

"My Three Years in a German Prison"

By Hon. Henri S. Beland, M.D., M.P.

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CHAPTER XXV. (Continued.) In the course of one of my walks in the park during the last year of my imprisonment...

collar of her pet dog and to have promanated the streets of Berlin with the animal thus "dressed up."

Very seldom a day passed without one of the non-commissioned officers submitting this question to the British prisoners: "When shall we have peace?"

The German people are not demonstrative. They are taciturn and dreamy. One day I was on the station platform waiting for the train to take me and my guard to the park.

WAR PUZZLES



FRENCH TOOK TWO GERMAN LINES

And a number of prisoners in Alsace, two years ago today, January 31, 1917.

Find a prisoner.

YESTERDAY'S ANSWER Upside down at right shoulder.

MET AT BELLEVILLE

Central Ontario Fairs Association Elects Officers.

Belleville, Jan. 31.—The annual meeting of the Central Ontario Fairs Association was held here and was attended by many delegates.

Parliament To Meet Feb. 11th.

London, Jan. 31.—The new British Parliament, according to present plans, will meet on Feb. 11th, with Prime Minister Lloyd-George and Andrew Bonar Law, the Government leader in the House of Commons, attending.

King Peter Has Second Stroke. Amsterdam, Jan. 31.—A despatch from Laibach says that King Peter of Serbia, who has been ill for some time, has suffered a second stroke of apoplexy.

Western Publisher Dead. Portland, Ore., Jan. 31.—Henry L. Pittock, publisher of the Portland Oregonian for nearly sixty years, died last night. He was eighty-three years old.

NEIGHBORS ALL TALKING ABOUT IT

Spivy Says Wife Does Work First Time in 12 Years—Gains 28 Pounds.

"You ought to hear the way our neighbors are talking about Tanlac since my wife's recovery," said W. A. Spivy, motorman No. 95, for the Kansas City Metropolitan Street Railway and a valued employee of the company for twenty-three years.

"Mrs. Spivy has been in poor health for fourteen years," he continued, "and almost every month during that time she was under treatment of some sort, but she never got any relief that we could notice. She had no appetite, and there were mighty few things she could eat, and what little she did force down soured on her stomach and gas would form and make her so miserable that she would have to lie down for awhile. She almost always had an awful pain in the small of her back, and she suffered from blinding headaches and sometimes she would be so dizzy she would have to put her hands on something steady like the back of a chair to keep from falling. She suffered from nervousness so that some nights she could hardly sleep at all, and she never did know what it was to get a night's rest. She kept growing weaker and weaker, and was so bad off that twice in the past six years she was given up to die. We thought we had tried everything to help her and didn't know what else to do when a lady friend of hers told about Tanlac. I bought the first bottle about three months ago, and almost at once she began to show her strength was coming back, but the wonderful improvement has been in the past two months."

"She has a good appetite now, and can eat anything she wants like apples, cabbage, peas and meats of any kind. Any one of these things before she began to take Tanlac would do her no good. She doesn't suffer a bit from sour stomach or gas and she gets so much good from what she eats that she has gained twenty-eight pounds in the past two months. She is entirely rid of that pain in her back and the headaches are gone, too. Nobody could tell that anything has been the matter with her nerves they are so quiet now, and she sleeps about nine hours every night. She has gotten so strong that she is doing the housework for our family of six and doesn't mind it a bit, and it is the first time in twelve years that she had been able to do any work at all. She is more like she used to be fifteen years ago than I hoped to see her, and I feel just like everybody else that knows her improvement that Tanlac is the best medicine ever made."

Tanlac is sold in Kingston by A. P. Chiswick, in Plevna by Gilbert Oster, in Battersea by C. S. Clark, in Fernleigh by Ervin Martin, in Ardock by M. J. Scullion, in Sharbot Lake by W. Y. Cannon.

Music in the Home

Phonograph as Means of Teaching.

Just as moving pictures popularized the great historic artists and gave them nightly audiences of many millions, so the phonograph has given to millions of homes the best performances of the world's supreme musicians, and made it possible for the most isolated settler in the wilds of civilization to hear nightly the finest artistry of metropolitan artists.

