

Gage's Cash Grocery Cor. Gore and Wellington Sts.

Another Big Week of Specials

- 100 Bags Potatoes (No. 1 White) 75c bag
- 100 lbs. pure Lard (3 lb. each) 95c pall
- 100 Tins Crisco (3 lb. each) 95c tin
- 100 tins Crisco (1 lb. each) 33c tin
- Celery, Green Onions, Lettuce, Bananas

Phone 218. Prompt Delivery License 6-2493

BIG SALE OF WESTERN BEEF AT HOOD'S STORE

- Ask about our boneless Roasts of Beef 35c
- Rib Roasts 30c
- Round Steak 30c
- Sirloin Steak 32c
- Beef Dripping 25c

Also a nice lot of lamb and veal at low prices.
HOOD'S, Corner Clergy and Barrie Sts.



Your Mother

Are you letting her go through life with poor eyesight? Probably causing her poor health, headaches and other troubles.

For Her Sake

Have her come to us for eye-glasses. You will not be disappointed, and she will be satisfied.

J. I. STEWART, OPT. D.

"Sight Specialist." Opp. Post Office, Kingston. "The House of Better Glasses."

MARIGOLD MARGARINE

WHAT IS IT?

It is a pure food product of delicate flavor—you can use it spread on your bread, your toast, or in any other way that you would use the finest butter.

Try it, and you will enjoy it. We sell it.

Henderson's Grocery

A Square House to Deal With, 50-61 Brock St., Kingston. PHONE 279

THE NEW FRENCH REMEDY. THERAPION No. 1 THERAPION No. 2 THERAPION No. 3

A man's head is like his pocket-book. It's not the outside appearance, but what it contains that counts.

SATURDAY SPECIALS! Feb'y Discount Sales



We feature for the closing day of our Galvanized ware week these departmental specials.

- TIN WARE DEPARTMENT.**
- | Reg. Price | Sale Price |
|---------------------------|---------------|
| Wash Tubs 19 1/2 in. size | \$1.65 \$1.45 |
| Wash Boiler, size 9 | \$2.00 \$1.75 |
| Water Pail, 11 in. | .69 .55 |
| Mop Wringers, Wood | \$2.25 \$1.75 |
| Frame | \$2.75 \$2.25 |
- BRUSH DEPARTMENT**
- | Reg. Price | Sale Price |
|--|------------|
| Scrubbing Brush, good size and quality | .25 .21 |
| Blacking Brush, good size and quality | .20 .15 |
- PLUMBING DEPARTMENT**
- | Reg. Price | Sale Price |
|---|------------|
| Incandescent Gas Lamp, complete with mantle | .85 .79 |
| Steel Brush to clean Turbines | \$1.00 .85 |
| Force Cup to clean zinc pipes | .75 .60 |
- HARDWARE DEPARTMENT**
- | Reg. Price | Sale Price |
|-----------------------------|---------------|
| 1 Claw Hammer (solid steel) | .55 .45 |
| 1 26 in. Hand Saw | \$1.25 \$1.00 |
- Our store staff, phone and delivery systems at your service.

McKELVEY & BIRCH, LTD.

69-71 Brock Street. Phone 237.

Mid-Winter Sale

\$4.95 Special \$4.95

Women's and men's mahogany and brown calf bals and bluchers, in leather or rubber soles.

\$4.95 — WHILE THEY LAST — \$4.95

Allan M. Reid, SHOE STORE

111 Princess St. Kingston

WOMEN'S SPLENDID WORK

LAST YEAR FOR SOCIAL AND NATIONAL WELFARE.

Annual Meeting of Women's National Council—Report of Societies—Mrs. John Macgillivray Re-elected President.

Sceldom in the history of Kingston has there been so representative a gathering of women devoted to civic, social and national welfare as upon the occasion of the annual meeting of the Kingston branch of the Women's National Council on Thursday afternoon. They were earnest in their efforts to promote every incentive to higher citizenship; and the reports of the president, Mrs. John Macgillivray and the secretaries of the many allied societies, showed that the year 1918 was one of wonderful achievement, for the noble women of the city had been called upon to organize new enterprises, wholly outside of the established war work and the civic institutions, to meet emergencies that taxed their energies and resources to the uttermost. But the work was well done, and a decree of efficiency manifested that calls for the highest praise.

The president's address touched upon many phases of the work which were dealt with in the reports of the allied societies. New problems were presented such as unemployment, immigration, good housing, public health, conservation and economy in the use of food, and Bolshevism which is described as a symptom of social unrest. The president expressed the hope that with the passing of the Red Cross work the organization and efficiency attained might become permanent and utilized in other fields. Some societies had withdrawn but new ones had been added.

Miss H. L. Chown, treasurer, presented the financial statement which showed a balance on hand of \$70.85. The report of the Union of King's Daughters was read by Miss Strange. Large contributions had been made to war work, including sums of money amounting to \$215.

