SPRING CLEANING

often little injuries are met with during "spring cleaning" time and how easily the sore place becomes infected with dust and germs. The danger of this lies in the fact that injuries-slight at first, if not attended to, may become inflamed, fester, cause great suffering and inconvenience, and frequently lead to blood-poisoning.

To safeguard yourself, apply Zam-Buk at once to all cuts, scratches, abrasions, burns and scalds. This antiseptic balm immediately destroys all germs and prevents any danger of festering or blood-poisoning. Zam-Buk also ends pain and stops bleeding so quickly that no time need be lost by those who apply it as soon as an injury is sustained. Then the healing essences in Zam-Buk actually grow new skin, so that in a comparatively short time the wound is completely healed.

Zam-Buk is best for eczema boils, pimples, rashes, plcers and piles. All dealers, 50c. box.



manne

A Fine Treatment For Weak Nerves

How would you like to have a set it be great to be so chockful of ginger all the time that trouble fell off your mind like water off a duck's back, so you could go to sleep at night as soon as your head hit the feathers, and bound out again in the morning at the first tap of the bell, teeling you were able to get somewhere in your business that day.

Lots of people fuss around all day like a hen on a hot cake, but never light any place. They are nervous. flighty, fretful and can't get right down to brass tacks. There is something wrong at one time or another with almost every organ in their bodies and it's ail nerves nerves nerves; they're keyed up like a fidul! string and, like a ship without a compass, can't make port.

If you are out of sorts, run down. losing confidence, have nervous dyspepsia, blues, can't concentrate your feeling so common to nervous people, your nerve cells are starving, and here's a teste worth trying on them. Take a little Ferro-Peptine tablet, wait ten minutes and see yourself pick up. Ferro-Peptine tablets go right to the spot, start the digestive organs working, send the blood coursing through your veins to feed the famished nerve cells. Then you brighten up, put on a smile and feel as happy as a clam at high tide. Ferro-Peptine tablets are harmless, easy to take, inexpensive and all good druggists will supply you: Every package carries a printed

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Lengths

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DEEP INTO THE SOIL OF THE THOUSAND ISLANDS.

Clayton Writer Tells Why Some of the St. Lawrence Islands Are Barren-Interesting Lore.

Our summer visitors from afar off inquire why so many of the islands are barren and rocky and with ago, the soil of Murray Hill, Grenell's and many others having been burned dozens of times right down to the rock to leave only beds ashes. The lazy half-breed hunters and fishers of these days would leave their fires, that one bucket of water would extinguish, to \$become spread in all directions.

summers, there were fires, miles of wash it with. Don't use prepared them, all along the tops of the tains too much alkali. This dries ledges and back from the water the scalp, makes the hair brittle, from Thousand Island Park to opposite Alexandria Bay, the illumination of the skies at night being both cords of standing trees were consumed, the value of which to-day would amount to fortunes.

along the river, if not in the state. Its purchase has many times been of nerves like steel, able to stand up sought by speculators, and by sumunder any kind of a strain? Wouldn't | mer cottage owners of that neighborhood, but who upon learning of needed correction of the title necessitating trouble, and expense have quit further proceedings. A few years ago a New York man

have learned the property along with all other small islands on the American side of the St. Lawrence had, more than a century ago, been conveyed by the Iroquois Indian tribes to the State of New York. The state afterward transferred ownership of the islands to Col. Elisha Camp, a revolutionary war veteran and resident of Sackets Harbor, h in turn disposing of the property to Azariah Wakton of Alexandria Bay, whose possessions later on became descended by heirship and assign ment to the firm of Cornwall and Walton. Just how many and what the legal entanglements in the title of this one island no one of the applicants for its possession seem to have learned. The last investigator and would-be purchaser claimed to have found for one, and the princioal reason, that there are heirs located at long distances, the expense of reaching whom, together with the worth of the property. That being

rivers, wells and springs, may be lo- harmless and inexpensive remedy to cated short distances apart, and use.

