

In the Realm of Women --- Some Interesting Features

ACUTE NERVOUS EXHAUSTION

All Treatments Proved Unsuccessful Until He Tried "FRUIT-A-TIVES".



MR. JAS. S. DELGATY.

R.T. No. 4, Gilbert Plains, Man. "In the year 1910, I had Nervous Prostration in its worst form; I was reduced in weight from 170 pounds to 115 pounds.

The doctors had no hope of my recovery, and every medicine I tried proved useless until a friend induced me to take "Fruit-a-tives".

I began to mend almost at once; and after using this fruit medicine for 8 or 4 months, I was back to my normal state of health.

I never had such good health for twenty years as I have enjoyed the past six years. We are never without a box of "Fruit-a-tives in the house".

JAS. S. DELGATY.

50c. a box, \$ for \$3.50, trial size 25c. At all dealers or sent postpaid on receipt of prices by Fruit-a-tives Limited, Ottawa.

Appear At Your Best—Instantly... You receive a sudden faller or a unexpected revelation you can feel confident of always appearing at your best. In but a few moments it renders to you a wonderful, sure, soft complexion that is beyond comparison.

Gouraud's Oriental Cream

Freckles

Now is the Time to Get Rid of These Ugly Spots.

There's no longer the slightest need of feeling ashamed of your freckles, as Othine—double strength—is guaranteed to remove these homely spots.

Simply get an ounce of Othine—double strength—from any drugist and apply a little of it at night and morning, and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than an ounce is needed to completely clear the skin and gain a beautiful clear complexion.

Be sure to ask for the double strength Othine as this is sold under guarantee of money back if it fails to remove freckles.

WHEN USING WILSON'S FLY PADS

Best of all Fly Killers 10c per Packet at all Druggists, Grocers and General Stores

London Directory

With Precincts & Postal Sections enables readers to communicate direct with Manufacturers & Dealers in London and in the Provincial Towns and Industrial Centres of the United Kingdom and the Continent of Europe. The names, addresses and other details are classified under more than 2,000 trade headings, including: MANUFACTURERS & DEALERS; EXPORT MERCHANTS; STEAMSHIP LINES; BUSINESS CARDS; BUSINESS AGENCIES; and THE LONDON DIRECTORY Co., Ltd., 25, Abchurch Lane, London, E.C. 4.

The Promoter's Wife

By Jane Phelps

BARBARA VISITS NEIL IN HIS NEW ENVIRONMENT.

CHAPTER CXX. While we saw so little of each other at this time—he often came home just in time to go to bed—I think Neil and I were closer together in spirit than we ever had been since the first days of our marriage. He talked freely to me of his business, what he hoped to accomplish beyond what was expected of him. In all that was personal he let me share, never talking of things which he thought I ought to know as his employer. He had developed a necessity of discrimination and was not diverted from it in any particular.

One day I visited his office. I seldom went into town. It was not necessary, and so an extraordinary sight to me. I was really appraised at the difference in the appearance of this and the old office, so immaculate. There the desk was clean, everything locked away. Near the desk a large table, strewn with papers, pigeon holes all bulging, a work desk indeed. Neil and the office force all working together in harmony.

Somewhat the difference impressed me more than anything that had happened with the stability of Neil's work as compared with his promoting projects. Here was real business, work that had no need to be hidden, because no false representations were made. Office doors were not locked, although they were so busy one had to be announced. In every slightest detail was the contrast impressed upon me. I wondered why I had not suspected long before I did that all was not right. Had I, I might have tried to persuade Neil to—here my thoughts halted. I realized that—as Neil was then—nothing I could have said would have made any difference. As he was now, he would have seen the wrong and righted it himself without my interference.

Neil had charge of the manufacturing end of Mr. Frederick's business. It had grown enormously since he took charge, partly owing to the war. His commissions amounted to far more than his salary, far more than either of us had dared hope. But if his health should fall under the strain what good would it do? At times I thought I should have to appeal to Mr. Frederick, so anxious did I feel. Then I could not bear to ask anything more of him, and simply

TALKING IT OVER

With Lorna Moon

"The Salt of the Earth" "That's the expression that comes to my mind when I think of her. She is the type that other women call a 'lovely woman' and that men speak of with respect.

I was starting for the golf links when I met her the other day. She was carrying a bunch of lilacs and a mysterious something done up in tissue paper. "What's that?" I asked. "Calling. I'm going to call on the new Mrs. Persons. I wish you would drop in with me for a minute."

"I can't in this rig," I protested. "I'm not dressed for calling." "I'm not either," she explained. "I don't want to make a formal call. I just want to drop in in a friendly way; so I am taking her some lilacs and some angel food that the cook made this morning."

Atma Tiedema, the famous woman painter, has been commissioned to make a "painting history" of the sittings at the world peace table at Paris.

GRAY HAIR

Dr. Ferguson's Natural Hair Restorative, used as directed is guaranteed to restore gray hair to its natural color or money refunded.

of the Canadian Association of Nurses, is leaving Toronto soon to attend the convention of nurses in Vancouver early in July.

