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Including all the indoor games, played at the present day. With suggestions for good play, and a full code of laws. Illustrative hands and a brief statement of the doctrine of chances as applied to games.

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Postage 10c Extra.

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141 PRINCESS STREET



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We can make you a pair of eye glasses to see both far and near—yet you cannot see the dividing line. It is DIFFERENT and more thorough than usual.

Examinations

You will find STEWART'S system of eye testing untiring and comfortable. It is DIFFERENT and more thorough than usual.

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J. J. STEWART, OPT. D

"High Specialist,"
Opp. Post Office Kingston
"The House of Better Glasses."

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UNTIL

MONDAY MORNING

W. J. MOORE & SON

Specials

Women's Kid Bals., high lace tops, with Louis spool, or military heels. While they last \$3.75

Boys' Tan Boots; strong, durable shoes, sizes 1 to 5: While they last \$2.99

Allan M. Reid,
SHOE STORE

111 Princess St. :: Kingston

M. S. GRACE IS PRESIDENT OF THE KINGSTON RETAIL MERCHANTS' ASSOCIATION.

Addresses Given by President Waters and Secretary Campbell of the Eastern Ontario Division. The annual meeting of the Retail Merchants' Association was held on Friday evening and inspiring addresses were delivered by Mr. Waters, president of the Eastern Ontario division, and Mr. Campbell, secretary and organizer. R. J. Rodger occupied the chair during the transaction of routine business, which included the election of officers. The new officers are: M. S. Grace, president; B. N. Steacy, vice-president; B. Abernethy, secretary; W. Y. Mills, treasurer.

The new president took the chair and R. J. Rodger directed the attention of the merchants to the desirability of making an effort to promote the sale of War Saving stamps. It was necessary to stimulate public interest in these stamps, not only because it meant an addition to the



M. S. GRACE

country's revenue, but also to arouse the people to the opportunity afforded for saving small sums of money and cultivating habits of thrift. In the discussion that followed a general desire on the part of the merchants to help was manifested. The best method, it was thought, would be to place cards in the store windows, and some offered to give their advertising space in the local papers one day in each month.

The president introduced Mr. Waters, who gave a stirring address on the organization of the association, which he described as the best organization in the interest of good merchandising, being designed to protect its members in matters of legislation and to prevent fraudulent practices on the part of individuals. He said it was a difficult matter to obtain judicial decisions favorable to merchants. It was aimed to establish an office with an official to look after the interests of the association. He told of what had been done in Ottawa, where the association had 500 members. There were twenty-six sections, each representing a particular line of business such as the coal dealers, the butchers, hardware men, grocers, etc., each of which held regular meetings. The druggists have a Dominion charter and meet and compare prices. Service to the public and fair returns were the objectives.

He told of matters that had been taken up with the Government, such as freight rates, parcel post rates, which operate in favor of the mail order houses to the disadvantage of the retailer. It now costs twenty-seven cents a car-mile to carry mails and the abolition of all railway passes was urged. Taking up the question of labor, he said that the retail merchants were virtually bankrupt to men who were not paid sufficient wages. Labor showed the benefit of organization, for had it not been organized there would never have been competent men to advise the Govern-

BEAUTIFUL, HAIR THICK, WAVY, FREE FROM DANDRUFF

Draw a Moist Cloth Through Hair and Double Its Beauty At Once.

Save Your Hair! Dandruff Disappears and Hair Stops Coming Out.

Immediate?—Yes! Certain?—That's the joy of it. Your hair becomes light, wavy, fluffy, abundant and appears as soft, lustrous and beautiful as a young girl's after an application of Danderine. Also try this—moisten a cloth with a little Danderine and carefully draw it through your hair, taking one small strand at a time. This will cleanse the hair of dust, dirt or excessive oil, and in just a few moments you have doubled the beauty of your hair. A delightful surprise awaits those whose hair has been neglected or is scraggy, faded, dry, brittle or thin. Besides beautifying the hair, Danderine dissolves every particle of dandruff, cleanses, purifies and invigorates the scalp, forever stopping itching and falling hair, but what will please you most will be after a few weeks' use, when you see new hair—fine and downy at first—growing all over the scalp.

