

BOB LONG UNION MADE OVERALLS SHIRTS & GLOVES



THOMAS COPLEY Telephone 987

Washing anything done in the suspension... Wash Your Hair With

Be Careful What You Wash Your Hair With

Don't use prepared shampoos or anything else, that contains too much alkali, for this is very injurious...

Groceries and Meats

If you want the best in the above line come to our store...

C. H. PICKERING 490 to 402 Princess Street Phone 530

HOUSE CLEANING

Cadillac Electric Cleaners Make the Work Easy Rental \$1.25 per day

J. R. C. Dobbs & Co. Tel. 219 41 Clarence St.

for Asthma and Hay Fever

ONE REQUIRES A REMEDY THAT WILL GIVE PROMPT RELIEF... DR. J. D. KELLOGG'S ASTHMA REMEDY

Premium Grocery

Fresh Seasonable Fruits of all kinds arriving daily...

D. B. GAGE & SON 254 Montreal St. The Premium Store

The Cash Store

Specials For This Week: Fresh Lettuce, Beets, Onions, Cucumbers and Vegetables, etc.

CONSERVING MOISTURE

Many Valuable Crops Saved by Mulching.

This Season Especially Trying to Cream Producers—Great Losses Prevented by Cooling Cream During Hot Weather in Properly Constructed Tank.

(Contributed by Ontario Department of Agriculture, Toronto.)

WATER is one of the essential requirements for the growth of plants. Its functions are a solvent and carrier of plant-food...

The amount of water required for crops is rather surprising. In humid regions they require from 200 to 500 pounds for every pound of dry matter produced...

The water that the plants take from the soil exists in the form of thin films around the soil grains. If the soil be well drained and other conditions in good physical condition...

Conserving the soil moisture consists of getting as much as possible of the rains and the meltage of the snow down into the lower depths of the soil...

The death occurred at Smith's Falls on Saturday, after a lingering illness of Bright's disease, of Benjamin Shields, long a well-known resident of Kilmarnock and vicinity...

Terrence McGuire was given a sentence of six months' imprisonment at Brockville on a charge of breaking the regulations of the Ontario Temperance Act.

LIFT OFF CORNS!

Freezone is magic! Corns lift off with fingers without pain



Hurt! No, not one bit! Just drop a little Freezone on that itchy corn, instantly it stops aching...

PROMOTION BY MERIT.

Taxicab Driver Became General in British Army.

In his last despatch—one of the most remarkable historical documents ever published, says the Manchester Guardian, Sir Douglas Haig pays a great tribute to the qualities which won the war for Britain...

The life of the British Empire generally," he says, "has proved sound under the severest tests, and, while giving men whom it is an honor for any officer to command...

"A schoolmaster, a lawyer, a taxicab driver and an ex-sergeant-major have commanded brigades."

"One soldier has commanded a division and another held successfully the position of senior staff officer to a regular division."

"The undercook of a Cambridge college, a clerk to the Metropolitan Water Board, an insurance clerk, an architect's assistant and a police inspector became efficient general staff officers."

"At the outbreak of the war, as Sir Douglas Haig states, our new troops drawn as they were 'from every sphere of life, from every profession, department, and industry of the British Empire, and thrust suddenly into a totally new situation full of unknown difficulties...' were placed at a disadvantage 'compared with the methodically trained enemy.'"

Shall We Humanize Women?

An eloquent lady, one of the leaders of the feminist movement, asked in thrilling tones the other day whether we were not in danger of something strangely human in the female appearance; an almost human look in the eyes, such as is so pathetic in the dog, or that almost automatic mimicry in the gestures which is so entertaining in the monkey.

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The Dogs' Bill.

The Hon. Stephen Coleridge, the able president of the National Anti-Vivisection Society in England, is certainly making a sturdy stand in support of "The Dogs' Bill," now before the British Parliament...

On Saturday a horse and rig driven by S. R. Hanna, Lynn, was struck by a Ford car near the Tin Cap. A wheel of the buggy was smashed by the impact and the occupants of the buggy thrown to the road but fortunately escaped injury.

A LIFETIME OF SUFFERING

Prevented by "Fruit-a-tives" The Wonderful Fruit Medicine

25 MAISONNEUVE ST., HULL, QUE. "In my opinion, no other medicine is so good as 'Fruit-a-tives' for Indigestion and Constipation."

For years, I suffered with these dreaded diseases, trying all kinds of treatments until I was told I was incurable.

One day a friend told me to try 'Fruit-a-tives'. To my surprise, I found this medicine gave immediate relief, and in a short time I was all right again!

DONAT LALONDE 50c. a box, 6 for \$2.50, trial size 25c. At all dealers or from Fruit-a-tives Limited, Ottawa.

ook's Cotton Root Compound.

A 100% reliable regulating medicine. Sold in three degrees of strength—No. 1, 2, 3. Sold by all druggists, or direct from the manufacturer, The Cook Medicine Co., Toronto, Ont.

GRAND TRUNK RAILWAY SYSTEM AGENCY FOR ALL STEAMSHIP LINES

For information and rates apply to J. P. Hanley, C.P.E.A., G.T. Ry., Kingston, Ont.

Table with columns for SAILINGS-RATES, MONTREAL-LIVERPOOL, and VANCOUVER-ORIENT. Lists ship names, departure times, and fares.

6 Days a Week 6

TORONTO—WINNIPEG And Points West

Leave Toronto (Union Stn.) 9.15 p.m. Mon., Wed., Fri.—Canadian National All the Way Tues., Thurs., Sat.—Via North Bay, T. & N. O., Cochrane, thence C.N.R.

Through Standard and Tourist Sleeping and Dining Cars. Tickets and information from nearest C. N. Railways Agent. City Ticket Office: 22 King Street East and Union Station, Toronto; 7 James Street North, Hamilton.

Canadian National Railways

CANADIAN PACIFIC CONVENIENT DAYLIGHT TRAINS

Table with columns for NO. 36—THE RIDAU and NO. 37—THE YORK. Lists routes and departure times.

Equipment, Smoker, Coach, Cafe, Parlor, and Observation Parlor Car. Particulars and tickets from F. Conway, C.P.A., City Ticket Office, Corner Princess and Wellington streets. Phone 1197.

Steamer Brockville Bulletin

Monday, July 22nd—Queen's Military Hospital, down the river. Lv. 1.00 p.m. Evening, July 22nd—Young Men's Club, Queen St. Church, Moonlight, down the river. Lv. 7.30 p.m.

Large advertisement for Niagara to the Sea. Includes a map of the Niagara region, a photo of a boat, and text describing the 'tumbling mad-cap Rapids of the River St. Lawrence' and the 'Niagara to the Sea' trip.