

# In the Realm of Woman --- Some Interesting Features

## INDIGESTION AND CONSTIPATION

Quickly Relieved By "Fruit-a-lives"

Roccos, P. Q. "I suffered for many years with terrible indigestion and constipation. A neighbor advised me to try 'Fruit-a-lives'. I did so and to the surprise of my doctor, I began to improve and he advised me to go on with 'Fruit-a-lives'."

CORINE GAUDREAU. "On a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa."

## TALKING MACHINES

All makes of phonographs cleaned, repaired, adjusted. Parts for all makes supplied; expert workmanship, moderate charges, quick service.

J. M. PATRICK 149 Sydenham St. Phone 2050

**ASTHMA** INSTANTLY RELIEVED WITH **ASTHMADOR** OR MONEY REFUNDED. ASK ANY DRUGGIST or write Lyman-Knox Co., Montreal, P.Q. Price 65c.

## NOW IS THE TIME

To get your car repaired and stored for the winter. **Ford Truck for Sale** Robinson & Wiltshire 239 1/2 Bagot St. Phone 242

Relieves CATARRH of the **BLADDER** and all Discharges in **24 HOURS** **SANTAL MIDY** CAPSULES

**WOOD** Sawn in Stove Lengths **BOOTH & CO.,** Phone 133 Foot West Street

## DRESSMAKER SAVED FROM OPERATION

By Taking Lydia E. Pinkham's Vegetable Compound in Time.



Ithaca, N.Y. "Three years ago I suffered from pains in my right side, so severe that I could not raise my feet from the floor. Pains would shoot down my limbs and through my back, and the doctor said I had an abscess. I was in bed two weeks with an icebag on my side and expected any day that I might have to go to a hospital for an operation. A friend came to see me and told me of your wonderful medicine—Lydia E. Pinkham's Vegetable Compound. I began taking it, and after taking six bottles I feel well and strong, do my own work and do dressmaking for others. I cannot speak too highly of your medicine and recommend it to others who suffer with female trouble. It is a Godsend to ailing women, and you may use my name at any time." Mrs. FERNILLA HULSHIZER, 218 E. Fall St., Ithaca, N.Y.

The life of the League of Nations in its present form has been agreed on as ten years.

## The Promoter's Wife

### HUNTING AN APARTMENT IN NEW YORK

CHAPTER IX. I was so bewildered by New York, its size, the height of its buildings, that Neil considered it a great joke and laughed heartily at my funny remarks. We went to a small hotel quite a way up-town. "We will start from here to look for an apartment," he said. "I shall be able to go with you only to-morrow and Sunday. If we find nothing by Sunday night, you will have to keep up the search next week."

"We'll certainly try," Neil said, appreciating my feeling. The next morning, as soon as we had eaten breakfast, Neil took the morning paper and marked several advertisements. Then he took the addresses of several real-estate men further up-town. "We shall have to go further than this to find something that suits my pocket book," he said.

"How much rent shall we pay, Neil?" "We must find something for seventy-five or a hundred dollars at the most. We can't afford to go higher than that—now." "We will surely find something very nice for that," I exclaimed. "Why, Mrs. Chamberlain only pays twelve dollars a month for that lovely place you so admired."

"That is hunting, this is New York. And we must live in a decent place. It looks badly for a man to live in a cheap locality." There is a common belief that women are invariably to blame for a man's living beyond his means. That it is not always so—at least in the beginning, I am positive. I loved Neil so dearly at this time, that I would have been happy to have lived in one room so long as we could be together. Had we done so, it might have been better for us both. Neil had a free way of spending, of handling money, that amazed me. He did not appear to think himself at all wasteful, however, or that he bought anything he did not need.

We tramped all day Saturday. Finally we found a perfectly charming little apartment of five rooms for \$125 dollars a month. "We'll take this," Neil told the agent.

"But Neil, you said—" "I know, but one sometimes changes his mind. We'll save the difference in some way." That was Neil's way. He hated to deny himself; but he always excused his extravagances by saying, "he would save it some other way." As that way never seemed to arrive, I at first felt seriously worried. But as I have said, I had no slightest idea of the real value of money. Where mother had been saving, I saved too. Now that I was where it was freely spent, I too soon learned to spend lavishly.

It is so easy to accommodate ourselves to the things which others do—so hard to stand alone. We furnished our home slowly and carefully. Slowly because I would buy nothing without consulting Neil, although he had told me to go ahead—that I had good taste, and he would be satisfied with what I did. Carefully, because I soon found that if Neil did not like anything he tossed it aside with as little thought as he had shown in paying more rent than he had declared he could afford.

