



Ready in a moment

OXO CUBES are a vast improvement on all the old fashioned methods.

While the water is "coming to the boil," cup, saucer and OXO CUBE are got ready and in one minute hot, tempting Bouillon awaits you.

OXO CUBES save time and cut out the drudgery of cooking. They are so sustaining that one OXO CUBE and a few biscuits enable one to carry on for hours.

10 cent and 25 cent Tins.

A CUBE TO A CUP



Doctors Stand Amazed at Power of Bon-Opto to Make Weak Eyes Strong—According to Dr. Lewis

Guaranteed to Strengthen Eyesight 50% in One Week's Time in Many Instances

A Free Prescription You Can Have Filled and Use at Home

Victims of eye strain and other eye weaknesses, and those who wear glasses, will be glad to know that according to Dr. Lewis there is real hope and help for them. Many whose eyes were failing say they have had their eyes restored by this remarkable prescription and many who once wore glasses say they have thrown them away. One man says, after using it: "I was almost blind. Could not see to read at all. Now I can read everything without my glasses and my eyes do not hurt any more. At night they would pain dreadfully. Now they feel fine all the time. It was like a miracle to me." A lady who used it says: "The atmosphere seemed hazy with or without glasses, but after using this prescription for 15 days everything seems clear. I can read even fine print without glasses." Another who used it says: "I was bothered with eye strain caused by overwork, tired eyes which induced severe headaches. I have worn glasses for several years both for distance and work, and without them I could not read my own name on an envelope or the type-writing on the machine before me. I can do both now and have discarded my long distance glasses altogether. I can count the fluttering leaves on the trees across the street now, which for several years have looked like a dim green blur to me. I cannot express my joy at what it has done for me." It is believed that thousands who wear glasses can now discard them in a reason-

able time and multitudes more will be able to strengthen their eyes so as to be spared the trouble and expense of ever getting glasses. Eye troubles of many descriptions may be wonderfully benefited by the use of this prescription. Go to any active drug store and get a bottle of Bon-Opto tablets. Drop one Bon-Opto tablet in a fourth of a glass of water and let it dissolve. With this liquid bathe the eyes two to four times daily. You should notice your eyes clear up perceptibly right from the start and inflammation and redness will quickly disappear. If your eyes bother you even a little it is your duty to take steps to save them now before it is too late. Many hopelessly blind might have saved their sight if they had cared for their eyes in time.

Note: Another prominent physician to whom the above article was submitted, said: "Yes, the Bon-Opto prescription is truly a wonderful eye remedy. Its constituent ingredients are well known to eminent eye specialists and widely prescribed by them. I have used it very successfully in my own practice on patients whose eyes were strained through overwork or misfit glasses. I can highly recommend it in case of weak, watery, itching, smarting, burning eyes, red lids, blinged vision or for eyes inflamed from exposure to smoke, sun, dust or wind. It is one of the very few preparations I feel should be kept on hand for regular use in almost every family." Bon-Opto, referred to above, is not a patent medicine or a secret remedy. It is an ethical preparation, the formula being printed on the package. The manufacturer guarantees it to strengthen eyesight 50 per cent in one week's time in many instances or refund the money. It can be obtained from any good druggist and is sold in this city by George W. Mahood and others.

Five out of Seven American Housewives

now use what are known as combination or double-acting baking powders. This style of baking powder has two actions. It acts first when cold water or milk is added in the mixing bowl. Its second action requires the heat of the oven. This strong, double leavening power is what is needed for the heavy Government Standard flour in use today.

EGG-O Baking Powder

is a pure, strong, double-acting baking powder that Canadian housewives are finding just right for their baking. It bakes light, easily-digested, deliciously flavored bread, cakes and tea biscuits.

If you are having trouble with your baking, try Egg-O instead of the ordinary baking powders. You'll be delighted with the results.

Egg-O Baking Powder Co. Limited
Hamilton, Canada



The chief members of the British and American peace delegations have confidential women secretaries, who have been chosen as individuals because they had special

The women engineers of Great Britain, one of the unexpected discoveries of the war, have banded themselves together into a strong trade organization called the Women's Engineering Society.

FOR SPRING WEAR

Brighter Fabrics Used in After War Designs.

Garments Being Made Fancier, Will Require a Greater Amount of Material Than Formerly.

