

In the Realm of Women --- Some Interesting Features

Delicate Children Vinol is What They Need

More than eight thousand druggists recommend Vinol because it contains in deliciously palatable form the oldest and most famous reconstructive tonics known to medicine. During the last sixteen years it has brought health and happiness to thousands of puny, ailing, anaemic children.

HERE IS PROOF

Middletown, Conn.
"I used Vinol for my little girl five years old for a run-down, nervous condition. She was thin, irritable all the time and had no appetite. In a week I noticed an improvement and now she has a good appetite, has gained in flesh and strength and is much pleasanter."—Mrs. C. B. Wilkinson.
Manville, R.I.
"The whooping cough,—and later the measles left my little boy of eight years with no appetite, thin, frail, delicate and tired all the time. After everything else had failed Vinol gave him a hearty appetite, restored his strength and he is now as well as ever."—Mrs. James H. Hall.
For all run-down, nervous, anaemic conditions, weak women, overworked men, feeble old people and delicate children, there is no remedy like Vinol.


Vinol Creates Strength

"MAHOOD'S DRUG STORE AND AT THE BEST DRUG STORE IN EVERY TOWN AND CITY IN THE COUNTRY."

FINER FLAVOR GREATER STRENGTH

DRINK DALLEY COFFEE


The Most Delicious Drink
Invigorating in the morning—satisfying at noon—refreshing at night—a new and better grade of Coffee for particular people.
IN 1 LB. AND 5 LB. SEALED TINS ONLY.

IDENTIFIED BY THIS  MARK OF QUALITY

The F. DALLEY CORPORATION Limited, HAMILTON, CANADA

What COMFORT LYE

Comfort Lye is a very powerful cleanser. It is used for cleaning up the oldest and hardest dirt, grease, etc. Comfort Lye is fine for making sinks, drains and closets sweet and clean. Comfort Lye kills rats, mice, roaches and insect pests. Comfort Lye will do the hardest spring cleaning you've got. Comfort Lye is good for making soap—it's powdered, perfumed and 100% pure.



is splendid for —

DON'T TAKE A CHANCE ON GROWING NEW HAIR

Save WHAT YOU HAVE WITH **NEWBRO'S HERPICIDE**

Buy A Small Bottle Today

Hericide Mary

HERPICIDE IS SOLD AT ALL DRUG AND DEPT STORES APPLICATIONS AT BARBER SHOPS EVERYWHERE

SAVE the Leather

2 IN 1

Shoe Polishes

Keep Your Shoes Neat

LIQUIDS AND PASTES FOR BLACK WHITE, TAN AND OX-BLOOD (DARK BROWN) SHOES

THE F. DALLEY CORPORATION LTD. HAMILTON, CANADA

The Promoter's Wife

By Jane Phelps

FREDERICK REFUSES TO CONSIDER A BUSINESS PROPOSITION

CHAPTER LXXXVIII
I had not asked Neil where he had spent the evening the night he came in so unlike himself from the effects of what he had been drinking. I thought I would wait until he was entirely himself, and in good humor. I was terribly afraid he had been at Blanche Orton's. Someway when he was out now I invariably accused him in my mind of being with her. Occasionally he would drop something which showed me I was mistaken, but most of the time he was very close-mouthed as to where he spent his time; even more so than usual since his aunt came.

Neil knew she would disapprove of his actions. He had known that father and mother had worried over her extravagance, and they really were far less worldly than his aunt in many ways. She accepted the extravagance, our mode of living without question. That a nephew of hers could be dishonest she never would have believed. And she would have been shocked to know he visited another woman without me, and would have argued with him had she known it.

"I do hope we shall have Neil all to ourselves," I remarked to aunt as we drove down town. "So often he has people he knows lunch with him."
"We mustn't be selfish dear Bab. A big business man like Neil often has to do many things on account of that business."
"I guess I know that," I answered rather pettishly. "I have had to learn that lesson perfectly. I shall be so glad when he feels he has made enough so he won't have to work so hard and can take more time at home with me. Why he hardly sees Robert now-a-days. Just a few minutes in the morning, and occasionally on Sunday. The boy will scarcely feel acquainted with him as he grows up unless Neil manages to give him more of his time." I had not meant to complain of Neil in any way; but when I started to talk of his absence from home I invariably said more than I intended.

