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We have a few used Ford Cars which we can sell reasonably. All automobile repair work guaranteed.

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What is it? The new margarine. As good as butter for all table and cooking purposes. Try Our Special Blend Coffee 45c

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The devil is not even willing that the Lord shall have one day out of seven of your service.

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O' Cedar Mops, O' Cedar Oil, Floor Wax, Dustless Mops, Clean Sweep Floor Brooms. We also carry a full stock of paints, varnishes and interior finishes.

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HERE you can enjoy the opportunity of a delightful Turkish Bath.

HOURS FOR GENTLEMEN
Every day and all night except Sundays and Ladies' Hours.

FOR LADIES
Mondays, Wednesdays and Fridays 9.30 a.m. to 1 p.m.

Immediately after having it you feel different. You are rested, your muscles and nerves are refreshed, your whole mental outlook becomes more cheerful, and you will thoroughly enjoy your visit to the city.

If you suffer from colds, sciatica, nervousness or rheumatism, a Turkish Bath will give you relief. Prices from \$1.25 to \$2.25, according to sleeping accommodation. Good meals served at moderate prices.

COOK'S TURKISH BATHS

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Only 3 blocks from the Union Station

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Boats, Engines and Automobiles Repaired. The most up-to-date plant in Kingston for such work.

For Sale: Two 1-ton trucks in good order, ready for service.

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Rheumatism

Rheumatism has become so common nowadays that hundreds of people make no effort to rid themselves of its fatal grip, believing it to be incurable save in exceptional cases.

No greater fallacy exists. Sufferers from rheumatism can be relieved if the cause is remedied and removed.

Let us examine the facts. The direct cause of rheumatism and kindred diseases is poisoning of the blood stream, through failure of the kidneys to filter and remove the impurities that are constantly collecting in the system.

Once the kidneys are out of order, the trouble starts. The poison-laden blood circulating through the system deposits its impurities in the muscles and joints, setting up infection, and Rheumatism, Lumbago, Sciatica, etc., follow.

The first step necessary is to bring the kidneys to perform their natural function once again, and relief will be the immediate result. Gin Pills will do it, and will save weeks of fearful suffering if taken at the first indications of rheumatism.

Gin Pills have been recognized as an assured relief to sufferers from rheumatism, headache, painful urination, brick dust deposits, and gravel. Thousands of testimonials bear witness to the fact that they relieve kidney or bladder troubles instantly. Try them. For sale everywhere at 50c a box. Gin Pills cost little, but are worth a lot. Sample free on request.

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AVOID COUGHS and COUGHERS!

Coughing Disease since 1870



SHILOH

30 DROPS STOP COUGHS HALF THIS FOR CHILDREN

VALEDICTORY, K.G.H., 1919.

Nurses' Graduation Exercises.

(Apologies to Kip.)

If you've ever mopped a floor up with a sterile dressing pad; If you've ever spilled the bottles on your tray; If you've ever had to listen when the Lady Supt. was mad, Then you'll understand the things I have to say.

For we've struggled through our training, and we're glad that it's behind.

And to-night will see the finish of the game, It will be a little comfort to have our diplomas signed, And we're really glad to get 'em, just the same.

We've learned to scrub our patients and to mail 'em half to death And to fuss around their bed-sides with a prayer, And to talk to 'em so roughly as to make 'em gasp for breath, And we leave 'em shouting desperate-like for air.

For some of us are flighty, and some of us, we ain't, *And there's some of us what likes a bit of fun, And there's some of us use powder, and try not one of us a saint, But it's better to have lots of faults than one.

We think we're "Florence Nightingales," "Roses of No Man's Lands," And we like to swank along the shiny halls, And we fake at counting pulses, when we're only holding hands, And the patients tell us we're some "Baby Dolls."

Oh you have to use 'em gentle, and you have to use 'em kind, For they never feel a dressing if you smile, And they take their hash and sawdust just as if they didn't mind.

If you only fuss around 'em for a while, We like to nurse the soldiers and we know they'll say it's right, That they always get attention others lack.

For we feed and fuss each hero from the morning till the night, Then we hourly wake him up to rub his back.

Oh, there's things that are so deadly that they make your cheek grow pale, And there's other things whose craftiness is worse, But of all the dread assailants of the unprotected male, There's nothing like the graduated nurse.

Oh we've put our training time in, And we're going home to wait, And we hope to get a man without a fuss, But whatever our selection or however lie our fate, God help the simp, that ever marries us!

EMPIRE, CELL 5.

"I'VE ALWAYS BEEN CRAZY ABOUT HER"

Couple Will Remain at Lake Placid Club Another Week— Friends Since Childhood.

