

GLAD SHE TOOK SISTER'S ADVICE

Miss Selma Will Feels Like a New Person Since Taking Tanlac.

"Nothing ever helped me until I got Tanlac and now I am just like a different person," said Miss Selma Will, residing at 799 Lawson street, St. Paul, Minn., in an interview recently.

"There were times before I began taking Tanlac," continued Miss Will, "when I had terrible headaches that I could not do any work for several days. My stomach was in such a bad fix that I could not eat much of anything without suffering intense cramping pains afterwards. My appetite was very poor and I was so run down and weak that I would frequently have dizzy spells and was extremely nervous. My sleep seemed to do me very little good and I always got up in the mornings feeling just as tired and worn out as on retiring at night. I have taken many kinds of medicines and doctored for a long time but nothing seemed to do me any good.

"Finally my sister persuaded me to try Tanlac, as she had gotten such splendid results from it, and by the time I had finished my second bottle I had a good appetite and felt better in every way. My stomach never bothers me now no matter what I eat and I never have a headache nor a pain of any kind. Really, I am feeling just fine, better than I have in the past five years, and there's nothing too good for me to say for Tanlac."

There are thousands of people who complain of being run down and run down. They are not sick exactly, but feel tired out and good for nothing most of the time. They need something to build them up and throw off the symptoms of this weakened, debilitated condition.

The system, besides being purified by Tanlac, is toned up and invigorated as the medicine, aside from assisting the blood, reinvigorates the constitution, overcoming as it seems to quickly do, nervousness, indigestion, non-assimilation of the food, headaches, kidney complaints and many other ailments that are so common to the thousands of half-sick, depressed men and women.

Tanlac is sold in Kingston by A. P. Chown, in Plevins by Gilbert Oatler, in Battersea by C. S. Clark, in Fernleigh by Ervin Martin, in Ardock by M. J. Scullion, in Sharbot Lake by W. Y. Cannon.—Advt.

PRINCE OF WALES ON HIS TOUR



The Prince Inspects Veterans At Halifax.



The Prince's Reception at Charlottetown, P.E.I.



Prince of Wales Lands at Quebec.



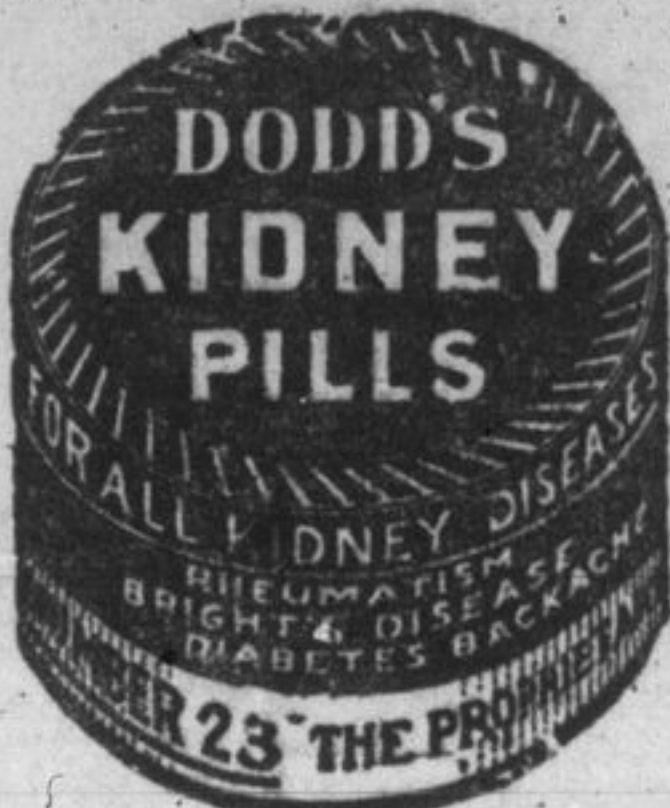
The Prince and the Duke of Devonshire at Quebec.

SUDDEN DEATH, RAILWAY MAN.

