"My Three Years in a German Prison"

By Hon, Henri S. Beland, M.D., M.P.

Copyright 1919

CHAPTER XVIII. * Acting Jail Physician.

while they were waiting trial before found covered with blood, and ing from cell to cell. At night, how- en from him. Meanwhile the nois place where my professional services immediate danger. some cases with a revolver; in other ed by a heavy blow on the door from cases with a razor and sometimes the inside. Instinctively I withdrew strangulation. . No experience was and decided that it would not be wise

fellows. One of the most pathetic cases tained the necessary dressing

Ruhleben camp. After his first re capture he was interned at the Stadt-During the three years of my cap- vogtei, where he remained for about tivity in the jail at Berlin I frequent- a year. Then he was sent back to ly had occasion to exercise my pro- Ruhleben camp. A few months latfession as a medical doctor. Medical er he escaped again. In company care was supposed to be given to the with a companion named Collins he prisoners by an old practioner of Ber- succeeded in passing the German lin, a Dr. Backer. He visited the sentries and was on his way towards jail every day between the hours of Holland when he and his compannine and ten o'clock in the morning. | ion were arrested. They were brought Sick prisoners, accompanied by a to the jail in Berlin. At that time non-commissioned officer, went to recaptured prisoners were being punhim in his office, which was situated ished by solitary confinement in dark in a section of the building adjoining dungeons for two weeks at a time. the jail proper. Exactly at ten Williamson and Collins were placed o'clock the aged doctor would leave in separate dark cells-two of the his office, not to return until the fol- fourteen with the dark shutters lowing morning. For twenty-four which I have previously referred to. hours every day I was the only phy- One day, at about five o'clock in the sician in the section of the jail I oc- afternoon, a terrible noise was heard. cupied. The adjoining sections, which This was succeeded by what appearwere likewise of triangular shape, ed to be the pounding of the walls. were occupied by German soldiers Threats were overheard. A nonwho had been accused of breach of commissioned officer appeared at the discipline. On several occasions I door of my cell and informed me that was called upon to give medical at- Williamson had just attempted to tention to some of these soldiers commit suicide; that he had been

a court-martial. During the daytime a blood-stained razor with which he I was free to visit these patients, go- had attempted the deed had been takever, I was locked in my own cell of the blows against the wall of the his cell by a non-commissioned offilike the other prisoners, and if some- neighboring cell continued. My inthing happened in the neighboring formant said: "Williamson is making floor near his bed suffering from an section a non-commissioned officer all the noise." I reflected that a man would arouse and conduct me to the of so much apparent vigor was not in him calmed down we placed him on were required. This happened very At the request of the non-commisoften. I was in this way not infre- sioned officer I proceeded to the dor quently called to attend to a prisoner of Williamson's cell. I was attempt- ish prisoners of war-some of whom who had attempted suicide. In no ing to speak to him through the fewer than ten instances it was a small aperture in the middle of the case of actual suicide, committed in door when my words were interrupt-

more appalling than to hear in the to open the door at the moment. Wildead of night the report of a gun. The liamson evidently had a weapon, of walls would vibrate, the prisoners some kind in his possession, and it would be aroused from sleep, and one was supposed he had succeeded in would ask the other who now had tearing off one of the legs from the preferred a sudden end to a continu- iron bedstead in the cell. I advised ance of misery? A few minutes aft- the non-commissionel officer to teleer the report my cell door would be phone to the police station for two "Why do you say that?" by a non-commissioned offi- constables, and a few minutes aftercer. He would request me to follow ward these men appeared accompanihim in order to ascertain the cause ed by two other non-commissioned of death or render medical aid to an officers of the jail. I suggested that injured prisoner, as the case might we should first open the door of Col- know too much." lins' cell which was immediately ad- | Williamson's prediction was right Services which I rendered to pri- joining the one occupied by William- My request, made a few days later, soners of all nationalities, and often- son. This done, I advised Collins to was refused. In the meantime Wiltimes to non-commissioned officers, stand on the threshold of William- liamson had another fit of epilepsy. placed me in a favorable position son's cell and try to appease his He was at that time in the cell of with the guards. There was no at- friend. Then the door was opened. a Mr. Hall, another Englishman. It tempt to restrict the freedom of my Williamson leaped from his cell like was between five and six o'clock in

