

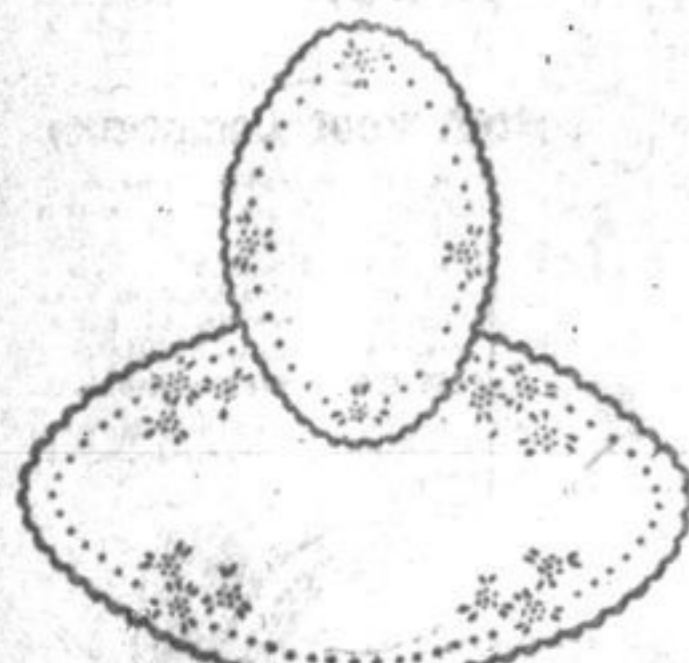
## LESSONS FOR THE Home Embroiderer

Specially prepared for this Newspaper by Pictorial Review.

Dainty Designs Equally Appropriate for Household Linens or Personal Articles.

By KATHRYN MUTTERER.  
No one can gainsay the charm of the dainty dollies that have come to be regarded as one with the asbestos mats used to protect the table from the heat of steaming dishes. As the dining table is one of the things that

dainty on cuffs, collars, corset covers, canisoles, etc. It may even be scattered over the surface or wide revers or along the edges of the smart shawl collars with handsome effect. Passing from the dining room to the boudoir there is a lovely new model for a pillow in heart shape. It is made of fine linen lawn and embroidered with white cotton in fine French embroidery. The work is done in raised satin stitch, but eyelets could be substituted. The leaves and stems in fine stem stitch would



No. 12409—Oval Mat Dollies.

make demands upon the good judgment of the housewife, she is always anxious to make it as attractive as possible, and yet keep within the bounds of good taste.

The mat dollies pictured here are in two sizes, ten and sixteen inches. They are oval in shape, white linen being used for their development. The odd but unusual embroidery design demonstrates the possibilities of simple stitchery to accomplish daintiness and elegance. The flowers may be worked in all-white, or colored cotton may be employed. Rose and green make a pretty combination. The stitch are raised satin, with buttonholing for the scallops.

The embroidery design is adapted to many uses and would be quite as charming on an article of personal apparel as on household linens. It is

Pictorial Review Embroidery No. 12409, transfer pattern, blue, 20 cents, containing three each of the oval mat dollies 10 and 16 inches long. Embroidery No. 12410. Heart-shaped boudoir pillow, transfer, blue, 15 cents.

Pictorial Review patterns on sale at local agents.



No. 12410—Heart-Shaped Pillow.

be effective. A frilled fllet or cunty edging 1 1/2 wide adds to the effectiveness of this pillow. It closes at the back. The design, including the outlines, measures 13 1/2 inches wide by 15 inches high. A pillow 13 inches wide would fit the case neatly.

The embroidery design, if carried out a little more fully, would be a pretty decoration for blouses of linen, flannel or thin silk.

### A Sluggish Liver

CAUSED SEVERE HEADACHES  
The duty of the liver is to prepare and secrete bile and serve as a filter to the blood, cleansing it of all impurities and poisons.

Healthy bile in sufficient quantity is Nature's provision to secure regular action of the bowels, and when the liver is sluggish it is not working properly, and does not manufacture enough bile to thoroughly act on the bowels and carry off the waste products from the system, hence the bowels become clogged up, the bile gets into the blood, constipation sets in, followed by sick and bilious headaches, coated tongue, bad breath, heartburn, water brash, bad taste in the mouth in the morning, jaundice, floating specks before the eyes, etc.

Miss Dian Clark, Myer's Cave, Ont., writes: "I take pleasure in writing you concerning the good I have received by using Milburn's Laxa-Liver Pills for a sluggish liver. When my liver got bad I would have severe headaches, but I got better after I had used a couple of vials of your pills."