by both analysis and taste are en- for the above purpose. tirely different from those of the ______ "I can, however, easily imagine a

regulated by sun evaporation? If the waters of rivers, lakes and ever burning, as proven by volcanpersons to whom the possibility of or for all summer, or to fund for such catastrophe has never occur- shore dinners doing so; the red, who may lie awake of nights wonder being that it hasn't and in dread for the rest of their carried off bodily by some one

There have been in past years. come, many vexing problems in the attempted translation of the meaning of the wording of deeds of real estate, the boundary lines of which long ago were temporarily marked and left so. Such careless and shiftamong former owners of Island properties. Surveyors' marks have disappeared and the real boundary time to come, with neighbor rows and legal expenses thrown in to pro-

Forty years ago, a New York man sland down the river. He is long I am acquainted are desirous of dis posing of the property and have sent me a copy of the deed, with the request that if possible I may assis

The deed reads in part as follows: Beginning at the water's edge, at a take and stone one rod north of a wooden letter V nafled by U.S. sureyors to a hemlock tree; thence hains to the shore of a cleft or gorge between ledges; thence northerly in line with the most westerly point of Wellesley Island to the place of beginning." Everyone who knews anything of the sale of that perty, including surveyors, map makers and former owners, have passed away. The present heirs and owners want \$500 for it, and the question is, how are the boundary marks of loose stones, stakes and rotten stumps of forty years ago to ever become located?

Here is another link in the chair f evidence to prove that our famous cod liver and iron tonic Vinol cre-

ates strength for feeble old people Mr. Nelson H. Pease of the Nationl Soldiers pome, Tennessee, say "I am 74 years of age and was in Observer in Clayton on-the-St. Law- a week, debilitated condition, poor appetite and did not sleep well. Vinol gave me a good appetite. sleep well, and it has built me up so I feel stronger and better in every way., I strongly recommend Vinol stunted trees. It is the effect of for such conditions as I believe it questions [at present exercising the forest fires of fifty and more years prolongs life for old people." Ma- minds of the British Air Ministry and hood's Drug Store and at the best aeronautical authorities in this

Alkali In Shampoos Bad For the Hair

If you want to keep your hair Within my memory, and for many looking its best, be careful what you shampoos or anything else, that con-

The best thing for steady use is just ordinary mulsified cocoanut oil hest country for aviation, is the (which is pure and greaseless), and worst, grand and terrifying. Thousands of, is better than anything else you can

cleanse the hair and scalp thorough- to develop aeronautics. A country have been carried on between Chas. led by the Renfrew Mfg. Co., and through which he lost a 116 gold ly. Simply moisten the hair with like Australia can quite easily create A. Stickney, St. Paul, Minn., andoriginally built by the Canadian piece. water and rub it in. It makes an a large air force for offensive and which rinses out easily, removing mercial aeronautics, because it could every particle of dust, dirt, dan- have huge transcontinental lines. having a larger number of owners druff and excessive oil. 'The hair "It is dangerous if the public gets dries quickly and evenly, and it the idea that we need not have a leaves the scalp soft, and the hair flying corps, and that commercial fine and silky, bright, lustrous, fluffy aeronautics will provide and sustain and easy to manage.

> oil at any pharmacy, its very cheap, ly owing to the situation of Great and a few ounces will supply every Britain, this is perfectly impossible.

caused a thorough search to be Stomach Troubles Are **Due To Acidity**

Acid Indigestion.

ache and inability to retain food are war. in probably nine cases out of ten. stomach, causing the formation of countries which could be usefully degas and acid indigestion.

