Article No. 4 Cut out for

"My Three Years in a German Prison"

By Hon. Henri S. Beland, M.D., M.P.

My companion, however, did not first visit to Berlin?' understand one word either of English or French. I was unable to only mode of communication was by I made no reply. We proceeded gesture and signs. The spectacle to drive through the streets-where must have been quite comical to an to, I did not know. I had been unonlooker. Finally I made the man der the impression that I was to be understand that I wanted something conducted to Ruhleben, the internwith little encouragement. I un- ed whether I was being conveyed to derstood the conductor to explain a hotel or a boarding house, where that the tables were reserved exclu- prisoners en route to the camp were sively for afficers and persons accom- temporarily lodged. My chief hope panying them. As my escort was was that I might obtain some food but a non-commissioned officer we It was now more than twenty-four were politely but firmly refused re- hours since I had anything to eat.

reach the station restaurant failed. bread he had in his knapsack, but I The place was overcrowded, and my had no opportunity to break my fast. guardian naturally was very appre- The automobile was passing along hensive that I might escape amid the a beautiful avenue. "This is Unter

Happily the nights in June are Spree short. Soon dawn appeared radiant. We passed the Imperial Palace and

At nine o'clock we reached Berlin and I saw for the first time the capi- reader will have guessed, the jail. tal of the German Empire. On the had arrived at my destination. station platform a man whose name I was never able to ascertain glided

*The International Sunday

School Lesson for Jan. 19th is,

"The Passoyer."-Exoduc 11:

the history of our own times reveals

strange world tides, which find their

explanation in -God. There are

manifest movings of human life in

things in the earth to-day,

evidences that then, as ever,

That is the present-day application | erance.

of the great Old Testament story of

Standeth God within the shadow.

Do This Each Morning,

1-12:36.

ian clothes, and after exchanging a Overcome by the tidings of what few words with the non-commissionwas to be my late, I had no inclina- ed officer it became manifest that he tion for lunch before I left Antwerp. had assumed charge of the party. In the evening I was seized by the Outside the station this civilian, in all pangs of hunger, and as there was a probability an officer of high rank, dining car on the train I suggested to motioned me to get into an automomy guardian that we should take din- bile. Then, addressing me in excellent French, he said: "Is this your

> "Yes," I answered "Berlin is a very beautiful city,"

In the dining-car we met ment camp for civilians. I wonder-On our way to Berlin the non-com-At Cologne our every attempt to missioned officer had nibbled some

marvelled at this wonderful re- immediately afterwards turned into awakening of nature. Aspearly as narrower streets. After a drive of four o'clock I was able to resume my about fifteen minutes we arrived in front of a huge building whose walls were a dirty grey. It was, as the

(To be continued.)

A Hard Apprenticeship.

More than four hundred years had





ITALIANS REPULSED AN Of Austrians in Mente Asolone region, one year ago today, January 16, 1918.

Find another Italiane YESTERDAY'S ANSWER Left side down nose at right shoulder

"How long? O Lord! How long?" throng. In this event he would have Den Linden, the finest avenue in Ber- but the dawn was surely drawing been severely punished. There was lin," said my new companion. One nigh, even though the night was at nothing to be done, so we returned can be anti-German, and at the same its blackest. We who are at the time acknowledge that this thorough- dayby ak of the world, and able to What a night was spent in that fare is a charming one to behold. It glimine the high Providences in the compartment among German travel- stretches from the Brandenburg Gate war, should be reverent before the to the Imperial Palace on the river faith that held out throughout the midnight experience.

> A Stubborn King's Hard Lesson. Kings do not learn easily; that is why their ranks have recently been so dramatically thinned. Pharaoh would not listen to the plea of Moses. the divine ambassador, that the overworked Hebrews should be permitted to so off for a period to worship their Deity; he who will not heed God's pleadings and warnings must be made to feel His judgments. There is no escaping God, who is incarnate and inevitable justice. Great aggregations of material wealth have thought themselves above the law, and immune from those obligations which society lays upon individuals; but they have been brought to book in a manner not dissimilar from the experience of Pharaoh. The ineviso dramatically emerged from slav- tableness of God should be accepted ery has had the longest distinct exist as a basal principle by whoever seeks tence of all the peoples that have ever a life of peace. No one can evade lived upon earth; and even to this Him or defy Him or ignore Him. The hour their persistence in undiminish- plagues of Egypt are but incidents in ed identity and rejuvenated national a long train of historical events, chief. consciousness is a witness to the pro- among them the war, which signify vidence of the God of Abraham and that God is bound to have His way Moses. Remove Jehovah as a fac- in the world.