Milburn's Laxa-Liver Pills gently unlock the secretion, clear away all waste and effete matter by acting directly on the liver, and make the bile pass through the bowels instead of allowing it to get into the blood. Milburn's Laxa-Liver Pills are 25c a vial at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

look after the working conditions on the island, especially among the women workers, who are said to be employed under deplorable conditions.

Over 700 women were enlisted in the United States navy during the duration of the war.

Conductresses employed on the street cars in Kingston, Ont., have been notified that their services will be dispensed with to make room for the soldier employees returning from the front.

Claiming that there is no reason why a woman cannot govern the second largest city in the United States, Mrs. Leonora Z. Meder, lawyer, club woman and former city commissioner, has announced her candidacy for mayor in Chicago.

The Canadian government is being urged to appoint women as judges in the juvenile courts. In Montreal where a man and woman sit on the bench the arrangement has thus far proven very successful.

Returning overseas soldiers from the Southern and Southwestern states will be cared for while in New York city by a committee of Southern women with the co-operation of the New York Southern society.

To Miss Frances Marion, for a number of years retained by Mary Pickford to write her particular brand of photoplays, is accorded the distinction of being the first American woman to reach the Rhine with the American occupational forces when they entered Coblenz.

The Marchioness of Londonderry is endeavoring to put domestic service work on a definite basis. She wants to arrange it so that servants will have a working week of 30 many hours, a minimum wage and certain hours for recreation.

Eight hundred women clerks employed by the Bank of England as a war measure have been notified that their services will no longer be required, but that 200 of them may make special application for as many permanent positions in the clerical staff. The salary will be \$15 a week, with a pension of half that amount after 25 years' service.



SAFETY IN NUMBERS

Miss Ketchum—Three men called on me last evening.

Miss Blunt—Were they afraid to come alone?

## Talking it Over

With Lorna Moon.

### Use Your Hands

"It's a cold house—awful," said the Leading Lady, squinting into a hand mirror to see if her make-up was staying "put."

"Not a hand to-night so far," said the Heavy Man morosely; "it takes the heart out of ye."

"Monday nighters," said the Comedian, joining the group in the wings, "they just sit there and dare you to make them laugh!"

I peeped through a crack in the wings at the sea of faces that refused to smile—"a hard audience, they've paid their money to be bored—and if they don't loosen up soon, they will be. An actor can't do good

work to a house like that," sighed the Juvenile Lead, making ready to "go on."

I felt just a little bit conscience-stricken as I listened to the whispered comments. I am inclined to be a "Monday Nighter" in my attitude towards a performance. I am very apt to pay my money to be bored. I am not alone in that. Audiences are inclined to forget that the artist is a human being with feelings, and that a little applause will spur him to greater effort, while a stony reception will quench his desire to please, and he will just "walk through."

I watched two performances of the same play. The first was done poorly to a "cold house," the second was a triumph, everybody was in fine form, for when the first curtain rose showing the beautiful stage setting, the audience burst into hearty applause; eyes in the wings brightened, "It's a dandy house," the cheery whispser passed from lip to lip, and every actor was on his mettle in a moment.

Two things are needed to make a good performance—a good cast, and a good audience,—and the good audience is of the first importance. Try a little applause when the show isn't going as well as you think it should—it will work, I assure you. Why pay money to be bored, when you can be amused for the same price if you will just use your hands a little bit?



### DON'T COUGH AT NIGHT

Don't let that irritating tickling in the throat keep you coughing most of the night. Don't let it annoy you during the day. Stop it—cure it completely with

## NADRUCCO Syrup of Tar with Cod Liver Oil Compound

It breaks up the cold; heals the inflamed membranes of the throat; relieves, soothes, cures. It's wonderful how much better even a few doses will make you feel. Very pleasant to the taste; even children like it. Keep a bottle always in the house.

Sold by all good Druggists—35c. Manufactured by NATIONAL DRUG AND CHEMICAL CO. of Canada, Limited.

## DR. J. D. KELLOGG'S ASTHMA REMEDY

A SAFE AND EFFICIENT RELIEF FOR ASTHMA AND HAY FEVER. IT IS COMPOSED OF HERBS WHICH, WHEN BURNED AND THE FUMES INHALED, ACTS PROMPTLY, ALLEVIATING ALL IRRITATION. A TRIAL WILL CONVINCE.

