

WANTS EVERYBODY TO KNOW ABOUT IT

John Ashley is Like New Now Since Taking Tanlac—Gained 30 Pounds.

The best evidence of the merits of a medicine is what people who have actually taken it have to say about it.

"The best proof I can give that Tanlac was the right medicine for me is the way it has relieved my suffering and built me up.

"Last June my stomach got all out of order so that I couldn't eat without suffering from indigestion.

"Finally one of my neighbors advised me to try Tanlac and almost as soon as I commenced taking it I started to straighten up.

Tanlac is sold in Kingston by A. P. Chown, in Flevea by Gilbert O'Neil, in Battersby by C. S. Clark, in Fernleigh by Ervin Martin, in Ardcoch by M. J. Seullion, in Sharbot Lake by W. Y. Cannon.

—Advt.

DEATH AT PEIACH ROAD

Of Mrs. Walter Ritchie—Influenza Very Prevalent. Perth Road, March 21.—A gloom was cast over the community when it was learned that Mrs. Walter Ritchie, formerly Evelyn Ferguson, had passed away on Tuesday evening, March 19th.

An egotist is a man who enjoys talking to himself.

From The Countryside

Frontenac

ALLEN, WOLFE ISLAND. March 20.—The patrons of Gill Edge Cheese factory held their annual meeting on Wednesday evening to elect officers.

ZEALAND. March 18.—Heavy rain fell for two days. The Garrett Bros. shipped a car of cordwood from Ungava siding to Perth on Monday.

SHARBOT LAKE. March 19.—Herbert Taylor, Calgary, was the guest of Mr. and Mrs. H. J. Thomson this week.

SUNBURY

March 22.—Rev. P. W. Currie attended the funeral of the late Mrs. Walter Ritchie at Perth Road on Thursday last.

ARPEL

March 18.—James Hughes has returned home after spending three years overseas. His many friends are glad to see him looking so well.

Lennox and Addington

ROSE HILL. March 18.—Mr. and Mrs. E. Hawley and daughter Martha were renewing acquaintances here.

ment held at Matawathan, Monday night.

BATH

March 20.—Judson Ball, Watertown, N.Y., is spending a few days at Overton Ball's.

Prince Edward

SALEM

March 20.—The death took place on Thursday last of Mrs. S. Burley at the home of her daughter, Mrs. Halton Spencer.

Township Councils

KINGSTON

Catarqui, March 3rd.—Members all present. Minutes of last meeting approved. Motion, Sproule-Heaton, that the Reeve and Councilor Weller be authorized to act as defendant in the suit relating to the deal or purchase of the County of Frontenac by the Township of Kingston.

Council adjourned to meet the 2nd Monday in April at 1 p.m.

WELLINGTON TIDINGS

An Evangelist to Hold Forth for Five Weeks. Wellington, March 20.—The remains of the late Herbert Johnson, of Hallowell, were buried on the 17th inst., at Glenview cemetery.

George Noble has recovered from a recent illness. Mrs. Noble and son Stanley, who has recently returned from overseas, called on George Noble last week.

Mr. and Mrs. Finton M. Mahon are settled in their cozy cottage on the corner of Main and West streets, where they are enjoying their early wedded days and will be at home to their many friends in a few days.

The Sunday school convention was held in the Methodist church on the 17th inst. Douglas Christie is in Kingston undergoing another operation on his leg.

There is talk of a new hotel being erected here in the near future.

Wedding at Erinsville

Erinsville, March 21.—In Monday, March 3rd, the Church of the Assumption, Erinsville, was the scene of a pretty event when Rev. Father Dulyn united in marriage Nora Frances, youngest daughter of Mr. and Mrs. John Kearns, and Dennis Neville, son of Mr. and Mrs. John Neville, Erinsville.

