

INFLUENZA LEAVES THE BLOOD THIN, THE NERVES WEAK

The Danger From the Disease Is Seldom Over When the Acute Stage Is Passed—Tonic Treatment Strongly Recommended.

Doctors have agreed that Spanish influenza is really a severe form of the grippé which became known in this country a number of years ago under the French name of "la grippé" and which has been epidemic several times since.

COULD HARDLY CRAWL ABOUT
Among the many victims of the grippé who proclaim the value of Dr. Williams' Pink Pills is Almos Kaulback of Belle Riviere, N.S., who says: "I was taken down with a severe attack of la grippé or influenza. After a time the early symptoms of the trouble left me, but I did not regain my usual strength, and I had always been a strong man. There were times when I felt I could hardly crawl about, and I was so run down I could scarcely go about my business. I continued taking medicine but it did me no good. Then I found the trouble was affecting my digestion and the disagreeable feeling from this added to my general misery. I was finally advised to take Dr. Williams' Pink Pills, and I decided to try them. I had only been taking the pills a few weeks when I found my strength returning, my appetite improved, and still continuing the use of the pills a few weeks more found me restored to my old-time vigor. I can most strongly recommend Dr. Williams' Pink Pills to all who have passed through an attack of influenza, as a safe medicine for renewing their strength."

and had a dull, languid feeling most of the time. My blood was very thin and poor and my stomach troubled me.
"One day I got a box of Dr. Williams' Pink Pills at the drug store and after taking them for about a week I noticed my health was better. My headache was relieved and I was getting stronger. I continued their use and have a better appetite and can eat anything I want. I no longer have that tired feeling, my color is normal and I am gaining in flesh."
Dr. Williams' Pink Pills for Pale People contain just the elements needed to build up the blood and restore the lost color and vitality. New energy circulates through the system with the enriched blood, the heart stops its alarming palpitating course returns to cheeks and lips. Nothing more is needed except sunlight, good air, proper food and rest.

WEAK AND RUN DOWN
Miss Irene Dootes, Portsmouth, Ont., says: "I take much pleasure in recommending Dr. Williams' Pink Pills, because I have proved their worth in my own case. Last winter I had a severe attack of la grippé and it left me with the feeling that life was scarcely worth living. I was taking doctor's medicine, but it did not help me, and I was much discouraged. I was advised to try Dr. Williams' Pink Pills and began their use only on the principle that I would try anything that might better my condition. I had only been using the pills a couple of weeks when the pains began to leave me. Gradually my strength returned, my appetite improved, and in a little more than a month I felt my old-time vigor had returned. I am sincerely glad I was persuaded to try Dr. Williams' Pink Pills, and I shall always have a good word to say for them."

HELPED HIM WONDERFULLY
Following an attack of la grippé, William Fleider, of No. 132 First street, Albany, N.Y., suffered from stomach trouble. He says: "I was very much run down after having the grippé and lost both in weight and strength. My stomach was often sour and was very weak. A dull aching pain in the back of my head caused me much distress. An article in the paper brought my attention to Dr. Williams' Pink Pills and I gave them a trial. Before the first box was finished I felt stronger and kept on with the remedy. I am feeling good, and my stomach is as strong as it ever was. I have gained in weight and strength and no longer suffer from headaches. Dr. Williams' Pink Pills certainly helped me wonderfully and I am glad to recommend them."

