

THAT COLD IS DANGEROUS
Don't wait Till you are Sorry.

When you feel out of sorts, shivery,
headachy, don't wait till you are laid
up in bed before you take action to
remedy these things. Chilly, aching
feelings are Nature's warnings. Get
something to clear out your system,
cool the blood, exterminate the germs.

DOMINION C. B. Q.
TABLETS
HEADACHES, COLDS, LA GRIPPE
In a few hours. 25 cents.

Now Is the Time to
Get Your Repairing
Done

Don't wait until the spring
rush. Try our horse-shoeing.
Satisfaction guaranteed.

McNamee & Slack
54 Queen St. Phone 1217w.

VICTORY BONDS

Bought and Sold

W. H. GODWIN
& SON
Real Estate & Insurance
89 Brock St. Phone 424

GRAND TRUNK RAILWAY
SYSTEM

AGENCY
FOR ALL
STEAMSHIP
LINES

Special attention will be given
your family or friends, going to or
from the Old Country.

For information and rates apply
to J. P. Hanley, C.F. & T.A., G.T. Ry.,
Kingston, Ont.

CUNARD
ANCHOR
ANCHOR-DONALDSON

Regular Passenger Services
to all British Ports

CUNARD-LINE

FROM LONDON
TO LIVERPOOL
New York, Panama Mar. 25
New York, Aquitania Mar. 4

ANCHOR-DONALDSON
TO GLASGOW
St. John, N.B., Casanovra Mar. 13

ANCHOR-LINE
NEW YORK TO GLASGOW
For rates of passage and further
particulars apply to Local Agents or
THE ROBERT BERTOLD COMPANY,
Limited, 50 King Street East, Toronto,
Ont.

SPECIALS FOR
SATURDAY
Choice Steak . . . 25c, 30c a lb.
Choice Rib and Shoulder Roasts,
20c, 25c

CHARLES QUICK
112 Clergy St. Phone 2011
Food Board License No. 9-5088

15 Days' Cash Sale
Prices Down

Apples, No. 1 and No. 2; Spys
and Greenings
FRESH FISH—Halibut Steak,
25c lb.; B.C. Red Salmon, 25c
lb.; Choice Salmon, 20c lb.;

The United Grocery
COMPANY
138 PRINCESS ST.
Phone 207. Ben Lee, Manager
Prompt Delivery

Praise woman's beauty and she
will mildly deny it. Then agree with
her and she will get angry.

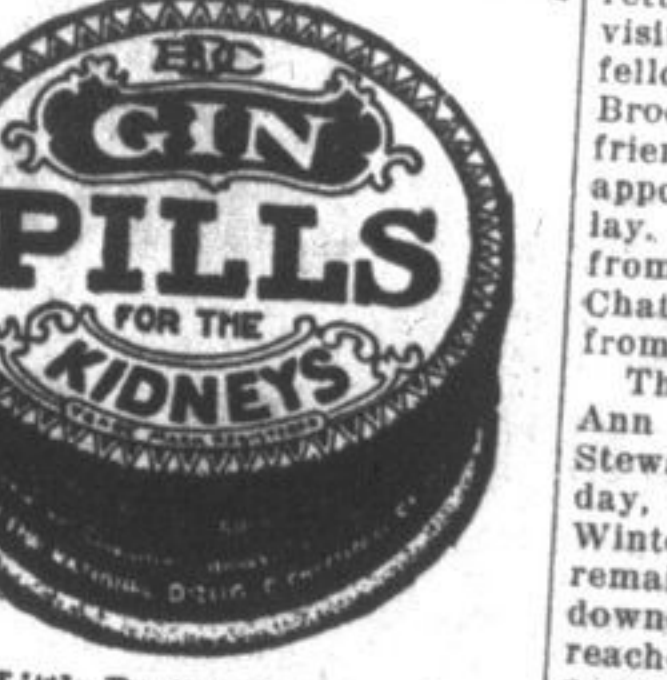
From The
Countryside

Frontenac

SNOW ROAD.
Feb. 27.—The box social held in
the L.O.O.F. hall on Friday night was
well attended. The proceeds amount-
ed to \$159. Mrs. Lorne Gemmill spent
last week at Watons Corners. T.
Palmer, Maberly, has been in the vil-
lage measuring pulpwood. James
Leit spent a few days of this week in
Kingston. Misses Lucy Gray and
Hilda Watkins, and Roy Hamilton,
of Ardoch, were recent visitors at
Mr. Erwin's. James Palmer return-
ed from Perth on Thursday. Miss
Mary Thomas and brother, John, of
Lavant, visited at R. Harper's last
week. Charles Blake, of Deseronto,
is spending a few days with his par-
ents. Miss C. Johnston, Oso spent
the week-end at Mrs. C. Kennedy's.
Misses Viola and Mabel Allan are
visiting friends in Ogdensburg. Miss
Ella Ferguson was the guest of Miss
S. Wood on Saturday.

