MRS. NEWHALL ON VERGE OF DESPAIR

Oshawa Woman Says She Is Feeling Fine After Taking Tanlac.

"Tanlac was the only thing that gave me any relief, and I am convinced that it is the right medicine for people in the condition I was in." said Mrs. Elizabeth Newhall, of Oshawa, Ont., recently,

tinued, "was extremely nervous, had the world was wrested forever from no strength nor energy and the least | the clutches of the infidel Turk, one of that I would feel real faint. I ached that marked that entry has only realf over and fest half dead all the cently become known. time. I had no appetite and would skip meal after meal, Nervous, blinding headaches would almost drive me distracted; my nerves were shattered so that the least little of all the many services that have thing would upset me and I'd get up been rendered by the allied nations, could hardly keep on my feet.

I began to feel better. My appetite is now splendid and nothing I eat hurts me at all. Those terrible headaches are all gone. I have more life and energy and my work is a real

Tanlac is sold in Kingston by A. P. Chown, in Plevna by Gilbert Ostler, in Battersea by C. S. Clark, in Fernleigh by Ervin Martin, in Ardoch by M. J. Scullion, in Sharbot Lake by W. Y. Cannon.

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M. M. SIMS, 130 Clarence St. District Representative.

Quit Laxatives,

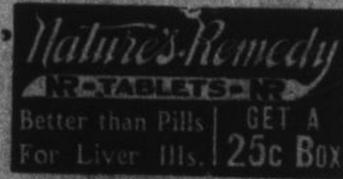
NR Tonight - Tomorrow Feel Right

It is a mistake to continually dose courself with so-called laxative pills, alomel, oil, purges and cathartics and force bowel action. It weakens he bowels and liver and makes contant dosing necessary and force bowel action. It weakens the bowels and liver and makes constant dosing necessary.

Why don't you begin right today to overcome your constipation and get your system in such shape that daily purging will be unnecessary? You can do so if you get a 25c box of Nature's Remedy (NR Tablets) and take one each night for a week or so.

NR Tablets do much more than merely cause pleasant easy bowel action. This medicine acts upon the digestive as well as eliminative organs—promotes good digestion, causes the body to get the nourishment from all the food you eat, gives you a good, hearty appetite, strengthens the liver, overcomes billousness, regulates kidney and bowel action and gives the whole body a thorough cleaning out. This accomplished you will not have to take medicine every day. An occasional NR tablet will keep your body in condition and you can always feel your best.

Try Nature's Remedy (NR Tablets) and prove this. It is the best bowel medicine that you can use and costs only 25c per box, containing enough to last twenty-five days. Nature's Remedy (NR Tablets) is sold, guaranteed and recommended by your druggist. T. H. Sargent, Druggist, Kingston, ont.



n any quantity-Flour Bags. clean Sugar Bags.

Positively highest prices paid.

American Resident of Jerusalem for Many Years.

M. M. Whelan First to Welcome British Troops When They Entered-Was Representative There of the Bible Society.

Although it is a year since Allenby's "I had been in a general rundown victorious army entered Jerusalem, condition for over a year," she con- and the greatest Christian shrine in little exertion would so exhaust me the most striking episodes of all those

To Americans this episode is especial interest, since it came as the climax of perhaps the most picturesque in the morning feeling so miserable I and to humanity generally, by individual Americans, from Gerard and Brand "After taking Tanlac a few days Whitlock down, since the beginning of

For nearly three years, or from early in 1915 until the deliverance of Jerusalem in December, 1917, one of the oldest and most famous of British organizations remained in unblissful ignorance as to what had become of its "depot" in the Holy City. This organization is the British and Foreign Bible society, which like its great sister organization in the United States, exists for the purpose of distributing the Good Book among Christians in every part of the world.

