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the same as from Halifax to Vanit shows the condition of affairs.
couver. As far as the country went, "The fighting is a long way up the grees. Canadians at home have ab- our side. solutely no idea of the wonderful "Omsk is the head for military

grades and sharp bends are the ord- the Russians see that we are here only candles and electric lights are try to help themselves. Russia is like apparently a thing of the past in a large family every member of these cars. Water is the hardest which is at odds with his brothers; went to a station with our wash- ed to see the end come suddenly. er to wash. One can almost shave, awful state, but people think that brush one's teeth and drink out of the Bolshevikt will hang themselves between drinks.) This country action shows how rotten the whole (Maturia) has been as flat as a structure is. We see prisoners owns 15 versts-16 miles-each side there is a large bazaar, meat shops, places also have shutters and every meat, hay and so on, and it is weightew minutes we pass villages with ed on the spot. My office is in a windowless mud houses, and thatchthousand years ago. In fact the the front door and hall on his way carts they use are generally over a out to the pen. To-day when I arhundred years old; there is one horse rived, a rooster and his wives were or ox in the shafts, and perhaps waiting for someone to open the

four abreast ahead. ands in a herd, also dozens of caucis drink heavily. In normal times the and thousands of sheep. It takes a Russians have 180 holidays in the Campbell Bros. about three inches above the food and it is quite a state affair; Admir-and rake it in. Another nice little al Kolchak was there with all the feature is the brushing of the nair Ministers of State. The first cereat the table, which I saw to-day, mony was the placing of the im-The scenery from Lake Baikol mense head-gear on the head of the through the Irkutsk, on the other High Priest, and it happened to be side of the lake, is very fine, but a little big and kept slipping down. there are about forty-one tunnels. The singing was past description! good condition, be careful what you There is lots of snow here several Everyone stood the whole two hours, wash it with. feet in fact and passing through it each with a lighted candle in his | Don't use prepared shampoos has delayed us. There have not hands and the high priest holding anything else, that contains too much part of Siberia is very much over- the crucifiction, with beautiful flow- else you can use for shampooing, as populated, so that accommodation, as ers. The dictator of Siberia then this can't possibly injure the hair. we know it, is impossible. Every- went up and knelt, followed by the Simply moisten your hair with wathing is terribly disorganized and Minister of War and the other Min- ter and rub it in. One or two teatelegrams, for instance, generally take days or weeks to go out. All the British Military Missions mail is passed up the line with parties going up, and there is apparently no

civil mail service. "We arrived yesterday at Omsk about 1.30, our trip being a remarkably quick one, only eight and a half days. We were met by an interpreter who brought us to the British Military Mission. The buildling, built by prisoners of war, is just being completed; it is four storles high, of concrete and there is not a building in Halifax or Kingston that can compare with it. We even have the luxury of a bath with hot water, an almost unheard of thing in Russia, where those who take baths parade to the central baths. Normally, Omsk has about 100,000 inhabitants, but now it has about 800,000, so things are getting quite overcrowded, whole families, or oftseveral families being in one room, the majority sleeping on the floor. There must be several hundred thousand refugees living here, and lots of them very prominent the Hampshires, there was a princess and a countess. As interpreter in my office I have a young Polish Baron, who was exiled from Poland told for political reasons. When a boy tutor. He is an awfully decent chap. and speaks excellent English. "Living expenses they say, have For Potassic Feldspar and Sodie gone up twenty-six fold in Siberia Feldspar North of Kingston. in the last four years. The value It is possible that extensive minof the rouble is still failing and it is, ing operations may be commenced i

Drooping, Tired Weary,

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CAPT. H. M. REYNOLDS TELLS smell! Sugar is \$2 a pound, and somehow hand and and somehow hand and cars going,—but oh! the smoke and smell! Sugar is \$2 a pound, and smell! Sugar is \$2 a pound, and smell! OF TRIP THROUGH SIBERIA. | an ordinary light dinner at a res-"Itaurant is \$15. A rather funny in-Railway Services Are cident occurred the other day. One Greatly Disorganized-The Easter of the cadets was fitted out with clothes but the next day he returned and wanted his jacket exchanged. The following extracts from let- This was done, and he went away ters descriptive of conditions in Sib- happy, but in a few minutes returneria were written by Capt. H. Mun- ed, this time in a terrible state. Aftro Reynolds, R.C.A., with the Im- er a while they got an interpreter perial Instructional Staff. Capt, who found that he had left two Reynolds is a son-in-law of Rev. lumps of sugar in the pocket of his Canon and Mrs. J. Q. Crisp, Kingston. old jacket. As it was mixed up with En route to Omsk, March, 1919. the others, he had to search through "The distance from Vladivostok a heap before his old jacket and his to Omsk is about 3600 miles, about precious sugar. Rather a joke, but

the Siberian exile was well off, and line, and the British troops are not nothing is as we used to look on it taking any part in it at all as Engin Canada. Of course the winters land has not recognized the Kolchak are very cold, but there is lots of Government. A little while ago they snow, and the air is dry. The ther- took 5,000 prisoners who wanted to mometer at Omsk this last winter come over and fight against the Bolhas been as low as 59 degrees sheviki, so now they are to be fitted fahrenheid below zero. We used to out to fight for us. Thousands are think of Siberia as being next door only fighting against us because they to the pole, and it is hard to realize are forced to do so, and are only that in summer it is often 120 de- waiting for a chance to come over to