"A man has to judge what is best for him to do in his business," aunt replied in a reproving manner, then changed the subject by asking about the different buildings we passed, etc. Neil was waiting for us, and to my surprise so was Mr. Frederick. I was so surprised and pleased to see him that I greeted him very cordially.

TALKING IT OVER

—With Lorna Moon—

Phantom Ships

The young couple who got into debt are starting all over again. That little stack of unpaid bills has taught them much that it was good for them to know.

Their income is precisely two hundred dollars a month, and for a year they have been living at the rate of two hundred and twenty-five dollars, the result is three hundred dollars of debt accumulated during the year. When the truth came home to them they were panic stricken, at first they had wild ideas of moving away anywhere—then a young sailor in future, when their ship would come in, and they would be able to pay everything. A phantom ship, that sails the sea of Neverwas, his misty light has deluded many a young sailor!

But a hardy salt whose good ship has weathered many a storm spoke up and said, "The only ship that ever comes to port is the ship you launch with your own effort." But how could they get out of debt and begin patting down their own keel? Just as they got into debt, step by step, they must climb out step by step, twenty-five dollars a month—every month!

They have found a sweet little flat for twelve dollars less than they used to pay. Husband isn't smoking cigars now, and young wife is keeping a watchful eye on the sea box and the "incidentals." There will be very few new things for a year—and then they are going to build a leak proof ship of their own and put to sea.

They have learned that money doesn't stretch, and that forty-nine dollars in rent must be met with forty-nine dollars in cash. They have learned that bills don't become easier to pay by being put off, and that phantom ships never come in. It has cost them three hundred dollars to learn it, but if the lesson sticks they have got the knowledge of a bargain price.

On Monday morning at Brockville, Ill., Rev. Mr. C. B. Murray, V.F.W. united in marriage Miss Genevieve Langley, daughter of Mr. and Mrs. O. Langlois, to Joseph Querin, Hull, other misunderstandings.

NO MORE KIDNEY TROUBLE

Since He Commenced to Take "Fruit-a-lives"

78 LESS AVENUE, OTTAWA, ONT.
"Three years ago, I began to feel run-down and tired, and suffered very much from Liver and Kidney Trouble. Having read of 'Fruit-a-lives', I thought I would try them. The result was surprising."

I have not had an hour's sickness since I commenced using 'Fruit-a-lives', and I know now what I have not known for a good many years—that is, the blessing of a healthy body and clear thinking brain."
WALTER J. MARRIOTT,
50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-lives Limited, Ottawa.

On Sunday Mrs. Marion Pope, wife of Charles Pope, Sidney township, passed away after an illness of over two years. Deceased was thirty-seven years of age.

New Goods Just Arrived

SUNKIST Seeded and Seedless Raisins. In packages only. Buy from your grocer.

Coming To Dine Here

RESTAURANT

is an established custom with those who have once enjoyed our service. They know that nowhere else can be found pleasanter surroundings, prompt attention, or finer food. Why not enjoy finding all this out for yourself?