Danderine is to the hair what fresh showers of rain and sunshine are to vegetation. It goes right to the roots, invigorates and strengthens them. Its exhilarating, stimulating and life-producing properties cause the hair to grow long, strong and beautiful. You can surely have pretty, charming lustrous hair, and lots of it, if you will spend a few cents for a bottle of Knowlton's Danderine from any drug store or toilet counter and try it as directed.

A SLUGGISH LIVER CAUSED Severe Headaches

The duty of the liver is to prepare and secrete bile and serve as a filter to the blood, cleansing it of all impurities and poisons.

Healthy bile in sufficient quantity is Nature's provision to secure regular action of the bowels, and when the liver is sluggish it is not working properly, and does not manufacture enough bile to thoroughly act on the bowels and carry the waste products from the system, hence the bowels become clogged up, the bile gets into the blood, constipation sets in, followed by sick and bilious headaches, coated tongue, bad breath, heartburn, water brash, bad taste in the mouth in the morning, jaundice, floating specks before the eyes, etc.

Miss Dian Clark, Myer's Cave, Ont., writes:—"I take pleasure in writing you concerning the good I have received by using Milburn's Laxa-Liver Pills for a sluggish liver. When my liver got bad I would have severe headaches, but I got better after I had used a couple of vials of your pills."

Milburn's Laxa-Liver Pills gently unlock the secretion, clear away all waste and effete matter by acting directly on the liver, and make the bile pass through the bowels instead of allowing it to get into the blood.

Milburn's Laxa-Liver Pills are 25c a vial at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

ment in time of national stress. He told of the situation in the drug and grocery trades, owing to the operation of the Temperance Act.

Much was heard of co-operation and co-operative stores, but in his opinion this was the most costly method of doing business. The speaker reported his efforts to beware of apathy in business, for the word contains an offensive implication. Mr. Campbell gave some startling information, showing the great value of the organization which had secured the exemption of 1,000 pounds of tea from taxation; the extension of certain jewellery stock when it was proposed to tax the whole stock in trade; the adoption of a scale of license fees according to volume of business instead of a fixed sum levied on all alike; the increase of the discharged soldier's clothing allowance from \$8 to \$35 in cash; the cancellation of the gasoline order that allowed only ten per cent. profit; the fifty per cent. supply of sugar to confectioners when it was proposed to deprive them of it directly. Mr. Campbell exhibited a list of fifty items upon which the association had by strong representations secured Government consideration favorable to the retailers, among them being the flour and feed dealers.

He outlined the programme that would be dealt with by the Dominion Board on March 17th next. Among other matters of vital interest were proposed amendments to the acts of Parliament such as the Garnish Act, exempting civil servants and military men that was unfair to merchants; the Lord's Day Act, so as to make the purchaser guilty with the seller; the abolition of selling stands on streets and in public buildings; reduction in the cost of parcel post and other mail matter. He stated that there are thirty-five retail merchants who are members of Parliament and it is proposed to call them into conference at Ottawa. He said that there was a proposal to include the retail merchant in the Workmen's Compensation Act, which called for a united voice in protest. There were only twenty-two members in the Kingston branch and he urged that the number be raised to 100.