In February, 1915, or soon after Turkey threw in her lot with the central powers, the Bible society's depot housands of volumes, had to be abandoned hastily. The workers there were brought to Egypt on an American warship. From that day until quite recently nothing whatever was known regarding the fate of the depot or its contents. It was assumed that both had probably been destroyed by the Turks. But then came a letter from the society's secretary at Port Said inclosing one from the commander of the London Scottish, the first British regiment to enter the Holy City. In this officer's letter the striking story resident of Jerusalem, by name M. M. Whelan, came forward spontaneously society's depot, took up his residence therein and courageously "carriel on'

officer wrote, "that as I entered Jerusalem with the first troops, I was met by a quaint old American, named Whelan, seventy years of age, who told me he represented the Bible society, and the Scriptures."

Beyond the fact that M. M. Whelan is a naturalized Irish citizen of the United States, and that he had been living in Jerusalem for several years before the war, little is known by the Bible society at present regarding the picturesque character to whom it owes so great a debt of gratitude. It is not even known from what part of the United States he comes. The society has, however, received a photograph of its venerable American benefactor, which shows him to be a truly patriarchal type.

Germany Has Lost Mexican Trade, All the drinking glasses and most of the jewelry sold in the Salinas Cruz district of Mexico are of American port from Norton F. Brand, United States consul at Selinas Cruz. Prior to the war all the jewelry and glassand Spain. The war has eliminated Germany entirely from the Mexican markets and the activity of American business men has been so great that imports from Spain have been mate-

But Mr. Brand warns American manufacturers that the goblets and tumblers they ship to Mexico are too small. The tropics are a thirsty clime and Mexicans drink deeply. Mr. Brand declares if American merchants do not send in larger glasses, their wares will be driven from the field when European supplies are again available after the war. He urges upon America business men the necessity of studying the needs of the Mexican trade.

New Orleans French. Negro troops from Louisiana have a linguistic advantage over other American soldiers. Many of them, through living in sections where French still is spoken, are more or less familiar with the language of this land when they get here. But they have their difficulties, nevertheless.

"It's dis way," exclaimed one. "Ah talk French puhfeckly, but not de kind dey talk in dis country. You see, Ab earned French from mab fathah-de pure, classical ole New Orleans French-an' dey don't speak dat kind obah heah."-Stars and Stripes.

"We sent the flower of our young anhood against the Huns." "Yes, and all the Huns say they

"My landlady got too enthusiastic

bout this food conservation."

"What is elastic currency, pop?"
"It is my Christmas money this year,
son, It had to keep stretching to cover

69 Queen Street The curiosity of a devilfish in has lost a fortune say that riches are was discovered by a Niagara Falls





the word Bole That's Russian

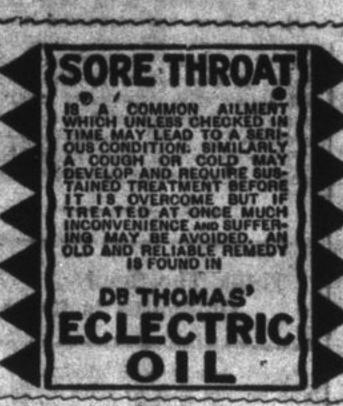


"Fruit-a-tives" Quickly Relieved This Chronic Trouble

589 CASGRAIN STREET, MONTREAL. "In my opinion, no other medicina is so curative for Constipation and Indigestion as 'Fruit-a-tives'.

I was a sufferer from these com plaints for five years, and my sedentary occupation, Music, brought about a kind of Intestinal Paralysis; with nasty Headaches, belehing gas, drowsiness after eating, and pain in the back.

I was induced to try 'Fruit-a-tives' and now for six months I have been entirely well". A. ROSENBURG. 50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

