

EMBARRASSMENT, THE RESULT OF COUGH

You've seen it often—just as the singer, preacher or great actor reaches the climax and the audience is keyed up to the highest pitch of anticipation, there comes that uncontrollable cough or sneeze from somewhere in the audience. How embarrassing for the victim who knows that the pleasure of many has been spoiled.

You can avoid being in a similar position by always carrying a box of Dominion C. B. Q. Tablets (in the red box). One or two doses will stop a cold before it gets seated, or break up a hard cold in short order. Get a box to-day. National Drug & Chemical Co. of Canada, Limited.

Stops Headache Dominion C. B. Q. TABLETS (in the red box) Break up Colds and La Grippe in a few hours, 25c.

THOMAS COPLEY Telephone 987 Wanting anything done in the carpenter line, Estimates given on all kinds of repairs and new work; also hardwood floors of all kinds. All orders will receive prompt attention. Shop 65 Queen Street.

SUMMER MONTHS BRING ASTHMA AND MAY FEELS AND THESE DISTRESSING DISEASES NEED PREVENTIVE TREATMENT. DR. J. D. KELLOGG'S ASTHMA REMEDY WHEN BURNED EMITS AN "AGREABLE SMOKE" THE INHALING OF WHICH PROMPTLY ALAYS IRRITATION. A TRIAL WILL CONVINCE YOU OF ITS MERITS.

The Telgmann School of Music Piano, violin and other stringed instruments; elocution and dramatic art. Pupils may begin at any date. Terms on application. Engagements for concerts accepted.

216 Frontenac Street, Phone 1610. DARTING, PIERCING SCIATIC PAINS Give way before the penetrating effects of Sloan's Liniment

So do those rheumatic twinges and the loin-aches of lumbago, the nerve-inflammation of neuritis, the wring neck, the joint wrench, the ligament sprain, the muscle strain, and the throbbing bruise.

The ease of applying, the quickness of relief, the positive results, the cleanliness, and the economy of Sloan's Liniment make it universally preferred. Made in Canada.

Sloan's Liniment Kills Pain 30c, 60c, \$1.20

Whipping Cream AND ALL OTHER Table Luxuries GLOVER'S License No. 5-4528

TENDER GUMS - A WARNING Beware of gum tenderness that warns of Pyorrhea. Four out of five people over forty have Pyorrhea—many under forty also. Loosening teeth indicate Pyorrhea. Bleeding gums, too. Remember—these inflamed, bleeding gums act as so many doorways for disease germs to enter the system—inflicting the joints or tonsils—or causing other ailments.

Forhan's positively prevents Pyorrhea, if used in time and used conscientiously. As it hardens the gums the teeth become firmer.

Brush your teeth with Forhan's. It cleans the teeth scientifically—keeps them white and clean.

If gum shrinkage has already set in, start using Forhan's and consult a dentist immediately for special treatment. 30c and 60c tubes. All Drugists. FORHAN'S, LTD., 307 St. James St., Montreal.

Forhan's FOR THE GUMS Nelson Warren, Rockfield, died on Friday, aged forty-six years. A widow and two small children survive.

From The Countryside

Frontenac

ELGINBURG. March 15.—Mrs. Joseph Hawkey entertained the choir and a few friends on Wednesday evening. Mrs. John Irwin is visiting her daughter, Mrs. Walter Barclay, Toronto. Mrs. John Reid is spending a few days with friends in Kingston. Mr. and Mrs. C. Fraser spent a couple of days with friends at Harrowsmith. Mrs. John Porter visited at Mrs. H. Johnston's, Kepler, last week. Mrs. J. P. Gordon, Glenvale, and Miss Beatrice Graham are visiting friends in Kingston.

SUNBURY. March 17.—The stage has succeeded in making a daily trip all this week. The young people find a great deal of pleasure in coasting down the manse hill these beautiful moonlight evenings. The new Presbyterian minister, Rev. P. W. Currie, moved his household effects into the manse on Friday of last week, and his daughter, who keeps house, arrived the Tuesday following to superintend the task of settling. Both are welcome to the village and neighborhood. Miss Currie has commenced giving music lessons at the manse.

PLEVNA. March 14.—The death of Jacob Glensinger, an old and highly respected resident of this place, occurred at the family residence at an early hour Tuesday morning. Deceased, who was seventy-seven years of age, had been ailing for a number of years from old age infirmities. He leaves to mourn his loss his widow and two sons. The funeral was held Thursday afternoon taking place in the Roman Catholic cemetery at Ardooch. The pall-bearers were his two sons, John and Henry, his step-son, Lawrence Schonauer, also George and John Schonauer and George Weber.