Leeds

WILLOWBANK.
Feb. 27.—Everyone has firewood
up waiting for the sawyers. Wood
has been on Howe Island for some
time, but are expected over soon.
Dances are the latest attraction,
one being at the home of William
Sliter to-night. Mrs. Robert Mc-
Ninch and Mr. and Mrs. Stanley Mc-
Ninch were in Pittsburg Wednes-
day attending the McClement-Kil-
patrick wedding. William Grice is
moving down to his new place of
residence on George Dempster's
farm. Charles Jackson fell off a
load of hay to the hard ice and hurt
himself badly. The doctor was in



The Little Doctor always ready
—always on hand to relieve kid-
ney and bladder troubles, and
help nature purify the blood.

This National Drug & Chemical Co.,
of Canada, Limited, Toronto, Ont.

We have a supply of
cut hard wood and
kindling.

Order your hard coal through
the fuel controller.

J. Sowards Coal Co.

ASTHMA

DR. J. D. KELLOGG'S
ASTHMA REMEDY

THE CHOKING, SUFFOCATING EFFECTS
OF ASTHMA ARE GREATLY MITIGATED
BY THIS EFFECTIVE AGENT. A TRIAL
IS SUFFICIENT TO CONVINCE YOU OF
ITS RELIABILITY.

Whipping
Cream

AND ALL OTHER
Table Luxuries
GLOVER'S

WHEN NEURALGIA
ATTACKS NERVES

Sloan's Liniment scatters
the congestion and
relieves pain

A little, applied without rubbing,
will penetrate immediately and rest
and soothe the nerves.

Sloan's Liniment is very effective
in allaying external pains, strains,
bruises, aches, stiff joints, sore mus-
cles, lumbago, neuritis, sciatica, rheu-
matic twinges.

Keep a big bottle always on hand
for family use. Made in Canada.
Druggists everywhere.

Sloan's
Liniment
Kills Pain
30c, 60c, \$1.20

GIRLS! MOISTEN A
CLOTH AND DRAW
IT THROUGH HAIR

It becomes beautifully soft, wavy,
abundant and glossy
at once.

Save your hair! All dandruff goes
and hair stops coming
out.

Surely try a "Danderine Hair
Cleanse" if you wish to immediately
double the beauty of your hair. Just
draw it carefully through your hair,
taking one small strand at a time;
this will cleanse the hair of dust, dirt
or any excessive oil—in a few min-
utes you will be amazed. Your hair
will be soft, fluffy and abundant and
possess an incomparable softness, lus-
tre and luxuriance.

Besides beautifying the hair, one
application of Danderine dissolves
every particle of dandruff; invigorates
the scalp, stopping itching and falling
hair.

Danderine is to the hair what fresh
showers of rain and sunshine are to
vegetation. It goes right to the roots,
invigorates and strengthens them. Its
penetrating, stimulating and life-
producing properties cause the hair
to grow long, strong and beautiful.

You can surely have pretty, soft,
lustrous hair, and lots of it, if you
will spend a few cents for a bottle of
Danderine at your drug store or
toilet counter and try it as
directed.

Save your hair! Keep it looking
charming and beautiful. You will say
this was the best money you ever
spent.

NEWS FROM THE DISTRICT.

Clipped From the Whig's Many
Bright Exchanges.

Rev. W. T. Wickett, Bethany, has
accepted an invitation to Tyrone
Methodist circuit for next confer-
ence year, subject to the approval
of the stationing committee of the
Bay of Quinte Conference.

Mr. and Mrs. John Hough, Picton,
celebrated the sixty-ninth anniver-
sary of their wedding at a dinner
party at the home of their daugh-
ter, Mrs. W. H. Williamson.

J. R. French, who owns a saw and
criot mill at Melville, has been busy
getting out timber from the swamp
land and used later in the
manufacture of apple barrels.

Alexander Blair has disposed of his
furniture and undertaking business
at Westport and has entered into
partnership with George Thompson
at Perth in the same line.

Samuel Stafford, postmaster,
Soperton, while returning from the
station a few days ago, was over-
taken by a runaway horse. The
cutters collided and when Mr. Staf-
ford's horse fell, he was thrown out
as a fractured rib.

