In the Realm of Woman --- Some Interesting Features



The cost of living branch of the Labor Department, after an investigation into the price being charged by manufacturers of soda biscuits has come to the conclusion that 15 cents a pound in bulk lots is a reasonable charge for this commod-

The defeat of John Dillon, the Irish Nationalist leader, in East Mayo, is anticipated when the final count is completed.

Leaves the Kidneys weak and inactive.



Will strengthen those debilitated organs their former state of

Gin Pills Sold Everywhere 50 cents a box THE NATIONAL DRUG & CHEMICAL CO. OF CANADA, LTD.

THOMAS COPLEY Telephone 987.

Wanting anything done in the carpentery line, Estimates given on all kinds of repairs and new work; also hardwood floors of al kinds. All orders will receive prompt attention. Shop

GET SLOAN'S FOR YOUR PAIN RELIEF

You don't have to rub it in to get quick, comforting relief

Once you've tried it on that stiff oint, sore muscle, sciatic pain, rheumatic twinge, lame back, you'll find a warm, soothing relief you never thought a liniment could produce. Won't stain the skin, leaves no muss, wastes no time in applying, sure to give quick results. A large bottle means economy. Your own or any other druggist has it, Made in Canada. Get it today.



30c., 60c., \$1,20.

Feed Your Poultry

Purina Baby Chick Feed Purina Chicken Chowder Purina Scratch Feed More Eggs and Cturdy Chicks.

D. Couper.

LOCAL BRANCH TIME TABLE

IN EFFECT SEPT. 20TH, 1918. Trains will leave and arrive at City Station, Foot of Johnson Street.

No. 18 Mail 1,40 a.m. 2.17 a.m.
No. 16 Express . . . 3.10 a.m. 3.52 a.m.
No. 6 Mail 12.20 p.m. 12.52 p.m.
No. 14 Intern'l Ltd. 1.15 p.m. . . . 2.16 p.m.
No. 28 Local 6.48 p.m. 7.24 p.m.
Nos. 1, 13, 14, 16, 18, 19 run daily.
Other trains daily except Sunday.
Direct route to Toronto, Peterboro.
Hamilton, Buffalo, London, Detroit.
Chicago, Bay City, Saginaw, Montreal,
Ottawa, Quebec, Portland, St. John,
Halifax, Boston and New York. For
Pullman accommodation, tickets and All other information, apply to J. P. Hanley, Agent. Agency for all ocean stamphin lines. Open day and night

ANCHOR ANCHOR-DONALDSON

NEW YORK AND BOSTON TO LONDON, LIVERPOOL, BRISTO AND GLASGOW

"THE WIFE"

By Jane Phelps.

UNDER ORDERS

not working properly.

lected in the system.

sour stomach, and had specks float-

mend your pills very highly.'

Tragic Woman

ause women are without clothing it in tragedy.

oldier. He came home nearly every Already he had offered his services Sunday. In spite of the hard train- and his money to the government, ing, he looked and said he felt bet-ter than he had in years. He was as would soon be away. He might, per-hard as nails, tanned the color of an haps, would, take Mollie King with Indian. Also he was full of enthusi- him. Mandel had kept posted upon asm and could talk of nothing but Brian's affairs; and of late had in-the war, the time when he could cluded those of Mollie King. It is

"I'll be in the first load, or I miss my guess," he said to her after he Specks Floating told her he was a Heutenant, second of course, he explained. He had netther eyes or ears for anything but "his job" as he called it.

As always he accepted what Ruth all the little camp comforts he was allowed to have; as well as money to spend-"Until you get your pay," she had told him to save his feelings. ian without embarrassment, thinking all the waste and poisonous matter it their duty to provide for a man from the system, and prevent as well that Mr. Hackett is in camp. Take who was fighting for freedom-at as cure all the trouble arising from some friend and see that show. It by Uncle Sam could get to work. So the time passed until there were rumors that the time was nearly arrived for the boys to go over.

Ruth heard these rumors even before Brian came home and told her waste and effette matter which has realized that great secrecy must of and working properly. necessity surround their departure, and wondered once more if she should River Falls, N.S., writes: - "Several stell Brian her secret. Had she any months ago I was troubled with a right to keep it from him?

Mandel had noticed that Ruth was ing before my eyes. I took five vials unlike herself; that her work, always of Milburn's Laxa-Liver Pills which before done so easily, now seemed a cured and cleaned my blood before burden; but he was far from suspect- any length of time. I told my ing the cause. He laid her lassitude, friends about it and they got some, her pale face and shadowed eyes, to and they, too, find themselves differthe fact that Brian was going over- ent since they took them. I recom-

His age precluded him being called | Milburn's Laxa-Liver Pills are 25c to do actual fighting. To be truth- a vial at all dealers, or mailed direct ful, he was, perhaps, for the first on receipt of price by The T. Miltime he had known Ruth, glad he burn Co., Limited, Toronto, Ont.

fast as an eight day clock."

easy for a man of wealth to find out and Arthur Mandel knew that Molliet was going over as a nurse, and that all her actions pointed to her going

He also knew-and this would have surprised and distressed Ruth immeasurably, had she been aware of it-that whenever Brian come home on a furlough, he always saw Mollie. He usually spent an hour or two in the little studio before he went up

talking of the war, and what they expected and hoped to do for their country. He only knew that they were together, and took it to mean

he was also a worldly one. He had Before His Eyes no conception of the fire or patriot-When specks start to float before were ready to give their lives for the eyes, when everything turns their country-also who both loved black for a few seconds and you feel as if you were going to faint, you may rest assured that your liver is from their love of country.