MOUNTAIN GROVE. March 14.—The marriage was solemnized at noon on Wednesday, March 5th, at the home of Mr. and Mrs. Lawrence Price, Mountain Grove, when their second daughter, Elizabeth, was united in marriage to Leslie O. Warren. The ceremony was performed by Rev. W. H. Becker, pastor of the Methodist church, Mountain Grove, in presence of the immediate relatives. The young couple were attended by Miss Mabel Price, sister of the bride, and Kenneth J. Warren, brother of the groom. After a dainty wedding repast Mr. and Mrs. Warren left for Ottawa, and after spending a short time with relatives they will take up residence near Mallorytown where the groom is a prosperous farmer.

SNOW ROAD. March 13.—Owing to the snowstorm on Sunday there was no service here. Mrs. Kelford and two little sons of Sudbury, arrived on Saturday to spend some time with friends here and at Elphin. Mrs. James Palmer returned to-day after visiting in Perth for a few days. E. Boves spent Sunday at Snow Road. Mr. and Mrs. John Gemmel made a trip to Lanark last week. W. Richards is spending the week in Montreal. Miss Maude Walker was the guest of Miss Bessie Kennedy on Thursday. Mrs. Thompson returned on Saturday after spending a few weeks at Flower Station. Clarence Gillespie was an over-Sunday guest at D. Wood's. Miss Viola Millar spent the past two weeks at Watson's Corners. Mr. and Mrs. Robert Ferguson, of Lantand, called on friends here on Sunday.

Leeds

JUNETOWN. March 15.—Miss Marion Scott spent last week at E. Scott's, Yonge Mills. Miss Mary Scott is spending a few weeks at Mr. Shipman's, Ivy Lea. Miss Agnes Price attended the Warren-Price wedding at Mountain Grove last week. Dr. Brant, veterinary, Athens, made a business call here on Wednesday. Mrs. J. Truesdell has recovered from her recent illness. Rev. C. J. Curtis, Mallorytown, was calling on friends in this district on Friday. J. D. Bigford is recovering from an injury received while drawing hay a few weeks ago. Robert Mulvaugh is quite ill of blood poisoning. Mr. and Mrs. Frank Fortune were recent guests of friends at Newboro. The cheese factory opened for the season on Wednesday with William Flood as manufacturer for both cheese and butter. Mrs. S. Booth, Lillie's, has resumed her music class after enjoying a few holidays with her sister in Toronto. Mr. and Mrs. W. H. Franlin are spending the day in Athens.

Prince Edward

BONGARD'S. March 14.—Mrs. Graham, of Bancroft, is visiting her daughter, Mrs. W. J. Hawker. Mr. and Mrs. Thomas Bongard, accompanied by Mrs. Minsaker, of Cherry Valley, spent a day at J. Carson's, Cressey. C. B. Pierce and wife attended the Oddfellows' "At Home" in Picton on Wednesday evening. A. Wright, of Conway, was in this vicinity on Sunday last. The tea meeting at Bongard's church on Wednesday evening was a decided success. Mr. and Mrs. Harvey Hicks entertained a number of their young friends to tea on Saturday evening. Harry Whistman and Mrs. Whistman, of Waupoos, were guests at P. C.

David's on Sunday last. Mr. Thomas Bongard entertained on Monday evening. Mrs. Fowkes, of Toronto, has purchased from F. Vincent his house and lot, to be used as a summer home. Mr. and Mrs. A. Kerr, of Waupoos, were recent guests at R. Harrison's. Mr. and Mrs. Tobog and Mr. and Mrs. Kingsley, of Picton, attended the tea meeting here on Wednesday evening. Miss Patterson, of Bethel, has been the guest of Miss Rose Bongard. Mr. and Mrs. H. Kerrison and son attended a party at A. Kerr's, Waupoos, on Friday evening. Born, to Mr. and Mrs. W. Miller, a son.