There has just passed away at his
home, Kemptonville, a well-known
man in Thomas Beckett, aged seven-
ty-five, who was for years bridge
rider at Beckett's Bridge over the
Rideau. Deceased had been in ill
health only a short time.

On Feb. 10th at Moose Jaw, the
marriage took place of a former
Athenian girl in the person of Miss
Mary Shook, daughter of Mr. and
Mrs. N. Shook, Athens, who was un-
ited in marriage to George Camp-
bell, local manager of the Imperial
Oil Co., of Swift Current.

The Lanark county council has
made a most successful sale of
\$100,000 of debentures which are to
be applied to the building of good
roads. The best offer of the council
committee had was of the 93.64
from a Toronto firm, but that was
beaten by an offer of 93.7 from the
E. A. Ames Company.

Death of W. Rutten, Sydenham.
Sydenham, Feb. 27.—On Feb. 16th
death claimed a highly respected re-
sident of this place in the person of
John W. Rutten at the age of sixty-
nine years. Deceased had been ill
for some months with heart
trouble. He had always lived on the
old homestead. In politics he was a
Conservative. Mr. Rutten was a kind
and good neighbor and beloved by all
who knew him. A large cortege fol-
lowed the remains to the church,
directed by Rev. Mr. Reid at the
Methodist church on Tuesday after-
noon and thence to the west. De-
ceased is survived by his wife, two
daughters and two sons: Mrs. Mil-
lars Shargraw of Portland, N.Y., and
William of Watertown, N.Y., and Fred
Mrs. C. Davy, and one brother, Miles,
both of Sydenham.

Took Severe Cold
ON HIS ZUNGS

COUGHED PHLEGM AND BLOOD

On the first appearance of a cough
or cold, do not neglect it, but get rid
of it at once. Before it has a chance
to grow worse, and gets settled on
the lungs, causing bronchitis, pneu-
monia and other serious lung trou-
bles.

Dr. Wood's Norway Pine Syrup
will cure the cough or cold on its
first inception and perhaps save you
years of suffering.

Mr. G. F. Stratchuk, Canora,
writes:—"Last winter I took
a most severe cold on my lungs and
was coughing up phlegm and blood
most of the time. I had the cough
for over two months, and took a
great deal of different medicines, but
found no relief from them. At last
a friend advised me to take Dr.
Wood's Norway Pine Syrup, which I
did, and it gave me great relief in a
very short time and to-day I am
enjoying good health again."

The marvellous results that Dr.
Wood's Norway Pine Syrup has ac-
tained in its cures of coughs, and
colds has caused many so-called
"pine" preparations to be put on the
market, which do not contain any
"pine" whatever. See that you get
the genuine when you ask for it.

Put up in a yellow wrapper; three
pennies the trade mark; price 25c
and 50c. Manufactured only by The
T. Milburn Co.-Limited, Toronto,
Ont.

BUY YOUR SEED RIGHT

Be Sure the Clover and Grass
Seed Is Pure.

Why Every Farmer Should Have
Spray Calendar—How to Get It
and Use It—Only Spraying Done
at Right Time Is Effective.

(Contributed by Ontario Department of
Agriculture, Toronto.)

SUCCESS or failure depends to
a large extent upon the quality
of the seed sown. No man can
afford to use low-grade clover
or grass seed. The risk of seeding
down the farm with noxious weed
seeds is too great. High-grade clover
and grass seed is freer from weed
seeds and produces more healthy,
vigorous plants per pound than does
low-grade seed. Impure seed is dear
at any price. Pure seed is the pur-
chaser's right and he should insist
on having it.

In the purchase of clover and grass
seed the following qualities should
be looked for:—

- 1. Freedom from weed seeds, es-
pecially those weed seeds covered by
the Seed Control Act. The weed seeds
can be properly seen only by spread-
ing out the sample of clover or grass
seed on a clean white sheet of paper
and looking carefully over it with
the aid of a tripod magnifier or hand
lens. No farmer should be without
a lens of some kind. Everyone who
has to purchase seed should endeavor
to become familiar with the common
weed seeds and know the standards
of purity required by the Seed Con-
trol Act for the various grades of
clover and grass seed.

- 2. Freedom from dirt, grit, broken
straw and other inert matter. A great
many samples of clover and grass seed
contain far too large a percentage
of such inert matter. Those buying
such seed are paying a high price per
pound for dirt.

- 3. Good size and color. A good
sample of seed of any kind should be
large, plump, bright, and have the
Plumpeuse, brightness and good color
are usually indicative of high germina-
tive capacity.