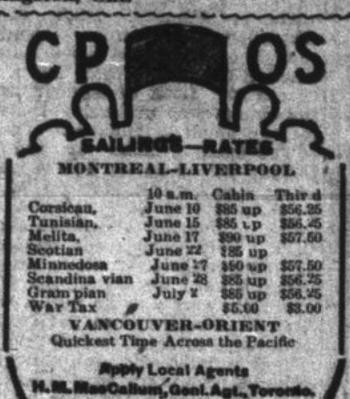


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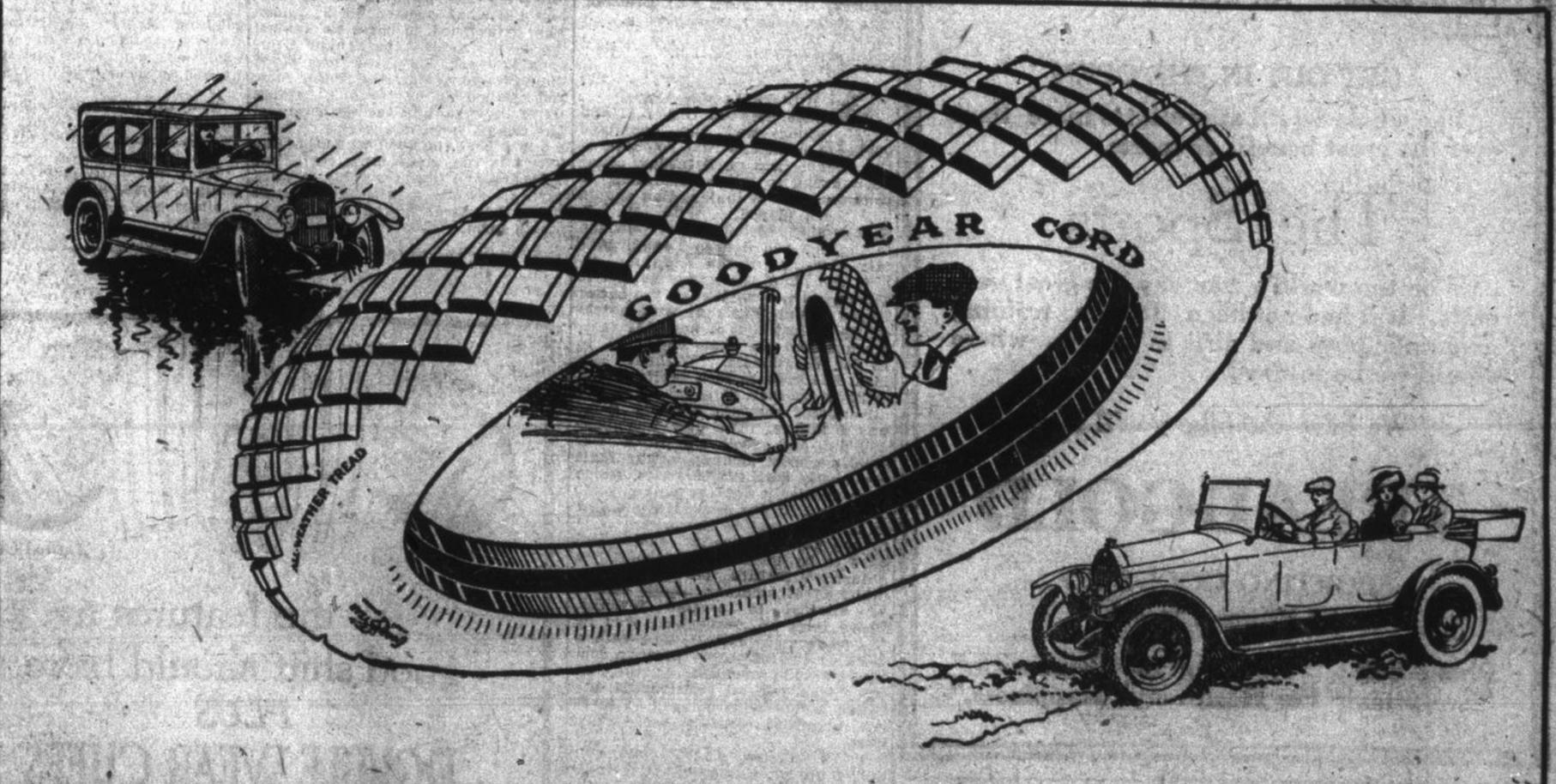
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A tread which overcomes skidding and adds to the appearance of your car.

No difference in price can compensate you for the saving Goodyear Cord

Tires bring. One season on them will convince you.

Near you is a Goodyear Service Station Dealer who can fit the proper size of Goodyear Cord Tire to your car. Askhim also about the Goodyear Heavy Tourist Tubeextra thick and extra good, a fit mate for the Goodyear Cord Tire and a better tube for any tire.

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