### **DOCTOR ADVISED** HIM 10 TAKE IT

A. F. Roberts, Successful Cattle Dealer, Gains 16 Pounds in 60 Days Taking

'One of the best doctors in Colorado advised me to take Tanlac, and has not only overcome my troubles but I have gained sixteen pounds since I began taking it sixty days ago,"said A. F. Roberts, who lives at Rockyford, Alberta, Canada, a few days ago.

Mr. Roberts is one of the largest country and before moving to Cannost of his life in Colorado, U.S.A. "I can now understand why Tanlac pjoys such wide popularity both in Canada and the United States," continued Mr. Roberts, "and since it has tion of Returned Soldiers and Sailt is very dependable medicine and deserves all the praise that is being rea given it. For the past two years I have suffered from stomach trouble nated by West Bruce Liberals for and when I commenced taking this the Legislature to succeed C. Tanlac, it was almost impossible for very nervous and never got a good teachers have resigned for various reasons, and their places have been and rundown that I was hardly able filled. to get about. I often had dizzy spells

"My physician centainly knew peace work for me, as I am as healthy and strong now as I ever was in my life. to 50. In fact it has done much more for me than I expected it would do. I I eat agrees with me perfectly, and I never have the slightest sign of stomach trouble of any kind. I am is to be given all French totally dis-no longer bothered with constipation abled, maimed soldiers holding mili-passed through the loop formed by and never have those dizzy spells tary medals any more. I have regained all my every night. In fact I am simply enjoying perfect health again, and I give Tanlac credit for it all."

Chown, in Plevna by Gilbert Ostler, in Battersea by C. S. Clark, in Ferneigh by Ervin Martin, in Ardock by peal will be made to the United . J. Sculion, in Sharbot Lake by W. Y. Cannon .- Advt.

#### FALL FAIRS, 1919

I CALL A PARKE	C. Commission of the Commissio
Ontario Department of	Agriculture
issues the following list	and dates!
Alavandria	lept. 10 and 11
Almonto	ept. 23 and 25
Arden	Ont 7
Arden	tone 10 and 19
Arnprior	to and a
MANDONOTO	E COUNTY IN MILETAN W.
Bellevitte	. Sept. I and a
Bowmanville	ept. 16 and 17
Brighton St	pt. 11 and 12
Brockville A	ug. 25 and 28
Cobden	Sept-20
Cohden	Sept 25 and 26
Chhanes	apt. 17 and 18
Cobourg	ont 25 and 26
Colootus	Sant 2 to 6
Cornwall	Sept 15 to 12
Cornwall Delta Demorestville Frankville Harrowsmith	sohr to to ti
Demorestville	Sept. at
Frankville	ept. 25 and 29
Harrowsmith	ept. 18 and 19
Kemptville	Sept. 4 and 5
Kemptville	Sept. 23 to 27
Lansdowne	ept. 18 and 19
Lindean	Sept. 18 to 20
Lombonda	Sent 13
Dombardy	or 25 and 26
Maderly	Det 7 and 8
Madoc	Oct. 7 and o
Marmora	Bept. 30
McDonald's Corners	Sept. Fo
Merrickville	sept. 16 and 17
Morrisburg	Aug. 12 to 14
Napanee	Sept. 9 and 10
Odessa	Oct. 3
Lansdowne Lindsay Lombardy Maberly Madoc Marmora McDonald's Corners Merrickville Morrisburg Napanee Odessa Oshawa Outawa (Central Canada) Parham	Sept. 8 to 10
Ortawa (Central Canada)	Sept 6 to 15
Po sha m	Sent 18 and 17
Danta	Sant 2 to 5
Tertil	Cont 16 to 81
Parham	Cont 15 to 02
reternoro	Sept. 19 to 11
Port Hope	sept as and as
Renfrew	Sept. 17-18
Shanponville	Sept. 13
Spencervine 4	ept. 23 and 34
Stella	- Sept 39
Stirling	ept. 25 and 26
Toronto (Canadian Nati	onal) Aug. 23
to Sept. 6.	
Tweed	Oct. 2 and 3
Winchester	Sept. 2 and 3
	THE PERSON OF PERSONS OF

Lanark, July 26 .- Shocking and sudden was the death of Robert Hart, Poland, which took place at his residence on July 21st. Although de- ham, twelve-year-old son of Pete ceased had reached the advanced Kirkham, cheesemaker at Fallbrook age of eighty-seven years, he entoyed was badly scalded last Wednesday ties as usual on Monday, and in the the act of going through an open afternoon he lay down for a short window to get a pail of water when and due to heart failure. Mr. Hart from foot to knee. was born in Scotland in 1832. Shorter his marriage he and Mrs.

