

# INJURED & 10 MILES FROM DOCTOR

was the predicament Miss Randall, Silver Stream, Sask., found herself in, but Zam-Buk saved her from any serious consequences. Writing of the affair, her mother says: "I should like to tell you of an incident which proves conclusively the wonderful healing power of Zam-Buk. My daughter was using the washing machine, when she caught her hand in the cog and almost tore the top off her finger. As we live eighteen miles from a doctor, it was necessary I should attend to her hand at once. I got some Zam-Buk (which we always keep handy), put on a liberal dressing and bound up the finger carefully. From that time on, my daughter had no more trouble with the injury. We continued the Zam-Buk treatment, and not only did it prove unnecessary to call in the doctor, but in a wonderfully short time Zam-Buk healed the wound—serious as it was—completely."

Zam-Buk is equally good for burns, eczema, ulcers, cold cracks, skin diseases, blood poisoning and piles. All dealers 50c. box. Send name of paper and 1c. stamp to Zam-Buk Co., Dupont St., Toronto, and we will send you free trial box.

## Zam-Buk

### Influenza to Stay in Modified Form

Health Authorities Issue Warning

That influenza is on the wane is true, but there will be danger of contracting influenza throughout the winter. All are warned to continue to disinfect the nose, throat and air passages regularly.

One of the surest and simplest ways to disinfect the air passages is to inhale night and morning the smoke from Smo-Ko Tobaccos Cigarettes. For sale by all druggists, 20 cents a box.

Care and diet chart free. Apply to Munyon's Laboratories, Fifty-fourth and Columbia Avenue, Philadelphia, Pa.

### GRAND TRUNK RAILWAY SYSTEM

AGENCY FOR ALL STEAMSHIP LINES

Special attention will be given your family or friends, going to or from the Old Country.

For information and rates apply to J. P. Hanley, C.P. & T.A., G.T. Ry., Kingston, Ont.

### The Telgmann School of Music

Piano, violin and other stringed instruments; elocution and dramatic art. Pupils may begin at any date. Terms on application. Engagements for concerts accepted.

216 Frontenac Street, Phone 1610.

Internal and External Pains are promptly relieved by DR THOMAS' ECLECTIC OIL. THAT IT HAS BEEN SOLD FOR NEARLY FIFTY YEARS AND IS TO-DAY A GREATER SELLER THAN EVER BEFORE IS A TESTIMONY TO ITS NUMEROUS CURATIVE QUALITIES.

## LINDSAY'S

### ESTEY Reed Organs

are the most powerful. Whatever may be the size your church, chapel or lodge room there is an ESTEY organ of sufficient tone volume to completely fill the edifice.

ESTEY Organs although small, possess a richness of tone which rivals that of many a pipe organ. LINDSAY'S are sole representatives in Eastern Canada for the ESTEY Company. Write for illustrated catalogue.

Besides ESTEY Organs we usually have on hand a number of used Organs of various makes at bargain prices, for sale on time contracts.

## C. W. LINDSAY, Limited

Canada's Premier Piano House  
121 Princess Street Kingston  
Montreal, Ottawa, Quebec, Brockville, Belleville, and Three Rivers

## Music in the Home

Urges Music in Education. The women's organizations of the country have dealt with many reforms in such a way as to give public music quite a lift along the road to improvement. It is significant that at a recent conference of the General Federation of Women's Clubs the subject of music in education came up for attention. One of the speakers, Frances Elliott Clark, dealt with the matter very clearly, and sounded the note that needs sounding today. This speaker's remarks showed that she knew the angle from which to strike, and strike she did in no lukewarm terms at the very root of the question of music in the school curriculum.

"Thousands of men think they do not like classic music only because they have never learned to listen intelligently," said the speaker with emphasis. "Hundreds of people go to orchestral concerts and hear only a tinny music when it becomes familiar. The love of music is innate, but the taste for good music must be acquired, like olives and persimmons. It comes from multiplied hearings of the best; and judging, contrasting, discriminating, listening, this and that, mastering the language of tone. Comparatively few may ever hope to be great performers, but every soul may and should become appreciative listeners."

"Why not, then, teach the children to listen to music in a definite way, and so train the ear to acute sensitiveness? The habit of listening, as other good habits, should be formed in youth."