Mrs. Leslie Macdonnell and son, Alvington avenue, left to-day for Echo Lodge, Thousand Islands, where they will spend the summer. Major and Mrs. E. H. Birkett returned from Toronto on Tuesday, and are with Mr. and Mrs. J. H. Birkett, Bagot street.

Lieut.-Col. and Mrs. Everett Birdsell are now settled in No. 83 Gore street, formerly occupied by Major and Mrs. Seaward Grant.

Mrs. Osborne Cross and daughter, Katherine, Minneapolis, who have been visiting Mrs. K. L. Jones, King street, left to-day for Gananogue, where they will be the guests of Mrs. Charles Watt.

Dr. John Watson, Queen's University, left on Thursday for Detroit, Mich., where he will visit his son, Dr. E. C. Watson.

W. M. Armstrong, attending the school of science, Queen's University, and Mrs. Armstrong, are spending a brief visit in Ottawa.

Lieut.-Col. D. S. Ellis sailed from Liverpool on the Belgic.

Brig.-General and Mrs. Victor Williams, King street, have had as their guest, Mrs. Ian Beith, England, whose husband, Ian Hay, is the author of so many clever and delightful books.

Major A. P. Chown and daughter, Miss Helen, are in Ottawa, visiting Mr. and Mrs. J. D. Edmunds.

Col. R. J. Gardiner is in Ottawa for a brief visit.

Mrs. George O'Connor, Edmonton, is here owing to the illness of her father, the Rev. R. Fairlie.

Lieut.-Col. A. E. Harris and Mrs. Harris who arrived from St. Lucia, C.W.I., are the guests of Mrs. R. Carr-Harris, Mack street.

Mrs. Henry Joseph is motoring to spend the summer at her cottage, where she will join her family.

The Queen and Princess Mary motored to Brooklet Hall, near Hatfield on June 3, and paid a visit to Lady Mount-Stephen. Lord Mount-Stephen celebrated his 90th birthday on June 26.

Major A. S. Wright, who arrived from overseas on the S.S. Essequibo and has been the guest of Mrs. R. Carr-Harris, Mack street, has gone to Ottawa.

Miss Hattie Chown, Johnson street, is leaving next week for Saskatoon to spend the next two months with her brother.

Mrs. C. P. Johns, Thornhill and daughter are with Mrs. Johns' parents, Dr. and Mrs. R. E. Sparks, Johnson street.

H. A. McGrath, Baltimore, Md., is visiting his sisters, the Misses McGrath, Brook street, and his brother Joseph McGrath, Point-Road.

Dr. and Mrs. Edgar Doward and family, Toronto, have taken Col. Ogilvie's house on East street for the summer months, and will arrive the end of the week.

Neil Gill and family left town for their cottage at Trent River, to spend the summer.

Mrs. Richard Irving, Frontenac street, and Miss Naomi Irving left on Friday for Orillia.

Mr. and Mrs. A. E. Holman announce the engagement of their elder daughter, Florence, to John Hamilton Sloan, Toronto. The marriage will take place about the middle of July.

The marriage of Harold Fisher, mayor of Ottawa, to Miss Jessie Argue, took place on Saturday at the residence of his bride-elect's brother, Dr. J. Fenton Argue, Ottawa. The ceremony was of a quiet nature.

Harry McLeod, Dr. has returned from Trinity College School, Fort Hope, to spend the holidays at his home, 411 Wellington street.

Miss Julia Lyman and her niece, Miss Eleanor Lyman, King street, are leaving to-morrow for Lake of Bays, Muskoka, where they will spend the summer.

Miss Bertha White, Bank pt Montreal, is spending her holidays in Orillia.

Miss Mabel Bernard, who has been visiting Miss Creighton, the Wardens' Residence, Portsmouth, left for Hamilton to-day.

Dr. Edward Ryan, Rockwood House, spent the week in Toronto.

Miss Eleanor Minnes, "Hillcroft," who has been teaching at Brankstone Hall, Toronto, has returned and is spending the holidays with her parents, Mr. and Mrs. W. Minnes, Union street.



Music helps to keep the young folks at home

WILLIAMS NEW SCALE PIANO

YOU would be very much interested if you could see the wood being scientifically prepared for the Williams New Scale Piano. Every inch of it goes through a special process which removes all sap and sugar. When this wood is being cut up, there is a great deal of waste, because only absolutely flawless pieces can measure up to the standard that we have maintained during many years for Williams Pianos. The woodwork on this famous Canadian piano—not only the case, but on all the unseen parts—will never shrink, warp or decay. The Williams is built to last a lifetime.

Write us for illustrated literature and ask any Williams dealer to show you this beautiful instrument.

WILLIAMS PIANO CO. LIMITED Ontario OSHAWA

See and Hear the Williams New Scale at THE J. M. GREENE MUSIC CO., LTD. KINGSTON



Primus Tea

is economical and satisfying—that's what every housewife says after having used it. Its full rich aroma and flavor, characteristic of choice Ceylon and Indian teas are retained intact owing to careful packing in foil packages. It will therefore give, pound for pound, more cups of better tea than any other brand on the market.