The ten plagues which God sent upon Egypt were natural events supernaturally administered. Each of them had at some time or other, in a lesser measure, been felt by the contemporary events which betoken elapsed between the day when Jacob to the discerning observer the pres- and his train left the famine-scourged Egyptians; so they were fully aware ence of that Spirit whose hand first fields of Canaan for the granaries of of the dreadfulness of these visitashaped the spheres, and has ever Egypt, and the day when God spoke tions, which came and went at the bidding of Jehovah's messenger. Mosince guided the currents of history. to Pharaoh through Moses, saying. This is the deeper meaning of the Let my people go." In those years ses, by the way, was the first man day's news; it is consciousness of this the shepherd clan of Joseph had be- in the Scriptural history to bear a tremendous fact which sobers and come a great host. Their strength commission to others, and the first makes reverent many men who have had come to be regarded as a men- to work miracles; for miracles the been called upon to play an impor- ace by the Egyptians, who had sub- plagues undoubtedly were, although

each had its natural analogy. tant part in the world's work. Every jected them to onerous slavery and man from the trenches brings back a cruel oppression. In the furnace of Then followed the crushing blow new conviction that God is doing affliction they were welded into one. which broke Pharaoh's proud spirit ness, awaiting God's hour of deliv- and, accomplished the deliverance of the Hebrews. This time there was There are no meaningless blank no display of the rod, no tragic invocation of high heaven's aid, no inthe Passover: Jehovah is in the event. spaces in life or history. The providence in all these years of bitter tiecolebrated flight which witnessed the solation is now plain; even as we albirth of a new nation, were merely ready see great blessings being unseen by any mortal, the final blow wrought by the war. When He had was delivered in this audacious duel between a proud earthly monarch and prepared Israel, and had prepared a man for the hour, God moved for His the almighty King of kings. In all reople's deliverance. The divine the mystery of unexpectedness and clock may seem long in striking, but midnight darkness, by no visible As Bunsen says, "It is admitted that it always strikes. Like many mor- sword, the first-born of all Egypt per-

the Exedus is not only historical, but tals, groaning beneath a fortune ished the true beginning of history for which hardly can be borne, Israel Pharaoh had doomed all the male infants of Israel to die: now his own son (the Pharach of the oppression was succeeded on the throne by his widow, according to some authorities), and the first-born of every family, down to that of the slave toiling You Won't Need Cascarets could bring Pharaoh to his knees and accomplish the deliverance of

> Keen writer, (Leslie) two cepturies Jehovah's passover, who passed over interested in its agains and knows ago found in the Passover institution the houses of the children of Israel lit by name and is concern four marks which are never lacking in Egypt, when He smote the Egyp- | welfare, is the greatest truth of the

Draw out and take you lambs accord- Egypt, from the first-born of Pharaoh ven. Jehovah never lets pass ar ing to your families, and kill the that sat on his throne unto the first-opportunity of emphasizing the sa- World who on Sept. 16th last shot passover. And ye shall take a born of the captive that was in the credness of the family; the person and killed his wife while she was

Pensions

Arto Peace

CANADA'S yearly pension bill is estimated by the Minister of Finance at \$30,000,000. This is a minimum figure. How is this vast fund to be administered? To whom will pensions be paid? Everyone is asking these questions. Here is the official answer.

The Organization

A huge organization has been built up to handle pensions promptly, smoothly,

At its head is the Board of Pensions Commissioners. This Board is to be developed as a civil rather than as a military body. It consists of three men, each appointed for ten years, each devoting his whole time to his duties as a Commissioner.

The Head Office of the Pensions Board is at Ottawa; and there are seventeen branch offices in the principal centres throughout Canada. An important branch is in operation in London, England.

These local branches receive applications from soldiers' dependents for pensions; send "Visitors" to call on pensioners in their homes; hold medical re-examinations; handle eomplaints.

The Board keeps a representative travelling from coast to coast interviewing pensioners and addressing organizations interested in their welfare. He has already conferred with more than 30,000 pensioners.

At present 60,000 pensions are being administered by the Board.

A Pension -What it is

A pension is not a gift, gratuity or reward for service done. It is compensation -money paid as a right by Canadians. through their Government, to offset in a measure the handicaps suffered in war by their fellow-citizens-a debt that the country owes to our returned men, and to the dependents of those who have fallen.

It is in this spirit that Orders-in-Council governing pensions are framed. It is in this spirit that the Board of Pensions Commissioners administers these Ordersin-Council.

To Whom Payable

Pensions are not awarded for service. Broadly speaking, any soldier or sailor who was disabled during his service is entitled to a pension-provided medical treatment fails to restore his full normal capacity.

The amount of the pension is based on the extent of the physical handicap he has

The physical condition of the disabled man is described on his discharge from the service by a Medical Board. Pension is awarded according to the amount of disablement from which he is then found to be suffering.

The percentage of handicap has been carefully and thoroughly worked out for every disability. It is both accurate and

The relationship between the Medical Board and the pension applicant is that of doctor and patient. Every opportunity is given to have the man's condition judged from his point of view.