The report of Queen's Savana Society was read by Miss Guthrie. Mrs. Kennedy gave a most interesting report on the Public Library. The circulation was 54,000 volumes, and a young folks branch was opened that was keenly appreciated. Miss A. Birch read the report of the Kingston branch, Queen's Alumni Society. Much work had been done among the soldiers in the military hospitals. Mrs. Duff presented a report upon the work of the Red Cross Society which showed that this society had performed an enormous amount of work of the most vital importance. In addition to sending supplies overseas, help was given to the local military hospitals. She expressed gratitude for the generous assistance given to her by the workers and citizens. Agnes Brown told of the charitable work of the Children of Mary in affording relief to hundreds of persons in need, and of the children taken care of.

The report on the work of St. John's Ambulance Association paid a high tribute to Mrs. G. Hunter Ogilvie. In addition to training V.A.D.s, the organization took a leading part in fighting the epidemic of influenza. It has seven nurses overseas. The W.T.A. worked for the military hospitals, providing necessities and comforts for the patients. Mrs. Ashcroft told what had been done by the Women's Canadian Club in securing speakers on special subjects during the year. The objects of the club were intellectual. Miss Foster, secretary of the Young Women's Christian Association, gave a most interesting account of the important work of the association. This is work of most vital importance. She told of the summer camp for girls, bible classes, the help given in securing suitable employment, and suggested that volunteers be called to assist in meeting strangers upon arrival in the city.

An account of the work of the Church Women's Aid of St. George's cathedral was given by Mrs. McGowan. While the object of the society was purely church work, \$100 was donated to the Red Cross and contributions were made to the General Hospital.

Miss Mary Going gave a report on the work of the Blue Cross Society, describing the Boys' Blue Cross band organized by her to gather sphagnum moss which was made into field dressings for the treatment of war horses in France.

Mrs. H. C. Nickle's report on the Orphans' Home was a most gratifying one, reflecting much credit upon the ladies responsible for the welfare of the institution. While many of the little ones suffered during the epidemic of flu, there were no deaths. Owing to the loss of generous patrons, there was a need for funds to carry on the work. Mrs. W. G. Jordan read the report on the Home for the Aged, an institution which is in a most satisfactory condition. The value of the garden work performed by the old people last summer was estimated at \$1,226. Chickens were kept and produced 3,650 eggs.

Mrs. John Carson reported on the Services of Service, organized during the flu epidemic. There were 156 volunteer workers. Emergency hospitals were opened and many hundreds of patients cared for. S. S. Corbett gave his ambulance for the work free of charge. Capt. Crawford and Major Thompson rendered valuable service.

Miss Mowat told of the work of the Women's Aid Association of the Kingston General Hospital. Committees made visits of inspection, paid the salary of the dietitian and conducted a tag day. She also reported for the city rooming house committee. Miss Gordon told what had been done by the agricultural committee in the cause of greater production by arranging for the employment of young girl students on fruit farms.

Miss Hensbridge reported for the committee on education and told of the supervised play grounds during the summer holidays. In the school moral ideas are inculcated in the pupils and the virtues are duly emphasized at all times. She also told of the teachers and mothers' society, newly organized through the initiative of Mrs. H. T. J. Coleman.

work at the police station and the county jail, and Mrs. Stevenson, of the immigration committee, gave interesting figures showing the number of foreigners in the city. Of 100 Chinamen, 66 contributed to the Victory Loan.

The following officers were elected unanimously: Honorary presidents, Mrs. F. W. Nickle and Mrs. W. Cochran; presidents, Mrs. John Macgillivray; vice-presidents, Mrs. J. Carson, Mrs. W. G. Jordan, Mrs. H. Lovell, Miss Muckleston, Mrs. E. T. Stacey and Miss A. M. Machar; recording secretary, Miss Ida Roman; corresponding secretary, Mrs. W. H. Dyde; treasurer, Miss H. L. Chown.

Standing Committees—Agriculture for women, Miss W. Gordon; Citizenship, Mrs. S. C. Calvin; Conservation, Mrs. J. Macgillivray; Education, Miss Hensbridge; Finance, Miss H. S. Chown; household economics, Mrs. J. C. Connell; Immigration, Mrs. P. C. Stevenson; laws for the better protection of women, Mrs. (Adjutant) Smith; professions and employment for women, Mrs. D. G. Laidlaw; public health, Mrs. W. J. Crothers, Jr.; supervised play grounds, Miss English; suppression of objectionable printed matter, Mrs. Kennedy; organization of woman labor, Mrs. J. Carson; taxation, Mrs. James Rigney.

BONGARD, RYERSON & Co.

Local Firm Is Giving a Fast Wire Service to Patrons.

Bongard, Ryerson & Company are now located at 237 Bagot street. The office is at present being renovated. Previously there was the one department for bonds and stocks. Now there is an office for both, they afford every facility for the carrying on of the business.