this way I was able to aid less for- cage. He struck his friend Collins, officers hastened to the cell, and, tunate prisoners, either with medical knocking him to the ground, and he frightened by the serious turn Wilattention or by providing food where would have beaten the fellow un- liamson's illness had taken, they the need was most urgent. I received mercifully had not the whole party made a joint report to the officer cordial-co-operation from my fel- of us seized Williamson and yover- in charge, who at once interviewed low captives, more especially from powered him. He was like a man Dr. Becker on the subject. The outthe English-speaking. One had only who had lost his reason. I was about come was that Williamson was releasto make an appeal on behalf of a to speak to him when he cried out: ed from the jail. I never was able prisoner to at once receive from "Give me my razor so that I may end to ascertain where he was taken. others tea, biscuits, margarine or it all." His clothes were covered any little delicacy that was available. with blood. On his right arm was No sacrifice was too great if these a deep wound, though not a long men could only relieve, if only in a one. It had manifestly been inflicted small measure, the distress of their with some sharp instrument.

While the others held him I obwhich came within my personal ob- at once gave the wound the surgical servation was that of Dan William- treatment it required and dressed it.

carried him into a distant padded cell, locked the door and left him for the rest of the night. Before I left him, however, I asked if there was anything I might possibly do for him. Williamson, poor fellow, looked at me with a blank stare and said nothing. I urged my request, but it was in vain. He would not say one word.

My mind was preoccupied with the man until the next morning, when officers to accompany me to the cell where Williamson had been placed. Arriving there we found the prisoner standing in the middle of the cell. He fixed his haggard eyes upon us, he remained mute to my "Good

"Well, how are you feeling now?"

"Did you sleep?"

Again there was no answer. "Come, come, my dear, good fellow," I said, "cheer up; I have brought you some warm tea and some biscuits. Do you wish for anything else? If so I may be allowed to bring

Williamson still stood silent, with his cold stare fixed upon me, unmindful of all I said to him. I placed the cup of tea and the biscuits fon the mattress, which was the only commodity in the cell, and once more I tried to make him understand me, | War Cabinet of three to take war but it was of no avail. His lips were as though sealed. And so we left him-the officer and I. A report was at once made to the prison doctor, Dr. Becker, who, when he arrived at nine o'clock that morning ordered Williamson into hospital. Three weeks afterwards he came back to the jail, looking much better. But the same night I was again called to acute fit of epilepsy. After we had the bed and I talked with him for an hour. He was calm and self-contained. He gave me news of some Britwere wounded-whom he had met at the Alexandrine Street Hospital where he had been a patient himself during the three preceding weeks. It was then that I resolved to apply to the German authorities for permission to serve at this hospital as surgeon to the British prisoners. I com-

"You may make your application, doctor," he said, "but it will be refus-

municated my intention to William-

that, in the position you seek, you will see too many things and get to

movements inside the prison, and in an enraged tiger let loose from a the afternoon. Non-commissioned believe he was sent to an asylum, and

from there he would be exchanged. One night we were awakened by outside the jail. What could it be we wondered. There we were right and in the heart of Berlin, and there was of some kind. Was it a rioth Was son. Twice he had escaped from Then the constables handcuffed him, it the noise of an encounter be tween the gendarmes and a band of workmen on strike? We could obtain no answer to these questions at the time, but soon afterwards I was informed of what had taken place. Shortly after hearing the noise of the first shots I was called from my cell to ascertain the cause of the death of a soldier who had been brought from the battle-front to Berlin to be locked up at Stadtvogtei pending trial before a court-martial. This refractory soldier, the guards reported, had behaved himself well all the way from Flanders to Berlin, but directly he reached the front of the jail he became unruly, broke from his guards, and escaped. The guards went in pursuit. There was an exciting chase around the walls of the jail, which are seventy-five feet high... The fugitive soldier was gaining on his pursuers when one of the latter fired on him. Thus it was a dead soldier, and not a live prisoner, that the guards brought into the fail. He had been struck by five bullets, and the only duty I was called to perform was to declare the man dead. I did this in the presence of the doorkeeper, the night watchman, and the two guards. Early the next morning, aroused by chairs and stretched our necks in order to get a glimpse from the windows of what was going on below The men had come to remove to the morgue the body of the soldier who had been killed by one of his former companions-in-arms.