Township Councils

WOLFE ISLAND. March 1.—Municipal council met at 11 a.m., members present: the Reeve and Councillors O'Reilly and Spoor. Minutes of last meeting confirmed. Steamboat accounts paid. Jan. 1919: Wm. Armstrong, \$65.32; Earl Briceland, \$49.32; M. O'Shea, 29.04; George Rattay, \$162.55; A. Ryan, 18 days freeman, \$29.04; Capt. McDonald, \$75; John Gray, \$75; A. Ryan, 15 days assisting engineer, \$37.50. Feb. accounts: Capt. McDonald, \$75; John Gray, \$75; Harvey Campbell, ship carpenter, \$35; 10; Kingston Laundry, \$2.24; Stevenson & Hunter, \$6.35; McKelvey & Birch, \$8.66; F. Baker, auditor, \$7.50; H. Dawson, auditor, \$7.50. Township accounts paid: Dan Deeb, bushing road, \$7; McKelvey & Birch, iron rods, \$9.10; Registration, B.D. & M., \$14.40; Clerk, salary, \$109; G. George Whitmarsh, assessor, \$103; F. Baker, auditor, \$7.50; H. Dawson, auditor, \$7.50. Moved, O'Reilly, Spoor, and resolved that George Rattay be re-engaged as purser and steward for ensuing year on same terms and conditions as last year. The Reeve was authorized to make the necessary transfer in the accounts to pay boat debentures when due. Meeting adjourned to first Saturday in April at 10.30 a.m.

The Cause of Backaches

Every muscle in the body needs a supply of rich, red blood in proportion to the work it does. The muscles of the back are under heavy strain and have but little rest. When the blood is thin they lack nourishment and rebel. The result is a sensation of pain in these muscles. Many people are frightened into believing that backaches are due to kidney trouble, but the best medical authorities agree that backache is very seldom due to kidney trouble. In fact not more than one backache in a hundred has anything to do with the kidneys. The whole trouble is due to thin or impure blood, and those who are troubled with pains in the back or joints, either frequent or occasional should look to the condition of the blood. It will be found in most cases that Dr. Williams' Pink Pills by building up the blood and feeding the starved nerves and muscles will banish the pains and make you feel better in every other way. How much better it is to try your blood than to give way to unreasonable alarm about your kidneys. If you really suspect your kidneys any doctor can make tests in ten minutes, that will set your fears at rest, or tell you the worst.

All dealers in medicine sell Dr. Williams' Pink Pills, or you can get them by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont. Requested His Resignation. Port Hope, March 18.—At a meeting of the council the council requested the resignation of Dr. R. Dickinson as medical health officer. The council reduced his salary to \$300 per year, which he did not intend to stand for, he requesting that the salary be placed at \$1,000 or if not taken to the county judge. At the meeting he was unable to show any valid reason for his work calling for \$1,000 salary and the council by a vote of seven to two requested his resignation.

HAVE YOU NICE HANDS?

You can have if you use Zam-Buk regularly. Women who do their own housework, and constantly have their hands in water, say nothing equals Zam-Buk for keeping the hands in good condition. Or, if your hands are chapped, one thorough application of Zam-Buk at night will bring ease by morning, and continued use of this balm will heal the cracks and roughness. Miss Della Martel, of 35 McKay St., Ottawa, says: "For two winters I suffered acutely from cracked and chapped hands. I tried various salves, which seemed to do them good for a time, but as soon as I went out doors my hands would become just as bad as ever. I was advised me to try Zam-Buk, and it was really wonderful how even the first application of this balm stopped the smarting and drew out the soreness. In a very short time my hands were quite healed again. Now I rub Zam-Buk on my hands occasionally all through the winter, and never have any trouble from cracks or chaps." For frost-bites, chilblains, cold sores, eczema, boils, ulcers, blood poisoning, cuts, burns and scalds, Zam-Buk is equally good. All dealers, 50c. box.

Zam-Buk

GIRLS! ACT NOW! HAIR COMING OUT MEANS DANDRUFF

"Dandarine" Will Save Your Hair And Double Its Beauty Try This! Your Hair Gets Soft, Wavy, Abundant and Glossy at Once. Save your hair! Beautify it! It is only a matter of using a little Dandarine occasionally to have a head of heavy, beautiful hair; soft, lustrous, wavy and free from dandruff. It is easy and inexpensive to have pretty, charming hair and lots of it. Just spend a few cents for a small bottle of Knorville's Dandarine now—all drugg stores recommend it—apply a little as directed and within ten minutes there will be an appearance of abundance; freshness, softness and an incomparable gloss and lustre, and try as you will, you can not find a trace of dandruff or falling hair; but your real surprise will be after about two weeks' use, when you will see new hair—fine and downy at first—yes—but really new hair—sprouting out all over your scalp—Dandarine! We believe, the only sure hair grower, destroyer of dandruff and cure for itchy scalp, and it never fails to stop falling hair at once.