#### **TIDINGS-FOR OUR READERS**

ESENTED IN THE BRIEFEST POSSIBLE FORM.

he Whig's Daily Condensation the News of the World From Tele-The Coghlan shippards trouble in

The order forbidding the export of coal has been withdrawn. At New York, Gertrude Hoffman amous dancer, has disappeared from

Thirty-two thousand Macedonian were starved to death under Bulgar-There are nearly 100,000 peop!

war of whom 32,000 died. Three barrels of whiskey ico by Provincial license inspectors. The Canadian Workers' Federa-

ors had its first meeting in Mont-A. P. Mewhinney has been nomi

Former Chancellor Michaells says and was bothered a great deal with for the rejection of all offers of

> Prof. Stanhiberg has been elected President of Finland, defeating General Mannerheim by a vote of 143 word meaning "knot"). The cords

The Legion of Honor decoration | main cord, the pendant cord was laid

The Manhatton hotel and Morrel strength, too, and that nervousness House, Amsterdam, N.Y., were dehas left me, and I sleep like a log stroyed by fire on Saturday. The loss is over \$200,000.

The Army and Navy Veterans' convention has resolved to appoint a representative to act for the as- knot tied in a pendant cord, if it is sociation with the government, States to finance Italy to the extent | tion represent 2. Two such knots in

of one billion dollars. whites at a Chicago bathing beach cate 20, or, if in the next position on Sunday resulted in three deaths (hundreds order), 200. The decimal and probably a hundred injured.

will be lifted and food provided. Cudahy Bros. Company, packers, of representing units, tens, hundreds, Cudahy, Wis., died suddenly from etc., in a complete knot-record were an apopoletic stroke, aged 70" kept straight (so that they ran hori-

return seven thousand German pris- straight in accounting. ners to Germany, from Britain, These prisoners have been filling trenches along the eastern coast.

Thousands of Canadian soldiers are unable to sell on account of the Liverpool dock strikes. All the liners are tied up in the Mersey. There | University was the first to work out

All the employees of the Siemens-huckert company, one of the largstruck. The strikers number 30,-

Stefansson has been asked to pay wish to Iceland. An official yacht will come to carry Stefansson to records of the Incas. Reykjavik, capital of Iceland, Mr.

At Rochester, N.Y., Henry A Kodak Company, New York, and dent of the Eastman Kodak company of New Jersey, and the largest stock-George Eastman, died on Saturday. Will be registered, and classified ac-

Was Badly Scalded

Perth, July 26 .- Wilfred Later his daughter went to he missed his footing, and stepped in for tea and found that life backwards into a tank of hot water Death was sudden. He was badly scalded on both limbs

Radical decentralization is Adm

# POSTUM instead of tea or coffee? Every reason worth while. Price! Health! Satisfaction! inink it over.

There's a Reason."

#### PRIMITIVE BOOKKEEPING.

Remarkable System of the Illiterate Peruvians.

If you have spent precious hours computing your income tax and other financial problems, you still have cause to congratulate yourself that you are not a Peruylan. For Perugraphic Service and Newspaper vians keep their accounts by means of knotted strings.

It is sometimes claimed that knotrecords have been used to commenorate important historical events, preserve traditions, etc. Whether or not this be true, it is well known that the use of knotted-string records for preserving numerical accounts has been widely practiced by primi-tive peoples, particularly in China and Peru. The most remarkable development of knot-records is to be found in more recent times among the Incas of Peru. Many carefully kept knot-records have been found in Inca among the variety of personal possessions buried with the

The Incas, although representing an advanced stage of civilization, and possessing a highly developed governmental machinery, a wealth of tradition and an unusually rich and expressive language, had no system of writing. Yet they kept accurate records of all the accounts of the Inca empire, census and tribute statements, birth and death statistics, and so on, as well as private accounts such as crop and stock records. Still more surprising, they used the decimal system.