Now the company has ample accommodation for both ladies and gentlemen, and the local enterprise should receive a liberal share of the patronage.

The company has a special wire in its office, and is giving the best possible service. The firm is drawing attention to the fact that victory and war loan bonds can be sold inside of ten minutes, and if you wish to make a purchase, the same fast service can be given, and the bonds will arrive here for you the next morning.



E. J. KALIEL, 1919 graduate of Parry Sound, Ontario in Medicine of Queen's University.

NEW MEN'S WEAR STORE

Owned and Operated by Returned Soldier—After Veterans' Trade.

Kingston is to have a men's wear store, owned and conducted by ex-members of the C.I.E.F., and it will make a special bid for the outfitting of veterans upon their discharge. It will aim to supply the returned men with everything they need in apparel. Ex-soldiers give the ex-soldiers full value for their money. The men behind the new store, which will open Saturday, Feb. 8th, are ex-Lieut. D. C. Spears, C.E.; ex-Lieut. J. S. Macdonell, and ex-Corp. Chas. Hicks of the 2nd Battalion. From their personal association with Canada's fighting army they know the soldier's likes and dislikes and feel that they can supply him with what he needs in the way of civilian clothes.

Mr. Spears said: "This store will be operated by veterans, for veterans. Our manager, ex-Corp. Hicks, has been service overseas, as have all the members of the firm, and we will stock the class of goods that will be most suitable for the veteran's trade. We believe that our store will gain the confidence of the returned men, and we will do everything possible to merit it."

"The high prices now necessary for clothing is somewhat of a snook to the man who has not been buying clothes for a few years, and he has heard so much about war profiteering that it is hard for him to get over the idea that someone is profiteering at his expense. We hope to be able to overcome this prejudice by demonstrating that at our store the values obtainable are the best that can possibly be had, and it should count in our favor that everyone connected with the store is an ex-soldier."

KINGSTON EVENTS 25 YEARS AGO.

Sam Harkness purchased three houses belonging to the McCarty estate for \$2,800, situated on Johnson street.

The wages of the employees of the cotton mill were reduced, ten per cent.

W. B. Dalton won a great match at the curling rink. It was a play off in the tie with Mr. Power, and Mr. Dalton won by 13 to 7.

R. Halligan has purchased the city hotel property.

H. Davis has six oil launches under construction.

Hood's Pills

cure constipation, indigestion and all liver ills. Do not gripe or irritate. 25c.

GENUINE REDUCTIONS IN FURS AT CAMPBELL BROS. Removal Sale

Big discounts on Furs, Gloves, Caps, Hats, etc.

This is a bargain opportunity that may not occur again for a long time.

Buy now and save money.

CAMPBELL BROS

Kingston's Oldest Hat and Fur Store.

Waterman Ideal Fountain Pens

We have just received a shipment of these reliable Fountain Pens, with fine variety of points suitable for all styles of writing.

They come in price from \$2.50 up.

XINNEAR & D'ESTERRE

Jewelers, 100 Princess St., City.

When some men think they are thinking, they are only killing time.

Abernethy's

4.85 Sale

Men's Brown Calf Lace Boots, Neolin sole and rubber heels, medium, round and narrow toes; all sizes. Special clearing price 4.85

Also one lot Men's Black Calf Bluchers; round toe; leather soles. Clearing at 4.85

Mostly all sizes in this lot.

High School Girls' Brown Calf laced boots with leather or Neolin soles; sizes 3 to 7. Clearing price 4.85

This is 4.85 Week at This Store.

ABERNETHY'S SHOE STORE



The Way to Better Homes

NOW OR NEVER

Opportunity knocks but once. We cannot repeat prices you secure this month.

Nowhere else can you find such a magnificent stock so complete, and the opportunity to secure such remarkable bargains at our February Sale.

JAMES REID

The Busy Store With Large Stocks Phone 147 For Service

Kingston Milling Co., Limited

Manufacturers of High Grade Flour "White Rose" and "Hungarian Patent"

For sale by all dealers

Canada Food Board License Nos. 118 and 4-118

A GOOD SUGGESTION

Why not give your BOY OR GIRL AN ENDOWMENT POLICY THE EXCELXSIOR LIFE A strong Canadian company

R. D. SUTHERLAND

District Manager, Cor. Brock & Bagot Streets, Kingston, Ont.

DISCHARGED SOLDIERS

Receive a generous discount at this store. We carry complete outfit—suits, overcoats, caps, shirts, boots, etc. Suits from \$16.50, \$18 and up. Overcoats from \$18, \$20, \$22-50 up. Shoes, Neolin sole, tans, \$4.85 up.

Isaac Zacks

271 Princess St.

Cook's Cotton Root Compound

A safe, reliable, regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$1; No. 3, \$1 per box. Hold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Weston.)