In the Realm of Woman --- Some Interesting Features

Quickly Relieved By

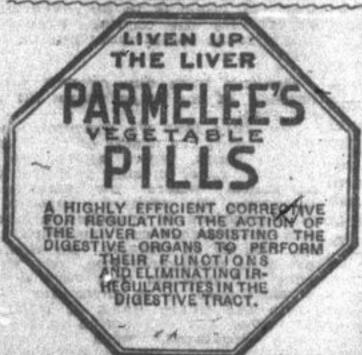
"L suffered for many years with terrible Indigestion and Constipation. A neighbor advised me to try "Fruit-a-tives". I did so and to the surprise of my doctor, I began to improve and he advised me to go on with "Fruit-a-times".

I consider that I owe my life to "Fruit a tives" and I want to say to those who suffer from Indigestion; Constipation or Headaches - try "Fruit-a-tives" and you will get well".

CORINE GAUDREAU. *Oc. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

THOMAS COPLEY Telephone 987.

Wanting anything done in the carpentery line. Estimates given on all kinds of repars and new work; also hard-



TO ALL WOMEN

This Woman Recommends Lydia E. Pinkham's Vegetable Compound-Her Personal Experience.

McLean, Neb .- "I want to recom-Compound to all women who suffer

omen."-Mrs. JOHN KOPPELMANN, R. No. 1, McLean, Nebraska.

America to health for more than forty Picton. years and it will well pay any woman

of its long experience is at your service.

"THE WIFE"

By Jane Phelps.

RUTH PLANS FOR BRIAN'S HOMECOMING

"Good as new." he had written. Ruth had raved almost all of her Ruth had not again given way to her salary. She had bought each issue of despondency. And now that he was Liberty bonds; and had given to the once more removed from her infini Red Cross. But the greater part

She kept up her work among the . After Wils talk with her aunt she children of the soldiers, and that, sat down and figured how much she with her work in the shop, a little had saved in various ways; and how social dissipation because of her much she could aunt, and the care she gave little few months. Brian would have noth-

scondf plan and been expected. The would scarcely be prore than he need-German's were being pushed back ed; surely no more than day ofter day. While losses on both spend, knowing she and the baby sides were great, yet those on that were having everything they wanted ed to those of the enemy. The Hun generocity, and had tod Brian many morale, too, was breaking the times to spend his soldier's pay for each day advanced farther and far- the time he returned-even if figured

wood floors of at kinds. All orders soon over is true," she said to her law library she would add books that car; she may even think of the two in at the window.

"Yes-I think the fighting is near-feeling that they had money enough ly over. It will be a long time be- ahead so that his mind could be fore all the soldiers will come back, given to his work, without the worry Brian may be one of those to remain he had before experienced about ends. Don't think too much of see plan to anyone, not even to her aunt. ing him soon, dear. It would make But as the papers reiterated their your disappointment the greater, belief that peace was at hand, she Then there is still the chance-"

"That he never may come back," sure it would give Brian,

keeps you from worrying." Ruth longed to question her aunt. ness. main with her after Brian returned. News which she hurried home to im- rail But she hesitated to do so, fearing part to Mrs. Clayborne. She had her enswer would be that she would heard the newsboys calling: "Wuxgo home when he came back. tra," had bought one opened it, and

In spite of her love for ease and glanced at the first page which confor pretty things, Ruth had saved a tained an account of a big battle, as surprising amount while Brian had she walked along. been away. She still paid the rent "Aunt Louisa! where are you! of the apartment, but she often said read this!" she thrust the paper into laugh nigly that it was all she did her aunt's hand and then leaned over pay: that her aunt ran the house, her shoulder and read with her the Then, too, Mrs. Clayborne was con- news which had so excited her. stantly buying clothes for both Ruth To-morrow—Brian Is Decorated and the baby. She delighted in For Bravery Under Fire.

ELECT DIRECTORS. the maker and exhibitor being I M. Murray, of Kemptville, Ont. The mend Lydia E. Pinkham's Vegetable Men Chosen by the Eastern Ontario cheese exhibit was the biggest that has ever been made at a Canadian Directors of the Eastern Ontario dairy show, and the judges, Messrs. Dairymen's Association for 1919 Zufelt and J. H. Scott, were agreed has done me more meeting in Belleville: H. Glenden-usually high, there being not more good than all the ing, Manilla; Thomas Hicks, North than half a dozen cheese that had to loctor's mediciner Gower: William Brown, Dicken- be scored down real low. Since taking it I son's Landing; A. I J. Robertson, have a fine healthy | Martintown; R. G. Leggett, New- Would Abolish "Cheese Boards."

