

# In the Realm of Women --- Some Interesting Features

## SPECIALIST SAID HE MUST OPERATE

She Took "FRUIT-A-LIVES" Instead, And Is Now in Perfect Health.



MRS. F. GAREAU

153 Papineau Ave., Montreal.  
 "For three years, I suffered great pain in the lower part of my body, with swelling or bloating. I saw a specialist, who carefully examined me and gave me several tonics to take, which did not help me. Then he told me I must undergo an operation. This I refused to permit.  
 I heard about 'Fruit-a-lives' and the wonderful results it was giving because this medicine is made from fruit juices, so decided to try it.  
 The first box gave great relief; and I continued the treatment, taking six boxes more. Now, my health is excellent—I am free of pain and swelling—and I give 'Fruit-a-lives' my warmest thanks."

MRS. F. GAREAU.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent by Fruit-a-lives Limited, Ottawa.

## "The Wife" By Jane Phelps

### RUTH BLAMES MOLLIE FOR BRIAN'S ANXIETY TO FIGHT.

CHAPTER CXXI.  
 Ruth comforted herself with the thought that if it should happen that America entered the war, and if Brian should go, he then would think and plan for her—not because she loved him, but because she loved her. That he felt there was nothing to plan, no reason to be solicitous of her because she was perfectly able to take care of herself, she would have resented. Yet that was exactly Brian's attitude.  
 Brian Hackett figured that he had married a woman who preferred business to domesticity, and such being the case, she was capable of looking out for herself without any help from him. That just because she was a woman, Ruth wanted to feel that he was anxious over her, would not have occurred to him.  
 He never thought of her as really feminine and helpless. It was always as needing nothing he could give her. This, in a way, tinged his manner to her, and as the time had passed, it had become a habit to think of her as a business woman more frequently than as a wife.  
 Brian was the sort of a man who should have married a clinging, domestic woman. He would have petted the afraid-of-a-mouse kind; have hurried home to protect the timid kind; and worn a habit to let him bring a troop of his Bohemian acquaintances home with him, and he would have delighted in an impromptu supper in the kitchen, all taking part in preparing—perhaps in furnishing it.  
 There was nothing exciting in his well-ordered home. But he took full advantage of its comforts, the while he bewailed the loss of unconven-

tionality. It was there. So was he, why not?  
 The idea of fighting appealed to him. Not only to his patriotism, but to his love of adventure. Life, as he was living it, held very few thrills for him. Gladly would he seek a field for them. The hum-drum, well-ordered existence which Ruth liked, and which perforce he led, had no attraction for him—and had less, as time went on.  
 He had told the truth when he had told Ruth that she had robbed him of ambition. It may have been, probably was, a sign of weakness in his character, that he would not work for his own sake, his own advancement; as well as for needed money. But in this Brian was not unlike many others. Take away the incentive, and a man deteriorates. So Brian had deteriorated. He had grown more careless in his habits. He had gone back to those he indulged in before he knew dainty Ruth. He had also grown thoughtless of his speech and manners. Oftentimes Ruth had sighed, and wondered what had come over Brian. Never thinking for a moment that she was in any way to blame for the change.  
 Yet Ruth, as though some unquiet instinct warned her, watched and wondered at the change, but never spoke of it.  
 She was a bit too frightened of it to want to talk.  
 She thought Brian surely wrong in his feeling that we would soon be at war. Of course she was as good an American as he, and would not dream of making a snicker of him. But it was time enough to talk of it when it had been decided—not now just because Mollie—her though-