Two varieties—green and black. Order Primus Tea from your grocer to-day. Try the other PRIMUS PURE PRODUCTS guaranteed of the highest quality.

L. Chaput, Fils & Cie., Limitée, Montréal.

Lake Ontario Trout and Whitefish, Fresh Sea Salmon, Haddock, Halibut and Cod. DOMINION FISH CO. Canada Food Board Licensee

Geraldi's Bakery For something good, try our Butter Crust Bread... Home-made pies and cakes. 198 Barrie Street Phone 1008 And a Salesman Will Call

Star Fruit & Candy Store Watch for fresh strawberries. Fresh, reasonable fruit all the time. Special sale on Saturdays of home-made candy. Prompt service to all. 54 Princess Street, Near King. Phone 378 Canada Food Board Licensee Fruit, 9-1020; Candy, 11-116

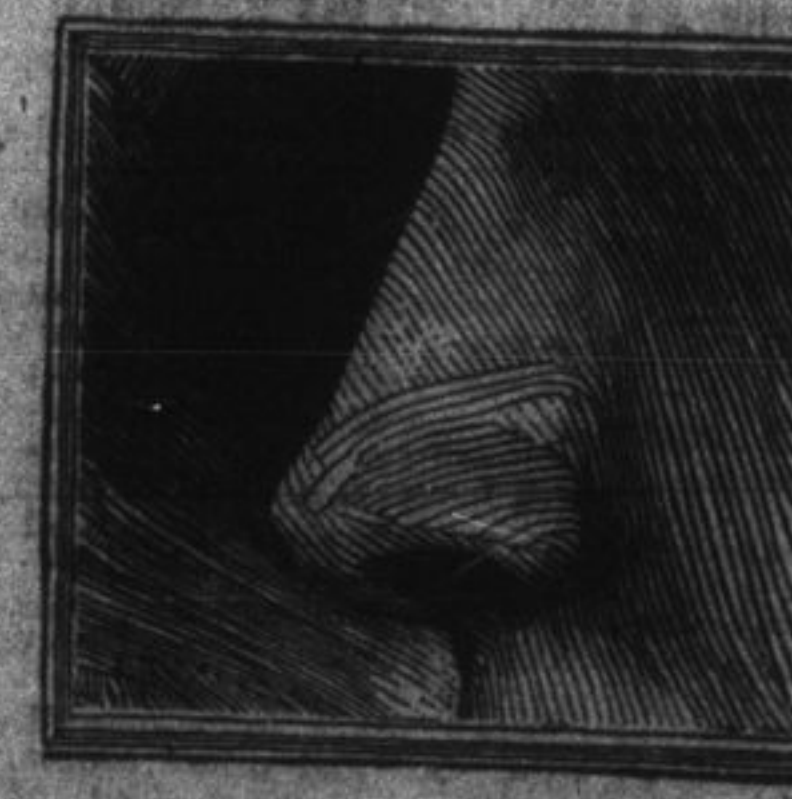
EMPIRE GROCERY High Grade Groceries, Fruits and Vegetables, Cooked and Uncooked Meats. LEWIS ORR 926 King St. Phone 348 Licensee No. 9-27465

We have a supply of cut hard wood and kindling. J. Sowards Coal Co.

Kingston Cement Products Factory. Makers of Hollow Damp-Proof Cement Blocks, Bricks, Sills, Lintels, and Drain Tiles, also Gravel Valets. And all kinds of Ornamental Cement Work. Factory, cor. of Charles and Patrick streets. Phone 730W. Mgr., E. F. NORMAN

Conspicuous nose pores

How to reduce them



Complexions otherwise flawless are often ruined by conspicuous nose pores. The pores of the face are not as fine as on other parts of the body. On the nose especially, there are more fat glands than elsewhere and there is more activity of the pores. These pores, if not properly stimulated and kept free from dirt, clog up and become enlarged.

To reduce enlarged nose pores: Write a soft cloth from very hot water, lather it with Woodbury's Facial Soap, then hold it to your face. When the heat has expanded the pores, rub in very gently a fresh lather of Woodbury's. Repeat this hot water and lather application several times, stopping at once if your nose feels sensitive. Then finish by rubbing the nose for thirty seconds with a piece of ice.

Notice the improvement the very first treatment makes—a promise of what the steady use of Woodbury's Facial Soap will do. But do not expect to change completely in a week a condition resulting from long continued exposure and neglect. Use this treatment persistently. It will gradually reduce the enlarged pores and make them inconspicuous. Get a cake of Woodbury's Facial Soap and begin tonight the treatment your skin needs. You will find Woodbury's on sale at any drug store or toilet goods counter in the United States or Canada. A 25-cent cake will last a month or six weeks. The Andrew Jergens Company, Cincinnati, New York and Perth, Ontario.