baby girl and have boro; J. A. Kerr, Belleville; G. A. Dairy Commissioner Ruddick in Gillespie, Peterboro; George Smith; his address proposed a sweeping Iroquois; W. H. Olmstead, Bear- change in the system of selling brook; D. Muirhead, Renfrew; T. cheese that was in operation before H. Thompson, Madoc: Alexander the war, and a system that may re-Hume, Campbellford; Neil Fraser, turn after peace returns. The pro-Vankleek Hill; M. N. Empey, Napa- posal involved nothing less than the nee; J. A. Sanderson, Oxford Sta-abolition of "cheese boards," and tion; J. Camposel, Hartington; the shipping of all cheese to a cen-John Steel, Almonte; W. A. Benson, tral warehouse in Montreal, where it would be graded and sold by auc-The report of the judges of the ton. This change would, as Mr. Rud-cheese and butter on exhibit in the dick said, do away with the cost of flammation, ulceration, irregularities, City Hall, Belleville, in connection | ringing local buyers and salesmen backache, headaches, nervousness or with the Eastern Ontario Dairy together at scores of local boards, at "the blues" to give this successful men's meeting showed that 320 frequent intervals, and so make poscheese out of a total of 476 entries sible the paying of a higher price to For special suggestions in regard to scoved as high as 26 per cent. L. the producer of cheese. Moreover, Zufelt, of the Kingston Dairy each factory would be paid for its your ailment write Lydia E. Pinkham Zufelt, of the Kingston Dairy each factory would be paid for its Medicine Co., Lynn, Mass. The result School, pointed out that an unusual output according to quality. In Quefeature of stakes by a colored cheese bec, Mr. Ruddick said, a similar sysin competition with white, as the tem is followed. The Quebec Agri-The judge may charge the jury, colored is much more difficult to cultural Co-operative Society handled but it is usually the defendant who make. The score made by the 100,000 boxes of cheese and consideris compelled to pay the freight, sweepstake cheese was 95.5 points, able butter through one central warehandled showed a much higher percentage of No. 1 than that sold: b

> through local boards. It is just possible that for this year the Dairy Produce Commission through which cheese has been bought for export during the war, may be continued, but as soon as that commission ceases to exist, Mr. substitute for the old system of selling through local boards.

other factories in the old way

WIFE NOT NOTIFIED OF HUSBAND'S DEATH

Hamilton Man Died in Asylum and Was Buried as an

Hamilton, Jan. 13 .- Governmentinvestigation is probable as a resuit of the Great War Veterans' Asociation taking up the case of Mrs. Annie Hazell, 331 York street, who received no notification of her husband's death at the Hospital for the Insane until a month later, when she went to the institution to visit. Mrs. Hazell has two sons overseas, who are her sole support.

On Dec. 1st she went to the asylum to inquire of her husband what presents be would like for Christ-

wittow. This physician he said had since left the asylum.

With Lorna Moon -

Expecting the Blue Bird

writer is young and beautiful and "I have a right to expect happi has two children and a husband who ness"—you're looking at it from the 'plods''; the word is her's, not mine. wrong angle, my dear correspondent The people over you haven't any right to EXPECT the way have a happiness—happiness isn't samecar; the lady who thing to EXPECT, it is something

You should BE happy. You have yet. "I think I no right at all to be anything else, have the right to you who have two children and a expect happiness," husband who "plods." How would Now, what does a husband who drank.

whing that we have and the unjust"-it is something to wrapped up in tis- sit pensively with your hands in your sue paper and tied lap waiting for the EXPECTED hap-Like others, she figured that would have at her disposal. She had I wonder if she thinks that happiness way "here I am." Stir around and do If the Allies kept going with no real a plan in her head which was to be a would come and take roost with her things to make the "plodding" hus-"Brian will soon be back if what She would fit up an office for him the way?" Perhaps the lady over kiddles and the first thing you know the papers say about the war being in a good location. To his slender the way is unhappy in spote of her the "blue bird of happiness" will fly

COACHES JUMP RAILS

on duty over there even if the war money. She had said nothing of this And Eight Persons Are Injured Shot Himself Willing Woman Near Branchton.

prevented much of her own unhappi- which slid down the bank, turning quarrelled with the woman, three parts over. The cause of the To ask her if she was planning to re- Then one day came other news, wreck is said to have been a spread

MURDERER IS DEAD.