weather here for the sun shines supplies. I have taken over the ordevery day. As far as the richness of nance stores here, and we have perthe soil is concerned, Canada does haps fifteen trains, with about twennot compare with Siberia, but the ty-five cars each, on the way from transportation is something hor- Vladivostok, with clothing, guns rible. They say that once you get and equipment, so there is lots to do. away from the Trans-Siberian Rail- Soon we will have kit for at least way you only have the vilest roads, 50,000 men. I get between 50 and and as there seems to be very little 100 prisoners of war every day for stone in this part of the country, loading and unloading trains. About they are feet deep in mud in the five miles out we have a regular gun park and ammunition dump, where "The Railway simply turns round material of that kind is unloaded. itself, back and forth and heavy Whenever possible, the idea is to let er of the day. On the train we have to help them, but for them to also thing to get here. This morning we but many here would not be surprispans and brought away enough wat- European Russia, is of course, in an the same tin cup (without washing with their own rope, as its every billiard table, much better than our brought in every day, both men and prairie. The Russian government women. Right in front of the mess of the railway. Nearly every house tin shops, spinning wheels, etc. Tohas a wall or palisade built around day several camels passed drawing it with loop-holes, as a protection sleighs. Early every morning hunfrom robbers. Windows of decent dreds of sleighs come in loaded with ed roofs are are quite common, keeps a pig in a closet off the front while the people live as they did a hall, so Mr. Pig passes in and out of

door in answer to his call. "When we got up to-day, we had "The service at the cathedral or passed into a rolling country of hills Saturday (Holy Week) was most We saw dozens of large herds of impressive and weird. For three ers, shovelling their food down with Friday I went to the cathedral to their knives and fingers; apparently hear the service for the Burial of it is the style to keep the mouth Christ. One is admitted by ticket, thing. For three days, starting on and evenly, and it leaves it fine and Saturday, you greet everyone on the silky, bright, fluffy and easy to man street, men and women, with "Krist- age. os voskres," (Christ is risen) and You can get nrulsified cocoanut oil your girl friends threa times! On months. Saturday night at midnight, the priests in the church announce to the congregation that Christ is risen, and they take up the refrain and have a regular kissing bee. After this service I was invited to the home of Russian Master General of Ordnance, and they had a wonderful supper laid out. They had several Easter dishes that are not made at any other time of the year. In direct contrast to this home, is the awful distress and poverty one sees everywhere. In walking along the streets one has to harden one's heart to the sights. If refuges work in Russia before the revolution. At Siberia. The poor Czar and his fama dance I was at last night, given by ily were murdered in Ekaterinburg. a few hundred miles to the north

MAY START MINING

quoted at about 20 or 22 to the dol- the northern part of the country and lar. Imagine in peace times it used along the Rideau river in the near to be worth about 53 cents and now future if experiments which are now it is less than 5c. Gasoline is un- being made at chemical laboratories

in New York are successful. About a week ago two mining engineers from New York paid a visit-Try This Remedy! to this vicinity and inspected the de-Don't give in to that depressed, posits of potassic feldspar along the

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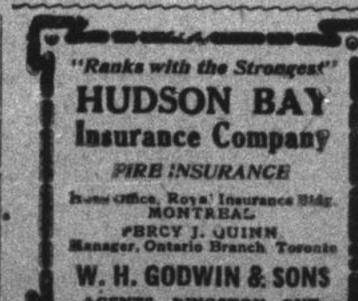
Use Cocoanut Oil For Washing Hair

. If you want to keep your hair in

been any commercial trains over what was apparently an effigy of alkali. This dries the scalp, makes the lines for some time, and it has Christ. The canopy was finally laid the hair brittle, and is very harmful. to live absolutely on itself. There on a box, which represents the sepul- Just plain mulsified cocoanut oil are hundreds of cars on sidings char, which was in front of an im (which is pure and entirely grease with people living in them. This mense cross and a regular scene of less), is much better than anything

> isters. Our padre took part in the spoonfuls will make an abundance of ceremony, and it looked rather pe- rich, creamy lather, and cleanses the culiar to see him in khaki among hair and scalp thoroughly. The lather their gorgeous robes. Doubtless it rinses out easily, and removes every will tend to draw us closer to the particle of dust, dirt, dandruff and ex-Russians, and was, I think, a good cessive oil. The hair dries quickly

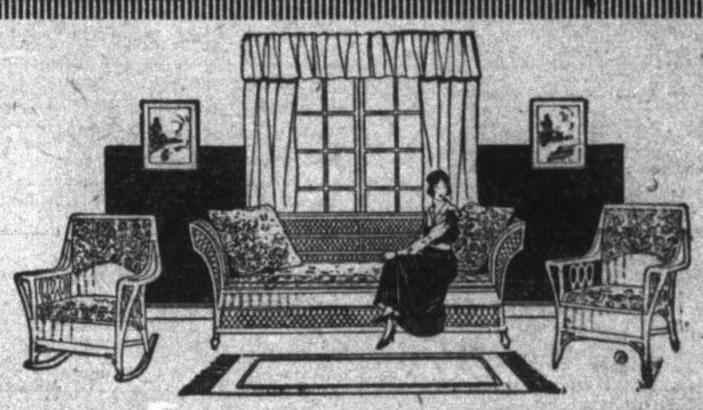
> they reply "Christ is surely risen," at most any drug store. It is very and you then kiss them. During cheap, and a few ounces is enough this time you have the right to kiss to last everyone in the family for



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