It has accomplished a wonderful revolution; but the half of its influence has not yet been fully appreciated or taken advantage of by those who have musical education seriously at heart. There has been until quite recently a more or less scornful acceptance of the talking-machine by music teachers and musical educators, a sort of "damning with faint praise," which has retarded the use of the phonograph as a means of teaching.

Tutors who still take that stand are now, of course, open to ridicule, since artists of far higher musical authority than themselves use the talking machine as a vehicle to place their performances before the public. It is worthy of note, too, that those who hear the great artists via the phonograph are often treated to a better rendering of a given number than those who hear the artist in the flesh on the concert platform or the operative stage. And this, for the reason that the artist, who is recording, will often perform the piece from ten to fifteen times, improving the rendering by a study of the record previously made, until the final record is well nigh perfect.

As far as the ordinary household is concerned, the phonograph must be as close to reaching a "saturation point" as it perhaps ever will; but the greater sphere of usefulness in the school is as yet almost untouched.

Calling Should Not be Cheapened.

One of the by-products of the war has been a universal demand that musicians gave their service, free of cost, to all descriptions of charity, war relief, funds for all sorts of salvation and comfort. The musician has answered that call with unwavering accord. He has given more than his artistic services; he has gone to personal expense to make that service possible. The printer has received pay for his programmes; the hall rentals have been paid, but the musician has accepted nothing more than a committee's thanks—sometimes not that.

It has all been done ungrudgingly, gladly, to help in the great work the country has had before it. But now that the war is over it is time that the musician be recognized in his proper place so far as his legitimate fees are concerned. Those energetic committees which have taken it for granted that the meagre publicity attached to the average concert appearance is sufficient in the way of compensation for the sacrifice made by the artist who contributes to its success must be given to understand that the professional musician's calling is not to be cheapened by a never-ending donation of its fruits.

Some Women Composers.

With the development of contrapuntal music, women composers of higher position began to appear. In the sixteenth century, they were to be found in many countries. Italy offered Maddalena Casulana, Vittoria Aleotti, Francesca Caccini (daughter of the operatic pioneer), Cornelia Calegari, Caterina Alessandra, and several others, who composed motets, madrigals, and finally operas. France boasted of Clementine de Borgeas, a really gifted composer. The unfortunate Mary Queen of Scots, showed the influence of French models in some of her songs, which