- 4. High germinative capacity.
Good clover or grass seed of any kind
should have a high germinative cap-
acity. This cannot be accurately
judged by an examination of the seed
and can be ascertained only by a
germination test. Purchasers of seed
can have such tests made for them
by sending their seed to the office of
the Seed Commissioner, Department
of Agriculture, Ottawa, Ontario.

- 5. Farmers are reminded that the De-
partment of Botany of the Ontario
Agricultural College is at their ser-
vice at all times for the testing of
seed as to purity. In submitting
samples for purity test send at least
one pound of the coarser grasses, one
ounce of alfalfa or red clover, and
half an ounce of alsike or timothy.

- A full report on samples will be fur-
nished. Samples of seed should be
carefully packed and addressed with
postage prepaid to the Botanical De-
partment, Ontario Agricultural Col-
lege, Guelph.—Prof. J. E. Howitt,
O. A. College, Guelph.

Every Farmer Should Have Spray
Calendar.

Before giving the reasons why
every farmer should have a spray
calendar let us state what a spray
calendar is. It is the gathering to-
gether into a small space—usually
just one sheet or page—of all the
necessary knowledge for the control
of the various insects and diseases
that attack our fruit trees and bush
fruits; so that instead of having to
search half a dozen bulletins, the
farmer can obtain the required in-
formation almost at a glance. A spray
calendar is therefore a handy refer-
ence sheet on the control of insect
pests and plant diseases.

Every farmer should have a spray
calendar for the following reasons:—

- 1. Because it will save him time
in finding the necessary information
on the control of insects and plant
diseases.

- 2. Because the information given
in the spray calendar is more val-
uable than he can obtain from his
neighbors or any other source. It is
the best information that can be ob-
tained anywhere.

- 3. Because the spray calendar will
prevent costly mistakes due to slips
of memory.

- 4. Because the spray calendar
states definitely when to treat the
different pests. A week too early or a
week too late would in the case of
some of our worst insects and dis-
eases mean utter failure. There is a
good reason for each date of treat-
ment given in the calendar. It is not
guesswork.

- 5. Because the spray calendar
states definitely the mixture or mix-
tures to use in each case and gives
the proper strength. Too strong a
mixture would mean loss of money
and sometimes burning of the foliage
or fruit; too weak a mixture failure
to control the pest.

- 6. Because several spray mix-
tures, e.g., Bordeaux mixture, can be
made at home. The spray calendar
tells how to make them.

- 7. Because by following the direc-
tions given in the spray calendar,
almost perfectly clean fruit and much
more of it can be obtained.

Always ask for the latest spray
calendar, since they are revised from
time to time, and new and better
methods added in place of the old as
soon as they have been sufficiently
tested.

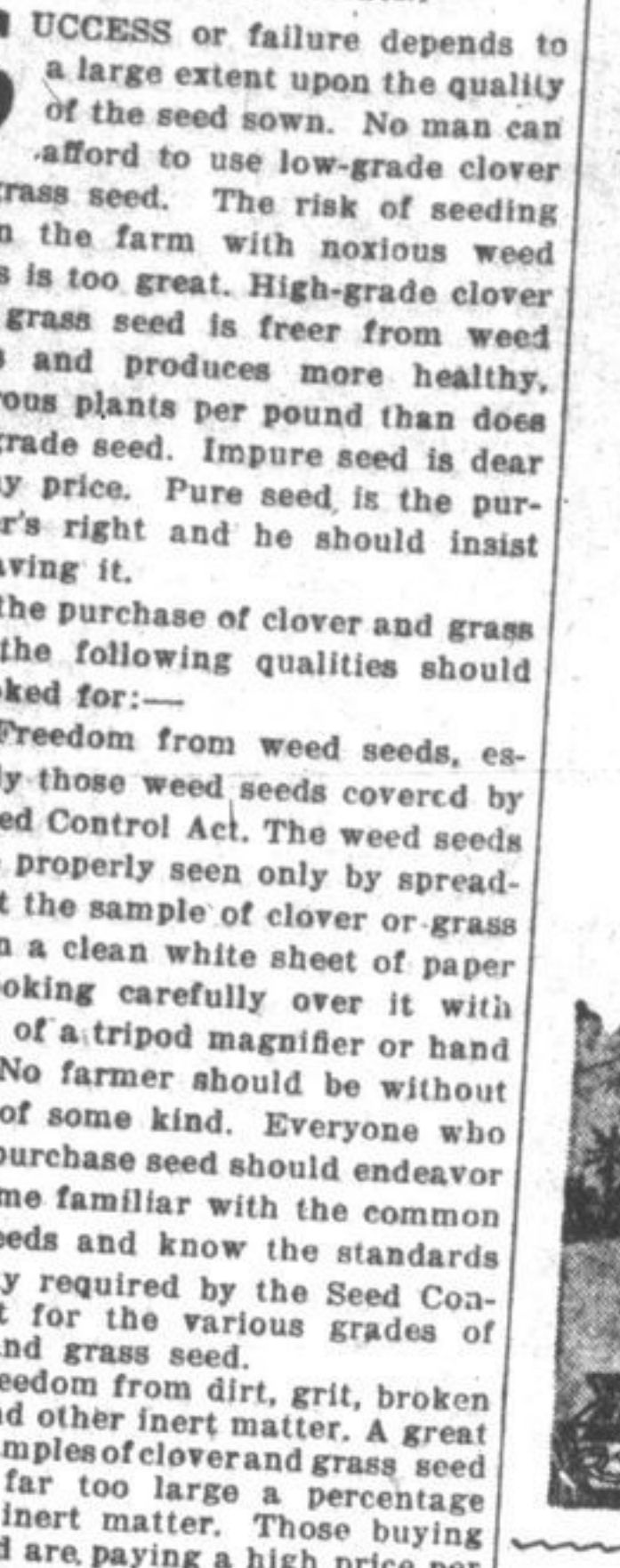
How can spray calendars be ob-
tained? Send a postcard to the De-
partment of Agriculture, with a re-
quest for one. Write your name and
address clearly.—L. Casner, B.S.A.,
O. A. College, Guelph.