And then in a pithy summing up of the whole problem, the speaker proceeded: "If, then, it is shown that music has great power as education in and of itself—that it has more practical application in later life as well as in school life than almost any other branch of study—that it serves all other branches in the curriculum, that it is the friend and helper of all that is uplifting and ennobling, and the foe of baseness, meanness, and trickery; then why, in the name of reason, is it not taught systematically and thoroughly in every school in the land?"

"Why should there be one child in all the country deprived of the joys and benefits that come with the study and use of music? Why is there a single city or town without a supervisor of music, trained for the wide field of teaching music itself in its beauty, rather than the merest alphabet of the language? Why, indeed, save that most of the school officials and many superintendents, suffering from our early Puritan training in not hearing music in their own youth, are now making the fatal blunder of denying it also to the children—even in the light of modern evaluation of the great power of music when rightly used."

"Music should be taught in every

high school on exactly the same basis as is language or science, and the same credits given for equal work. Orchestras and bands should be organized in every school, and the instruments furnished, just exactly as are the tools for normal training, or the food and clothes in domestic science. If especially talented boys or girls wish to pursue their music and also the high school course, let the proper credits be given for supervised study of the piano, voice, or violin under competent outside teachers, until such time as this special teaching shall be offered within the school.

"It will come—indeed, it is already here—the splendid new note of nationalism; and when it comes it must receive its baptism in the hearts of the common people."

### Claims It Is Misleading

A local music teacher writes the Whig as follows: "The article in last Friday's issue regarding the teacher and pupil of the violin is somewhat misleading or ambiguous. While the advice may apply to pupils advanced in technique of the violin it appears to condemn teachers for taking too much trouble in playing with the pupils. The teachers who are not indifferent to their charges and play with their pupils at the beginning, or even play all the time during a lesson, or at least until the pupil is able to stop fairly well in tune and paddle his own canoe a little distance, is doing his duty. The teachers who are not interested enough to do so will not make much progress with the less musically talented children, and in many cases would not be able to keep the wolf from the door, as many of the musically ignorant parents expect their would-be little artists to play like miniature pagans or Lady Hallies after three or six months' tuition, and in addition to that inflict them on the curious public and press on short notice."

Yes, Mr. Editor, it is necessary in most cases for the teachers to play as much as possible with the pupils. By so doing they get a quicker mental conception of the right pitch, and at the same time train the ear, which is a most important part in the early stages of learning. Furthermore the teacher is better able to hear when the pupil stops out of tune as the teacher sets the pitch and corrects other faults. As to the pupil not being able to hear when he is stopping out of tune while playing with the teacher he should hang up the fiddle and the bow and take down the shovel and hoe.

The piano pupil also even where the child can see the black and white digitalis, such great men as Godowsky and Dr. Bellars felt the necessity of writing five finger studies for beginners in duet form to encourage the child in the early stages of the drudgery and monotony. It is all very well to quote Auer and Hubay, those great specialists are not troubled with beginners. They charge \$25 per lesson, but some other teachers do the coaching for them.

Verona's Feldspar Record. Verona, Feb. 19.—Ell Walroth has all previous records beaten for moving heavy loads of feldspar on Monday, he hauled at one load from the mine three miles west of here, 12,910 pounds, without counting the sleigh which weighed 1,400 pounds.

Harry Asselatine has just completed a building, that Verona has needed for some time, viz. a large garage and public repair shop, for motorists.

Verona hockey team went to Harrowsmith to-day to play a game with the boys of that place.

### Called by Death

Trenton, Feb. 20.—The death occurred on Thursday of one of Smithfield's oldest and most respected citizens, Henry Head. He conducted a mill and lumber business. A particularly sad feature was the death of his only son, Mrs. Orman Clarke, Concession, only two days previous. Owing to the illness of her father and her mother having a broken arm at the same time, she went there to help, when she was suddenly stricken and died, her father being too weak to learn of her demise.

Potatoes 6c. Dollar a Bag. Cobourg, Feb. 20.—Potatoes have taken a phenomenal drop in this district. A short time ago they were retailing from \$1.45 to \$1.75 per bag, but the past week some farmers have disposed of their surplus stock at from 90c to \$1 per bag.

Eggs also have taken a drop. Buyers in the country are only offering about 40c a dozen.

## "SYRUP OF FIGS" CHILD'S LAXATIVE

Look at Tongues! Remove Poisons From Stomach, Liver and Bowels.