Grand Cafe

222 Princess Street, Two Doors Above Opera House
Open from 8 a.m. to 2 a.m.
PETER LEE, PROP.

RED, WHITE AND GREEN

IS THE COLOR SCHEME OF THE ONLY PACKAGE CONTAINING THE GENUINE

Accept no substituted imitations—No other cereal food is made or sold by us



Kellogg's

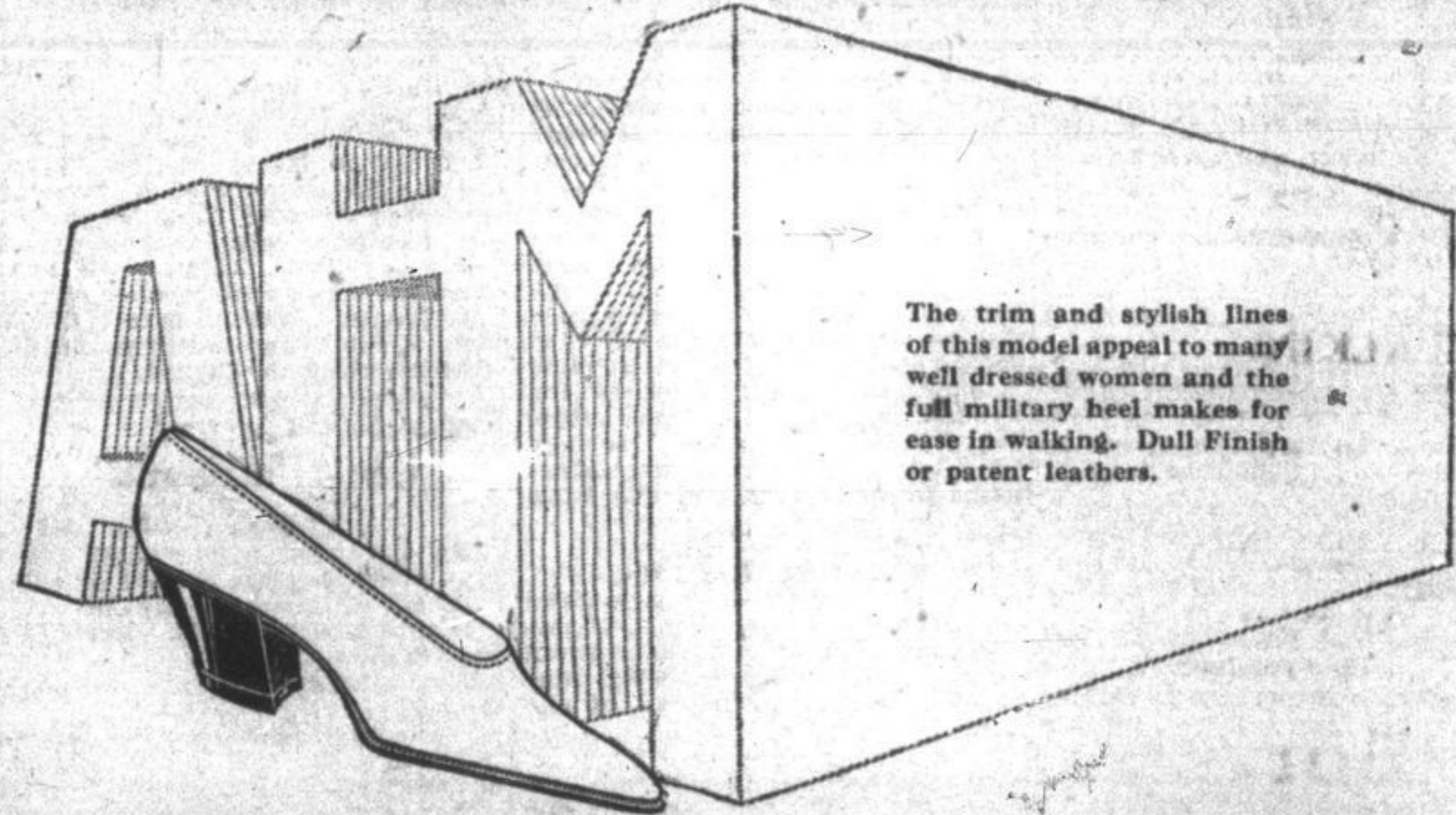
TOASTED CORN FLAKES

THE STANDARD CANADIAN FOOD

REFUSE the "Just-as-good" variety—And remember, Kellogg's Toasted Corn Flakes are only made in Canada by

THE BATTLE CREEK TOASTED CORN FLAKE COMPANY, Limited LONDON, ONT.

HEAD OFFICE AND PLANT



The trim and stylish lines of this model appeal to many well dressed women and the full military heel makes for ease in walking. Dull Finish or patent leathers.

The Proof of the Pudding

SOONER or later you will buy a pair of A. H. M. Shoes. And if you are correctly fitted with the proper shoe for your type of foot, you are likely to conclude that your shoe problem is solved. For the shoes will give you satisfaction.

That is the purpose back of these little talks about buying shoes. For unless the shoes *do* give you satisfaction, you are not so likely to buy A. H. M. shoes again.


And so we ask you to go to a reliable dealer, and make sure of getting the right type of shoe, and the right size and width. We ask you to look for the manufacturer's trade mark, that you may be sure of quality, and that you may be sure of getting the same make again.

We gladly send our booklet "How to Buy Shoes" to any address in Canada upon request to our head office at Montreal. There is very little in it about ourselves—but a great deal about shoes.

AMES HOLDEN McCREADY

"Shoemakers to the Nation" LIMITED

ST. JOHN MONTREAL TORONTO WINNIPEG EDMONTON VANCOUVER

When you buy Shoes look for—  —this Trade-mark on every sole