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We have all kinds of repairs, including motorcycle tires and heavy motor oil.
Hyslop and Cleveland Bicycles

HARVEY MILNE
272 Bagot St. Bicycle Repairing of all kinds



Have Your Eyes

Examined as soon as you suspect eye trouble. Headaches, nausea and many nervous derangements are caused through defective eyesight. Our examinations are a little different and more thorough than usually, which assures you satisfaction.

J. J. STEWART,
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"Night Specialist."
Opp. Post Office, Kingston
"The House of Better Glasses."

Gifts in Silver

We have many new and artistic pieces in sterling silver and silver plate at moderate prices, and feel sure we can give you a choice that will please the recipient.

Sandwich Plates, Bread Trays, Cheese and Cracker Server, Fruit Bowls, etc.

Kinnear & d'Esterre
Jewelers.

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C. S. Kirkpatrick
36 Clarence St. Phone 568w.

REAL Facts!

DO YOU throw your shoes away when the heels or soles are worn?
DO YOU throw your suit away when you tear it on a nail?
DO YOU have all your teeth pulled out when they commence to ache?

NO! You Have Them Repaired
By the best cobbler, tailor or dentist.

Now Listen To Us
Why don't you dig up those

Old Tires Rebuilt

By the newest method. Don't be misled. It is not the old style of retreading or double treading. You take no chance, we guarantee all our work to give you absolute satisfaction.

MOORE'S

THE EXCLUSIVE TIRE SHOP
206-8 Wellington Street

Spring Pumps and Oxfords

We invite you to view the favored models in pumps and Oxfords for the spring and summer of 1919.

The exquisite patterns and charming styles offered, will delight the woman who uses taste in selection, and judgment in expenditure.

Allan M. Reid,
SHOE STORE

111 Princess St. :: Kingston

GRADUATION OF NURSES

OF THE GENERAL HOSPITAL ON TUESDAY EVENING.

Sydenham Street Methodist Church Filled to Overflowing—Rev. Dr. R. J. Wilson Addressed the Graduates.

"Great things are in store for the nursing profession," said Rev. Dr. R. J. Wilson, addressing the graduating class of the Kingston General Hospital Training School for Nurses at the fourteenth annual commencement exercises held in Sydenham street Methodist church on Tuesday evening.

"Nursing is an important part in the medical profession," added Dr. Wilson. "The need for proper nursing is forcing itself on everyone who is interested in public health. It is becoming more and more a crime to have an impure milk and water supply. It is a crime against the unborn children who will take the place of the men lost at the front. The greatest asset in the world today is the asset of young life."

Dr. Wilson pointed out the great part the nursing profession played in the welfare of the people. They had to do with all things that minister to the public welfare. When sleeping ratepayers found that it would be better to pay than to kill, life would be made safer. Every child had the right to be well born and well reared.

Dr. Wilson gave an admirable address, in which he took occasion to congratulate the graduates, and also pay special tribute to the noble work they carried on during the "flu" epidemic in the city. He said they had gone through some hard work, but it was work worth while. He remarked that the graduates were being admitted to a noble sisterhood that called for thorough training. He had many words of encouragement and advice for the nurses, and among the many points he emphasized was that of honesty. "Be honest in your work," he said. "If you should give a patient medicine at two o'clock and you do not do so, don't put it down on the chart that you did give it."

The church was jammed to the doors, and hundreds of people were turned away, which manifested the great interest the people of Kingston take in the work of this training school. R. E. Kent, chairman of the Board of Governors of the Kingston General Hospital, presided. In addition to the many presentations of diplomas and prizes, there was a chaste musical program.

One of the most pleasing features of the evening was the presentation of flowers to the graduates, from their friends. A very large number of beautiful bouquets were presented to the graduates—in fact they were showered with flowers. The proceeds of the collection will be devoted towards furnishings for the Nurses' Home.

Presentation of Honor Roll.

A most interesting part in the program was the presentation of an engraved and framed "honor roll," containing the names of nursing sisters, all graduates of the Kingston General Hospital Training School, who have been on military service at home or overseas, and also those who did while in service, to the Board of Governors, by the Nurses' Alumnae Association through Mrs. George Nicol, president of the association. The roll was received by Chairman Kent on behalf of the board of governors.

Following the usual custom, the graduating nurses recited the Florence Nightingale pledge. As the nurses marched into the church, and the procession was a most imposing one, there was an organ and concert number by Miss Shaw and Mr. Graydon. This was followed by the signing of the National Anthem, after which Rev. W. T. G. Brown offered prayer. The chairman then made a few appropriate remarks before introducing the other numbers on the program.

