

L. L. HOOKS SAYS HIS TROUBLES ARE OVER

Tanlac Built Him Up So He Is Now Working Hard Every Day.

"When I weighed the other day I found I had gained thirty-five pounds, and that's only a part of what Tanlac has done for me," said L. L. Hooks, of North Roswell, Ga., relating his experience with Tanlac.

START CONCRETE WORK ON NEW HIGHWAY

But Ottawa-Prescott Road Not Ready Yet For Permanent Pavement.

Toronto, March 5.—As the result of reports made by its engineers, the Department of Highways has found it necessary to delay calling for tenders for the construction of the proposed Provincial Ottawa-Prescott highway.

The Late Joseph Darling

Brockville, March 5.—The death occurred at St. Vincent de Paul Hospital early Sunday, of a well known resident of Elizabethtown, in Joseph Darling.

Would Have Fired Again

Paris, March 5.—Emile Cottin, who recently shot and wounded Premier Clemenceau, will be tried by court-martial on March 14th.

WORK OF BOARD OF TRADE

TRYING TO HAVE RAILWAY SERVICE IMPROVED.

Three Leading Members Died During Past Year, viz. Robert Meek, Senator H. W. Richardson and J. J. Harty.

At the annual meeting of the Board of Trade on Tuesday evening, the retiring president, William Cook, gave an outline of the municipal efforts of the Board during the past year. These included the following:

Took action to obtain the continuance of the calling of the steamboats of the Canada Steamships at Rochester, N.Y.

Joined with Utilities Commission and Hydro Electric Engineers in series of meetings, which resulted in a lower scale of prices for power.

Arranged for active campaign for improvement of Kingston harbor as a terminus for shipping on the Great Lakes.

Met the Ontario operating committee of the Canadian Railway War Board, and submitted matters of importance in connection with local railway service.

Continuing efforts with the Canadian Pacific Railway for a new freight station with modern facilities.

In conclusion President Cook said: We regret the loss of our most prominent members, the late Robert Meek, the late Hon. H. W. Richardson, and the late Dr. J. J. Harty.

Although throughout Canada numerous Boards of Trade relaxed their exertions during the period of the war, this Board maintained its organization, held its regular meetings, and endeavored to do all in its power to assist every movement in the public interest and to encourage citizens to continue and extend all efforts for the public good.

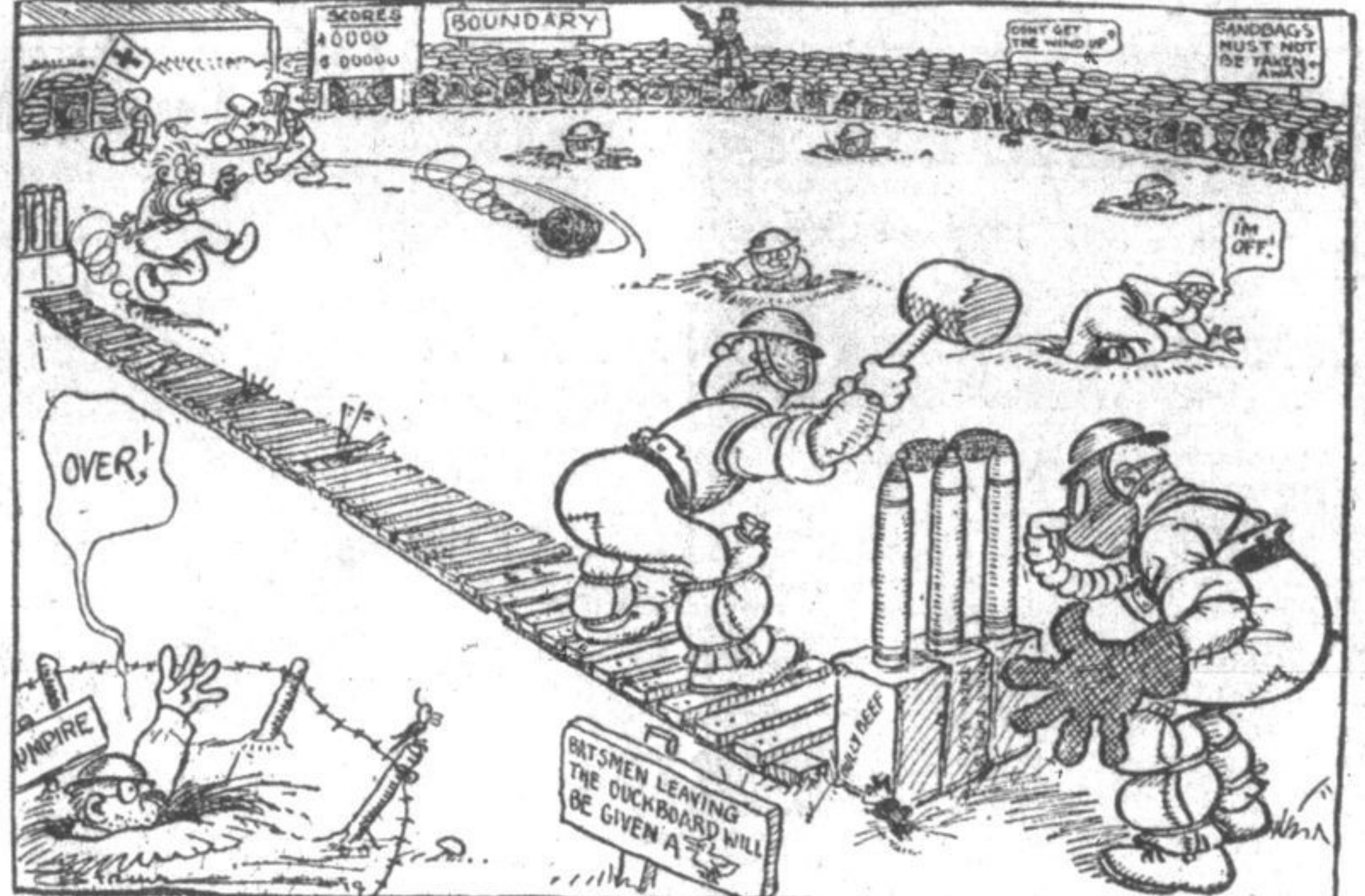
We have supported with our full strength all Government war loans; the Canadian Patriotic Fund; General Relief Funds, including the Belgian Relief Fund to which we specially devoted our attention; hospital and regimental funds and numerous other public undertakings, subscribing to several from our Board Funds.