Following the convention of the National Cloak, Suit and Skirt Manufacturers' association in Cleveland, O., the committee on designs prepared styles for the coming spring which are of great import to the manufacturers of dress and coat fabrics and dealers in trimmings and other accessories. The designs outlined for the coming season were prepared without the necessary wartime thought which called for conservation in every possible way. This means that greater yardage will, in most instances, be consumed, and as the garments are made fancier, getting away from the former straight, plain lines, the additional trimmings needed will result in materially increasing their many unusual touches of color; of such merchandise. For suits, braid will be extensively used. Belts will be quite commonly worn.

The report of the design and model committee reads in the main as follows:

"Suits—There is such a variety of suit-styles for spring that women will be able to find expression of their own individuality. Smart and youthful are the short, loose-hanging box models.

"Many of these suits are gracefully trimmed with braid, cording or embroidery; others are more simple of outline and are worn with white or bright colored vests or vestees, making a most attractive contrast. One of the predominating features of these tailor-made suits is a graceful, long-rolling collar so fashioned to display smart vestees or blouses, which are so becoming and fascinating. As sport clothes are timely, much dash and smartness is given in novelty belts and partial belts, making an attractive means of fastening. Large pockets and convertible collars add beauty and distinction to this type of garment.

"Skirts—The skirts for spring will be built on youthful lines, not too tight and having the appearance of tapering at the footline. There are many smart, novel cuts that accentuate this effect. These skirts are worn about seven inches from the floor.

"Coats—A new silhouette has made its appearance. This silhouette finds its expression in the dothan coats and capes, which are built on loose-hanging lines, tapering slightly at the bottom.

"Many other new and attractive means of fastening are being displayed, also many new-belted effects. The collars are especially noteworthy with their many unusual touches of color, collars that fasten over artistically, scarf collars, shirt collars, each type charming in outline and design."

SMART HAT AND SCARF SET



This smart hat and scarf set is in mauve velvet. Gray and yellow checked velvet forms a striking trimming.

ART OF MIRRORING VELVETS

Hot Iron and Steady Hand Necessary, as Material Must Be Stroked on Right Side.

Mirrored velvet is so much in vogue that a word of explanation as to the home process may be helpful. Any ordinary piece of velvet may be mirrored with the proper care. All that is necessary is a hot iron and a steady hand, for the velvet must be stroked with the iron, on the right side, at regular intervals. The iron must be kept moving quickly and in the same direction, in order to insure a smooth and mirror-like surface. The amateur would do well to practice for a few moments with an old piece of velvet, before attempting to work with her actual materials. The process is not difficult and, if carefully done, will save the extra expense charged for the finished product. Mirrored velvet hats are pretty, when trimmed with chenille or ostrich feather trimming, and a fancy braid of crocheted chenille is another attractive finish in the mirrored hat.

Doctors Fail

"Terrible case of Eczema—contracted when a mere boy—fought disease for ten years, with half dozen specialists. Both legs in terrible condition. Almost a nervous wreck. It took just 8 bottles to clear up this disease."

This is the late testimony of a prominent newspaper man. His name and his remarkable story in full on request. We have seen so many other cures with this marvelous liquid wash that we freely offer you a bottle on our personal guarantee. Try it to-day. Mahood's Drug Store, Kingston.

Doctors Fail

Miss Helen Frick, of New York, is spending \$2,000 a week profits from her Red Cross shop on sight-seeing tours for convalescent soldiers, in which society women act as guides.

NOT A PARTICLE OF DANDRUFF OR A FALLING HAIR

Save Your Hair! Double Its Beauty In Just a Few Moments

"Danderine" Makes Your Hair Thick, Glossy, Wavy and Beautiful.

Within ten minutes after an application of Danderine you can not find a single trace of dandruff or falling hair and your scalp will not itch, but what will please you most will be after a few weeks' use, when you see new hair, fine and downy at first—yes—but really new hair—growing all over the scalp.

Danderine is to the hair what fresh showers of rain and sunshine are to vegetation. It goes right to the roots invigorates and strengthens them. Its exhilarating, stimulating and life-producing properties cause the hair to grow long, strong and beautiful.

A little Danderine immediately doubles the beauty of your hair. No difference how dull, faded, brittle and scraggy, just moisten a cloth with Danderine and carefully draw it through your hair, taking one small strand at a time. The effect is amazing—your hair will be light, fluffy and wavy, and have an appearance of abundance; an incomparable lustre, softness and luxuriance.

Get a small bottle of Knowlton's Danderine from any drug store or toilet counter for a few cents and prove that your hair is as pretty and soft as any—that it has been neglected or injured by careless treatment—that's all—you surely can have beautiful hair and lots of it if you will just try a little Danderine.

NAVY BLUE FOR SPRING WEAR

Brilliant Linings, Striped Vests, Braid and Buttons in Gay Array Among Things Forecast.