Presentations Made.

Mayor Newman had the honor of presenting the diplomas to the graduates, and in doing so congratulated the recipients in a bright and happy speech. He spoke of their self-sacrifice for duty, and gave them special praise for the work they carried on during the "flu" epidemic in the city. The various other presentations were made as follows: Hospital emblem pins, by Miss Nowat, president of the Woman's Aid Society, and Mrs. William Jackson.

Gold medal, given by W. F. Nickle M.P., and won by Miss Myrtle Watts, of Kingston; presented by J. M. Hughes, in the absence of Elmer Davis.

Silver medal, given by Brigadier-General A. E. Ross, and won by Miss Carlotta Brouse, Iroquois, presented by Francis King.

Prize in practical nursing, intermediate class, given and presented by F. G. Lockett, vice-chairman of the board of governors. This prize was won by Miss Olive Todd, Brewer's Mills.

Prize in medical nursing, given by Dr. E. C. J. McCallum and won by Miss Ethel Simmons, Kingston, presented by the chairman in the absence of Dr. McCallum.

Material medica prize, given by Dr. H. A. Boyce, won by Miss Ethel Simmons, of this city, and presented by Abraham Shaw.

Pediatrics (diseases of children), given and presented by Dr. H. E. Jay, and won by Miss Myrtle Watts, of this city.

Minor surgery prize, given by Dr. S. J. Keyes, and won by Mrs. Kathleen Nicholls, of Uxbridge, presented by the chairman.

Dietetics prize, given and presented by Mr. Kent, and won by Miss Ethel Delahaye, of Pembroke, from intermediate class prize, from

Sat Up in Bed To Get Her Breath

Palpitation of the heart, shortness of breath, inability to lie on the left side, feelings as if smothering, oppressed feeling in the chest, dizzy and faint spells, tired, weak, worn out feeling, involuntary twitching of the muscles, sleeplessness, restlessness, etc., all point to the fact that either the heart or nerves, or both, are not what they should be. Any of these conditions should be remedied immediately so as to avoid a complete breakdown of the whole system.

Milburn's Heart and Nerve Pills will bring energy to the weakened constitution, strengthen and regulate the heart, and tone up the tired, overstrained nerves. Mrs. William Steeves, Chemical Road, N.B., writes:—"I have been a great sufferer from nerve troubles and palpitation of the heart, which was so bad I had to sit straight up in bed to get my breath. I could not lie on my left side at all. I tried doctor after doctor, also several different remedies, but got no help from them. My mother insisted on me trying Milburn's Heart and Nerve Pills. By the time I had used one box, I was feeling very much better. I took in all three boxes, and now I am in perfect health, and can enjoy a good sound sleep, and can lie on my left side without any trouble. Milburn's Heart and Nerve Pills are 50c a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Use Coconut Oil For Washing Hair

If you want to keep your hair in good condition, be careful what you wash it with. Don't use prepared shampoos or anything else that contains too much alkali. This dries the scalp, makes the hair brittle, and is very harmful. Just plain mulstified coconut oil (which is pure and entirely greaseless), is much better than anything else you can use for shampooing, as this can't possibly injure the hair. Simply moisten your hair with water and rub it in. One or two teaspoonfuls will make an abundance of rich, creamy lather, and cleanses the hair and scalp thoroughly. The lather rinses out easily, and removes every particle of dirt, dandruff and excessive oil. The hair dries quickly and evenly, and it leaves it fine and silky, bright, fluffy and easy to manage. You can get mulstified coconut oil at almost any drug store. It is very cheap, and a few ounces is enough to last everyone in the family for months.

Isobel Atkins, and presented by R. M. Elliot.

Junior class prize, given by the medical staff, won by Miss Kate Har- old, of this city, and presented by Dr. Harold Agnew to Miss Bookill, superintendent of nurses in the absence of the winner owing to her unavailability in the family.

The musical programme included vocal solo by Lieut. A. G. Strow, "In Flanders Field"; vocal solo, Miss Jean Chow, "Jesus, My Lord My God"; violin solo, Arthur Locke, "Intermezzo"; vocal solo, "O Had I Jubal's Lyre," Mrs. A. Beecroft. Miss Shaw was the accompanist of the evening.