If you want to prove how pretty and soft your hair really is, moisten a cloth with a little Dandarine and your hair—taking one small strand at a time. Your hair will be soft, glossy and beautiful in just a few moments—a delightful surprise awaits everyone who tries this.

LATE DUNCAN REED, OUTLET.

One of the Oldest Residents of That Community. Outlet, March 15.—On Tuesday, March 11th, death claimed Duncan Reed, one of the oldest residents of the community. Deceased was in his eighty-second year. He had been in failing health for some time but he bore his suffering with the patience of a true Christian. His wife predeceased him about twenty-five years ago. He leaves three sons and five daughters. They are George and John of Outlet; Rev. D. C. Lloyd-Minister, Alta.; Mrs. B. Leeder, Stony Plain, Alta.; Mrs. J. B. Pring, Tisdale, Sask.; Mrs. Geo. Burrows and Mrs. Albert Perry, both of Wolfville, N.S.; and Mrs. George Slack, Sand Bay. He also leaves one brother, William, of Kingston, and one sister, Mrs. Lavine Brown, Tara. The funeral was held on Thursday to the Holiness Movement church at Warburton, thence to the vault at Lansdowne. The service was conducted by Rev. J. E. Wilson. Secretary B. Lab, assisted by Rev. Webster, of Ottawa. The pall-bearers were Monie Slack, Ormon Reed, Everett Reed, Martin Slack, Paul Slack and Glen Reed. All relatives of the deceased.

Willard Hall has been busy sawing lumber this vicinity. Monie Slack and Miss Marie Reed spent the week-end with friends in Athens. Miss Anna Kelsey was a recent visitor at George Reed's. School was closed on Tuesday on account of the heavy snowfall. Miss Lois Slack, Sand Bay, spent Monday with friends. Mr. and Mrs. E. B. Pringle, of Kingston, visited at her brother Clark's, Tilley, Everett Reed was a recent visitor at the home of his aunt, Mrs. George Slack, Sand Bay. Mr. and Mrs. Weldon Bradley and little son Borden spent Tuesday and Wednesday with friends in Elgin. Mr. and Mrs. J. B. Pringle, Willard Reed and Miss Mae Jamieson spent Sunday at the home of Mr. and Mrs. John Reed.

Died at Harrowsmith.

Petworth, March 17.—The sad death occurred on Saturday afternoon at the home of Noble Ellerbeck, Harrowsmith, of Eva R. Whitt, widow of the late Nicholas Whitt, two days after her eighty-fourth birthday. The deceased had been in poor health for a long time, and succumbed to an attack of grippe. The late Mrs. Whitt was born at Cataract, but since her marriage had lived at Pleasant Valley, where her husband, who died twenty-nine years ago, was a well-known farmer and a busy contractor for fourteen years. The deceased was a member of the Anglican church. Those who are left to mourn the deceased include King's, Edward, living at Pleasant Valley; William, of Petworth; and Willet, Colborne street, Kingston; George, of Toronto; Mrs. Thomas Bradford, Petworth; Mrs. Charles Freeman, Yarker; Mrs. Richard Ellerbeck, Moscow; and Mrs. Noble Ellerbeck, Harrowsmith; and one sister, Mrs. Charlene McGraham, Division street, Kingston. The funeral was held at noon on Monday from the residence of Noble Ellerbeck to Harrowsmith cemetery. Rev. Mr. Stewart, Harrowsmith, conducted the services. The pallbearers were the sons and sons-in-law of the deceased.

News From Newburgh.

Newburgh, March 17.—Mr. and Mrs. Madden have returned home after spending the winter in Montreal with their daughter, Mrs. Pybus. Ernest Gaudier suffered a nasty accident in losing part of his thumb while operating a planer in his shop. Mrs. Frank Breeze is recovering after a tedious illness. Mrs. Henry Paul has moved out to the farm to live with her daughter, Mrs. Charles McKim. Pte. Earl Conway, who has been overseas, was welcomed home on Monday last. Hugh Files of the Standard Bank intends leaving here in the near future. Mrs. McCloud, of Winnipeg, is visiting her parents, Mr. and Mrs. R. Douglas, Mrs. Hamilton, of Harrowsmith, has been visiting friends here for a few days. Ellis Morrow, of Queen's University spent the week-end with his family here. W. E. Davidson, Melville, having sold his farm, is retiring from the activities of farm life. They are removing to their cottage, North Lakeside.