A knot-record consists of a series of knotted cords, depending, like "quipu" (from the Quichua Indian used in knot accounts were spun Highwaymen robbed a New York twice the desired length, then dougether, a loop being left at the closed end. In attaching to the quipu or around the quipu, the free end being the doubling, and was then drawn

The knots in the pendant cords represent different numbers, their value depending on their distance from the main cord and on the manner of tying. A single or overhand in the position farthest from the It is reported at Rome that an ap- main cord (units position) stands for 1. Two such knots in the same posithe position next farthest away from A race riot between blacks and the main cord (tens position) indisystem being used, not more than The Supreme Council sent a note | nine single knots are ever found in to Hungary that if they eject the one group. A long knot was used Bela Kun government, the blockade in place of a cluster of single knots to express the repetition of units of Patrick Cudahy, president of the the same order. The rows of knots zontally across the fringe), just as Arrangements have been made to our columns of figures are kept

> Differently colored cords were used, sometimes merely as a matter of fancy or convenience with the record keeper, but frequently to indlcate different accounts.

Mr. L. Leland Locke, of Columbia the significance of the Peruvian knot-records. To him belongs the distinction of having analyzed what fectrical firms in Germany, have was probably the earliest decimal system of notation of the western world. Mr. Locke has demonstrated. by testing and checking, that he can readily and correctly read the knot-

> The Only High Flyers. An organization which will stand in the same relation to aircraft as

Strong, president of the Eastman | Lloyd's does to sea-going craft is about to be established. It will be practically worldwide in Company, New York, and vice-presi- its scope, although its headquarters will be in London. All airships and airplanes, including, of course, sea-

> cording to their build and carrying The qualifications of aerial chauffeurs also will come under its sphere and a standard set by the establishment of an Aircraft Pilots' Register. A professional pilot whose name does not figure in the register will stand a poor chance of getting a job worth

> Another branch of the organiza tion's activities will relate to the insurance of aircraft and their passengers and luggage, and in this connec tion rules will be drawn up regulating air traffic of every description. These are now being arranged and they will be enforced by international

This part of the scheme is still in the air-both literally and figuratively-but it is probable that the atmosphere will be divided into zones

for different classes of aircraft. Thus it is proposed that up to 2,000 feet all flying shall be prohibited, except of course for landing and starting off. Between 2,000 feet and 4,000 feet will be a zone reservand comparatively slow-flying type.
Above this, up to 6,000 feet, wil be the level for general air trame while any sone higher than this will be used only by official planes .-

perery" are attributed to Jack Judge and Harry Williams, who sang the song with indifferent success i British music halls, beginning in 1912. When the first British con for some time it was popular

A Novel Machine. Among the novelties produced by barbed wire scrap in war-destroys ed up and cut into lengths and then

turned to Ottawa from England. He went oversets as the personal adviser of Bir Robert Borden, on food supply questions in connection with the Peace Conference.

As a result of the investigation by the Cost of Living Commission, the Canadian canners will give up agreements and work independent-

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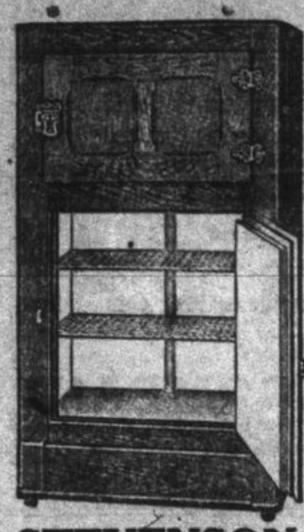
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Grand Cafe 222 Princess street, Two Doors Above Opera House



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Health estatistics absolutely prove that an Ice Box is a household necessity for the good of the family's health all year around. Better take this precaution and safeguard your food before it's too late. Here is a complete assortment of Ice Boxes in all sizes and styles at moderate prices.

STEVENSON



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THE string on his finger isn't really necessary, because Daddy likes Chillets himself, and knows they are good for his little girl.

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It cases nerve strain and allays thirst.

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