



### FLEET FOOT FOR STURDY WEAR

Put the boys and girls in Fleet Foot shoes this summer. They can have two or three pairs of Fleet Foot for the price of one pair of leather shoes. The low price of Fleet Foot and their sturdy wear, make them the most satisfactory and economical summer shoes you can buy for children.

The Best Shoe Stores Sell



### AUTOMOBILE CLUB MEETS

RECOMMENDS AMENDMENTS TO TRAFFIC REGULATIONS.

J. K. Carroll Elected Secretary—W. G. Robertson, Secretary of Ontario Motor League, Gives an Address.

At a meeting of the Kingston Automobile Club on Monday evening, a resolution was passed recommending amendments to the traffic regulations. These regulations will be presented to the City Council for consideration.

The principal speaker of the evening was W. G. Robertson, secretary of the Ontario Motor League, Toronto. His address was most interesting and instructive to motorists. The growth of the league has been very rapid, 70-day there are seventy clubs affiliated with it and the membership is 7,000. The speaker outlined the objects and aims of the league and showed how the individual owner of a car benefited by membership. He estimated the number of cars in use in the province at 109,000. The league was actively employed in endeavors to bring about better conditions for car owners and also for all persons who use the roads.

Mr. Robertson told of obtaining the recent amendment to the speed laws and the raising of the maximum speed limit to twenty miles an hour, but this law does not come into force until June 23rd next, which will be sixty days after the law was passed. It was through the efforts of the league that reciprocal arrangements were made with the State of New York. He stated that last season 25,000 United States tourists motored into the province and estimated the amount of money spent by them at between \$4,000,000 and \$5,000,000, and when it is stated that there are nearly 3,000,000 cars used in the United States the business possibilities from this tourist traffic are very great. Kingston being on the Toronto-Montreal highway, was bound to share in any business arising out of the automobile traffic.

This brought up the question of good roads and Mr. Robertson paid a compliment to A. Rankin, M.P.P., and others who had obtained the Ontario Highway Act. He explained that the object of the Act was not to provide one or two highways, but a network of roads that would benefit everybody. He showed that the communities that would benefit most will be those most active in their own interest, and he counselled his hearers

### IMPOVERISHED BLOOD

Here's Proof That Vinol Enriches the Blood.

Bradford, Pa.—"I have used Vinol for impoverished blood. I was broken out with a rash and rundown so it was hard for me to keep about my work. I took Vinol, iron and Wine and other medicines without benefit Vinol enriched my blood and improved my condition very rapidly."

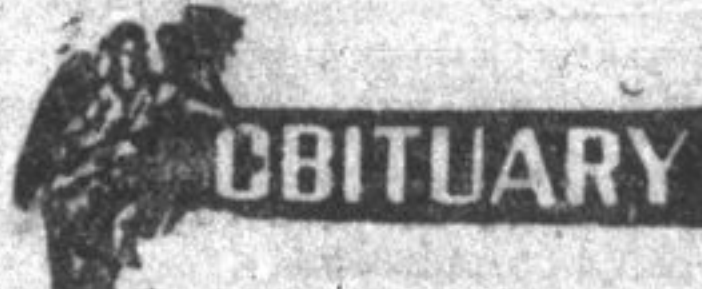
—Rose Laszly  
There is no secret about Vinol. It owes its success in such cases to beef and cod liver, peptones, iron and manganese peptones and glycerophosphates, the oldest and most famous body building and strength creating tonics. Mahood's Drug Store and at the best drug store in every town and city in the country.

to get behind the work and keep it going. The Toronto-Hamilton highway was the work of the motor clubs, and the Kingston club, in his opinion, would justify its existence if it prosecuted the work on the roads. The clubs had put up 25,000 signs, and they possessed a legal department under T. M. Phelan, by which free legal advice was furnished to members, particularly upon questions that effect the rights and interests of motorists. The membership badge carried with it privileges that were realized by a member when away from home. The tourist department supplied routes for persons planning trips upon request.

At the conclusion of the address Harold Davis moved a vote of thanks to Mr. Robertson and it was seconded by W. Y. Mills.

A report on the Kingston and suburban roads was presented by T. M. Asseltine, which showed that many of the roads leading to the city were in great need of repairs. He called for volunteers to assist in putting up signs at cross-roads.

Harold Hughes, secretary, reported an increase in membership. He resigned his position owing to his many engagements, and J. K. Carroll was appointed in his stead.



### OBITUARY

The Late William E. Grass.

One of the most highly respected former residents of Kingston township passed away on Monday in the person of William E. Grass. He had been in failing health for two or three years and retired from his farm, taking up residence at 139 Nelson street. His death was due to heart disease. Deceased was born in Kingston township, and was sixty-one years of age. In religion he was a Methodist and in politics a staunch Conservative. He was a member of Minden Lodge, A.F. & A.M., Kingston.

Mr. Grass is survived by his wife, one daughter, Mrs. J. L. Haycock, Jr., and three sons: William, at home, and two who served overseas in the United States Army.

The late Mr. Grass was a man of the highest integrity and was most industrious, and his passing is a distinct loss that is deplored by a wide circle of friends.

There will be no lying until Wednesday at least, as the weather conditions are unfavorable across the Atlantic.

### Veteran Tells of a Terrible Experience

Before He Found Relief in Dodd's Kidney Pills.

Postmaster of Hereford Points the Way to Health to Other Sufferers from Kidney and Bladder Trouble.

Hereford, Que., May 5th. (Special).—Mr. A. Peabody the veteran postmaster here, is one of the many old people who claim to have received a new lease of life through the use of Dodd's Kidney Pills.