EXTRACTS FROM BLUE BOOK

AMOUNTS RECEIVED BY LOCAL INSTITUTIONS FROM PROVINCE. Succession Duty Revenue List is Given—Kingston Merchants Who Received Ontario Government Patronage.

Table listing amounts received by local institutions from the province, including Kingston Merchants, Succession Duty Revenue, and various individuals and businesses.

Every Wage Earner Should Answer Question Himself or Herself

WHAT DOES THE FUTURE HOLD FOR YOU IF YOUR HEALTH GIVES WAY? In dollars and cents, what is the worth of the brain of your arm; that is the value of the staying power that permits continuous labor—what are they worth to you? Suppose you did something so foolish as to reduce your strength, vitality or judgment one half, and it were impossible to get them back—how much would you pay to regain the lost portion? When you let yourself run down you reduce your chances for success in life—if sleeplessness comes you score lower still—should appetite or digestion fail, you are stared in the face by physical bankruptcy. Don't let it go so far, take Ferrozone, it has cured thousands and it will cure you; it builds up bodily strength, makes muscles, like steel, and new life. Ferrozone rebuilds sick folks because it contains the strongest elements that every run-down system requires. Especially before the hot weather comes, everyone needs a purifying tonic—Ferrozone fills the bill exactly—nothing knows that juveniles and uplifts so fast. At once the appetite improves. You rest well and arise next morning feeling fit and fine. Headaches disappear, weakness gives way to the vigor that only Ferrozone can supply. Try it, results are guaranteed, 50c per box or six for \$2.50 at all dealers.

Table listing various institutions and their amounts received, including Kingston General Hospital, Kingston Hotel Dieu, and various charities.

Over 480,000 Boxes Sold Each Year

This is conclusive proof that they make relief from Kidney and Bladder troubles by using G.D. PILLS FOR THE KIDNEYS.

G.D. PILLS FOR THE KIDNEYS

W. E. Davidson, Melville, having sold his farm, is retiring from the activities of farm life. They are removing to their cottage, North Lakeside.

GILLETTS LYE advertisement with image of the product and text: 'CLEANS-DISINFECTS USEFUL FOR OVER 500 PURPOSES'.

Late Mrs. F. Gendron, Arden. Arden, March 15.—On Sunday morning, Feb. 23rd, there passed away a much-respected lady in the person of Mrs. Frederick Gendron. Deceased had been in poor health for the past three and a half years, but hopes were held for her recovery. All the untiring devotion and medical skill was of no avail in trying to prolong a useful life. She had been a member of the Methodist church for years. Many were the floral tributes. Deceased was forty-seven years of age. Besides the grief-stricken husband there are left to mourn her loss three daughters, Mrs. W. See, Arden; Mrs. H. B. Gurch, Toronto; Mrs. F. McCumber, Niles, Mich., and one son, Frank, at home.

Death of Francis Weese. Belleville, March 18.—Francis Weese, an aged resident of Rossport, died on Saturday after an illness of over two months' duration. His wife predeceased him about a year and a half ago, and since that time he made his home with his brother-in-law, Mr. Anderson. He was seventy-nine years of age, a Methodist in religion and a gardener by occupation. The death occurred in Chatham on March 6th, of Mrs. Samuel Fitzgerald, a former respected resident of Brockville. Before her marriage the deceased was Miss Margaret Buller, daughter of the late Joseph Buller, of Peterborough.

Call to Chaplain. Belleville, March 18.—At a representative meeting of the Tabernacle church official board a cordial and unanimous invitation was extended to the Rev. (Capt.) W. G. Clarke, B.A., now overseas as chaplain (R.E.F.), to a second pastorate in this church for the coming conference term.

Actions speak louder than words. Some men never say die, yet they have to do it.

Gray Hair Hays Health advertisement with image of a woman and text: 'Great Clearing Sale The Model Shoe Store'.

D.D.D. Prescription for Eczema advertisement with text: 'Mahood's Drug Store, Kingston'.

PURITY FLOUR advertisement with text: 'Milling skill, special machinery plus all the old time care gives PURITY FLOUR (Government Standard) the same superiority enjoyed in the old days.' Includes 'Canada Food Board License'.

Maltese Cross Tires advertisement with text: 'If you are in need of auto tires it would be worth your while to see the new Maltese Cross non-skid tire. It is specially constructed to stand rough usage and is fully guaranteed to wear. Let us show them to you. We carry all sizes in stock.' Includes 'Lemmon & Sons 187 Princess Street. Phone 840'.