Major and Mrs. Robert E. Treman, in the Adirondacks for their honeymoon, returned to Saranac Lake Monday evening and stopped at the Berkley for a late supper, says the Adirondack Enterprise.

Mrs. Treman is the widow of Vernon Castle, who was killed in an airplane accident. Major Treman, whose home is in Ithaca, was recently released from the army after having commanded a battalion of colored troops in France. The marriage took place Saturday at the Church of the Transfiguration, better known as the Little Church Around the Corner, New York.

The marriage was the outcome of a childhood romance, brought about through the college friendship of the fathers of the young couple. The late Dr. Herbert T. Foote, father of the bride, played on the Cornell football team captained by R. H. Treman, father of the groom. Although Dr. Foote resided at New Rochelle and Mr. Treman in Ithaca, the families maintained a close friendship, and the children were thrown together each year.

"I've known her for a long time," said Major Treman to a representative of The Enterprise Monday evening. "I've always been crazy about her."

The bridegroom was graduated with honors at Cornell, class of '09. He entered the Parlor Officers' training camp, and was commissioned shortly after the outbreak of the war. Later he was promoted to the rank of captain, and was put in command of a colored company in France.

Prior to the signing of the armistice he was recommended for the rank of major, and was put in command of a battalion. His commission as a major was held up following the signing of the armistice, and upon retirement from the army he was given the rank of major in the officers' reserve corps.

Major and Mrs. Treman are spending their honeymoon at the Lake Placid Club, after which they will reside in their new home on Cornell Heights, at Ithaca. They will remain at the Lake Placid Club another week.

The Substitute.

"Much reading makes a full man," quoted the Parlor Philosopher. "That's about the only way we'll be able to accomplish it after July 1st," added the Mere Man.

Describing Him.

"What sort of a man is 'Plubdu'?" "Like a clock." "Steady, do you mean?" "Travels on tick."



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Cleanliness and Health

There is neither age limit nor exemption—every man, woman and child has a daily fight to carry on against germs and microbes of disease. Use

LIFEBUOY HEALTH SOAP

for a victorious and delightful toilet, for a refreshing bath, and for a thorough cleansing of the home.



The Man on Watch

Now that a circus is announced for the 11th of June, the wee laddies will not be able to keep their minds wholly upon their studies.

Have the bowlers not made a mistake in fixing the 14th of July as the date of their tournament at Prescott? Ogdensburg goes dry on the 30th of June.

Well, what has Sir Christopher up his sleeve for Monday night?

Citizens re-lighting their furnaces! Well, very few of them have to do that, for the old furnace is generally in commission until the frosty weather ends sometime in June.

People should either put letter boxes in their front doors or be at home when "Posty" calls.

Some of the churches are said to be increasing their insurance since the late fire. They believe in laying up treasures on earth as well as in heaven. Safety first for them.

Only cold justice is dispensed at the court house for the landlords. Houseowners will not welcome that news, and few others will desire to join the landlord class.

The chilly weather will no doubt delay the closing, of the weekly prayer meetings of the churches, for you cannot close 'em up without the warm weather excuse.

Kingston's mayor is reported to be as good at dancing as he is at platform speaking. With that announcement, his worship will now receive the "freedom" of Wolfe Island, for those island folk do admire a dancer.

Somebody remarked that spring must surely be here when "Tom" McAuley is hustling around the streets without an overcoat. But the aged bookseller says that is not a sure sign, for he is liable to forget to don an outer coat when he is in a hurry, as he is in these days of reconstruction.

The Lampman is glad to hear that a certain church has decided to repair the pinnacles of its steeple. The 21st colors could not be expected to be deposited in a church edifice with a steeple looking as if an earthquake had paid it a visit.

TO BE COMMENDED.

Over the Appointment of W. St. Pierre Hughes.