Hiram N. Swan, Prescott, Drops Dead While Reading Newspaper. Prescott, Aug. 27.—Stricken with heart failure as he sat at his home reading a newspaper, Hiram N. Swan, yard foreman for the Canadian Pacific Railway at this terminal, passed away very suddenly Saturday night. Mr. Swan's death came as a severe shock to his friends. He had been at work the greater part of the day and was apparently in his usual health.

Mr. Swan was forty-five years of age and had resided in Prescott the major portion of his life, being connected with the Canadian Pacific Railway and having held the position of yard foreman for some time prior to his death. He was well thought of by all his fellow-workmen, being always of a bright and genial disposition.

Following an illness of some three weeks—the death occurred on Friday at Toronto of Walter S. Johnson, aged sixty-seven. Deceased was born in Brookville, and has been resident in Toronto for fifteen years.



The Emergency Brake in Business



Practically every business firm carries fire, burglar and accident insurance.

What about Financial Insurance—a protection fund to provide ready cash when sales fall off or collections are slow? Start one. Put part of the yearly profits in a Savings Account in The Merchants Bank. Then, this Reserve Fund of undivided profits will be instantly available to carry the business safely through any financial stringency.

THE MERCHANTS BANK

Head Office: Montreal OF CANADA Established 1864. Kingston Branch, H. A. TOFFIELD, Manager. Verona Branch, J. W. McCLYMONT, Manager. Safety Deposit Boxes to Rent at Kingston Branch.

All classes of high yield investments—Corporation, Government and Municipal. Private wires—New York, Chicago, Montreal, Toronto.

STOCKS—GRAIN—COTTON

BONGARD, RYERSON & CO.

287 Bagot St. Phone 1728. H. J. Bongard, Manager

Among the few possessions of a shiftless man you will nearly always find a worthless dog. An Irish philosopher says it's all right to make hay while the sun shines providing it is clouded.

GRAND TRUNK RAILWAY SYSTEM

AGENCY FOR ALL STEAMSHIP LINES

For information and rates apply to J. P. Hanley, G.P. & T.A., G.T. Ry. Kingston, Ont.

Advertisement for Canadian Pacific Ocean Services, including sailing rates and agents.

Careless Shampooing Spoils the Hair

If you want to keep your hair looking its best, be careful what you wash it with. Don't use prepared shampoos or anything else, that contains too much alkali. This dries the scalp, makes the hair brittle, and ruins it.

The best thing for steady use is just ordinary mulled coconut oil (which is pure and greaseless) and is better than anything else you can use.

One or two teaspoons will cleanse the hair and scalp thoroughly. Simply moisten the hair with water and rub it in. It makes an abundance of rich, creamy lather, which rinses out easily, removing every particle of dust, dirt, dandruff and excessive oil. The hair dries quickly and evenly, and it leaves the scalp soft, and the hair fine and silky, bright, lustrous, fluffy and easy to manage.

You can get mulled coconut oil at any pharmacy. It's very cheap, and a few ounces will supply every member of the family for months.



Buy an Eddy Pail

THE next time you need a pail—a milk pail perhaps or an ordinary household pail for washing windows or scrubbing floors—ask your dealer for

EDDY'S INDURATED FOREWARE

You will find this pail will give you better satisfaction. Eddy's Pails are light, convenient, economical. They are easy to lift, easy to clean. They do not spring leaks, and cannot become battered or dented.

Ask your dealer for them.

The E.B. EDDY CO. Limited HULL, Canada Makers of the Famous Eddy Matches

It is easier to break a promise than it is to fracture the crust of an average boarding house pie.

Women Should Take

special care to keep free from headache, back-ache, constipation, weakness and depression. For these recurring ailments and other conditions peculiar to women, Beecham's Pills are a tested and effectual remedy. They act gently and promptly on the stomach, liver and bowels, and exert a tonic, strengthening effect on the bodily functions. These famous pills are purely vegetable, contain no habit-forming drug, and produce no disagreeable after-effects. Women the world over, find needed help and strength in

Beecham's Pills

"Largest Sale of Any Medicine in the World" Worth a Guinea a Box

Prepared only by Thomas Beecham, St. Helens, Lancashire, England. Sold everywhere in Canada and U.S.A. In boxes, 25 cents.