eeling sometimes known as heart- inion burn, while the acid irritates and in- "I am afraid, however, that so far

delay, would be more than the real to neutralize the acid, and make it composed of commercial machines, family for generations to come will fective corrector of acid stomach, should in any way be dependent on be possessed of at least one of the should be taken in a quarter of a glass of hot or cold water after eating or whenever gas, sourness or One of the peculiar conditions acidity is felt. This sweetens the that nature seems to have establish- stomach and neutralizes the acidity for the Air Minister to hasten pered and maintained is that waters of in a few moments and is a perfectly

to speak, and to not commingle with nesia which can be obtained from enough the whole Along the mainland shores, and tablet form enables the stomacheto do confidence in commercial aeronautica on the larger islands but few rods its work properly without the aid of instead of want of confidence in length and width, there are drill- artificial digestents. Magnesia comes "In my opinion the Atlantic will ed wells, some more than a hundred in several forms, so be certain to ask be crossed by airplane for certain. feet deep and within a few feet of for and take only Bisurated Mag- this year, but frankly I cannot see a the river, the waters of which wells nesia, which is especially prepared future airplane service between Lon-

river. It has long been a supposi- lown the river, linely located, well tion that waters of the river would wooded, quite pretty and desirable. seep through rock crevices and into It is about a half acre in extent, and wells, but not so. It is a clear case was purchased of Cornwall and Walof the subterranean waters of the ton by a wealthy and prominent reearth being forced upward and out- sident of Cleveland, Ohio, exactly ward into rivers and lakes, else, 44 years ago this coming summer. where might all the waters come A hundred or more persons have from that are continually flowing sought its purchase, and no replies past us to the sea, there to become to their letters ever came. Possibly destroy the world, and to scatter its Thousand Islands, is not quite clear. he river pirates, liable to take any-





**************** Air Liners Will Make

Transatlantic Trips:

Declares A. Holt Thomas

IR liners to New York-flying Leviathans to carry 150 passengers -- are foreshadowed by A. Holt Thomas, head of the British Aircraft Manufacturing

. 1. The position of the naval and military air forces in the future in relation to commercial aviation. 2. The problem of official sanction for the early opening of the huge commercial air services now projected not only in England, but on the

Holt Thomas, "in endeavoring to make the large naval and military air force which I think is absolutely necessary to the country dependent aeronautics, as we must realize that Great Britain, far from being the

One or two teaspoonfuls will except from north to south, really \$1,500,000. Negotiations that take over the plant recently vocat- penny till it wore a hole in his pocket

the necessary machines, pilots and You can get mulsified cocoaput organization. In my opimon, entire-"It is true, of course, that we have designs, pilots, etc., second to none, but the size of England entirely prohibits the extensive use of air service such as could be used in

"Paris to Nice, for instance, is about 600 miles, and France is almost as wide as it is long, and ser-Tells Safe, Certain, Speedy Relief For vices across France in every direction will certainly enable a large number So-called stomach troubles, such as of machines and personnel to be used ndigestion, gas, sourness, stomach- which could be called on in time of

simply evidence that excessive se- ent position. South Africa, Australia, cretion of acid is taking place in the Canada and India are examples of veloped by aerial services, and this, Gas distends the stomach and of course, will recessitate a line causes that full, oppressive, burning from London to each of these dom-

flames the delicate lining of the as Great Britain is concerned, a stomach. The trouble lies entirely French machine will carry the mails in the excess development or secre- for France, an Italian machine will carry the mails for Italy, and so on.

To stop or prevent this souring of "The Imperial Air Fleet, which is bland and harmless, a teaspoonful of but it is necessary to explode the the case, it seems that the Cornwall bisurated magnesia, a good and ef- fallacy, that Great Britain itself

each to retain its individuality, so An antiacid, such as bisurated mag- cial permission is withheld long any druggist in either powder or be completed and will lead to public

don and New York.

viding a regular and reliable service and being much more pleasant to travel in than the largest liner affoat

"The wind oversea, however strong it may be, is steady, and believe many British and American travelers will pay an unlimited price for an airship journey from London to New York, especially when, as can easily be arranged, they can travel in a comfortable cabin.

Tommy Atkins Smiles.