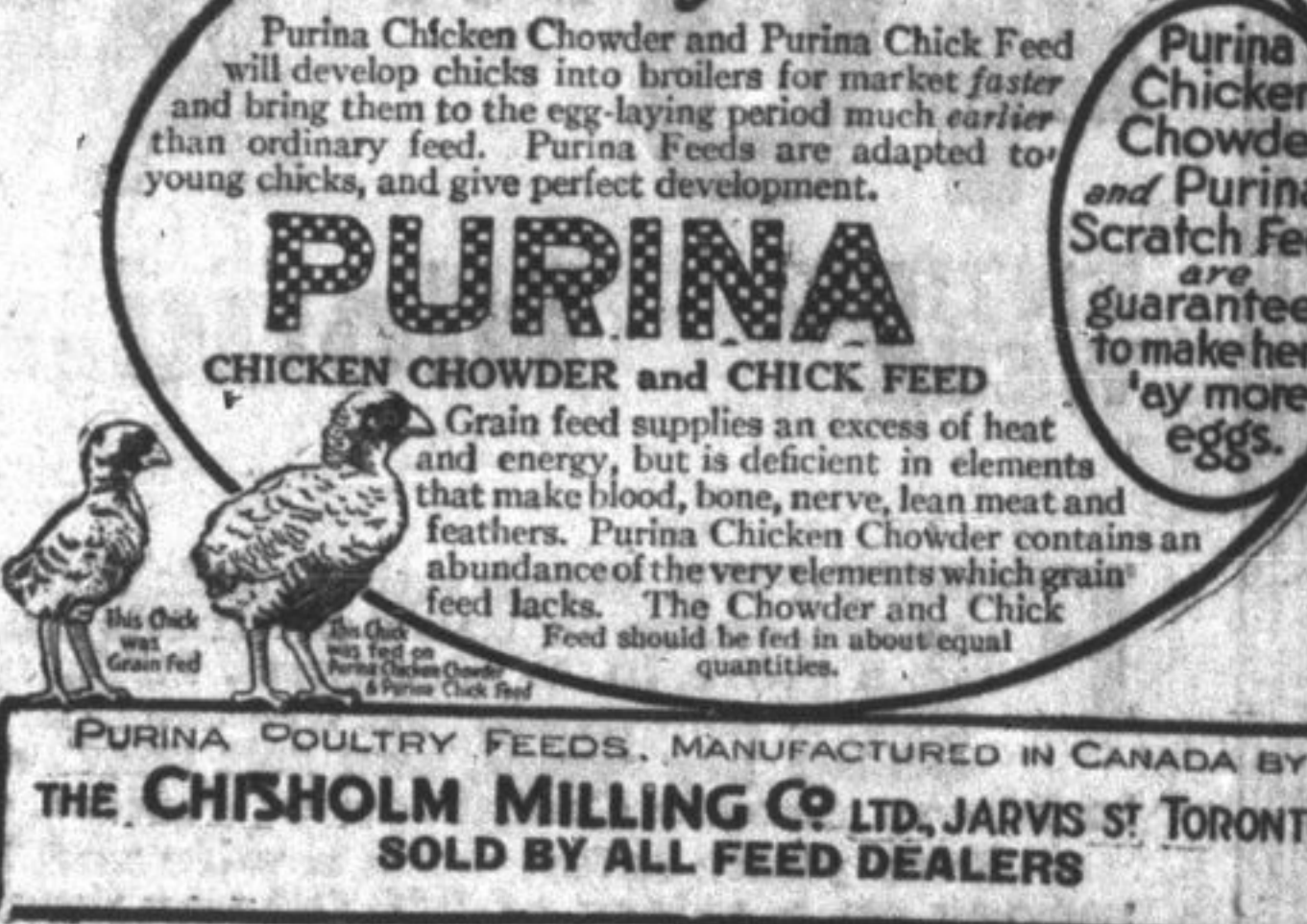
Montreal Gazette. One of the purposes of the Civil Service Commission is to select for appointment worthy and capable men. It is not always easy even under the plan of competitive examination to choose the one who subsequently will justify the method of choice, and in respect of higher offices in the service to which the rule of three does not apply the difficulty becomes greater, yet the recognition of merit and desert is always a safe guide to public approbation and to worthy service. A case in point is the selection by the Civil Service Commission of Major-General Hughes for the position of superintendent of Dominion Penitentiaries. Gen. Hughes has other claims, we believe stronger claims, than having served his country in a conspicuous way during the war. He comes of a fighting family in a military sense, and the call of the colors has always found in him a quick response even in the relatively remote days of 1885. But his appointment is still more to be commended for reason of merit and experience. He has had long service in the penitentiaries branch of the department of justice, in which he rose to the rank of chief inspector before donning the uniform in defence of the Empire, and now that he has doffed that uniform, and is available for the valiant position of superintendent of Dominion Penitentiaries, the fortunate coincidence occurs, and merit is recognized. The Civil Service Commission is to be commended for the appointment of Major-General Hughes, and assurance may be held that the very responsible duties of the office will be well discharged by one who has never failed in duty.

Below Par. The wit should surely not be lost Of this ingenious, oft-recurring jest. Of love, if you don't count the cost, Why weep when Hymen's bonds are lost interest?