A Century of Temperance Progress is at Stake

THIS advertisement is addressed particularly to friends of organized temperance throughout the Province of Ontario. They have rallied to win many a victory before. They must rally in full strength for the Victory of Victories now, to make The Ontario Temperance Act permanent law.



ONCE, in Ontario, whiskey could be sold at 50 cents a gallon by anybody. Selling taverns outnumbered the schools, stilleries outnumbered the grist mills. In the memory of living citizens of this Province, drunkenness was a feature of well-nigh every fair, and of every election day. Fighting and rioting were common holiday amusements in many an Ontario town and village, in the "good old days."

Shall Ontario go Back?

One day in 1827, just 92 years ago, three brave men in the town of Brockville met together and formed the first pledge-signing temperance society in Ontario. "Milk sops" people called them. But they had courage, they had convictions and their ideal of Temperance has triumphed.

Shall We Give Up?

On April 27, 1916, the Legislature of Ontario enacted a law prohibiting sale and distribution of alcoholic beverages within the Province. Almost a century of struggle lies between those dates—1827 and 1916—a century of slow, painful progress and steady toilsome climb, fighting every inch of the way. We have fought the good fight and we have won. Ontario is dry.

Shall We Surrender Now?

The Ontario Temperance Act was passed as a war-time measure. The Great War brought home the truth about liquor to our Legislators and our people. Now that the war is over the facts are still the facts. After a century of struggle, and a victorious armistice, Ontario should not relax her vigilance until the terms of the Ontario Temperance Act are written into a Victorious Treaty of Permanent Temperance Peace!

The Ontario Temperance Act is the best piece of Temperance Legislation that has ever become law in this Province. Its repeal is unthinkable!

"NO!"—FOUR TIMES—"NO!"

ANY one of the proposed amendments that will face you on the ballot paper would spoil the Ontario Temperance Act. It would be a slip down hill after an upward climb of a hundred years. Those who love this Province of Ontario and have put heart and soul into its social progress and achievement will make no mistake. Mark your ballot X, four times in the column headed "No," and herein fail not, or in so far as temperance goes, your ballot is spoiled.

Ontario Referendum Committee

JOHN MACDONALD Chairman, D. A. DUNLAP Treasurer, ANDREW S. GRANT Vice-Chairman and Secretary (1001 Excelsior Life Bldg., Toronto)

ten have been with relatives in Toronto for a short time, before returning to their home in Windsor. Miss Fern Sproule returned last Tuesday from spending the past two weeks with friends in Syracuse, N. Y. Mrs. B. L. King, has returned after spending the past week with friends in Kingston. Mrs. Dettler and Mrs. T. Clyde are home after spending a week in Montreal.

Mrs. A. McCabe, who has been the guest of her sister, Mrs. Robert Bennett, for the past three weeks, returned to her home in Kingston, last Friday. Miss Emma Storms and Mrs. Alva Snider are visiting friends in Watertown, N.Y. Miss Lena Burley is visiting friends in Toronto, before returning to her position in Belleville. Mr. and Mrs. W. G. Clark and Dr. H. C. and Mrs. Mabee spent the week-end at Alexandria Bay. Quite a number attended the Farmers' Co-operative, picnic at Nicholson's point last Thursday. John Wood has moved in James Bailey's house, recently purchased from Mrs. John Manout.

Visitors: Dr. Adam Gibson, Mrs. Gibson and family of Saskatchewan with Mr. and Mrs. Thomas Sharpe; Mr. and Mrs. Alex. Bell, Oshawa, with Mrs. Bell's parents, Mr. and Mrs. H. D. Davy, Mrs. McCabe, Fredericksburg, with her mother, Mrs. James Bailey, Mr. and Mrs. Robert Cook, Cobourg, at the Dominion; James Aylesworth, Madoc, with Mr. and Mrs. George Hamm; Ashford Bell, Kingston, called on friends last Thursday; Mr. and Mrs. George C. Way, Watertown, with Dr. J. E. and Mrs. Mabee; Mr. and Mrs. Rogers, Rochester, N.Y., with Mr. and Mrs. Sidney Sproule.