Chelsea, Mass., Jan. 13 .- Vester

Galt, Jan. 13 .- Eight persons Clark, self-confessed murderer of thought more and more of the plea- were injured when the Grand Trunk Mrs. Alice Smith, and her five-yeartrain on the Hamilton-Guelph sec- old son, died at a hospital here Sat-Ruth interrupted, "I know. Yet! "He'll have baby to work for, tion, on Saturday morning, jumped urday. Clark shot himself in the someway I feel, Aunt Louisa, that he now," she said to herself with a the track a mile south of Branch- head on Wednesday, a few hours afwill not be wounded again. I feel so smile. That, had he been allowed to ton on a bad curve, and two coaches lter he had stabbed the woman at her sure he will come back to baby and work for her, he would have been plunged down a twenty-five-foot em- home in Revere and cut the child's happier, never occurred to her; bankment into a pond. The injured throat. Clark told the police that he "That is the right way to feel-it neither did she think it might have persons were all in the first coach committed the murder after he had

Some people can berate if they can't be president.

Positive Definite Knowledge-

of its Matchless Quality and Value has been the forceful power that has created a sale of 25 million packets Annually.____

a Tea-Pot Test is better than a



Mary had a little lamb; Its fleece was white as

And everywhere that Mary

The lamb was sure to go. It followed her to school one

They were a pretty sight; For Mary's skin was snowwhite, too. She used "Infants-Delight."

INFANTS-DELIGHT TOILET SOAP

TS kindly soothing effect is truly delightful. Pure white. Exquisitely perfumed. Borated, to soften the water and penetrate the pores. Send us three of these ads -all different-for beautiful

Mother Goose Book in colors, JOHN TAYLOR & CO., Limited, Dept. 14, TORONTO.



Unless you have faith in your ef- | The brand of popularity that one can buy isn't worth the price.



Soldiers Home Coming Campaign

The Boys Have Done Their Part



The boys have won a great Victory. Their banners are crowned with glory. But they won't all be home for many weary months yet-perhaps 1920 will see some of them still waiting and longing----

We must see this thing through to a finish—just as they are doing. "Till the boys (all the boys) come home"-that was your pledge, and while there is a Canadian garrison on duty in Germany or elsewhere; a Canadian company in Paris, Boulogné, London, Liverpool, or anywhere else, waiting for transport, Canadian troops landing in Halifax, St. John, or Montreal; or returned soldiers waiting to start civilian life again-THERE THE SAL-VATION ARMY LASSIE MUST BE.

The Salvation Army Million Dollar Fund

January 19th to 25th "FIRST TO SERVE-LAST TO APPEAL"

Think what might happen to your boys with military discipline relaxed and no Salvation Army to furnish the fun and a song, to bake pies, fry the eternal eggs, mend clothes, provide a place to write to you, steer the boys out of graver dangers than German shells, and mother them in the hundred and one ways every man needs and never misses until he is away from his women folks.

Repatriation

Then think how vitally necessary it is that the Salvation Army should keep open the doors of its Hostels-yes, and open MORE Hostels-right here in Canada, for the returned soldier, from the moment he lands until he has settled down to civilian life again. Assure our boys Hostel comfort in Halifax, St. John, Quebec, Montreal, Kingston,

Toronto, London, Chatham, Winnipeg and Van-

The Hosteis are soldiers' hotels where the men can find a hearty, wholesome welcome, find good entertainment, home cooking, clean beds, and a bath;all at prices they can afford to pay.

If they haven't the Hostels, where will they go? THAT is the problem. It is for you to answer by your whole-hearted

Remember how the boys went away with your promise ringing in their ears: "We'll keep the home fires burning till the boys come home." And we WILL too,-till the last boy is nome and settled down.

"By love serve one another"

THE SALVATION ARMY MILLION DOLLAR FUND COMMITTEE

Headquarters: 20 Albert St., Toronto



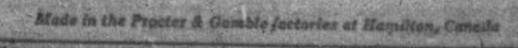


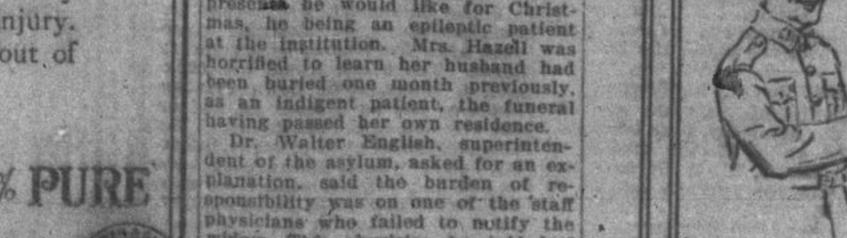
Floating Ivory

Ivory Soap floats. In the tub, you don't have to grope for it; it is always within reach. In toilet and laundry use you are reminded to remove the cake from the water. You do not let it sink out of sight to dissolve. The floating Ivory cake also insures against possible injury. You cannot slip on it in getting out of









Unless you have more dollars than sense, do not expect others to consider your troubles interesting.