## The Most Delicious MARMALADE

Last Marmalade and Preserving Season, when sugar was scarce, the Canada Food Board recommended the use of white corn syrup for preserving. Thousands of women tried it and were astonished at the results. They discovered the secret of making the most delicious marmalade—use

# LILY WHITE CORN SYRUP

The following recipe, recommended by one of the leading Technical Schools, indicates the proper proportions and method for results you never before attained:

- 1 grapefruit 8 cups water
- 1 orange 10 cups Lily White Corn Syrup
- 1 lemon

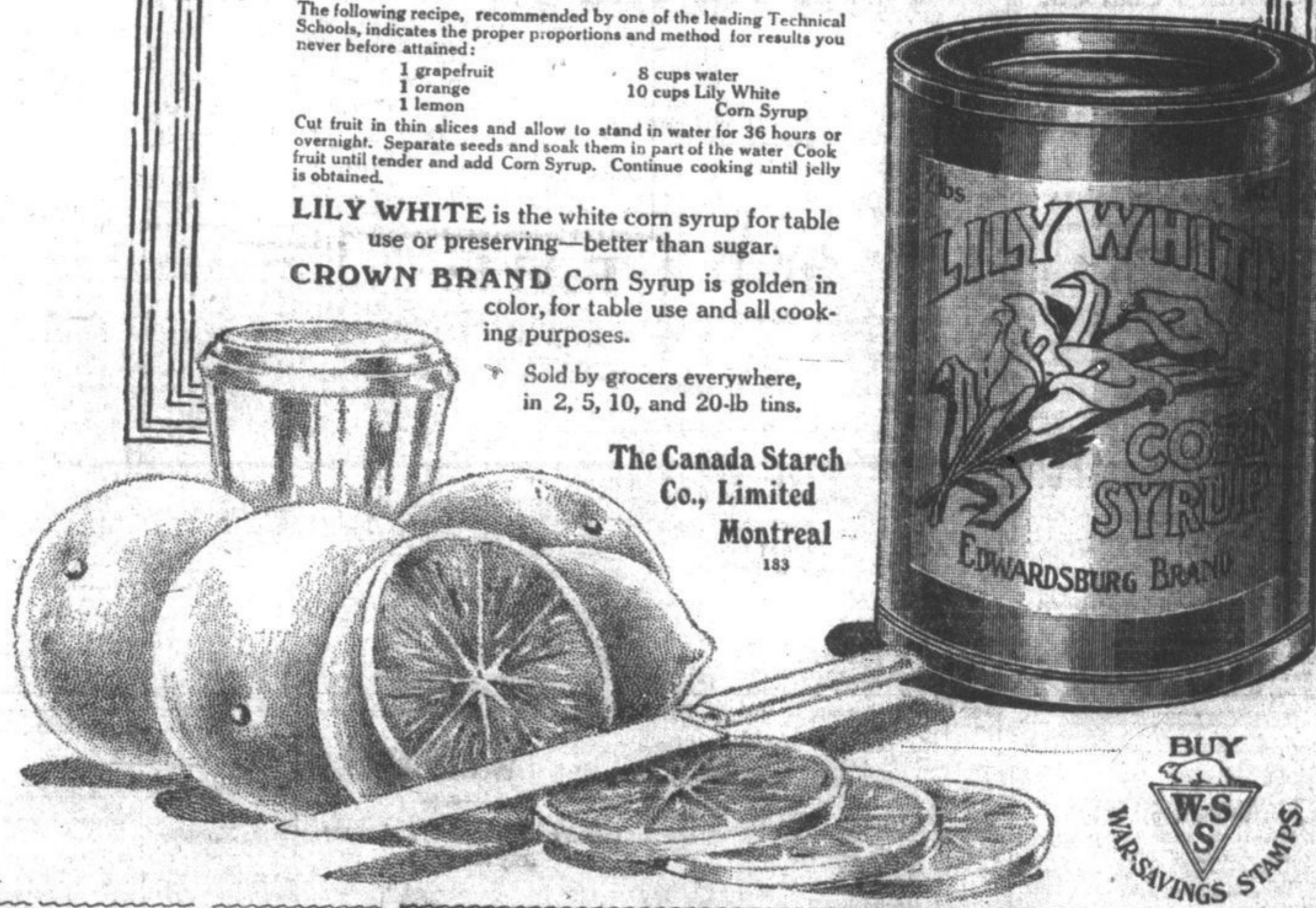
Cut fruit in thin slices and allow to stand in water for 36 hours or overnight. Separate seeds and soak them in part of the water. Cook fruit until tender and add Corn Syrup. Continue cooking until jelly is obtained.