GRIP VICTIMS NEED A TONIC
The debility that invariably follows the grippé is not a disease of any one organ. It is a general condition of unfitness. It must be met by a remedy whose good results will be quickly generalized throughout the entire system. In fact, it must be corrected by building up the blood which, when rich and red, carries renewed health and strength to every part of the body.
Dr. Williams' Pink Pills are a tonic, not a stimulant. They build up the blood and not only cure the distressing after-effects of grippé, but are also a specific for all troubles due to poor blood, such as anemia, rheumatism, indigestion, women's ailments, and the generally worn out feeling that affects so many people. You can get these pills through any dealer in medicine, or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

REGAINED FRESH AND STRENGTH
To rebuild the blood, to strengthen the weakened nerves and to get back the lost flesh and strength is the problem of the victims of an attack of influenza. How Charles Farling, of No. 14 Week street, Bath, Me., accomplished this is best told in his own words.
"My doctor treated me successfully for the grippé," he says, "but he did not seem to help the after-effects of the disease. I had headaches nearly all the time, my strength was nearly spent and I often had to lie down and rest. I was pale and lost in weight

NEWEST NOTES OF SCIENCE
A thin paste of wood ashes and lemon juice will renew tarnished brass.
The government of India has prohibited the importation of sulphur matches.
Lightning is more frequent in Illinois and Florida than in any other states.
In a town in the heart of Russia's salt fields many houses are built of salt.
A novel accessory for medicine cabinets is a combined measuring glass and cork.
Waterproof knapsacks made of horse hair have been invented by a Japanese army officer.
Three steel spheres set in ball bearings are used instead of rollers in a new roller skate.
Efforts are being made in Australia to utilize vast deposits of brown coal for power purposes.
A charcoal burner has been invented that can be heated in an opening in the top of a coal stove.
The government of Japan will establish a laboratory to study the fixation of atmospheric nitrogen.
Non-skid chains to be attached to the tips of crutches to prevent them slipping have been patented.
By exploding a powder made of cordite and carbon, an English scientist has produced minute diamonds.
A recently invented window screen

DANDRUFF GOES! HAIR GETS THICK, WAVY, BEAUTIFUL.
Save Your Hair! Double Its Beauty In a Few Moments.
Try This!
Hair Stops Coming Out And Every Particle of Dandruff Disappears.
Try as you will, after an application of Dandergine, you can not find a single trace of dandruff or falling hair and your scalp will not itch, but what will please you most, will be after a few weeks' use, when you see new hair, fine and downy at first—yes—quit really new hair—growing all over the scalp.
A little Dandergine immediately doubles the beauty of your hair. No difference how dull, faded, brittle and scraggy. Just moisten a cloth with Dandergine and carefully draw it through your hair, taking one small strand at a time. The effect is immediate and amazing—your hair will be light, fluffy and wavy, and have an appearance of abundance, and an incomparable lustre, softness and luxuriance, the beauty and shimmer of true hair health.
Get a small bottle of Knowlton's Dandergine from any drug store or toilet counter for a few cents and prove that your hair is as pretty and soft as any—that it has been neglected or injured by careless treatment—that's all.
Dandergine is to the hair what fresh showers of rain and sunshine are to vegetation. It goes right to the roots, invigorates and strengthens them. Its exhilarating, stimulating and life-producing properties cause the hair to grow long, strong and beautiful.

Letters to the Editor

Amending the O.T.A.

Verona, Jan. 17.—(To the Editor): To comment briefly upon the proposed amendments to the Ontario Temperance Act, as referred to in your columns yesterday, it would seem opportune to suggest that the privilege now enjoyed by medical practitioners of buying and having in their individual possession ten gallons of spirits, be taken away, and the issuing of orders for liquor be great restricted or stopped entirely. Why should a doctor have such a quantity? Either he will drink it himself; he will treat his friends, he will sell it to his patients or to others to drink; he will mix it with water and sell it as medicine. None of these uses is legitimate, when the prohibition of the use of intoxicating liquor as a beverage is the acknowledged object of a law to which all other men must bow.

When it has been carried to the length of being made a law, the doctor should be protected by the law from the drink habit as well as any other man. The doctor should not be given privilege denied to every other citizen. The doctor should not sell intoxicating liquor. It is beneath the dignity of an honorable profession, and demoralizes the community where it is done and the people with whom it is done. The doctor should not mix liquor with his medicine. This will be disputed, but if a doctor wishes to include liquor in a patient's prescription, let such prescription be filled at a drug store by a druggist outside the doctor's office. The publicity of the fact would not be a check, and yet no obstacle would be placed in the way where the doctor honestly felt some spirits should go into the prescription, and at the same time the prohibited article would be kept within legitimate bounds.

