

"THERE WAS A MAN"

By William T. Ellis

"The International Sunday School Lesson for March 9th is 'Joshua, Patriot and Leader.'—Joshua 1:1-9.

Every one has a past. What lies behind is often more interesting than what is to be done. Kipling's commonplace travel letters are extremely worth while as revealing the sources of much of his best later work.

A hard boyhood, that school in which so many great men have been trained, educated Joshua to life's actualities. He had known the rigors of slavery in Egypt, and all the blackness of that pit out of which Moses led the nation.

A Man Who Was Somebody. Every appearance of Joshua in history suggests Personality. He was a character. In a colorless crowd he stood out like a red flag on a green field.

There is no vital need that one should be in the fashion; there is greatest need that one should be one's self. It is everybody's business in the world to express his own individuality, to live his own life, to make his own contribution to his time; in a word, to be a personality.

The King is Dead. Persons who are in the habit of keeping an eye on current events, and of putting two and two together, see a remarkable shifting of present-day leadership.

"Careful Mothers O'er the Land, Always Keep Cascarets at Hand"

Children think them dandy, They are Mild Cathartic Candy, Contain nothing to harm, Work like a charm. "Ten Cents"



Instead of nasty, harsh pills, salts, castor oil or dangerous calomel, why don't you keep Cascarets handy for the children? Cascarets can always be depended upon when a good liver and bowel cleansing is necessary—they move

the bile and constipation poison from the bowels without griping and sweeten the child's little stomach. Any youngster will gladly eat a candy Cascarets at night and will wake up feeling fine. Complete directions on each 10-cent box.

Sick Headache And Constipation

CURED BY Milburn's Laxa-Liver Pills

When your liver becomes sluggish and inactive, the bowels become constipated, the tongue becomes coated, the breath bad, and the stomach all out of order.

There come those terrible sick headaches. They take out every bit of life and ambition, bring on depression, and often end in complete mental and physical prostration.

To keep the liver active, and your bowels moving regularly is the only way to get rid of the constipation and the distressing sick headaches.

Milburn's Laxa-Liver Pills will do this for you by stimulating the sluggish liver into manufacturing sufficient bile to act properly on the bowels, thus making them active and regular.

Mrs. Winslow McKay, Jordan Branch, N.S., writes: "I have been sick for a number of years with sick headache and constipation. I tried all kinds of doctors' medicines but none did me any good. I tried Milburn's Laxa-Liver Pills, and after using four vials I am completely cured. I would heartily recommend them to all sufferers."

Milburn's Laxa-Liver Pills are small and easy to take; and do not gripe, weaken or sicken as so many pills do. Price 25c a vial at all dealers, or mailed direct on receipt of price by The T. Milburn, Co., Limited, Toronto, Ont.

er's ears the supreme importance of courage. The son of Nun was no coward, yet even he needed to be told, with earnest iteration, that in the fighting minister and in the leader courage comes next in importance to obedience.

The Great Partnership. A journalist stands unabashed before kings, because he represents a power mightier than any king, namely, public opinion. The ambassador may be a plain man at home, but he holds up his head in court because he represents a nation.

The Late William Parish. Athens, March 5.—On Friday last an aged and respected resident passed away in the person of William Parish in his eighty-seventh year. He had been in failing health for about two years. He was a son of the late Edward Parish, a U.E. Loyalist and was born on the old homestead about a mile east of Athens.

It Was Worth Listening To! A rather choleric golfer went out to play for the second time on a certain course. Evidently his fame had preceded him, for at the drive-off he found an interested audience of local youngsters.

Seven Sentence Sermons

The man who does not manifest love now, has no love.—Leo Tolstol.

The reverence of a man's set is, next to religion, the chiefest bride of all vices.—Francis Bacon.

Life is mostly froth and bubble; Two things stand like stone; Kindness in another's trouble Courage in our own.—Adam Lindsay Gordon.

Whether a life is noble or ignoble depends, not on the calling which is adopted, but on the spirit in which it is followed.—Sir John Lubbock.

Shall not the Judge of all the earth do right?—Genesis 18:25.

That purest heaven; be to other souls The cup of strength in some great agony; Be kindle generous ardor; feed pure love; Beget the smiles that have no crust; Be the sweet presence of a good diffused. And in diffusion ever more intense.—Anon.

The man who never alters his opinion is like standing water, and breeds reptiles of the mind.—William Blake.

Brockville Rate 36 Mills. Brockville, March 6.—The council has fixed the rate of taxation at thirty-six mills, an increase of one mill over last year.

Banks Will Amalgamate. Ottawa, March 6.—Without a dissenting voice, the stockholders of the Bank of Ottawa heartily endorsed the merger of the Bank of Ottawa with the Bank of Nova Scotia.

Trade Bolsheviki For American. Washington, March 6.—The British Government has asked the Government of India to release a Russian Bolsheviki prisoner, now held in Persia, in exchange for United States Consul Roger C. Trevelyan, who has been held prisoner by Bolsheviki officials at Tashkent, Turkestan, for several months.

Will Save Daylight Again. Washington, March 6.—Failure of congress before final adjournment to take any action on pending bills providing for repeal of the daylight saving act made certain that the nation's clocks would be advanced an hour during the period between the last Sunday in March and the last Sunday in October.

B. C. Bonds Sold. Victoria, B.C., March 6.—The successful bidders for \$3,000,000 5 1/2 per cent. 20-year bonds, which the Government is floating, are the Dominion Securities Company, and Messrs. Wood, Gundry and Co., Toronto.

Back Hudson Bay Road. Winnipeg, Man., March 6.—By resolution this session the Manitoba legislature will go on record as favoring the completion of the Hudson Bay railway in 1919, if a notice of motion by Premier T. C. Norris is finally passed.

Five hundred delegates, representing two thousand Orange lodges in Western Ontario attended the annual convention of the Grand Lodge at Woodstock under the presidency of Major Hart, M.P., grand master.

Plowing has commenced in several parts of Kent county, and robins have been seen in several places. Robert Weddell, Sr., Trenton, well-known contractor, has been seriously ill at his home for some days.

Advertisement for Royal Yeast featuring a logo with 'MADE IN CANADA' and 'ROYAL YEAST' text.

Large advertisement for War-Savings Stamps with illustrations of stamps and people, and text explaining their benefits.

ONLY FORGET! Has the day been long and the pathway steep? There's ever an end to day. And always the night will open her inn.

W. H. Brown, former proprietor of the Revere House, Brockville, left Friday for St. Catharines, where on May 1st he will take possession of the Grand Central Hotel.

Advertisement for War Puzzles with an illustration of a ship and the text 'ALLIED WARSHIPS IN THE EGEGAN SEA'.

Advertisement for St. Lawrence Ale & Porter by A. Tyo, located at 473 Princess Street, Phone 645.

Advertisement for Dr. J. Collis Browne's Chlorodyne, described as 'THE ORIGINAL AND ONLY GENUINE' for treating cholera and dysentery.