Amount of Pension

The pension is awarded to a soldier or sailor so that he can live in decent comfort, despite his handicap.

The money he may be able to earn, or the money he earned before the war, does not affect the amount of his pension. The extent of his handicap alone in the general labor market is considered.

Every man who has increased his income by Vocational Training will not have his pension decreased or discontinued.

The amount of the pension varies also according to the soldier's rank; but his trade or profession is not considered. The minimum pension for a totally disabled unmarried soldier or sailor of the lowest rank is \$600 a year.

Pensions to Dependents.

Widows of soldiers or sailors who have died during or as a result of service, are entitled to pension so long as they do not.

Children of soldiers or sailors are entitled to pensions up to the age of sixteen, if boys, or seventeen, if girls.

Pension is awarded to the parents of a soldier or sailor according, (a) to the degree of their dependency on the deceased soldier and, (b) according to their needs. *



A complete schedule of the pensions granted to disabled soldiers and sailors, and to their dependents, will be sent to anyone interested. Apply to Board of Pensions Commissioners, Ottawa.

The Repatriation Committee

OTTAWA

Great exercise! Keeps Stomach, Liver and sowels active. Nothing like it! Splendid!

mankind." The nation which then cried in travail and discouragement

By William T. Ellis-

Even a superficial consideration of tor, and who can explain the Jew?

But if you insist upon taking your exercise in an easy chair you simply must take a laxative occasionally. The very, very best laxative is Cascarets -10 cents a box. "They work while you sleep,"



Nothing else works the bile, sour fermentations and poison from the liver bunch of hyssop, and dip it in the dungeon, and all the first-born of catand bowels like harmless Cascarets. When Headachy, Bilious, Constipated or blood that is in the basin, and strike the. And Pharaoh rose up in the church gatherings has an altogether the second degree, and was sentenced if Breath is Tainted, Complexion Sallow, Stomach Sour, just take a Cascaret the lintel and the two side-posts with inight, he and all his servants, and all distorted idea of religion. The to state prison for a term of from at night. Wake up next morning looking rosy and feeling fine. Cascarets the blood that is in the Egyptians; and there was a great very will of God is behind the mod-twenty years to life. He desired to

the Egyptians; and when He seeth the blood upon the lintel, and on the two side-posts, Jehovah will pass Passover for our own ensanguined come laden with messages from the Here we find the beginning of an over the door, and will not suffer the limes is expressed in many ways even past which the present needs, And institution which has been kept up destroyer to come in unto your to-day; God has put a difference be- the great message of the Passover, ever since, wherever the children of houses to smite you. And ye shall tween His own people and those that which is perpetuated in the Lord's Abraham have dwelt. It was the observe this thing for an ordinance know Him not. Any traveller among Supper, is that in the sign divine design to pass over His own to thee and to thy sons forever. And nations knows this to be so. He sees blood is salvation. "Christ, our people in this dread visitation; there, it shall come to pass, when ye are Christian peoples ruling the world. Passover," who was sacrificed for us, ore he appointed the sign of the come to the land which Jehovah will He finds a difference between the is the only warrant we have for blood and the sacrificial feast, crowd- give you, according as He-hath pro- white man and the yellow, or the claiming the divine favor and proteced with the significance of a fuller, mised, that he shall keep this ser- brown or the black that is fundamen- tion. greater Passover and its Lamb yet vice. And it shall come to pass, tally a difference of moral character. blood there is no remission of sin." to come; and this memorial continues when your children shall say unto God cares for His own, with a pecu-

than any comment is the moving nar- vah had commanded. Moses and Him, for He careth for you." Aaron, so did they. And it came to The paschal lamb was to be cate "Then Moses called for all the el- pass at midnight, that Jehovah smote by families; the godly hou israel, and said unto them, all the first-born in the land of the interger of the kingdom of hea-

The Meaning of the Miracle. | heart, has its anniversaries. to this day, a historic practice more you, What mean ye by this service? Har, personal and paternal care. The loquent than the monuments. A that ye shall say, It is the sacrifice of faith of the little child, that God is from any event of proved historicity: tians, and delivered our houses.

"visibility, publicity, memorial ob"And the people bowed the head What God said in the Passover He is servance and contemporaneousness and worshipped. And the children still saying by revelation and proviof institution." More impressive of Israel went and did so, as Jeho- dence: "Casting all your care upon there is safety, liberty and life in ful-

none of you shall go out of the door cry in Egypt; for there was not a ern emphasis that is being laid upon die.

Every people, like every ind'vidual The underlying message of the not good to forget these, for they

there're Eddy's. The match box on the shell above the kitchen stove, from which you help yourself so freely-10 to 1 it's Eddy's.

You strike a light-in the restaurant, the club or sleeping car-

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