One of the many charming scenes from "The Pirot Players" at the Grand on Friday and Saturday with a matinee on Saturday.

Stratford Board of Health has removed the ban on dancing, which was imposed because of the "flu." True friendship between women is a matter of doubt to most men.

HOW TO BRIGHTEN CRICKET WITH SOME WAR MATERIAL



—From the London Daily Express.

New Head for C.P.R. Demonstration Farms

IN being able to secure the services of George H. Hutton, B.S.A., as Superintendent of its Agriculture and Animal Industry Branch, the Canadian Pacific Railway is to be congratulated in finding a worthy successor to Dr. J. G. Rutherford, who has been appointed to a seat on the Board of Railway Commissioners for Canada.



G. H. HUTTON.

Mr. Hutton has had considerable experience in Western Canada, and few men are better informed than he on the agricultural possibilities of Western Canada, and particularly of Alberta.

Mr. Hutton has been connected with farming so long that he does not remember when he first began. He is a thoroughly practical farmer. During his boyhood days he did those tasks which usually fall to the lot of a boy brought up on the farm.

The information gained as a result of the experiments conducted at Lacombe have been valuable to farmers throughout Western Canada. Hog-raising, sheep-feeding, beef and milk production are all subjects that have had most careful attention.

Mr. Hutton's work with the Canadian Pacific will be along lines similar to those along which he has previously been engaged. His new duties will include the supervision of the system of demonstration farms operated by this company, at which settlers in Western Canada may receive advice, based on the experience of many years as to the best farming methods to employ, thus giving the new settler a chance to avoid many of the mistakes likely to be made by farmers coming from a country where different conditions prevail.

OWLS ARE NUMEROUS.

Large Specimens Being Caught in Many Villages.

Waterbury, N.Y., March 5.—Owls, especially the large, horned variety, are very numerous this winter and many are being seen and several captured in villages. Hunters have long charged that owls and other carnivorous birds are largely responsible for the death of rabbits and partridges.

and a large rooster into a woodshed and killed and partially devoured the cock before being captured. Other specimens of the owl family have been brought here for mounting.

To Live in Austria.

Viepna, March 5.—Former King Ludwig of Bavaria, former Prince Leopold of Baden, former commander of the German army on the Russian front, and other members of the former Bavarian royal family have arrived in the Austrian Tyrol. The former king, it is said, intends to live in the Oetz Valley. Prince Leopold, who was accompanied by his wife, the former Duchessa Gisela of Austria, will live at Reuss. Prince Leopold left Bavaria because he was threatened with internment.

HAD WEAK AND FAINTING SPELLS.

Those feelings of faintness, those weak, "all gone" sinking sensations, which come over some people from time to time, are warnings that must not go unheeded.