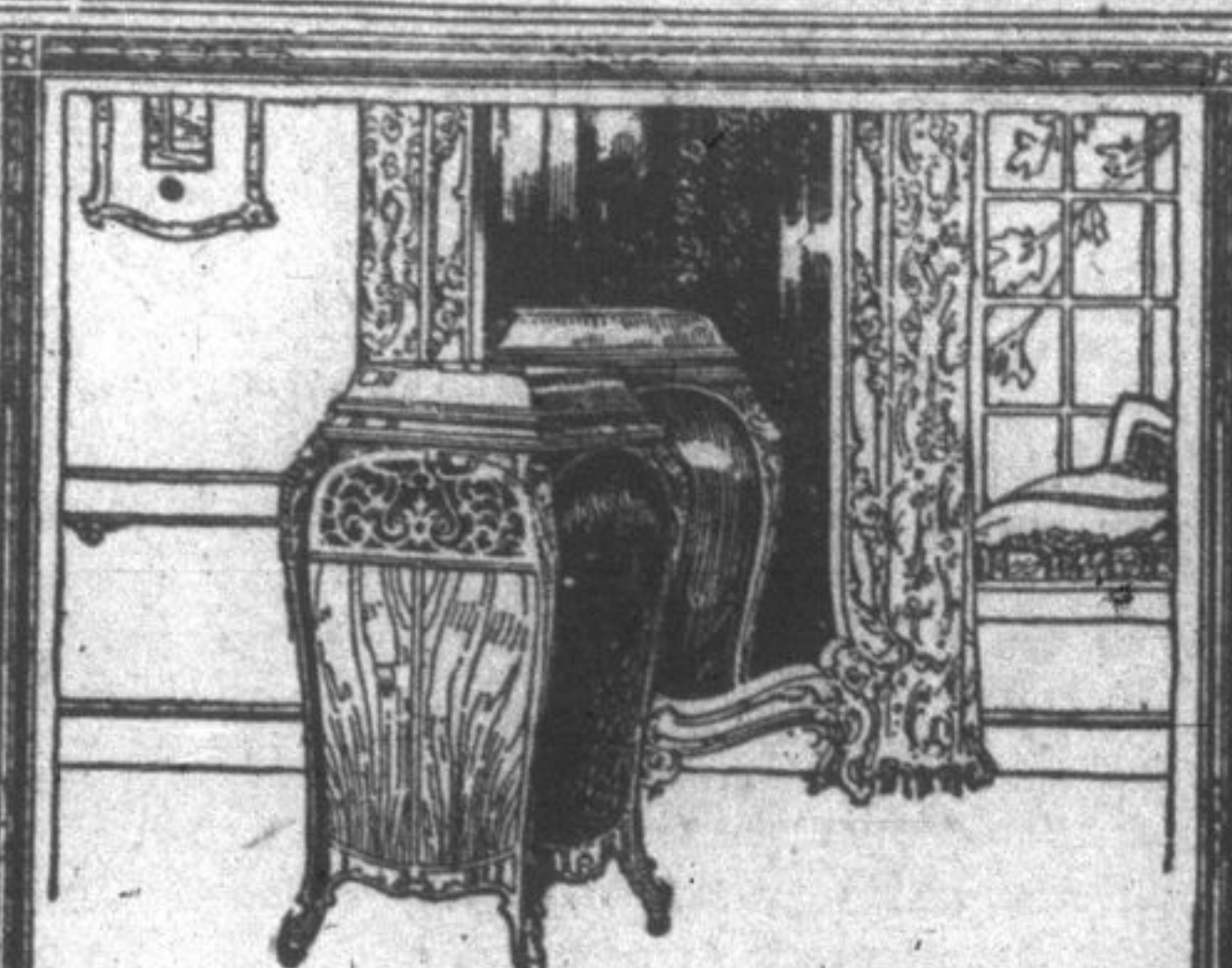


Hands AND Cold-Sores

Are your hands chapped, cracked or sore? Have you "cold cracks" which open and bleed when the skin is drawn tight? Have you a cold sore, frost bite, chilblains, or a "raw" place, which at times makes it agony for you to go about your household duties? If so, Zam-Buk will give you relief, and will heal the frost-damaged skin. Anoint the sore places at night, Zam-Buk's rich healing essences will sink into the wounds, and the smarting, and will heal quickly.

Mrs. Yellen, of Portland, says: "My hands were so sore and cracked that it was agony to put them near water. When I did so they would smart and burn as if I had scalded them. I seemed quite unable to get relief from anything I put on them until I tried Zam-Buk, and it succeeded when all else had failed. It closed the big cracks, gave me ease, soothed the inflammation, and in a very short time healed my hands."

Zam-Buk also cures chafing, eczema, winter sores, pins, ulcers, festering sores, sore heads, corns, blisters, itching, ringworm, etc. It cures all cuts, burns, bruising, scalds, sprains. Of all druggists and stores, or get free from the Zam-Buk Co., Toronto. Packed in a tin.



Viewed From Every Angle

The Sonora cabinets are of rare artistic beauty. The charming curves and soft bulges are patented features of Sonora cabinet construction. Viewed from all sides—the Sonora, modelled from wood of the finest grain, is an example of the highest art of the wood-worker. As a piece of furniture, it is worthy of the finest surroundings.

Advertisement for Sonora music instruments, including a picture of a Sonora instrument and the text 'C. W. LINDSAY, Limited 121 Princess St., Kingston'.

Advertisement for Putnam's Corn Cream, describing its benefits for corn relief.

Advertisement for The Telmann School of Music, listing instruments and contact information.

Large advertisement for Louis Abramson's 'Our Seventh Annual Sacrifice Sale Now Going On!' in Full Swing, located at 336 Princess Street.

Advertisement for Postum cereal drink, describing it as a healthy and economical choice.