We had hired a general housework girl, but when I had objected to paying such large wages, Neil had silenced me by saying: "We'll take what we can get now. If a deal I have on goes through, we'll have a cook and waitress." A feeling that no matter how much I spent, it was all right, or in some way would be all right. It was a continual discounting of the future, with no thought that that future might bring demands of its own, demands hard to meet.

"Mananna" meant nothing but good to Neil. Is it surprising that soon, very soon, it meant nothing but good to me? Our motto was: "Live for to-day. To-morrow will take care of itself." To-morrow—At First Barbara. Think Her Home Wonderful.

FIVE DEATHS IN FIVE DAYS. A Terrible Death Toll in a Carleton Place Family. A Carleton Place Exchange has the following: "Influenza has exacted a terrible toll from a Carleton Place family during the past week. On Sunday evening at six o'clock, Bert Trotman died at his own home and at seven o'clock the same evening his sister, Pearl, died at her father's residence. On Tuesday, the father, Harry Trotman, was taken and again on Thursday the artist, reaper visited the late home of Bert Trotman and took the wife and baby girl of five months; making five deaths in five days in the one family. Bert was a young man of about twenty-eight years. His wife was twenty-three years of age and was the daughter of Mr. and Mrs. P. Galvin, of Iowa, and was married about six years ago.

Bert Trotman was a brother of the late David Trotman of Kingston. Henry Greer died on January 30th at Wellington. Mr. Greer had been confined to his room for some time. He was a Methodist and a class-leader. He leaves his widow, one married daughter, Mrs. J. E. Noxon and a son, Harry Greer, at Toronto. Mr. Greer was an esteemed resident. The Peace Conference commission from Paris arrived in Warsaw Friday night and were given an enthusiastic welcome.

## Stomach So Bad THOUGHT HE WOULD DIE. CAN EAT ANYTHING NOW.

But for indigestion and dyspepsia, many a life might be a pleasant one. The misery which stomach troubles cause the sufferer knows only too well, and any one who has suffered knows what joy it would give to be able to eat three good meals a day and not be punished for it after.

Nearly everything that enters a weak stomach acts as an irritant, and even the little that is eaten causes such torture and is digested so imperfectly that it does little good. Before you can eat heartily, and not pick and choose your food, you must put your stomach right so that it will manufacture its own digestive ferments.

For forty years now Burdock Blood Bitters has been making weak stomachs strong, and permanently curing severe cases of indigestion and dyspepsia that other remedies were powerless to reach.



C. A. BARNARD, K.C. One of the new vice-presidents of Canada Steamship Lines, Ltd.



W. J. Francis, of Montreal, elected one of the vice-presidents.

Brockville lost a prominent lady resident on Thursday when Mrs. Gordon A. Starr answered the inevitable summons. Her death took place at the Brockville General Hospital. She had been in declining health for several months. The death occurred on Wednesday at the residence of his nephew, John Beattie, South Augusta, of William H. Beattie, an elderly and esteemed resident of that section. Deceased was in his seventy-eighth year. Mrs. George T. Fulford, Brockville, has been elected a vice-president of the Social Service Council of Ontario.

## SYRUP OF FIGS FOR CROSS, SICK FEVERISH CHILD

If Little Stomach is Sour, Liver Torpid or Bowels Clogged.

Mothers can rest easy after giving California Syrup of Figs, because in a few hours all the clogged-up waste, sour bile and fermenting food gently moves out of the bowels, and you have a well, playful child again. Children simply will not take the time from play to empty their bowels, and they become listless, irritable, have gas, sluggish and stomach disorders.

When cross, feverish, restless, see if tongue is coated, then give this delicious "fruit laxative." Children love it, and it can not cause injury. No difference what ails your little one—if full of cold, or a sore throat, diarrhoea, stomachache, bad breath, remember, a gentle "inside cleanser" should always be the first treatment given. Full directions for babies, children of all ages and grown-ups are printed on each bottle.

Beware of counterfeit fig syrups. Ask your druggist for a bottle of California Syrup of Figs, then look carefully and see that it is made by the "California Fig Syrup Company." We make no smaller size. Hand back with contempt any other fig syrup.

## TO PROVIDE WORK FOR UNEMPLOYED

(Continued from Page 1.)

One had only to look at conditions over the border to see our great need in regard to highways. There was a big field to cover and the one drawback to the plan of highways was that one million dollars did not go very far.

Hon. Mr. Carvell touched on railway matters, pointing out that it was a great pity to have three railway lines running parallel to each other to Toronto. He also referred to the Intercolonial Railway, stating that it was the greatest money-maker in Canada and gave but little return.