It is said that fully 90 per cent of the spring suits will be in that favored color of all well-dressed women—navy blue. It is further prophesied, however, states a writer in the Philadelphia Record, that gay touches in the way of colorful linings and bright sweaters, will relieve any somberness. Many of them will be in wash materials, chiefly stripes.

Braid trimmings will be in evidence, as will also buttons covered with the fabric. Link buttons, by the way, fabric covered or bone, will be used in the cuffs, quite an odd and refreshing idea for suits.

The lines, it is prophesied, will be little different from the present silhouette, except, perhaps, the box lines of some of the hip-length models. Straight and box lines will predominate generally. A few "chicken" models, disrespectfully so-called, will appear, those having high waistlines and an emphasized flare.

Collars, when they exist, will be of the long shawl variety, suggesting the tuxedo. The collarless square neck will appear on some of the more extreme jackets. Semi-belts will appear at the back and front, but not at the sides. On the average suit the waistline will be normal. There will be a few coats on the wrap order. These will have fitted vests to give them tightness.

A commission to study the labor of women and children has been appointed by the governor of Louisiana.

MILBURN'S LAXA-LIVER PILLS

Act as a stimulant to the sluggish liver, clean the furred tongue, sweeten the foul obnoxious breath, and clear away all the poisonous accumulations from the system by causing the bowels to move regularly and naturally every day, thus preventing as well as curing constipation, sick headaches, bilious headaches, water brash, heartburn, and all diseases arising from a lax, slow or torpid liver.

They are purely vegetable, small and easy to take, and there is nothing of the griping, weakening and sickening effects of the old-fashioned purgatives.

Mrs. John Kadey, Chipman, N.B., writes:—"I have been using Milburn's Laxa-Liver Pills for some time and can recommend them to anyone suffering from heartburn and liver trouble. I tried other remedies, but they only relieved me for a short time. I always recommend Laxa-Liver Pills to all sufferers, as I think they are a valuable remedy."

When you go to your dealer and ask for Laxa-Liver Pills, see that you get the genuine "Milburn's." Price 25c a vial at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Doctors Fail

"Terrible case of Eczema—contracted when a mere boy—fought disease for ten years, with half dozen specialists. Both legs in terrible condition. Almost a nervous wreck. It took just 8 bottles to clear up this disease."

This is the late testimony of a prominent newspaper man. His name and his remarkable story in full on request. We have seen so many other cures with this marvelous liquid wash that we freely offer you a bottle on our personal guarantee. Try it to-day. Mahood's Drug Store, Kingston.

D. D. D.

For Skin Disease.

AFTERNOON DRESS OF VELVET



The charming afternoon gown of navy blue velvet comes from Lady Duff Gordon. It is fastened high at the neck with an interesting array of steel buttons on the waist and the sleeves.

NO EXTREME FEATURES USED

New Fall and Winter Clothes Are Marked by a General Air of Simplicity.

In viewing the new clothes for fall and winter one is struck by the absence of extreme features, and also by the general air of simplicity displayed. Colors are quiet, browns, blues and black predominating, with here and there a demure costume carried out in gray or taupe. Even embroidery has been subdued, and although in a few cases bright-colored wool or silk is used, the general tendency is toward gray and beige, or a soft coppery red that is new and most attractive.

As inevitable as the season itself is the serge street frock, and its variations there are many; so, while at first glance there is a slightly monotonous effect in the costuming of the women who now throng the smart restaurants and shops, a closer inspection reveals an individuality in the arrangement of certain new details of trimming, or in the cut of the neck or fashion of sleeve. To keep to the fad of using as little wool as possible there are many clever combinations of fabrics and one is inclined to feel that this rule, instead of hindering, has been an aid to the creative abilities of designers.

NEWEST FASHIONS ARE CHIC

Latest Styles Are Regarded as More Practical Than They Have Been in Recent Years.

Taking it all in all, the new fashions are more attractive and at the same time more practical than they have been in years. Here are a few salient characteristics:

Belts are either soft and draped or flat and straight. One Paris frock has a belt made of a strip of inch-wide braid with the ends crossed and falling in short tabs. The most graceful sash is of satin, with a fringed end.

The new color is beige, sometimes called rust color. All the browns will be fashionable and certain shades of green. Gray is much liked for street costumes and taupe and gray make a smart combination. Every other dinner gown is black.

A yard and twelve inches will be enough width for the fall skirt—if one wishes to be extremely smart. More conservative taste may increase the width as far as a yard and three-quarters—no more than that is permitted by fashion.

