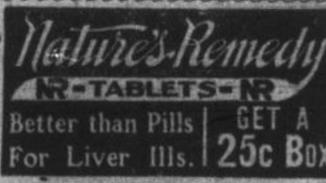


Woman's Hair Reaches To Knees

A Year Ago Was Threatened With Baldness, Tells How She Made Her Hair Grow.

friends in the city, is the fortunate possessor of marvelously beautiful hair, which, when loosened from its coils falls to her knees. Moreover, it is of soft, silky and fluffy texture and in color a glorious glossy gold. Yet just one year ago she was threatened with baldness. Urged to tell how she had obtained this wongrowth in so short a time, she said: 'Had anyone told me such marvelous results could be accomplished so quickly. I positively would not have believed it. Twelve months ago my hair, which then reached barely to my shoulders was falling out at an alarming rate and growing very thin, actually exposing the bald scalp in several spots. It was dull and lifeless in color, turning grey in patches, and very dry and My head was covered with dandruff and itched like mad all the time. I tried fully a dozen different hair tonics, but they were all the same and never did me a bit of good. 'One day I chanced to read in my home paper of a simple home prescription to make the hair grow that was recommended by a wellknown physician. It said that by taking ordinary Lavona de Composse and mixing with Bay Rum and Menthol Crystals and applying to the scalp each night with the finger tips that new bair would grow very rapidly. I decided to try it and had my druggist mix 2 ounces of the Lavona de Composee with 6 oz of Bay Rum and 1/2 dr. of Menthol first the hair stopped falling, the itch ing ceased and the dandruff disappeared. Then tiny little hairs apall over my scalp. These grew and grew as though nothing would ever stop them. They are have used the treatment steadily and expect to continue it, at least until my hair reaches the floor, I might have stopped and been perfectly satthink that any woman can get long, thick, beautiful hair by using this it to several friends and all are delighted with the result. The pre-

Those who use it should be careful not to get it on the face or where the hair is not desired.



T. H. Sargent, Lauggist, Kingston,

THERE IS DANGER IN

To preserve healthy teeth the ordinary tooth-paste is futile. You must first care for the gums, on which tooth

How many people think of this? Yet four out of five people over forty suffer from gum-docay, or Pyerrhea

At first the gums become tender, though actual gum-shrinkage is im-perceptible. But in time receding rums will surely loosen your teeth, and then only a dentist can save them. The tender, bleeding gums of Pyorrhea dso act as so many doorways for

joints or tonsils-or causing Forhan's (For the Gums) prevents Pyorrhea, if used in time and used consistently. This means that it pre-Brush your teeth with it. It scien-

fically cleans the teeth-keeps them If gum shrinkage has already set in, atist immediately for treatment. 30c and 60c tubes. All Druggis ORHAN'S, LTD., 307 St. James



of talking, is the one we all should as we do not expect to go there, any-

fort to raise the wind.

From Remnants.

Excellent Materials for the Fashloning of Such Garments.

family by wearing something that is overstramed nerves. in-time apparel that the temptation was so bad I had to sit straight up in to possess a number of them is strong bed to get my breath. I could not lie work of the nation generally. with the average really feminine type on my left side at all. I tried doctor

an opening in the center so that the feeling very much better. I took in head may be slipped through, finishing this neatly, of course; catching fect health, and can enjoy a good the material together underneath the sound sleep, and can lie on my left Franklin K. Lane, wife of the secrearms and allowing the front and back | side without any trouble." panels thus formed to flare as they | Milburn's Heart and Nerve Pills | well known magazine editor, and Juwill over a slip of soft chiffon or lace, are 50c a bex at all dealers, or mail- lius Kahn, chairman of the military Or two or three widths of chiffen in ed direct on receipt of price by The affairs committee of the house of repover the other, the underneath section being full-figure length, the next Mrs. Esther Emery, now visiting one a trifle shorter, and so on, and BLACK AND WHITE REVIVED



possibly a lace scarf topping the whole. A charming robe d'interior is

The sketch shows a simple and graceful negligee made of lavender satin, with front and back panels lat. in large tucks. An old-fashioned lad shawl draped about the shoulders completes the garment. Of course it and, instead of lace, a brocade or a figured slik volle may be used for the