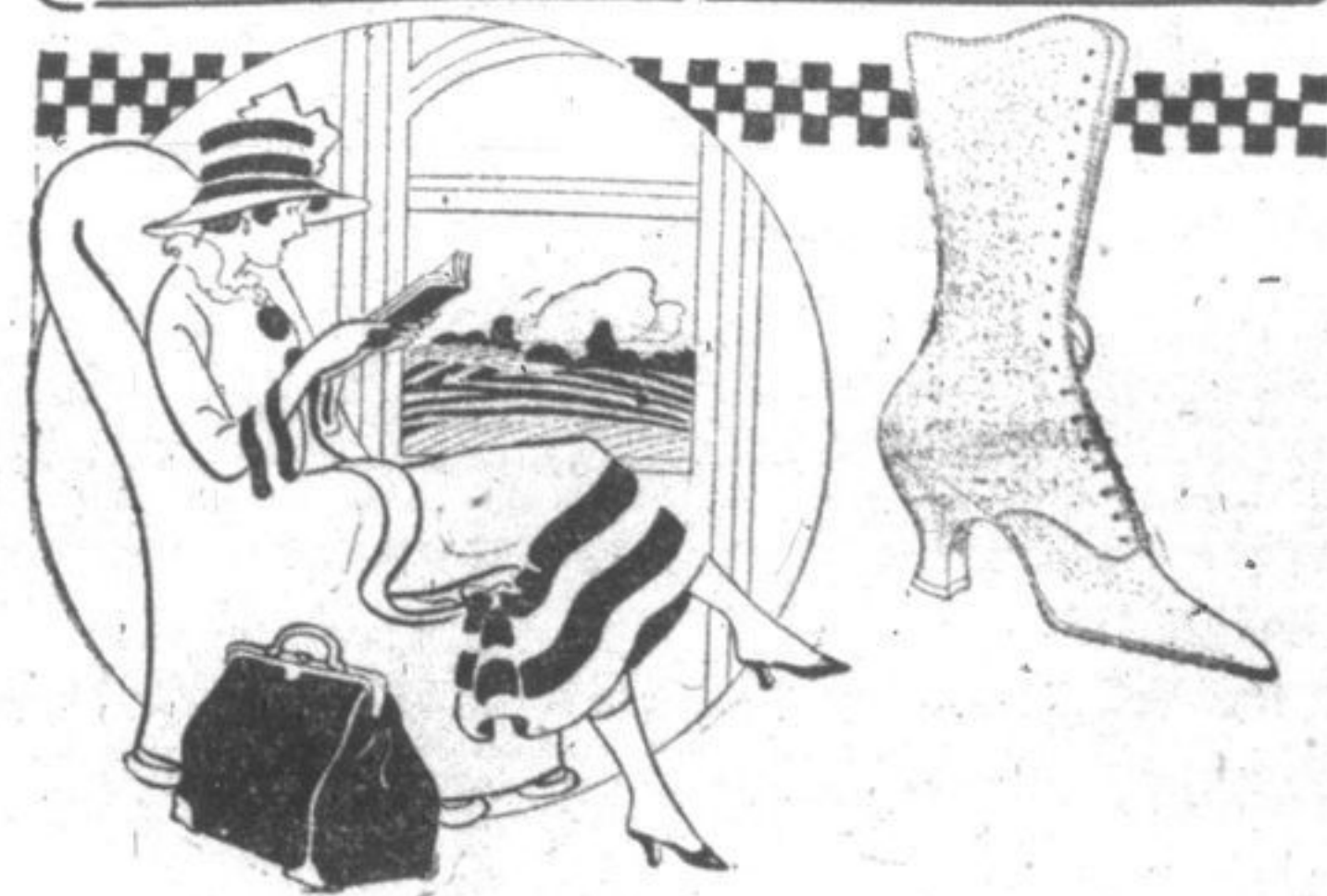
Giving the Osteopath a Fair Show. At the coming session of the Ontario Legislature, it is expected that the practice of osteopathy will come in for some discussion, and possibly some legislation, tending to regulate and standardize the osteopathic profession. Whether one favors or does not favor the practice of osteopathy, it is useless to argue that it has no rights and should not be recognized in the realm of the healing arts. In view of the thousands of people who have taken it as their own in this country, and who are fully satisfied that it is neither witchcraft nor quackery, but is, on the contrary, a scientific method of getting rid of at least a portion of the ills that man is heir to, it is certainly time that it was placed on a proper basis.