One topic of conversation prevails throughout the Army of Occupation in Germany, and that is the new British army bonuses. Whether in the rooms of the German barracks that hold whole companies at once or in the farmhouse kitchens of the little villages of the bridgehead, the fect individual cases, is being dis-

There is no doubt that the Government's plan has made a favorable mpression. The amount of weekly. onus satisfies the great majority of them expected. In an army like our resent one money has a very varying value. The bonus of 10s. 6d. (say \$2.50) a week for privates seems a great deal for the agricultural laborer or the ex-odd job man, but it for retention under arms to the man ret back to, and who fears that deay in reaching it may lead to his anding that somebody else has got

Bench and Bar. The wit and quickness of repartee which characterizes Sir F. E. Smith, who is now Lord Chancellor, with a salary of £10,000, at the age of 46, is proverbial. In one of his early cases he was opposed by an elderly, prosy, long-winded lawyer, who

Then Sir Frederick rose. Looking slightly and said:---"Your honor, I will follow the exmple of my learned friend who has

It is to be regretted that our greatest expectations often fail to naterialize. Getting in the lime-light is often

times to our disadvantage, not ad-

HOME-MADE BREAD

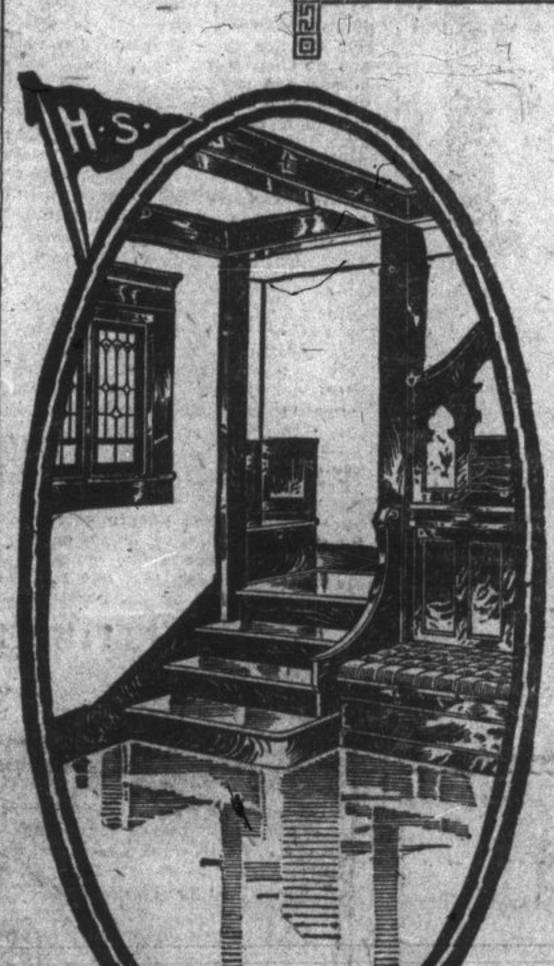
Home bread-making reduces the high cost of living by lessening the amount of expensive meats required to supply the necessary nourishment to the body. The increased nutritious value of bread made in the home with

ROYAL YEAST CAKES

should be sufficient incentive to the thoughtful housewife to give this important food item the attention to which it is justly entitled. Bread made with Royal Yeast will keep fresh and moist longer than that made with any other.

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Peterboro Secures Factory. Peterboro, April 23 .- Announce- industry securing a fixed assess- motor trucks, tractors and gasoline nent is made of the establishment | ment of \$10,006 for ten years ex- | engines. "Our territory ends in mid-Chan- in Peterboro of the Stickney Mot- cept school taxes and local imnel, and our own country is too small, ors. Ltd., a concern capitalized at provements. The new company will A Cleveland man carried a lucky



Put a permanent polish on your floors.

Do away with the tedious work of constant floor polishing. Use Lowe Brothers Durable Floor Varnish and put a deep, lustrous, permanent polish on your floors.

Durable Floor Varnish is made especially for floors, it covers in a smooth, even coat, dries hard, does not become sticky in any weather, can be washed with soap and water. Boiling water does not hurt it. Does not show heel marks.

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