RAMSAY'S PAINT

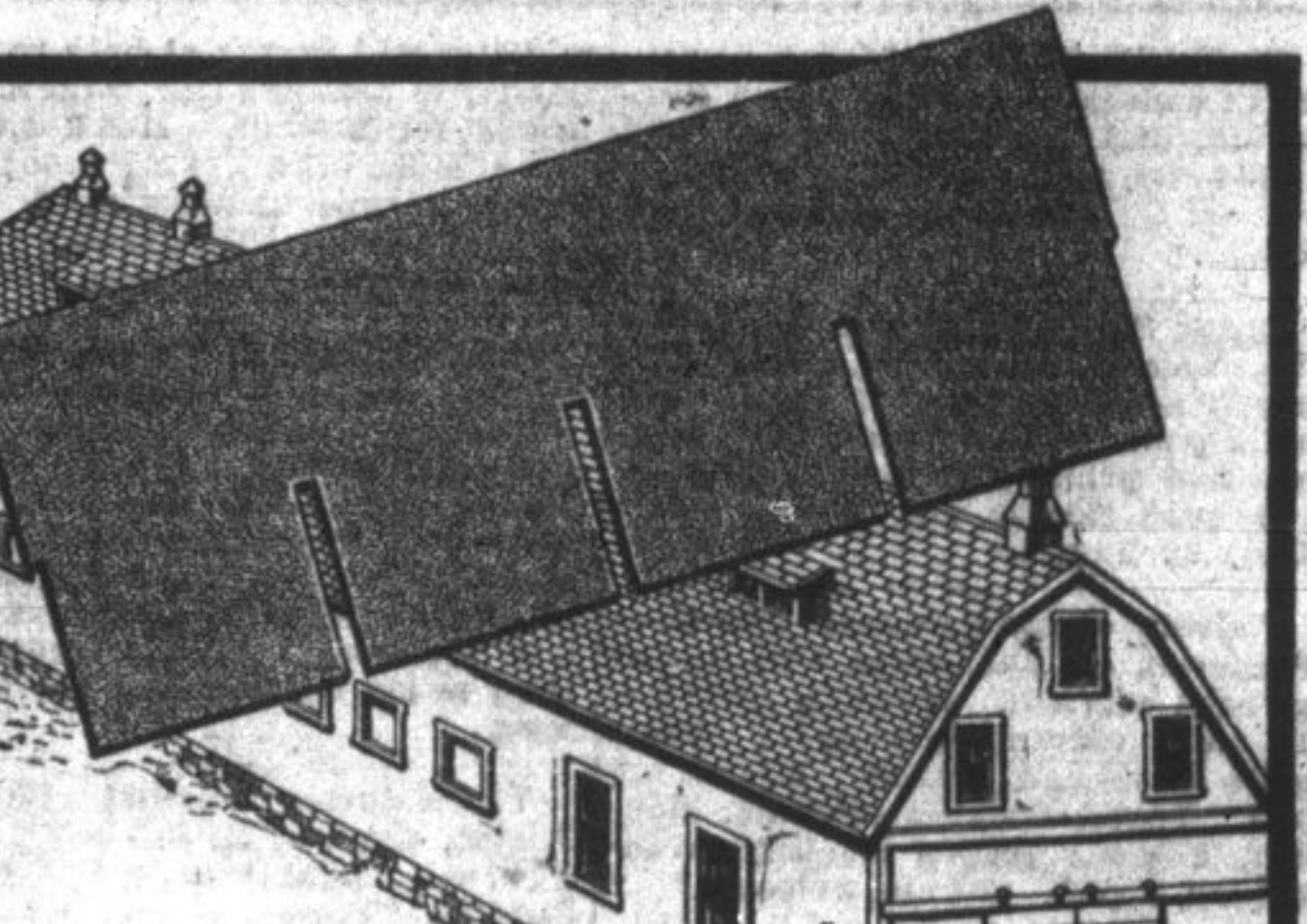
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Grain feed supplies an excess of heat and energy, but is deficient in elements that make blood, bone, nerve, lean meat and feathers. Purina Chicken Chowder contains an abundance of the very elements which grain feed lacks. The Chowder and Chick Feed should be fed in about equal quantities.
Purina Chicken Chowder and Purina Chick Feed will develop chicks into broilers for market faster and bring them to the egg-laying period much earlier than ordinary feed. Purina Feeds are adapted to young chicks, and give perfect development.
Purina Chicken Chowder and Purina Scratch Feed are guaranteed to make hens lay more eggs.
Purina Poultry Feeds, Manufactured in Canada by THE CHISHOLM MILLING CO. LTD., JARVIS ST. TORONTO
SOLD BY ALL FEED DEALERS

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Coughs, Colds, Grippe, Bronchitis, Whooping Cough, Asthma, Etc.
MATHIEU'S SYRUP is a sovereign tonic combining the curative properties of TAR and the strengthening virtues of COD LIVER OIL. Colds, when neglected or badly treated give rise to consequences of such a grave character that you should not risk using inferior preparations. MATHIEU'S SYRUP is the only genuine remedy whose reputation has caused to crop up many imitations of doubtful value. ON SALE EVERYWHERE



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