At the Methodist parsonage, Red-
nerville, on Feb. 25th, Rev. L. M.
Sharpe united in marriage Lenora
Allene, youngest daughter of Mr. and
Mrs. M. M. Werden, Christiania street,
to Ross Edison Burr, Allisonville.

THE GENIE AND
THE MAGIC BOX

"AND THE GENIE FILLED THE BOX
WITH THE MAGIC BALM."

Esther Tule.



You don't believe in genii and
fairies and magic boxes? Of course
not! That is, not as they are told
of in "Arabian Nights". But in
other forms aren't they all around
you? Isn't the aeroplane the Magic
Flying Carpet? Isn't the wireless
the genie who could speak all over
the world? Haven't science given
you, in Zam-Buk, a veritable "magic
box of healing"? Listen to this.

Writes a lady from the West:
"From just one box of Zam-Buk we have
had a wonderful amount of benefit. My hus-
band's finger was crushed at work—a few Zam-
Buk dressings healed it. My daughter (bursitis)
was cured. My little son cut his hand on rusty tin—Zam-Buk
prevented festering and healed it. My sister
had a sore heel, caused by an ill-fitting shoe—
Zam-Buk cured it. I had chapped hands—
Zam-Buk healed them."

Isn't it truly marvelous that from one box
of Zam-Buk so much benefit can be derived?
This is only possible because Zam-Buk is all
medicine, and is so highly concentrated that a
small quantity of it is
more effective than many
times that quantity of
ordinary ointment.

Get a box to-day
and keep it handy.
All dealers 50c box.

For Free Box.
Send this Coupon
with this paper and
2c stamp (to pay return
postage) to Zam-Buk
Co., Toronto, Ont.

WARNING

Now is the time to come and
make arrangements to have
your car stored and overhauled.
We still have space for a few
more cars.
Automobile repair work a
specialty.

ED. WALSH, Prop.
835 King St. Phone 2180

Just Received at the
UNIQUE Grocery

Old Virginia Pancake Flour,
Self Raising Buckwheat Flour,
White Swan Pancake Flour,
Fresh Buckwheat Flour.

C. H. PICKERING,
400 and 402 Princess Street.
Phone 530
License No. 8-2152

Lake Ontario Trout
and Whitefish, Fresh
Sea Salmon, Had-
dock, Halibut and
Cod.

Dominion Fish Co.
Canada Food Board License
No. 9-3246.

Great
Clearing
Sale

—AT—
The Model
Shoe Store

We must lower our stock
by at least \$10,000.00. 30
days' great reduction sale.
Ladies' Boots, broken sizes,
from \$1.50 and up.
Call and take advantage of
these bargains.

H. ROTGAUZE,
PROP.
184 Princess Street.



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For Infants and Children.
Mothers Know That
Genuine Castoria
Always
Bears the
Signature
of
Dr. J. C. HITCHCOCK
In Use
For Over
Thirty Years
CASTORIA

Exact Copy of Wrapper.
THE CASTORIA COMPANY, NEW YORK CITY.