang, and quafmake the blonde and the brunette. For instance physicists working with extra-special rays, Rontgen rays, Becquerel rays, and rays from radium must protect themselves with coatings of rubber, lead, glass and other materials that prevent the rays reaching the skin. Otherwise the ultra violet rays would change the protoplasm of cells so that they would let in salts which would disintegrate and kill them. In the United States more than twenty investigators were killed by the action of X-rays before they discovered the necessity of protecting themselves from these baneful emanations. It is exactly the same with the sun's rays. The more direct and the stronger the rays are the more is the necessity for the human beings to be darkly pigmented. Thus it is that the negroes in Africa can withstand rays that cut short the lives of white men, and the Scandinavian on the other hand is comfortable under conditions that dark-

skinned people could not endure. There is a general law that certain vegetation and animals can only thrive in certain latitudes. *Mankind is not immune from this law, although men live at the equator and in the Arctic circle. Nature preserves the race that is best adapted to live in certain zones and kills off the others. Dr. O'Malley calculates

south to the thirtieth latitude is the proper zone for the black man; from the thirtieth to the thirty-fifth is the zone of the brown men like the Malays; from the thirty-ofth to the forty-fifth is the zone of the brunette, Mediterranean type, like the Italian and the Spaniard. From the forty-fifth to the fiftieth is a sort of OME theories have been ad-No Man's Land in which ordinary people like most of us can get along very comfortably, but the zone of the European blonde is above the fiftieth parallel of latitude. Toronto, it might be observed, is slightly south of the forty-fourth parallel. If one looks at a map he may be astonished to find that as far as parallels of tatitude are concerned, Toronto is equipped more like Spain than the British

The record of the American revolution gives concrete facts to support the general theory. In that struggle it is said that half the soldiers of Washington were natives of Ireland; one-quarter were native Americans; and the rest were English, Scotch, German and Dutch. But among the Daughters of the American Revolution, the Cincinnati and similar societies composed of descendants of Washington's army, there are now hardly any Irish names. The Irish, being a northern race, have almost disappeared after a century and a quarter. Recently Dr. O'Malley examined some fifty Irish families in Northern Pennsylvania, founded by sturdy Irish peasants who had emigrated after the famine of 1847, All the emigrants succeeded and were blonde were developed as mankind able to give their children a good start. In the first American generation there was an average of about the darker hued became the skins of five children to a family, or 276 in their descendants. Those that did not | all. If these had continued to be as become dark perished because they productive there would have been at ultra-violet rays. Those who went a matter of fact there are fewer than nature's plan, for the blacker an ob- cate children. In another couple of ject is the more quickly it radiates | generations this stock will have bethe heat it receives, and the whiter | come extinct, simply because the ancestors when they went to Pennsylescape. It is because of this that the vania went south a thousand miles into a zone intended by nature for

Story of Robin Adair.

Is the famous old song, "Robin Adair," which we have sung from childhood, Scotch or Irish? Scottish undoubtedly will be the general reply. Yet authentic history seems to

Hanging in the great hallway of the present mansion of Sir Robert Hodson, at Hollybrook, Kilbride, Co. Wicklow, where Robin lived, played, and sang verses, is his harp, while, attached to a small building nearby, is a brass plate bearing the inscrip-

fed the bowl. Degenerate days! how fallen the ancient line!

low science bids ascending waters And fountains gush, where once

flowed genial wine. Robin, according to the latest rehant in Dublin, with, however, cottish ancestral connections. ience the confusion. He it was who uilt Hollybrook, where he enterined lavishly, the original song of Robin Adair," which goes back to he year 1730, being written to comtemorate a visit he paid to some porting friends at Puckstown; nea rtane, Co. Dublin, commencing: "You're welcome to Puckstows

obin Adair." Robin, in spite of his conviv abits, lived to a green old age, a ltimately died in Dublin in 173 n addition to his harp, two of ine glasses, which held a quart ine each, are still preserved .---

Rozier Wickard, St. Louis, recently discharged as a captain in the army ilr service and now employed as an utomobile salesman, was arrested on a warrant, charging him with threatening the life of President Wilson.



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