(To Be Continued.)

The Salvation Army fund campaign is in full swing all over Cana-

The Alberta Liberal convention Time Elections Act. James McGarr, a highly esteemed resident of Prescott, died on Sunday.



PRESIDENT WILSON. Upset Senator Chamberlin's proposed control away from the President, one year ago today, January 21, 1918.

YESTERDAY'S ANSWER

News of Merrickville. Merrickville, Jan. churches and schools have reopened again. The town has decided to er



DRAUGHTS

are responsible for the majority of colds. You cannot always avoid these winter evils, but you can, by using Peps, stop the colds and chest troubles they cause. Peps contain absolutely no harmful drugs and can be taken with perfect safety by elderly people and young Children.

Peps liberate a pleasant, yet highly medicinal vapor, which mingles with the breath, and is carried to the remot-

comelowered. Pepsstrengthen the delicate membranes and

make your throat and breathing passag .s 'cold proof.'

As soon as dissolved in the mouth, with Peps you can save yourself a great deal of suffering and expense, as well as time and inconvenience.

Mothers should always keep a supply est parts of the nasal passages, breathing of Peps on hand for children's coughs tubes and lungs. These fumes destroy and colds which should be treated imall the germs of cold, influenza and mediately, as neglected colds in childbronchitis which otherwise hood often lay the foundations of would develop in consequence weak constitutions. Get a box to-day. of the body's vitality and It will certainly repay you for the power of resistance having be- small expenditure-50c box, all dealers.

Where a cold has been allowed to develop, Peps will be found equally effective. Also for coughs, bronchitis, sore throat, laryngitis and asthma.

FREE TRIAL Sond this advertisement and to Peps Co., Dupont St., Toron.o, and receive free

their part in the world war. Our ter, Mrs. N. Gorman, who is ill. Mrs. winter fair, skating rink has been taken over by H. Webster is recovering. Visitors: a new overseer and will soon be ready Misses Gladys and Jessie Paul, at for skating. The council is going to J. Lucas'; Domlick Sophy in Smith's spend \$10,000 in building cement Falls; Miss Lora Baker at G. walks. E. Baker and J. MacLean Young's; Miss Edna and Barten at have returned from Ottawa honorab- W. Buttermoor's; Miss Inea Van-

orate our brave boys who have done Miss Reina Beanes is tending her sis- from here are attending the Ottawa

Manitoba plans to aid feturned soldiers by furnishing at cost standardized houses and barns. Always try to get help mixed up in



sugar, as much as you want.

One of the most satisfactory material pleasures of Peace is that we may again have plenty of

Under war conditions we were unable to supply anywhere near the demand for Canada's favorite sugar. Few ships were available for bringing raw sugar from the tropics and a large part of the product of our refinery was needed for our soldiers

Happily, Peace has changed the whole sugar situation. Unless unforseen circumstances should arise the

Lantic Sugar

"The Seal of Purity"

Lantic Red Ball will again brighten the shelves of stores throughout the country and housewives may have as much as they need of the famous Lantic "FINE" granulated, the perfect sugar for baking and the table; also there will be plenty of the Lantic delicious

Old-fashioned Brown Sugars for the many dishes in which flavor is indispensable to success.

Ask your grocer for Lantic Sugar, the sugar with the Red Ball on every Carton or Bag.

ATLANTIC SUGAR REFINERIES, LIMITED

McGILL, BUILDING,

700 may again buy Lantic Sugar

accurate weight and perfect protection of

the contents of Lantie packages make them

the most economical way of buying sugar.

in the larger original packages, the

10, 20 and 100-lb. sacks, as well as

in the 2 and 5-lb, cartons. The

MONTREAL.

Mother! Look at his Tongue!

Give Him a Cascaret—Quick!

Won't eat? Don't scold! See if tongue is white, breath feverish, stomach sour.



MOTHERS! Nothing else "works" the nasty bile, the sou fermentations and constipation poison so gently but so thoroughly from the little stomach, liver and bowels like harmless Cascarets. While children usually fight against laxatives and cathartics, they gladly eat a candy Cascaret. Cascarets never gripe the bowels, never sicken. Each | urges immediate repeal of the War ten cent box of Cascarets contains directions for dose for children aged one year old and upwards.