Ruth drooped. Unostentatiously The essential thing to do in all Mandel tried to make things easy for But she need not have felt afraid of cases where the liver is slow, lazy her, to make her happy. Occasionalor torpid, is to stir it up by the use ly he gave her theatre tickets, say-

of a medicine that will clear away until the machinery managed this accumulated mass which has col- will help you pass the time." He wisely never offered to take her him-Keep the bowels open by using self. Or, again, he would order some Milburn's Laxa-Liver Pills and you flowers sent her, saving: "You looked will have no liver trouble of any a bit depressed to-day. I thought kind. They will clear away all the they might cheer you up." Then he would commence to talk of somehis time would now be short. She collected and make the liver active thing else to evade her thanks. But the thoughtfulness of his acts touch-Mr. John R. Morrison, Grand ed her, and in a way comforted Ruth

Then one night after she had gone to bed the telephone rang. Brian would rush up to see her, he said over the wire, but they were to sail

Ruth stood holding the receiver in her hand or several minutes after he had hung up. While she knew he was to go, it had come with startling suddenness, as such things always do. Suddenly she sat down, her hand at her throat. It was hard to breathe. Brian, her Brian, going to leave her

-going into such fearful danger. "Shall I tell-him now?" she ask ed herself again and again as she

(To be continued.) A GALLANT SOLDIER

TALKING IT OVER Philipsville Parents Receive Medal Won by Dead Son.

Philipsville, Dec. 13 .- A most With Lorna Moon ----- Philipsville, Dec. 13.—A most pathetic reward for bravery on the field of battle was received here by Mrs. Charles Peer, on Saturday, the 7th of December, in the form of a military medal sent by Lieut.-Col. H. A. Genet, A.A.G. Military District No. 3., Kingston. The young man "But you can't ask a man to stop , mory of some lost love, or of two who won this military honor was snoring at night, and then write loving hearts that a cruel fate keeps | Corpl. C. R. Kirkland, No. 455558, poetry to him in the day time!" said apart. Women enjoy nursing the 21st Battalion, C.E.F., who laid the Feminist with mock despair. "A thought of a tragic love (especially down his life on Aug. 28th last. He husband is a solid substantial fact, the one that are safely and happily was three times seriously wounded, and a fact is the least poetic thing married). I know one married wo- and was buried under artillery fire in the world. How can a woman man who is perfectly sane on all four times. He bravely won this write wistful yearning verse about other points but she has this kink, much-coveted medal at an outpost a man who won't go out in the even- and iff you could hear her read- alone with his machine gun, with ings unless she goes with him? A "Ah, flove! could thou and I with which he held back the oncoming woman can't emote tragically about fate conspire. To grasp this sorry Huns for three and a half hours una man who is as reliable and stead- scheme of things entire. Would we til relieved, but he did not live to not shatter it to bits and then re- wear his decoration for gallantry "But, why write mould it mearer to the heart's de- His parents have the sympathy, of wistful yearning sire!"-you would think that there the entire village at the loss of their verse!" demanded was a sad, sad page in her life gallant soldier son. Deceased was he teacher, "Why somewhere. As a matter of fact the only soldier from around the not write about things couldn't be "nearer to her surrounding country who has won the bliss of being heart's desire" than they are now, this honor. The officers who had secure in some but like most temperamental wo- charge of this medal highly compliman's love?" "Be- men she cannot think of romance mented the parents of C. R. Kirkthe ones who read | Women enjoy tragic verse so man and soldier. Gen. Mewburn exim e n much that it's a fortunate thing for pressed to the bereaved parents his haven't got time; the world that not many women most sincere personal appreciation after a man has can write it; otherwise we would for the services rendered by this read the overseas be swamped with verse about hearts fallen hero

news and the poli- that burn in secret; and the divorce tical news he falls courts would be filled with outragasteep or goes out ed husbands; for no matter how News From Odessa to a show with amenable a man may be on other Odessa, Dec. 16th .- Fred Sproule, friend wife and women don't want subjects he can't see why his wife Toronto, is the guest of his parents, to read about being secure, they writes verse about haunting green Mr. and Mrs. Sidney Sproule. Clifford Smith, Queen's College, has rheumatism. Mr. and Mrs. Ray Rose, after spending a few days with Mrs. D. Rose who has been serious-Give Me a Candy Cascaret! ly ill, returned to their home in Belleville last Tuesday. Mrs. William Frink, who has been visiting her daughter, Mrs. Shea, Kingston returned last Sunday. Miss Lockwood who has been the guest of her cousin, Miss Nellie Burnett, left last Tuesday to visit friends in Deseronto before returning to her home in Enterprise. Mrs. W. Lapun, who has been the guest of her sister, Mrs. James Dawson, returned to her

home last Thursday, The Misses Iregore's have moved in the residence recently purchased by Eugene Smith and occupied by Miss Emma Storms. Mrs. Harry Freemantle has purchased the Henry Simkins property. A baby girl has arrived to make her home with Mr. and Mrs. George Conway.