Under our present Provincial rules and regulations as regards the practice of medicine, the healing arts) or whatever one may call them, any out-and-out ignorant scamp may hang out his shingle, sign "D.O." after his name, and begin to practice what he is pleased to term the "science of osteopathy." When, as a matter of fact, he will probably kill or permanently injure more people than he will cure. Dentistry, medicine and pharmacy all have their governing boards created to examine those who practice in any of these professions; and these boards in themselves are at least some guarantee that the public, ignorant of such matters, is not being endangered. Not so, however, with osteopathy, which, as it were, is a sheep without a fold.

The demands made by the Ontario osteopathic body, that is those who are graduates from accredited osteopathic colleges, is that the Ontario Government protect them from the faker by the appointment of a proper examining board, whose certificate will carry with it permission to practice within the Province; that they be given the right to establish an osteopathic college within the Province; and that the Ontario Legislature, in its wisdom, should be petitioned by one of the universities, and with clinical facilities in the public hospitals, such as are accorded other branches of the healing art; and that there be no restriction upon the admission of properly qualified graduates of accredited United States colleges of osteopathy to such time as the Ontario college is properly established. In other words, to have an open field, as the allopathic and homeopathic schools of medicine. The osteopath claims that all he wants is a fair field and no favor, with due protection from the fraud. Let us give it him.

Saturday Night.

Abernethy's



4.85

Ladies' Brown Kid Laced Boots, high tops, spool heels; only a few pairs 4.85

Growing Girls' Brown Calf Laced Boots, Neolin soles and rubber heels; just the shoe for high school girls; sizes 2½ to 7. Extra special value \$4.85

Dr. Case, representing Dr. Scholl, Chicago foot specialist, is here to-day and tomorrow. See other advt.

ABERNETHY'S SHOE STORE

GENUINE REDUCTIONS IN FURS AT CAMPBELL BROS.

Removal Sale

Big discounts on Furs, Gloves, Caps, Hats, etc.

This is a bargain opportunity that may not occur again for a long time. Buy now and save money.

CAMPBELL BROS

Kingston's Oldest Hat and Fur Store.

KINGSTON EVENTS 25 YEARS AGO.

A large robin appeared in J. M. Sherlock's yard on Queen street to-day.

W. B. Dalton, Capt. Donnelly, W. Leslie and J. E. Walkem will play golf for the Carruthers medal at the curling rink. Eggs were plentiful to-day at 15 cents per dozen. The thermometer dropped to 18 below zero to-day.