Sleeves must be tight as one can stand them, with small armholes and the wrist provided with buttons and loops or other fastening devices, so that one may get into the sleeve without a struggle.

MILLINERY HINTS

Although one occasionally sees a bright red or horizon blue hat, this fall it is the fur tones, browns and gray, that lead in millinery. This means a range of some extent, for the brown furs are rather numerous and there are several shades in the gray grouping. Sometimes a feathery fancy in contrasting shade is used for trimming, but more often the one color scheme is maintained.

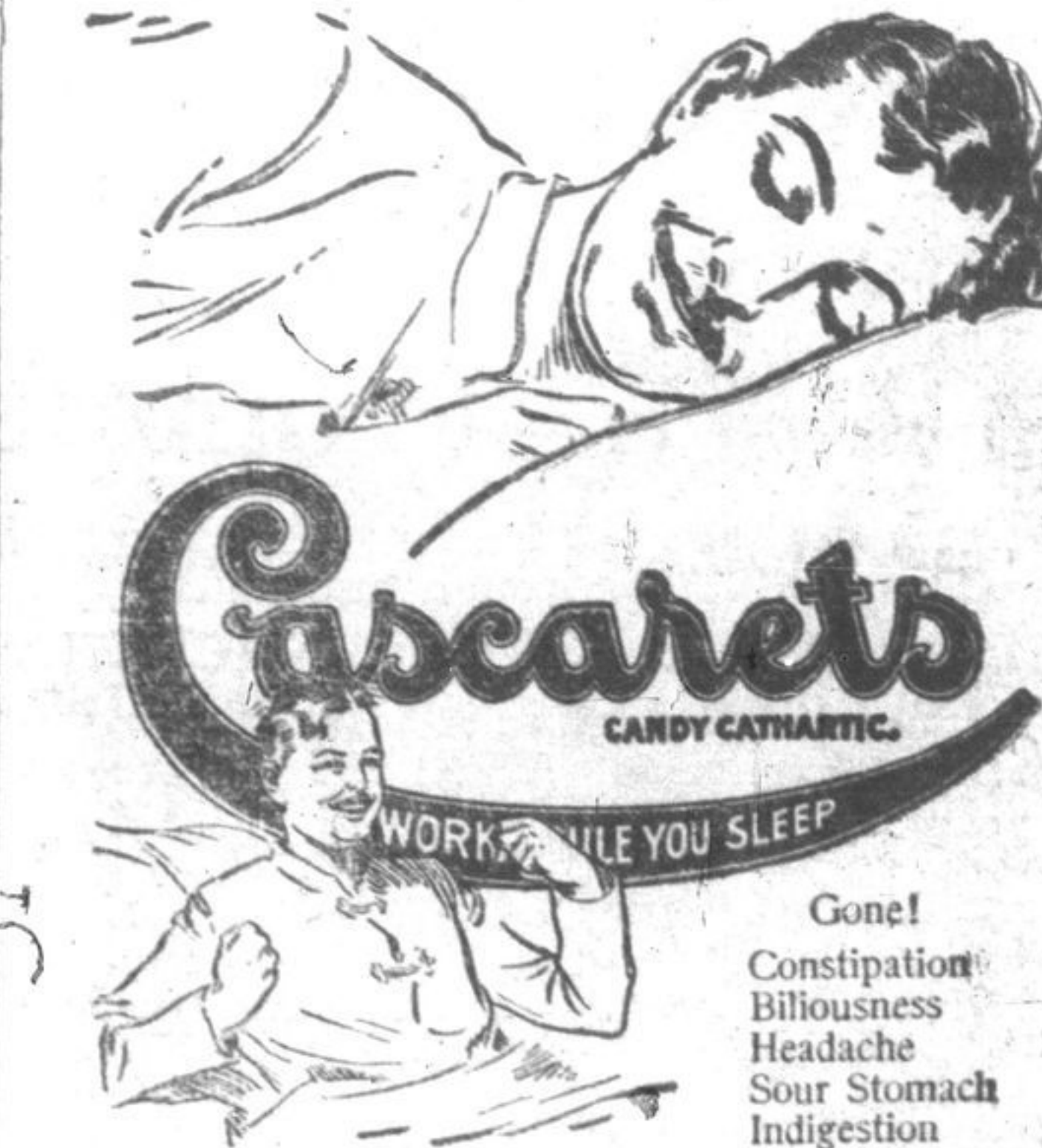
Fringed silk ribbon is the trimming novelty and on some of the models from Paris it resembles an ostrich feather band.

The minimum of trimming is the rule and often a narrow band of gros-grain ribbon is the sole decoration on a turban or sailor shape of velvet, velour or hatter's plush.