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious, fruity taste. Full directions for child's dose on each bottle. Give it without fear.

## FEELS TWENTY YEARS YOUNGER

### Can Walk a Mile Now Where Before Taking Tanlac Couldn't Go Two Blocks.

"Since Tanlac has relieved me and built me up so much I feel twenty years younger," said Mrs. W. B. Lapsley, who resides at West 21115 Eleventh Ave., Spokane, Wash., recently.

"I had suffered from stomach trouble," she continued, "until I had become almost a nervous wreck and unable to do my housework and look after my children. My stomach was so weak and upset that I could barely retain a thing. I would eat five or six days at a time on nothing but boiled milk and poached eggs, and half the time they failed to agree with me. I was kept on a diet all the time and my stomach was pumped out nearly every day, but this nor anything else did me any good. I was advised that a higher altitude might help me, so I took a trip to the mountains in Canada, but came back home just as bad off as when I left. What I ate would sour on my stomach, and the gas formed by it would beat me up terribly. Sometimes my heart would palpitate like some one beating with a hammer, and then stop suddenly and keep still so long that I thought I would never draw another breath. My back, over my kidneys, hurt me dreadfully and at times my left side pained me until I could hardly stand it. I was constantly taking something to relieve constipation and was almost frantic at times with headache, and was so nervous that sleep was almost impossible for me."

"Now, this is just the condition I was in when I began taking Tanlac and I commenced to pick up with my first bottle. It was only a short time until I was eating most anything I wanted. I can now eat all kinds of vegetables, or anything else I want, without the least bit of trouble from it. My head-aches and pain are all gone and I have already gained ten pounds in weight. I sleep like a child every night and have so much more strength and energy that I can walk a mile, where before I took Tanlac I couldn't walk two blocks without being all tired out. Tanlac has not only helped me, but my husband, who has been troubled with his stomach for a good many years, is now taking it with just as good results. Some of my neighbors are also taking it on my recommendation, so you can see what I think of it. I am thankful enough for what it has done for me to tell everybody about it."

Tanlac is sold in Kingston by A. P. Chow; in Plevna by Gilbert Oster; in Battersea, by C. S. Clark; in Fernleigh, by Ervin Martin; in Ardock, by M. J. Scullion; in Sharbot Lake by W. Y. Cannon.

## CASTORIA

For Infants and Children In Use For Over 30 Years

Always bears the Signature of *Chas. H. Fletcher*

## TRY MAGNESIA FOR STOMACH TROUBLE

It Neutralizes Stomach Acidity, Prevents Food Fermentation, Sour, Gassy Stomach and Acid Indigestion.

Doubtless, if you are a sufferer from indigestion, you have already tried peppin, bismuth, soda, charcoal, drugs and various digestive aids and you know these things will not cure your trouble—in some cases do not even give relief.

But before giving up hope and deciding you are a chronic dyspeptic just try the effect of a little bisurated magnesia—the ordinary carbonate, citrate, oxide or milk, but the pure bisurated magnesia, which you can obtain from practically any drug-gist in either powdered or tablet form.

Take a teaspoonful of the powder or two compressed tablets with a little water after your next meal, and see what a difference this makes. It will instantly neutralize the dangerous, harmful acid in the stomach which now causes your food to ferment and sour, making gas, wind, flatulence, heartburn, and the bloated or heavy lumpy feeling that seems to follow most everything you eat.

You will find that, provided you take a little bisurated magnesia immediately after a meal, you can eat most anything and enjoy it without any sense of pain or discomfort to follow and moreover the continued use of the bisurated magnesia cannot injure the stomach in any way so long as there are any symptoms of acid indigestion.

### FIELDING AS LEADER

One of Two Survivors of Laurier's Cabinet of 1896.

In selecting Hon. W. S. Fielding as their chief, the Liberal Opposition will be securing the services of an able and experienced parliamentarian, a strong debater and a politician of tested worth. He is one of the two remaining survivors of Sir Wilfrid's famous Cabinet of 1896, and held the portfolio of Finance from that date until the party went out of power in 1901.

Defeated in his own constituency of Queen's-Sheburne in 1911, Mr. Fielding did not seek re-election until last year, when, with so many other Liberals, he broke with his chief on military conscription and ran as a Unionist candidate. Sir Robert Borden supported his candidature, and the anti-conscriptionists not opposing him, he was returned by acclamation.