They mean an extremely weakened condition of the heart and a disordered nervous system. When the system is in this condition there is no time for delay. One fainting spell may be recovered from—will the next? One dizzy spell may pass off, but the next may be more serious.

Those who are wise will start taking Milburn's Heart and Nerve Pills, before their case becomes deep rooted and perhaps hopeless.

They will act directly on the disordered heart and weakened nervous system and restore them to full strength and vigor.

Miss Mary McCoy, Algoma Mills, Ont., writes: "I was awfully troubled with fainting and weak spells, and I could never get any doctor's medicines to help me. One day a friend of mine was at the house when I took one of those pills, and she got me a box of Milburn's Heart and Nerve Pills. That was six years ago, and from that day to this I have never had any of those spells."

WEDDING ANNIVERSARIES.

Bancroft Couples Married Sixty Years Ago and Celebrated Together.

At the home of Mr. and Mrs. W. A. Davy, Bancroft, a recent event took place on Feb. 15th, when the sixtieth anniversary of the wedding of Mr. Davy's parents, Mr. and Mrs. William Davy, and also the same anniversary of the wedding of Mr. and Mrs. Robert Mather were celebrated with a dinner for the near relatives and friends of the two old couples.

Both families are well known in Bancroft, having resided there for a great many years. Both brides and grooms were Canadian born. Mr. and Mrs. Mather being of Scottish extraction and Mr. and Mrs. Davy of U.E.L. descent.

Mr. Davy was born in the township of Ernestown, near Kingston, in 1837, and married Miss Esther Freeman, of Sydneyham, sixty years ago. Mrs. Davy was born in Loughboro in 1841. Fifteen children were born of the union, but only four sons and three daughters remain. The remaining sons are Adam and W. A. of Bancroft, and F. C. in Michigan. The daughters still living are Mrs. P. Orser, Harrowanath; Mrs. Zimmerman, Buffalo, and Mrs. Wood, 344 Brock street, Kingston.

ITALY INSISTS ON HER CLAIMS Demands That Fiume Shall Be Annexed to Her Territory.

Rome, March 24.—Premier Orlando, speaking in the Italian Chamber yesterday, said that Italy had agreed to a policy of compromise and conciliation relative to conflicting claims on the eastern coast of the Adriatic.

Premier Orlando stated that despite the treaty upon which Italy entered the war, "Fiume may be said to be threatened with a loss of Italian nationality and independence."

"Italy asks no more and may be able to accept no less than the annexation of those Italian lands and peoples for the integrity of her defence of the frontiers which nature herself has given," the premier added.

THE MIGHTY FALLEN.

Germany of Pro-War Days No Longer Exists.

Rome, March 4.—"To judge of the present conditions in Germany one must have seen her at the height of her glory. Only by comparing her present state to what it was before the war can one realize her desperate plight," says Colonel San Marzano, who has just returned from Berlin where he was at the head of the Italian mission.

"The army, which has been extolled as invincible, no longer exists. The military spirit it has disappeared, discipline has been annihilated."

Colonel San Marzano says he saw several divisions of Guards returning in groups without order or discipline, with no officers to command them. Their uniforms were all in disorder. Many of the men were drunk and shrieking at the top of their voices. Some wore wreaths around their heads, while the passerby cheered as though they were returning victoriously.

The troops of the Entente are well received. In fact their intervention was asked to establish order when battles occurred in the streets. German industry is ruined, the Colonel says; money is depreciated; the Germans have no railway service, and no coal. The streets of Berlin are overrun with wounded soldiers begging.

KOLCHAK GAINS STRENGTH.

There's a Brighter Outlook in Anti-Bolshevik Russia.

Omsk, Feb. 28.—The Council of Ministers of the Omsk Government is elaborating a plan for the immediate election of a General Assembly. Admiral Kolchak's trip to the front is said to have produced good results, many elements of the population heretofore indifferent giving more hearty support to his regime.

As a result of independent action taken by General Semenov in the Chita district, and allegedly with a view to combating possible claims by foreigners growing out of concessions and supposed privileges offered by Gen. Semenov, the Omsk Government has declared all acts of General Semenov void.