Mr. Peabody is in his 84th year, but wonderfully strong and active for one of his age. But he was not always thus. "For six years," he says, in telling his story, "I suffered from kidney and bladder trouble. I had those sharp, streaky, lightning pains through my muscles, even to my finger tips."

"In March, 1917, I was taken with a shaking chill and deathly pains through my abdomen, groin, and the small of my back. I was confined to my bed for three weeks, during which time I often had to get up as often as twenty or thirty times a day. I tried many remedies, but got little benefit till I tried Dodd's Kidney Pills. In three days I got relief, and three boxes cleared all the pains out of my system. I also rest much better at nights."

"I am always glad to tell other sufferers from kidney and bladder trouble what Dodd's Kidney Pills did for me."

Ask your neighbors about Dodd's Kidney Pills.



25 CENTS THRIFT STAMP  
10 THRIFT STAMPS  
1 YEAR SAVINGS STAMP

### A Thrift Lesson

ROADS ARE BAD.

Motorcycle Couple Travelling From Toronto to Montreal.  
On Monday a motorcyclist and his wife, travelling from Toronto to Montreal in a motorcycle and sidecar, passed through the city. The machine was plastered with a heavy coating of mud and showed better than words the condition of the roads. The travelling is so bad that the pair decided to go as far as Gananoque and take the ferry to Clayton and from there to Malone, N.Y., enjoy the state roads over the border. Asked as to the roads, the expression of both was "Beyond description; even profanity."

The man who has never tried to manage an opera company has misadvised a few of life's trials and tribulations. Many a man is the victim of circumstances simply because he is too lazy to avoid being victimized.



### FORD OWNERS

Enjoy limousine comfort in your car by the use of H. and D.

### SHOCK ABSORBERS

Over 200,000 in use to-day.  
Elliott's Repair Shop  
Phone 1039 Res. Phone 15371  
378 Brock Street, Kingston, Ont.

### Queen Millinery

Announce Their Advance Exhibition of Original Summer Models Wed., May 7th  
M. E. A. KENDALL,  
(Nee Marion E. A. Hall)

### ASK YOUR GROCER FOR Toye's Wrapped Bread

On sale at 11c per 24 oz. loaf, from the stores or our wagons. We cannot afford to reduce the price and still keep up the quality. Phone 467 and Our Salesmen Will Call

**10,000 Pounds Ceylon and Indian Tea**  
Worth from 80c to \$1.00. On Sale at 50c, 55c, and 60c per pound.  
This sale offers an opportunity to housekeepers to buy the best tea at a saving of 25 per cent.  
**The Thompson Bottling Co.**  
GEO. THOMPSON, Prop.  
Phone 304 292 Princess Street

**SOMETHING WHICH YOU OUGHT TO BUY**  
Is probably offered for sale in to-day's classified columns. It may be property, or an auto, or used articles of value. Develop enough of thrifty-curiosity to "keep posted."

**Kingston - Cape Vincent Ferry**  
ROCKPORT NAVIGATION CO., LTD., KINGSTON, ONT.  
STEAMER MISSISSQUOI  
Effective May 1st, 1919. Daily, Sundays Included  
Lv. Kingston ... 6:30 a.m. and 1:00 p.m.  
Ar. Cape Vincent ... 8:30 a.m. and 3:00 p.m.  
Lv. Cape Vincent ... 11:45 a.m. and 6:30 p.m.  
Ar. Kingston ... 1:45 a.m. and 6:30 p.m.  
Special accommodation for automobiles. Rates for extra: Ford, \$3.00; touring or other cars, \$4.00. Close connections at Cape Vincent with N.Y.C. lines for all N.Y.C. points. Phone 2155.

**Shingles Have Stood the Test**  
Of time in all parts of the country, and when properly made from good live timber, shingles dried and carefully put on, will last a lifetime. OUR SHINGLES are selected with care as to grain, thickness and their drying. Come in and inspect them before buying. We have several grades—but all good values.  
**Allan's Lumber Yard**

**Willard**  
SATISFACTION GUARANTEED  
On repair work of magnetos of all kinds, including marine, stationary and motor cars, lighting, starting and generating systems of all makes, and storage batteries. Inquire about the new threaded home dry battery before purchasing.  
**WILLARD SERVICE STATION**  
19 Brock St. I. LESSES, Prop. Phone 1340

**New Goods Just Arrived**  
SUNKIST Seeded and Seedless Raisins. In packages only. Buy from your grocer.

**LINDSAY'S**  
A Beautiful Old Song  
Mother can now sing any of her favorite old songs and accompany herself at the same time, thanks to the  
**LINDSAY Player Piano AND Q.R.S. SONG ROLLS**  
When one stops and thinks what a wonderful thing it is able to do. To sing at sight and accompany oneself perfectly, whether or not one knows a single note of music. That is just what you can do. Come in and let us show you how.  
All our instruments are sold on the ONE PRICE system, and that the lowest prices; 6 per cent. interest on unpaid balances is charged for time accommodation.  
Get in tune with Spring—have your Piano tuned. Phone for one of our experts.  
**C. W. LINDSAY - Limited**  
121 PRINCESS STREET, KINGSTON  
Montreal, Ottawa, Quebec, Brockville, Belleville and Three Rivers

**Red Triangle Drive**  
**Now On**  
**Ends Thursday Evening**  
**Kingston's Objective**  
**\$8,000 - \$8,000**

The local convassers will call on you some time or other during the first four days of this week. That will be YOUR chance to show your appreciation of the wonderfully fine work done by this great "Y" organization for our soldier boys, both at home and overseas.

Ask the soldier boys themselves, about the "Y" and the great service it has rendered. THEN GIVE!

Help the organization that helped our soldier boys to win the battle for Liberty and Civilization.

**Give! Give!**