In the House last session, while supporting the Government upon all war matters, he took a very independent course upon all other occasions voting with the Opposition.

Shortly after the signing of the armistice he announced his intention of returning to his old allegiance to Sir Wilfrid Laurier.

It is rumored that the Bank of Commerce may establish a branch in Perth.

### SENT UP FOR TRIAL

Defective Cartridges Saved Life of Calabogie Station Agent. Renfrew, Ont., Feb. 20.—William Wardell, of Bagot township, remanded upon the charge of shooting at and with intent to kill Earnest Walker, station agent at Calabogie, appeared before Police Magistrate M. Devine Wednesday. Evidence of E. Carr, T. McNulty and the station agent were taken upon the charge of prisoner having stolen railway tickets last December. Upon this charge and that of shooting at the station agent, he was committed for trial at the next assizes and was taken to Pembroke last night.

The accused was arrested in the home of a relative here and a search revealed a 44-calibre Winchester. He enlisted in the 240th Battalion, but failed to get overseas because medically unfit.

In Calabogie, where his mother, a respectable, hard-working woman resides, nobody is surprised in this affair, it is said, and it is believed that had not the rifle cartridges been defective the station agent would have been shot. Last December a sum of money was stolen from the station till and two railway tickets of which it is said he boasted in Kingston.

### Cottages Burglarized

Brookville, Feb. 20.—Investigation shows that there has been wholesale burglary of cottages among the Thousand Islands in this part of the St. Lawrence river. Five cottages and the hotel on Cedar is and have been broken into and large quantities of contents carried away. Some of the loot has been recovered in a houseboat anchored in that vicinity. An investigation is being made and arrests are likely to follow within the next few days.

John Gillick, Belleville, received a message on Tuesday stating that his daughter, Katherine, wife of Gregor Merdick, New York, died there on Monday night. On Wednesday last Arthur G. Payne was elected by acclamation reeve of Cardinal. He is a native of Matilda township.

## Is Your Blood Poor? If it is, You Need Vinol

Anæmic, run-down, nervous, devitalized conditions result from poor or thin blood. A glance at the formula of Vinol, printed on the label, will show that it contains the very ingredients necessary to make good blood. It soon creates a healthy appetite, improves digestion, and helps you to get full benefit from your daily food, and builds you up.

Drewsville, N. H. "My daughter was anæmic, had poor blood and suffered from indigestion and bilious attacks. As Vinol helped my son, I gave it to my daughter—she soon improved in health, and it has built her up and restored her health."—Mrs. N. Burnell.

Bradford, Pa. "I have used Vinol for impoverished blood. I was broken out with a rash and run down so it was hard for me to keep about my work. Other medicines did no good, but Vinol enriched my blood and improved my condition very rapidly."—Rose Lasky.

For all run-down, nervous, anæmic conditions, weak women, overworked men, feeble old people and delicate children, there is no remedy like Vinol.

## Vinol Creates Strength

"MAHOOD'S DRUG STORE AND AT THE BEST DRUG STORE IN EVERY TOWN AND CITY IN THE COUNTRY."

## Dining Room Furniture

In oak, walnut and mahogany. All the latest designs and finishes.

## R. J. Reid

Leading Undertaker :: Phone 577

The County of Hastings Development Council has been formed to develop the natural and industrial resources of the county.

William Barclay, night operator at the C.P.R. station, Arnprior, left for Carleton Place to take a similar position at the C.P.R. station.

Sale Closes March 1st. A Splendid Opportunity to Fill Your Needs

# Our 7th Annual SACRIFICE SALE

## Will Continue Until Saturday, March 1

Our first fifteen days of our annual sale has been a great success, but owing to the mild weather we had, we haven't sufficiently cleared our winter stock, although our business has tripled that in our preceding years of our sales. Your opportunity is now. Our entire stock of men's, boys' and children's ready-made clothing, furnishings, boots and shoes, will be sold at sacrifice prices until March the first.

Every man and woman should attend this sacrifice sale, and anticipate their needs, for both the present and the future. Remember, this sale will positively close Saturday, March 1st.

Your Chance Now. Don't Miss It. Sensational Prices. Come, See and Judge for Yourself.

## Louis Abramson,

The Up-to-the-Minute Clothier and Furnisher, 336 Princess Street

LOOK FOR THE BIG RED SIGN!