The following is a list of the graduates, twenty-two graduates: Madge E. Glenn, Kingston; Constance E. Nesbitt, Kingston; Amy Helen Caldwell, Kingston; Carlotta Mary Brouse, Iroquois; Marion A. Davis, London, Ont.; Ethel H. Simmons, Kingston; Grace Lyons, Toronto; Christena L. Hume, Milton, West, Ont.; Myrtle R. Watts, Kingston; Olive May Anderson, Lindsay; Lillian E. Berney, Curdair, Ferns, Ireland; Blanche A. Heasler, Gananoque Junction; Bessie Isobel Wilson, Kingston; Alma Emily Frost, Kingston; Lillian M. Lord, Titchborne; Mary Lorena Sheffield, Lyndhurst, Ont.; Blanche Bauder, Verona; Mary Avery, Mallorytown; Lily E. Rogers, Kingston; Anna May Goodfriend, Howe Island; J. Leith Cochrane, Stella; Lilla G. S. Wilson, Wellington.

SEMI-READY STORE OPEN SATURDAY NIGHT

Showing All the New and Exquisite Models For Summer Wear.

"Service should be the first consideration, and it is with any successful business. For the convenience of busy men who are engaged every day we keep the Semi-ready store open every Saturday night," said David J. Will, of the Semi-ready store. "We are showing all the new and exquisite models for summer wear in genuine Semi-ready tailored suitings—from imported British worsteds and tweeds. The label in the pocket means the same price here as everywhere—and I can assure you that the price marks the lowest possible margin of profit at which good clothes are sold in Canada," concluded Mr. Will.—Adv.

There are few shade trees and hammocks scattered along the road that leads to success.

Sister gives her beau POST TOASTIES and Ma says: Feed him well, Winnie, and he'll keep coming!



Findings

Our Stock is Always Complete With the Following List of Findings

- Shoe Polish, all colors.
- Shoes Laces, all colors.
- Arch Supports.
- Corn and Bunion pads.
- Shoe Brushes.
- "Togards," something new to save toes of your hose.
- Heel Cushions.
- Insoles.
- Rubber Heels.
- Foot Soap, etc.
- And dozens other small items.

ABERNETHY'S SHOE STORE

EASTERN JUVENILE STYLES



Children's Hat Department at the New Store.

Our children's headwear department is attracting big attention these days. We have a most surprising range, all new stock. To appreciate these you must inspect them.

Hats For Boys and Girls From 50c up.

Campbell Bros.

123 Princess Street.

MEAT FROM WHEAT For Lenten Dishes

We are well stocked with "Dominion Brand" Macaroni, made in the new Canadian factory; by Canadian workmen from the life-giving, strength-building part of the richest Canadian wheat.

Macaroni spells big food value; wholesome and nourishing.

Henderson's Grocery

A Square Firm to Deal With
59-61 Brock Phone 279

ROBINSON & WILTSHIRE GARAGE

All kinds of cars repaired promptly; cars washed; gasoline, oil, tires and automobile accessories.