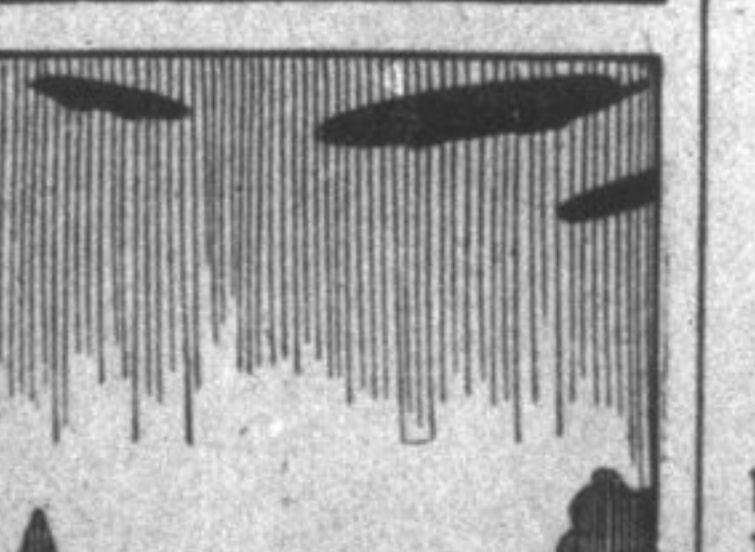
Members of the Government are alive to the fact that monarchistic aspirations are entertained by some elements in the country, and are taking precautions against a possible effort to overthrow Admiral Kolchak.

MAKE HUNS PAY THIS YEAR

Suggestion of Republic on West Bank of Rhine Made.

Paris, March 4.—The question of the left bank of the Rhine will figure in the preliminary peace treaty, according to the Paris edition of the London Daily Mail. In certain quarters, it adds, there is serious consideration of the formation of an independent German republic on the left bank of the Rhine. The Allies, it is said, would continue to hold the present bridge heads along the Rhine until Germany completed her indemnity payments.

WAR PUZZLES



Prominent, pulsative fat that comes and stays where it is not needed is a burden: a hindrance to activity; a curb upon pleasure; a thief of all that is pretty and graceful and a trial to the system. You can do so easily, safely and without effort by just taking after each meal and at bedtime a tab of the marvelous 'Prescription' Tablets. These little tablets are as effective and harmless as the best of medicines.

From which they take their name. Buy and try a box today. It's a druggist sells them at 25 cents per box. If you prefer may write direct to the manufacturer, Dr. J. C. Ayer & Co., Lowell, Mass., U.S.A. You can buy by mail, but be sure to get the genuine Ayer's Tablets.

THREE GERMAN ZEPPELINS Made a night raid on the coast of England, three years ago today, March 5, 1916. Found a victim.

YESTERDAY'S ANSWER Upside down nose at left shoulder.

A LIFETIME OF SUFFERING

Prevented by "Fruit-a-tives" The Wonderful Fruit Medicine

88 MAISONNEUVE ST., HULL, QUE. "In my opinion, no other medicine is so good as 'Fruit-a-tives' for Indigestion and Constipation.

For years, I suffered with these dreaded diseases, trying all kinds of treatments until I was told I was incurable. One day a friend told me to try 'Fruit-a-tives'. To my surprise, I found this medicine gave immediate relief, and in a short time I was all right again."

DONAT LALONDE

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or from Fruit-a-tives Limited, Ottawa.

15 Days' Cash Sale Prices Down

Apples, No. 1 and No. 2; Spys and Greenings

FRESH FISH—Halibut Steak, 25c lb.; B.C. Red Salmon, 25c lb.; Choice Salmon, 20c lb.; White Fish, 17c lb.; Steak Cod, 12 1/2c lb.; Haddock, 10c lb. SMOKED FISH—Kipperd Herring, Blonsters, Pinan Haddie, Fillets, Digby Chucks, Salt Herrings.

The United Grocery COMPANY 128 PRINCESS ST. Phone 267. Ben Lee, Manager Prompt Delivery



Cuticura Promotes Beauty Of Hair and Skin

If the Soap is used for every-day toilet purposes assisted by occasional touches of Cuticura Ointment to first signs of pimples, redness, roughness or dandruff. Do not conceal these fragrant super-creamy emollients with coarsely medicated, often dangerous preparations urged as substitutes.

Sample Each Free by Mail. Address post-cut, Cuticura, Dept. N. Boston, U.S.A. Sold by dealers throughout the world.

GRAND TRUNK RAILWAY SYSTEM

AGENCY, FOR ALL STEAMSHIP LINES

Special attention will be given your family or friends, going to or from the Old Country.

For information and rates apply to J. P. Hanley, C.P. & T.A., G.T. Ry., Kingston, Ont.

Advertisement for Post Toasties featuring the text 'Ted says to me: Now that the war's over, what are you going to do, Bobby, about POST TOASTIES' and 'Keep right on eatin' 'em.' I says. Never were such delicious corn flakes.'

Advertisement for Why Burden Yourself With Fat? featuring an illustration of a woman and text describing the benefits of the 'Prescription' Tablets.

Advertisement for Beecham's Pills featuring an illustration of a man and text describing the benefits for digestion and health.