Let the heads of families only, ratepayers only, in a municipality, each and all, be allowed to get a certain small quantity of liquor, sealed at some point within their own municipalities, and there only, for household or family use, say once a month. Under such a law no one would be compelled to get any, nor would anyone be allowed to sell. The medical profession and when it was thought needed in sickness, when let it only be supplied by prescription through a druggist, as already suggested. Whatever amendments are made, it is to be hoped some will be made speedily and the medical profession saved from a reproach that threatens it now.

T. S. GENGE, M.D.

Moral Forces That Are Immoral

The Evening Post informs us that good citizenship now requires "unquestioning obedience" to whatever laws may be enacted to carry out the Prohibition Amendment. And why are these prospective laws so sacred that nobody may even question them? Because the movement in behalf of National Prohibition was directed by "a moral force," and the advocates of the amendment fought "under the banner of public morality."
It will be observed that the Evening Post does not base its argument on the claim that the Prohibition Amendment represents the calm, deliberate judgment of a two-thirds majority of the American people, or other kind of a majority of the American people. No such thesis could be maintained, for the very good reason that the American people have never had an opportunity to vote on the issue, and it has never been discussed in a political campaign.
Neither the Democratic nor the Republican parties has ever declared in favor of a national Prohibition Amendment. The President was ever elected on that issue. No Congress was ever elected on that issue. No great party has ever gone to victory or defeat on that issue. No candidate for President except a Prohibition candidate ever presented it to the consideration of the voters, and day

the Prohibition Party never rose above the dignity of a political joke. When the advocates of the Prohibition Amendment seek to justify it, they are obliged to appeal to intangible moral forces, to something that cannot be stood up and counted.

National Prohibition is not a people's achievement, but a politicians' achievement. It was put through by professional politicians who believed that the Prohibition lobby and the so-called church vote, organized by that lobby, held the balance of power, and that it was the part of political wisdom to submit. Back of it all, of course, were certain great corporations and financial interests that were convinced that labor could be made more profitable and productive if put on a prohibition basis, and these interests, looking to dividends, helped finance the movement.

The vast majority of members of Congress and of State Legislatures that were convinced that labor could be made more profitable and productive if put on a prohibition basis, and these interests, looking to dividends, helped finance the movement. They lent themselves to the lobby to protect their own political skins, but for the most part they are cowards and hypocrites, and know they are cowards and hypocrites.

As for the "moral force" before which the Evening Post so humbly bows, there has been no crime known to the mind of man during the last two thousand years which has not been justified at one time or another by the plea of moral force and moral necessity. From the first Christian thrown to the lions in the Roman arena to the latest Jew massacred in a Polish pogrom, the pretense of moral justification has never been absent.

The whole Bolshevik programme to-day is built up on the appeal to public morality and moral forces. Private ownership of property is wicked per se, therefore confiscate the property. The bourgeoisie is the enemy of mankind, therefore, butcher the bourgeoisie. When the I. W. W. pleads for the sacred right of sabotage it is just as eloquent in behalf of moral forces as the professional Prohibitionist when he insists that his neighbor's vineyard must be destroyed and that a glass of beer is concentrated damnation.

The fact of the matter is that the Prohibition Amendment has been carried through in defiance of the fundamental principles of the American Republic and in defiance also of all the political traditions of the American people. The lobby bent all its energies to the work of ratification because it did not dare wait until the troops had returned home from France and the American people had had an opportunity to consider this question calmly and deliberately. It was a snap proceeding, and in spite of all the bleating about moral forces, the action has no moral status whatever, because it is a war with all true political morality, which gives due consideration to the rights of both majorities and minorities. There have been many shameful chapters in American history, but no other chapters which were written in such infamous disregard of the spirit of American institutions.

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