Harrowsmith Happenings. Harrowsmith, Dec. 16.—Owing to he evangelistic services being held in the Methodist church, there was no service in the Presbyterian church on Sunday afternoon. Rev. G. W. Stewart and family visited friends at Collin's Bay on Friday of last week. Mrs. H. Seals, of Kingsreturned home after spending the in Ottawa. Mr. and Mrs. George Trousdale, Hartington, spent Sundale. Mr. and Mrs. Archie Goslin Campsell week-ended at home. Miss Jean Cormack, Kingston, visited C.

Nothing pleases the average woman more than her ability to reverse a man's opinion.

An act of heroism is temporary, while an act of charity is everlasting. Only the man who understands women admits that he doesn't.



Are you giving Your Mind a Chance?

Many a man's mind is distracted by his health, when it ought to be centered upon his business.

Business and professional men and women usually exert their brains at the expense of their bodies. They are forced to neglect exercise. They often form bad habits in eating, sleeping, resting or playing. Hence, they easily form the worst habit of them all-constipation.

Constipation means infinitely more than mere failure of the bowels to act regularly and thoroughly. It means weakened or over-tired intestinal muscles. It means stagnation of the bowel contents, increased fermentation, putrefaction and germ action, and production of irritant and

These are absorbed into the blood and carried all over the body, irritating the nerves, clouding the brain, hardening the arteries, raising the blood pressure, etc.,

Nor can all this be cured or prevented by taking pills, castor oil, purgative mineral waters, salts, etc. all of which make matters worse instead of better. But the Nujol Treatment for Constipation acts differently.

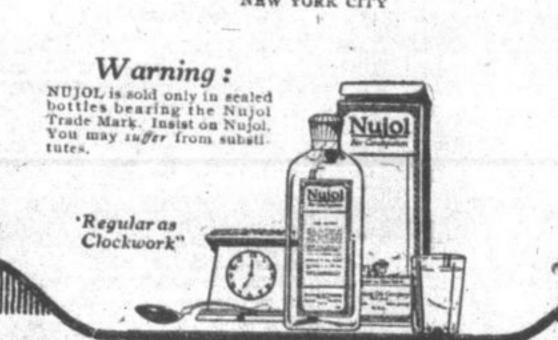
It is both harmless and efficient, Nujol helps Nature to re-establish easy, thorough, daily evacuation of the bowels-as regular as clockwork,

Nujol makes it easy for intestinal muscles to act. Nujol prevents stagnation of bowel contents. Nujol absorbs poisons and carries them out of the body. Get Nujol from your druggist. Take Nujol according to

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Fall Winter Shoes

We have just received a nice assortment of high class shoes for the coming season. Woman's Mahogany Calf. with Neolin soles, \$6.50,

Woman's Gun Metal Calf. with Neolin soles, \$6.50, \$7.00 and \$8.00. Also a great assortment of Vici Dull Kid in high cut, with sporting Cuban and French heels. Latest designs.

Ask for sample number 330: Gray Calf Boot at \$8.00. Regular \$10.00 value.

H. Rotgauze, Prop.

184 Princess Street.

A well-cooked breakfast will go further toward preserving peace in the family than a dozen "Bless Our

The time of the losing horse isn't

DON'T BE A "SUGAR PIG"

You have been using sugar on a lot of foods that do not need it. Time to change some of your food habits. No sugar is required on

Shredded Wheat

Sugar kills the delicious flavor of the baked wheat. Heat the biscuit to restore its crispness, pour hot milk over it and salt to suit the taste. When you do eat wheat be sure it is the whole wheat. Shredded Wheat is the whole wheat, nothing wasted or thrown away.

like to read about the haunting me- eyes when his eyes are brown!"

TO MOTHERS! Instead of the dreaded dose

of castor oil, drops, calomel or pills, give your

children Cascarets and save money, worry and

trouble. Children love Cascarets because they taste

like candy. Nothing else acts so gently but surely

on the child's little stomach, liver and bowels.

Please, Mother! It's Nasty!

When one of the kiddies has a white tongue, tainted breath, sour stomach or a cold, when cross, bilious, feverish, constipated, remember, a Cascaret to quickly "work" away the nasty bile, sour fermentations and poisons Money sent by mail or cable to should always be the first treatment given. Cascarets never gripe the land. Fur further information apply tender bowels, never injure, and never disappoint the worried mother. to local agents or BEFORD CO., Limited, Each 10 cent box of Cascarets contain directions for children's dose from (General Agents, Causdian Service), one year old and upwards. Also for adults.