Discarded evening dresses often of fer excellent materials for the fashscription is very inexpensive and any ioning of negligee garments and, regardless of the fact that we onger at war, fabric saving is adimmediate reduction in prices, and until France and Belgium are again able to produce textiles it is not likely that either prices or supply will re-

FASHIONS IN BRIEF

The new fur coats are circular. Cord belts of gold are being worn. Evening wraps still blouse at th

The oval necks appear on tiny girls A graceful negligee of peach blos-

A perfect gown for a woman in the

Black tulle is often worn over gold lace, making a simple but excellent

The long-waisted bodice of black jet starts many a frock of black velves

on its happy way. A most beautiful cape is of phire-blue satin banded deeply with

Handkerchief linen frocks for mornng wear in the South have nothing but emstitching for decoration. A traveling costume of green velours

has a shawl collar of monkey fur and a silver-buckled leather belt.

A Little Advice From a Buyer. Here is what experience has taugh ne buyer of coats and suits and dresses: First, get that which is becoming, for the really becoming froci s never out of style. At least, there not it is this season's or last year's ou may think it appears. Then, in al, if you really must, get the edd and unusual garment.

Few of us are interested in those The creed of doing, not the creed pavements made of good intentions,

Cheques are often Rited in an ef- Youth is a sheory, but old age is

Sat Up in Bed

Palpitation of the heart, shortness of breath, inability to lie on the left Negligees May Easily Be Made side, feelings as if smothering, oppressed feeling in the chest, dizzy and faint spells, tired, weak, worn out feeling, involuntary twitching of Discarded Evening Gowns Also Offer etc., all point to the fact that either not what they should be. Any of When a few yards of material pick- plete breakdown of the whole sys-

nant counter can be turned into a Milburn's Heart and Nerve Pills charming gown for home wear there will bring energy to the weakened seems to be no excuse for a woman constitution, strengthen and regulate for women war workers in Washingdisregarding the feelings of her own the heart, and tone up the tired, ton, under the direction of Miss Su-

real individuality in these items of and palpitation of the heart, which after doctor, also several different medical director of the corps. On the A couple of widths of rich brocade remedies, but got no help from them. | board of directors with Miss Cocroft My mother insisted on me trying are Surgeon General Rupert Blue, Gen. Milburn's Heart and Nerve Pills. By the simple process of cutting the time I had used one box, I was an opening in the center so that the feeling very much better. I took in

Magple Combination Part of Nev Craze for Bright Colors-French Blue is Popular.

The revived interest in the black and white or magple combination is really part of this new craze for is concerned black and white in combination has nothing to do either with all black or all white, and it is sure to come to the foreground only in seasons when women of fashion go in for bright, high colors.

During the war little of it was seen. It was too vivid, too striking, too gay, But with the new interest in bright hues it has come to its own and is bound to be seen in many of the new frocks and may find acceptance in some of the midseason millinery.

Because of the sentiment connected with French blue and the actual fact that it is very becoming to most women, the dressmakers are bringing out accessories in this color. There are French blue handkerchiefs, slippers and stockings; there are blouses of i made of handkerchief linen; and one of the foremost designers of tailored suits in the country uses French blue blouses frilled from neck to waist under suits of covert cloth.

BORROWED FROM RUSSIAN

Table Linen Designs Showing Semi-Barbaric, but Pleasing, Popular in Needlework World.

A vogue for table linen showing the semi-barbaric, but wholly pleasing, designs used by Russian peasants is making itself felt in the needlework world. The stitches are simple in the extreme, something like our own attractive cross-stitch, but outlining squares, triangles, etc. They are used for conventional borders and small all-over patterns which resemble woven figured

As for the color, it is usually a monoone, a dark red, for instance, or a blue, while the background is a loose weave linen. Often they are worked with a punched-work background done with a thread to match the linen. A little black worked in with either the red or the blue is pleasing but not quite so true to the original Russian scheme. Often a dark green is combined with the red. The edges of the pieces are hemmed and a buttonhol stitch taken over the entire hem.