Handkerchief Fads

A dainty handkerchief has one corner cut off and remade by a triangle of white net on which is one's monogram.

Statistics show that 1,200,000 British women took men's jobs during the war. In April, 1918, 701,000 women were employed in munition plants and 744,000 in other government work.



Cascarets

CANDY CATHARTIC.

WORK WHILE YOU SLEEP

Gone! Constipation, Bilioousness, Headache, Sour Stomach, Indigestion

Prepared Specially for this Newspaper by Pictorial Review.

Broadcloth Costume in Overdress Effect.



Overdress in Broadcloth.

An all-day frock, to answer all of the demands made upon it, should be smart, simple and serviceable. The model shown here lends itself to two forms of treatment as regards sleeves and trimming. A flare finish may be given to the sleeves, or they may be stitched in close effect to the wrists, and for the lower edge of the overdress, either soutache braid or fur may be used as a trimming. The overdress is made with a yoke that descends into a panel front and back. It is in redingote style, mounted on a satin foundation that consists of a back-clothing underbody joined to a two-piece skirt that is gathered at the back and closes at the center-back.

The underbody should be made first. Close the underarm and shoulder seams as notched, then turn a hem in the back at notches. Plait and bring folded edges to corresponding small "o" perforations and stitch. Adjust waistline one inch wide underneath lower edge of underbody for a stay.

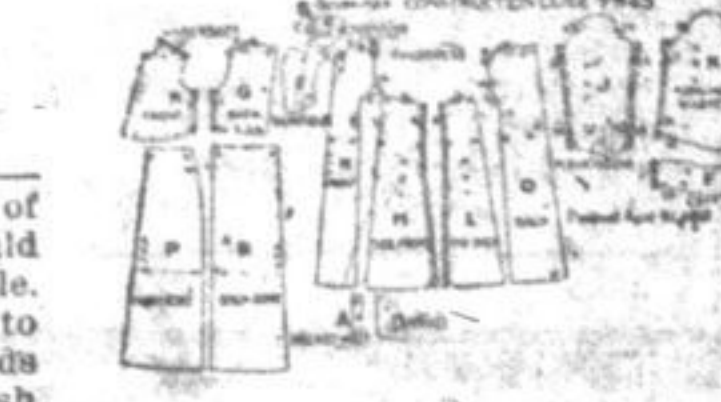
Pictorial Review Dress No. 7943. Sizes, 34 to 44 inches bust. Price, 25 cents.

Next, take the skirt and slash the back gore through the fold at center-back, from upper edge to the upper small "o" perforation and finish the edges above the perforation for a placket. Join gores as notched. Gather back gores between "T" perforations. Adjust skirt to position on underbody with upper edge even with the upper edge of belting and with center-front even; bring back edge of back gore to center-back.

To make the overdress, join the front to side front and join back to side back; matching notches. Gather side front and sew gathers to yoke extensions matching notches. Close under-arm and shoulder seams as notched. Turn hem in back on line of small "o" perforations; line of large "O" perforations indicates center-back. Lap right back on left with center-backs even and finish for closing.

Sew collars to neck edge with center-backs and large "O" perforations even; leave collar free from center-back to left front and finish for closing.

Close seams of sleeve as notched;



terminate the dart seam at small "o" perforation and leave the seam free below the large "O" perforation. Sew sleeve in armhole of overdress as notched, with small "o" perforation at shoulder seam easing in any fullness between the notches. Hold the sleeve toward you when basting it in the armhole.

Slash the side front of pocket along the line of the small "o" perforations and bind the slashed edges. Arrange two pocket sections together and stitch around the edges (forming a bag) leaving an opening between the small "o" perforations. Sew pocket to opening in side front. Small "o" perforation in pocket welt indicates upper front edge. Face welt and adjust to position, with front edge over the front of pocket opening.

For Sale by
NEWMAN & SHAW
McFaul's Old Stand :: Princess Street

The unexcelled facilities of our big mills are devoted to making

PURITY FLOUR

(Government Standard)

THE BEST FLOUR POSSIBLE TODAY

MORE BREAD AND BETTER BREAD AND BETTER PASTRY

Western Canada Flour Mills Co. Limited

HEAD OFFICE—TORONTO

BETTER OATS MAKES BETTER PORRIDGE

Canada Food Board License No. Flour 15, 16, 17, 18, and 2-000

Mrs. George Walker of Newton Center, Mass., won the rifle contest for women held recently at Pinehurst, N.C.

Catherine Haywood of Philadelphia has shown proficiency at billiards that is superior to that of many noted male players.