239 1/2 Bagot St. Phone 242

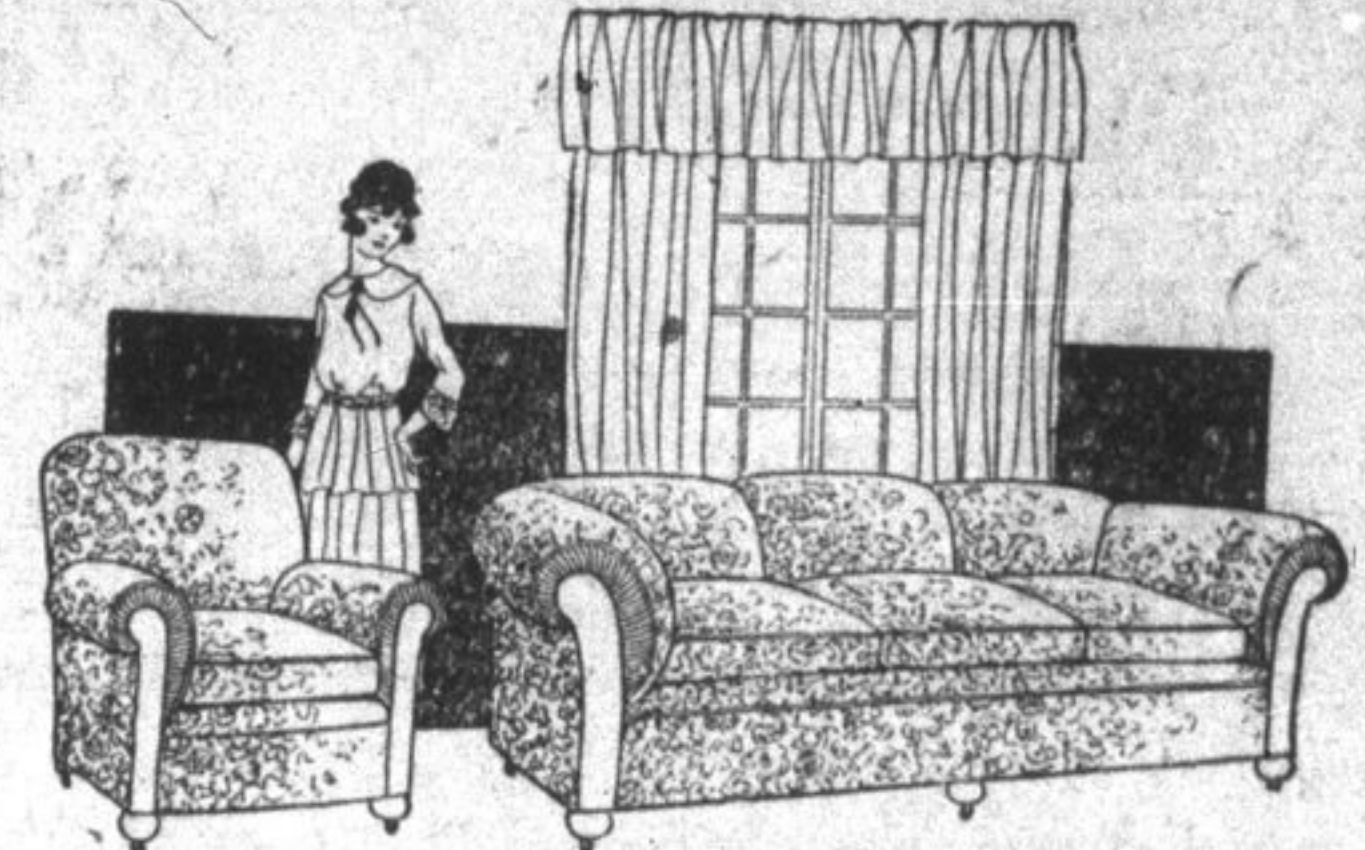
KINGSTON EVENTS 35 YEARS AGO.

Thirty shovellers were taken on for the grain rush at Portsmouth. The Calvin Company had to bring Scotch coal up from Montreal. This is on account of the strike in the mines on the other side.

The schooner Durr was unloaded at Garden Island, discharging 421 pieces of oak. The cargo was discharged in nine hours, the quickest time on record.

The members of the Kingston Bicycle Club will take a trip to Gananoque on the steamer Maud, and will wheel back.

Opportunity knocks but once—your opportunity—the Red Ticket Sale of The Veterans Clothing Co. Margaret B. Youngs, beloved wife of Pte. Joseph J. Youngs, who returned from overseas last November, passed away in Belleville on Saturday at the age of forty-six years, after an illness of nearly three years.



GOOD NEWS

How to furnish a modern home the money saving Reid way. Because you make your selection from the most magnificent and complete range of house furniture at figures lower than manufacturers' prices to-day.

At the Busy Store With the Large Stock

JAMES REID

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To and From Montreal and Intermediate Ports

FIRST TRIP OF THE SEASON
West Bound, Leave Montreal Wednesday, April 30th
East Bound, Leave Kingston Friday, May 2nd
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THE MORE PERISHABLE FOODS

Require expert handling and perfect refrigeration, while awaiting your order. Nowhere will you find the conditions and facilities more perfect than at our white store—and strict cleanliness prevails.

Choice Bonnets 25c and 30c a lb.
Veal Fronts 15c a lb.
Veal Hindes 20c a lb.

HOODS, Corner Earl and Barrle Sts.

Phone 407 Prompt Delivery

A GOOD SUGGESTION

Why not give your BOY OR GIRL AN ENDOWMENT POLICY THE EXCELXSIOR LIFE A strong Canadian company

R. D. SUTHERLAND

District Manager, Cor. Brock & Bagot Streets, Kingston, Ont.

CARS FOR SALE

Or trade; Easy terms

Two 1918 Chevrolet Cars
Two 1917 Chevrolet Cars
Two Ford Cars
1918 Maxwell; one light truck.

Bert Stansbury,
169 Raglan Road. Phone 1674w

IT'S TASTY!



EACH SLICE TASTES LIKE MORE! EACH slice of our bread has a "more-let's" flavor. You won't be satisfied with one slice—or two either. Begin eating it now and it will become a substantial part of your every meal. It will pay you to make sure that you get our bread.

LACKIE'S BAKERY HOME MADE BREAD & PASTRY

HOOD'S PILLS

Cure Constipation, 25c. Purely vegetable. Best family cathartic.