Regarding the policy of running railways, Mr. Carvell said: "You cannot make a success of a railway unless politics are eliminated, and it is run on a business basis. This is one of the things the people have to watch."

The speaker stated that orders for locomotives had been given in advance of the public needs. "Locomotives are being built here in Kingston," the speaker stated, "which are not actually needed. The orders have been given to keep the men employed. And the building of locomotives is not a waste. The Government looks upon this work as good business. We are also having box cars and cars built beyond our present needs. All this work will aid us over the crisis. Keep the people busy and there is no fear of the outlook."

Returned Soldier Problem. Touching on the problems of the returned soldier, the speaker stated that the Government was spending a tremendous amount of money to help the returned men. Along the lines of agriculture, it was arranged that any returned man could buy a farm up to \$4,000, and have twenty years to pay for it at a very low rate of interest. The Government, in addition to this, loaned him \$1,000 for the purchase of stock and implements on easy terms of payment, and an additional loan of \$1,000.

And this investment on farms would not be lost. The money would be in real estate, even though the soldier does not make good on the land. The returned man was entitled to everything the country could do to put him into a position for making his own living.

"The men who volunteered were the biggest men in Canada," said the speaker amidst loud applause. "And now when they are home, they will be treated not as big men, but as bigger men, and not as children. Everybody appreciates the sacrifices these men made. They will be much better men in every way. If possible they should be given the position they had before they left for overseas."

Hon. Mr. Carvell had some pointed remarks to make about the general financial condition of the country. "I do not think that I could be charged with being a pessimist," he said, "but I do like to look things square and fair in the face. I think the people of Canada should be taught the financial situation."

Hon. Mr. Carvell then proceeded to point out that before the war there was what was now regarded as a very small public debt, that of \$330,000,000. This did not cut any figure, and the finance minister had no trouble whatever in raising money whenever he wanted to. However, at the end of this calendar year, our public debt would be at least two billions of dollars. This amount was even more than we could conceive. The interest on this amount each year amounted to \$110,000,000 or \$115,000,000. And this had to be paid, as it was a duty the country owed to the men.

Then there were \$10,000,000 for hospitals, as the wounded men must be cared for. The country would be called upon to raise \$160,000,000 or \$170,000,000 more every year now than any year before the war. In view of all this, one might ask the question: "How far can we go?" We must go on, and the speaker declared that there must be more taxation to raise the money. Canada was a new country and must be developed. The speaker also declared that we must have more people; not just now during the period of reconstruction, but afterwards we must get more people to locate. There was room for more in the west and also in Eastern Canada.

"We must have more people, more business, and more export trade," said Hon. Mr. Carvell, in his closing remarks. "We cannot get rich on swapping jack-knives. There is a duty resting on every employer of labor. He must keep in business so matter if the profits are much smaller than he formerly had. We all have a duty to perform. The federal, provincial and municipal legislators have a duty."

The Quality Never Varies **SEAL BRAND COFFEE** The same satisfying strength—the same delightful flavor is sealed in every can of Seal Brand Coffee. In 1/2 pound, 1 pound, and 2 pound tins—in the bean, ground, or fine ground for percolators. Write for our booklet: "Perfect Coffee—Perfectly Made". It's free. CHASE & SANBORN MONTREAL

**OVERCOATS** \$48.00 to \$38.00 **SUITS \$20.00 to \$38.00** Large stock of indigo blue serge and fine worsted suitings. All wool, extra heavy weight pants, \$8.00. **John Tweddell,** Civil and Military Tailor, Princess St.

**INFANTS-DELIGHT TOILET SOAP** **J** Stands for Johnnie Who, with all his might, Declares there is nothing Like "Infants-Delight." Gives that clear, healthy glow which only a pure soap can produce. Send us three of these ads—all different—for a FREE trial size cake of INFANTS-DELIGHT. JOHN TAYLOR & CO., Limited, Dept. 14, TORONTO.

**JUST ARRIVED** Another Line of Baby Cutters. Iron Cribs, Bassinets and advance styles of baby Carriages for 1919. **R. J. Reid** Leading Undertaker Phone 577

**IVORY SOAP** 99 1/2% PURE **Ivory Is Mild** You cannot buy a milder soap than Ivory. It is made from the mildest and purest of vegetable oils. It contains no uncombined alkali or other strong materials to irritate the tender skin or injure delicate fabrics. Ivory Soap will safely wash anything that water alone will not harm. **IVORY SOAP** 99 1/2% PURE **IT FLOATS** Made in the Procter & Gamble factories at Hamilton, Canada