NEW-SLIPS OF SILVER CLOTH

Popular Garment, Very Decollete and Sleeveless, Kept on by Faith and Tiny Ribbon.

petticoatless times are made of silver loth, very decollete, and sleeveless, of course. Faith, hope and a tiny narrow ribbon across the shoulders keep them in place. Anyway, they are distinctly desirable, as they fall from the shou ders to the knee and serve as camisol

welcomed for wear with the fashion able black evening gown, and one o real Brussels lace is charming for white dancing frock or for a bride.

Until the laundry situation returns to normal, the cotton crepe undergar ment will enjoy deserved popularity A camisole and a robe de nuit of white cotton crepe make a useful and attractive set. Just at the front of the yoke of each is appliqued a pink satin rose Neither garment has sleeves and bot

A Success Food-

Why? Because it builds sturdy bodies and keen brains.

Ask your grocer for it.

Cornell fred Board Corne No 2000.

Plan to Develop Them Same as Men in War Camps.

and the Work Extended to Every Part of Country.

ment cantonments if plans of the United States training corps for women are carried out. The corps, organized sanna Cocroft of Chicago, has been unbecoming, half worn or soiled. It Road, N.B., writes:—"I have been a for building up women physically and great sufferer from nerve troubles fitting them for the places they are

Permission has been asked of the war department for the use of a part of the cuntonments when they are released from military service for use as training camps where women can be trained as teachers of setting-up exercises and semi-military drills. These teachers will be equipped to give training in industrial plants and public schools. The corps has also asked for the release of a part of the cantonments for recreation camps, where physicians can send women and children who do not need medicine so much as they need conditioning.

The original training corps in Washington numbered more than 3,500 warworking women. It was organized on the White House lot and the war department detailed 75 army officers to assist Miss Cocroft.

The work will be extended to every part of the country, modeled after the system which has developed the men in the war training camps, except that it will be made specially suited for the training of women.

In announcing the purpose of the corps, Miss Cocroft, its organizer and director, said: "We wish to utilize the knowledge of what the camps have done for men, mentally and physically, and to apply this same knowledge to the conditioning of women while the public mind is quickened to this utility, so that all men and women, the young, the middle-aged, the cld, may be given an opportunity to benefit by outdoor life regularly supervised and trained under semi-military discipline tent medical and nursing assistance."

GRACEFUL FOR THE BALLROOM



This rich gown is carried out entire ly of gold brocaded metal cloth draper into long, graceful lines.

Many of the black gowns are is mounted over white satin. This to very distinguished when the lace is new, but chantilly which is an heir oom should never be put over white or any light tint. The old, if rare ace tears easily, and any mending of the fabric, however delicately done shows up unpleasantly against the light lining. It is always best to mount valuable old laces over a "drop" of tulle or to vell the lace frock with tuile if this can be done without spelling the design and the lines.

A broken promise cannot be mended so that it will look like new. People who are too old to learn have outlied reteir usefulness.
Hunger never kicks because the tablecloch is soiled.

often and too generously.

MOTOR CARS

OR EXCHANGED

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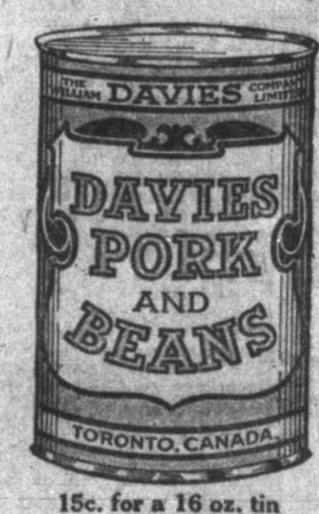
"ITELLO, Mary! May I bring a business friend home for dinner? Sorry the time is so short. Can you manage somehow?"

"Why, certainly, John! No trouble at all! I have a nice little stock of Davies Pork and Beans on the shelf for just such an emergency!"

"Good for you! That's sensible!"

All she had to do was warm up the pork and beans and serve." Everyone enjoyed the real treat and congratulated her on her thoughtful management. How thankful she was for

Davies Pork and Beans



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