FREE

THIS WEEK ONLY At the Stores Named Below A 10-Day Tube of Pepsodent

Science Saves Teeth By Applying a Digestant Nowadays

All Statements Approved by High Dental Authorities



That Slimy Film Is What Wrecks Teeth

Millions of people who brush teeth daily find they will discolor, still decay. Tartar forms, and pyorrhea often gets a start.

Statistics show that tooth troubles have been constantly increasing, despite the wide use of the tooth brush.

Science finds the reason in a film. That slimy film which you feel with your tongue causes most tooth troubles.

That is what discolors—not your teeth. It is the basis of tartar. It holds food substance which ferments and forms acid. It holds the acid in contact with the teeth to cause decay.

Millions of germs breed in it. The dental name for this film is "bacterial plaque." Those germs, with tartar, are the chief cause of pyorrhea. They also lead to other serious troubles.

That film clings to the teeth. It gets into crevices, hardens and stays. The ordinary dentifrice cannot dissolve it. Soapy tooth pastes even help to make it cling.

That is why the tooth brush has proved disappointing. It removed food debris, and the teeth seemed clean. But the great tooth destroyer—which is film—was left to do its damage.

Now dental science has evolved an efficient film combant. Clinical tests under able authorities have proved this fact beyond question. Now the method is embodied in a dentifrice called Pepsodent, and leading dentists everywhere are urging its adoption.

To hasten this we are supplying this 10-Day Tube for home tests.

See for Yourself What This New Way Does

Pepsodent will prove itself to anyone who tries it. So we supply this 10-Day Test Tube free. And we urge you to try it, for your sake and your children's sake, and see for yourself what it does.

Pepsodent is based on pepsin, the digestant of albumin. The film is albuminous matter. The object of Pepsodent is to dissolve it, then to day by day combat it.

Pepsin long seemed impossible. It must be activated, and the usual method is an acid, harmful to the teeth. But dental science has evolved a harmless activating method. Five governments have already granted patents. In the opinion of experts, that method—used in Pepsodent—will bring about a dental revolution.

To avoid mistake, able authorities have submitted Pepsodent to many careful tests. They have watched the results in thousands of cases, and watched them for years in some.

Now the time has come when everyone should know it, and at once. So we have supplied free 10-Day Tubes to the stores named below. And we urge every household to get one there this week.

Use it like any tooth paste and watch results. Note how clean the teeth feel after using. Mark the absence of the slimy film. See how the teeth whiten—how they glisten—as the fixed film disappears.

Just let it prove itself. Judge it by the clear results, and by the reason for them.

Then decide for yourself what filmless teeth will mean to you, and if Pepsodent insures them. This test is most important to you.

Cut out the coupon now.



The New-Day Dentifrice

Any Store Named Below Will Supply the Free Tube on This Coupon

- Best Drug Store : 124 Princess St. Mahood Drug Co., Cor. Princess and Bagot Prouse's Drug Store, 312 Princess Street Sargent's Drug Store 186 Princess Street

10-DAY TUBE FREE

Present this coupon, with your name and address filled in, to the stores named. It is good for a 10-Day Tube of Pepsodent.

Your Name _____

Address _____

Out-of-town residents should mail this coupon to The Pepsodent Company, 1104 So. Wabash Avenue, Chicago, and the tube will be sent by mail. Kingston B-W 1818-2

Advertisement for INSTANT POSTUM with its coffee-like flavor but pure cereal composition adds zest and health to every meal. Requires little sugar, & is made in a moment. Includes image of a Postum cereal tin.

Advertisement for Dominion of Canada War-Savings Certificates. Shows a grid of certificates numbered 6, 7, 8, 9, 10.

Advertisement for BUY WAR-SAVINGS STAMPS. WHAT CAN BE DONE WITH War-Savings Stamps. From Feb. 22nd, 1916, to Jan. 18th, 1919, War-Savings Certificates were bought in Great Britain to the amount of \$1,435,151,000.00.

The man who boasts of wanting but little here below is usually the first to kick for more room in a crowded street car. Analogy is merely a method of convincing without proof.