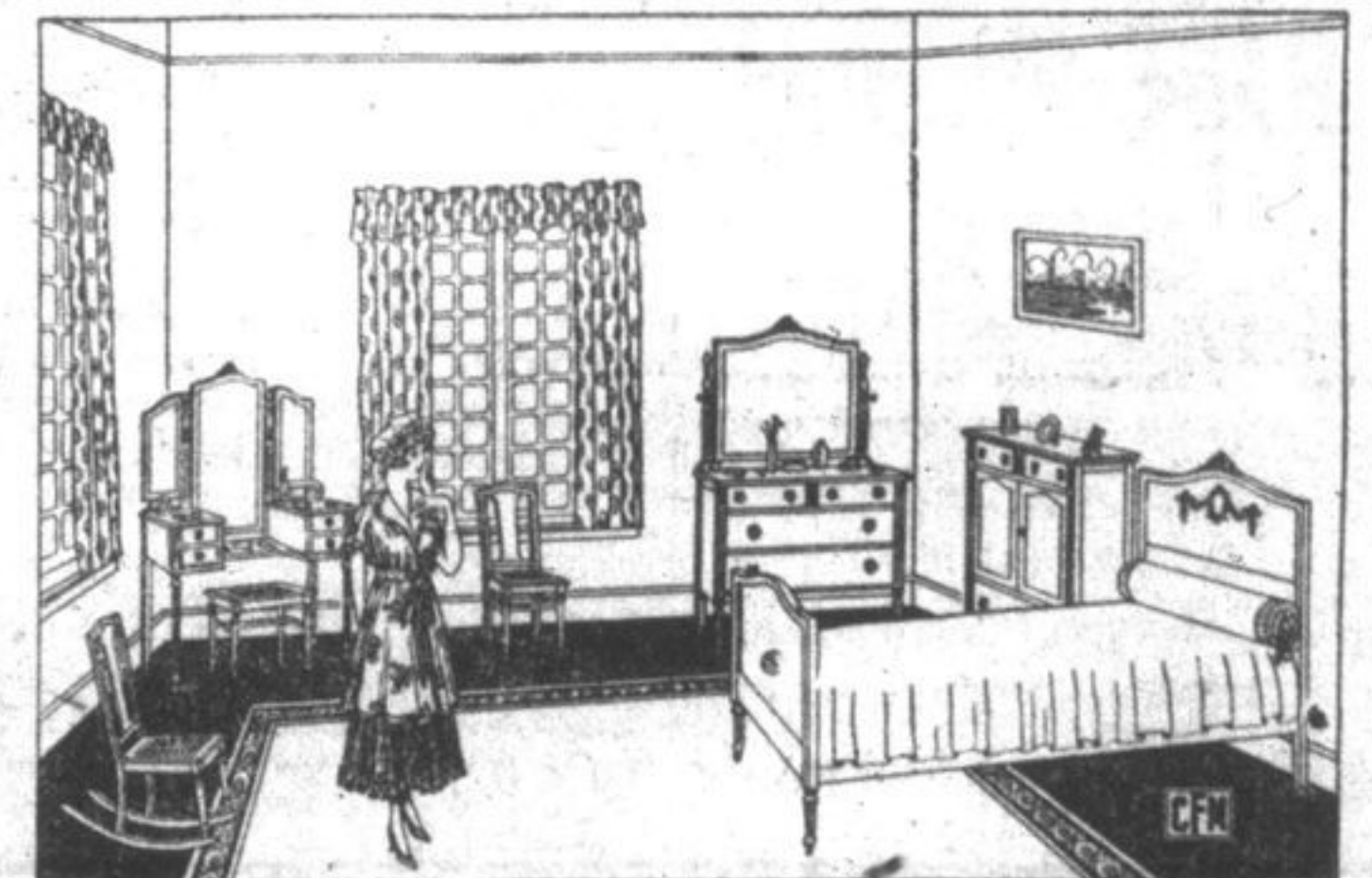
ESPECIALLY GOOD AT THIS TIME

Hood's Sarsaparilla—Best Medicine to Build Up the System.

After influenza, grip, fevers, blood-poisoning and prostrating diseases, that leave poor appetite, weakness, that tired feeling and other ailments.

Hood's Sarsaparilla has benefited thousands by purifying and enriching the blood, curing skin diseases, stomach, liver and kidney troubles. Its record of cures of scrofula, salt rheum, psoriasis, pimples, eruptions, catarrh, dyspepsia and rheumatism proves its superlative merit.

In cases where a laxative is needed take Hood's Pills—they are gentle and thorough. Get these medicines to-day.



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Come early. It surely will be a wise, thoughtful move on your part to take advantage of our big February Furniture Sale.

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Kingston Milling Co., Limited

Manufacturers of High Grade Flour

"White Rose" and "Hungarian Patent"

For sale by all dealers

Canada Food Board License Nos. 118 and 4-118

SPECIALS FOR SATURDAY

Choice Steak 25c, 30c a lb.
Choice Rib and Shoulder Roasts, 25c, 25c a lb.
Choice Cuts of Pork 30c, 35c a lb.
Sausage, 20c, 25c, 30c a lb.
Choice Mince meat, 15c a lb.
Pork, Veal and Lamb
Choice Creamery Butter 55c a lb.

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Food Board License No. 9-2000

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Webb's Phosphodina
The Great English Laxative
Tones and invigorates the whole nervous system, makes new blood in old veins, cures nervous debility, mental and brain worry, depression, loss of memory, indigestion of the heart, falling memory. Price \$1 per box, 5c or 10c. One will please, five will cure. Sold by all druggists or mailed in plain package on receipt of price. New sample of mailed free. THE WEBB MEDICINE CO., TORONTO, ONT., CANADA