LILY WHITE is the white corn syrup for table use or preserving—better than sugar.

CROWN BRAND Corn Syrup is golden in color, for table use and all cooking purposes.

Sold by grocers everywhere, in 2, 5, 10, and 20-lb tins.

The Canada Starch Co., Limited  
Montreal  
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## CROSS, FEVERISH CHILD IS BILIOUS OR CONSTIPATED

Look, Mother! See If Tongue Is Coated, Breath Hot or Stomach Sour.

"California Syrup of Figs" Can't Harm Tender Stomach, Liver, Bowels.



Every mother realizes, after giving her children "California Syrup of Figs," that this is their ideal laxative, because they love its pleasant taste and it thoroughly cleanses the tender little stomach, liver and bowels without griping.

When cross, irritable, feverish, or breath is bad, stomach sour, look at the tongue, mother! If coated, give a teaspoonful of this harmless "fruit laxative," and in a few hours all the foul, constipated waste, sour bile and undigested food passes out of the bowels and you have a well, playful child again. When the little system is full of cold, throat sore, has stomach-ache, diarrhoea, indigestion, colic—remember, a good "inside cleansing" should always be the first treatment given.

Millions of mothers keep "California Syrup of Figs" handy; they know a teaspoonful to-day saves a sick child to-morrow. Ask your druggist for a bottle of "California Syrup of Figs," which has directions for babies, children of all ages and grown-ups printed on the bottle. Beware of counterfeits sold here, so don't be fooled. Get the genuine, made by "California Fig Syrup Company."



TORONTO MONTREAL BRANCHES

### THE ACTIVITIES OF WOMEN

Alien women in New York city now number 35,000.

There are over 300,000 trade-unionists in Great Britain.

Many foundries in Massachusetts employ women as coremakers.

Women constitute 24 per cent. of the bank employees in England.

Factories in China now employ women who toil ten hours a day for a few cents in pay.

Widows in the United States outnumber the widowers by three to one.

Montana has over 100,000 women who are eligible to vote in all elections.

Over half the street cars in Great Britain are operated by women motor-men.

Female stenographers in Toronto, Canada, work on an average of 7 1/2 hours a day.

It has been found that women are more valuable than men for work in delicate dye tests.

The Belgian minister in Tokio, Japan, has presented the Order of Elizabeth to 37 war workers.

Women workers in Kansas are protected both in wages and in the number of hours of employment.

Engineering and chemical plants in England employed over 500,000 women during the period of the war.

Lady Constance Richardson is now on her way to Siberia, where she will establish schools for Russian war orphans.

Since the occupation of Coblenz by the Americans, the washerwomen there have been granted the right to use soap.

There are more than 2,000,000 girls under the age of sixteen employed in various occupations in the United States.

Since last September over 10,000 girls employed in Chicago industrial establishments have been instructed in social hygiene.

London is to have a clubhouse for Canadian soldiers that will be under the direction of the Catholic Women's League of England.

Moss is cut and dried for fuel in England, and while the war was in progress no less than 300,000 women were engaged as cutters.

Mrs. G. S. Bangs Stewart, who owns and personally supervises a dozen farms in Illinois, is making a campaign for more gardens on the farms of America.

Trade unions in Wisconsin are endeavoring to secure legislation that will give women workers in industrial plants a minimum wage scale of \$13.20 per week.

Miss Sarah Stephenson, recently appointed borough secretary of Kingscounty, N.Y., is the first woman to hold a position of importance in that county.

Women employed in Bridgeport (Ct.) factories receive a minimum wage scale of 35 cents an hour and in all cases when they do the same work as men the pay is the same.

Educational training carried on in many of the stores throughout the country has been the means of raising the saleswoman's salary from \$3 a week to as high as \$15 in some instances.

Mrs. C. E. Great of Los Angeles, Cal., is the champion trapshooter of her sex in the country. She has a record of 1,474 out of 1,600 targets. She is the only woman who ever averaged better than 90 per cent.

Miss Theresa S. Haley has sailed for Porto Rico, where she will represent the United States employment bureau. While there she will

## It Has No Real Substitute



ACTUAL SIZE—the "Bigger Bar"

Be sure you receive your own favorite brand—"Comfort". Do not permit inferior soaps to be substituted. "Comfort" is the biggest and best for the money. For nearly 25 years it has been at the top for quality, popularity and big sales. So why buy experience instead of soap?

Comfort Soap—"It's All Right"

PUGSLEY, DINGMAN & CO., LIMITED  
TORONTO, ONT.