halted, then sped on with lightning rapidity.  
 It had been Mollie King who had put it into his head. Of course it had. Mollie planned to go, and she wanted to take Brian with her. Ruth's jealousy of Mollie flared up hot and agonizing. She was sure she was right. Brian had spent more time than she knew at Mollie's, intently she thought that perhaps she had taken those English officers there too—those men he would not bring home because they knew he could not afford to live as well as they were living. How did they know what he earned? They must be friends of Mollie's.  
 She made up her mind to ask him. Then once again Mandel sent her away. She was to be gone only two days. But never had she so hated to leave Brian, never felt so anxious as did she when Mandel told her to go. "Is there any reason you cannot go, Mrs. Hackett?"  
 "No—really, no."  
 "I thought you looked distressed."  
 "Not at all," Ruth tried to speak in her usual bright manner. She must not let this man, who had been so kind to her, think she wanted to shirk her duty.  
 "I should hate to have you go if you had anything that made it hard for you to leave. But the commission is an important one and also one you can attend to better than anywhere else."  
 "Thank you. And I am perfectly willing to go."  
 "I lied. I am not willing to leave Brian just now," she said to herself as she hurried to the station after failing to get Brian on the telephone. Monday—Brian a True Prophet.

### THE ACTIVITIES OF WOMEN

Women are acting as firemen on the French railroads.  
 In Japan 50 per cent. of all factory operatives are women.  
 Forty-six women draughtsmen are now employed by the Pennsylvania railroad.  
 In France women are working twelve hours a day, with two hours' recess at noon.  
 A union has been formed by the women machine shop workers at Rockford, Ill.  
 In Germany female laborers are paid but 22 cents a day for twelve hours' work.  
 Over 15,000 female workers in Sweden are members of trade organizations.  
 Women engaged in munition work throughout the countries at war number 1,302,000.  
 Miss Helen Diller, of Chicago, Ill., has knitted 1,000 pairs of socks for the soldiers in France.  
 The French war department employs over 17,000 women in its various departments.  
 Over 24,000 women are now eligible to vote registered on the first registration day in New York city.  
 Women are now eligible to membership in the Canadian Railway Mail Clerks' Association.  
 The Young Women's Christian Association of Calgary, Canada, are asking that women be appointed to patrol the city.  
 In Russia the increase of women in technical industries is 74 per cent.  
 Several Kansas City manufacturers are considering having trained women as managers in their plants.  
 The welfare of women war workers has become an important item, and many ways of caring for them have been found.  
 In most of the towns and cities looted by the Germans, the women employed in secretarial positions with the Germans have proved to be the worst offenders in stealing.  
 England now has women engineers, radiographers, printers, glassblowers, opticians, assayers, coil and condenser builders and engravers.  
 Although it is only a little over three months old, the women's police reserve organization of New York city has a membership of over 5,000. The ranks are filled with women from all walks of life, speaking all languages and of undoubted loyalty.  
 A large junk firm at Modena, Pa., employs several women as metal sorters, while others are driving and firing locomotives or operating electric cranes.  
 Hog Island can boast of the only woman notary in any shipyard in the United States. She is Miss Nina Halverson, who is at present in the questionnaire department in the industrial relations department.  
 American lumberjacks working in England and France are being assisted by detachments of young women who use heavy two-handed saws nearly as well as the men.  
 Over 20,000 women are now connected with the British Royal Flying Corps who do everything in connection with an aeroplane except fly.  
 The attorney-general of Nebraska has handed down a decision which says that neither the law of God nor the law of man prevents women from wearing men's clothes when they are engaged in war work.  
 After an absence of fifty years, Mrs. Mattie Oyster, of Philadelphia, has gone back to the Frankford arsenal where she is operating an automatic lathe. She is now past sixty-two years of age, and during the Centennial held in Quaker City in 1876, she was one of the girls selected from the arsenal to demonstrate munition making machinery.  
 Six members of the Women's Police Reserve in New York are to be made regular members of the police force, and will wear blue uniforms, carry revolvers, handcuffs and blouses. They will also draw a salary of \$1,200 a year.  
 The war has brought out patent inventions in many women of the British Empire.  
 A petition bearing 35,000 names has been sent to United States Secretary of Labor Wilson by the women street car conductors of Cleveland, O., protesting against a ruling that they be relieved of duty.  
 The average earnings of farm-ettes in New Jersey during the past season were \$1.50 a day, except in the potato belt where some good pickers were paid as high as \$4 a day.  
 County units of the woman's committee of the Council of National Defense are making surveys preparatory to helping country girls get a high school education. The principal object is to enable the girls to become teachers.  
 Women who enter the ranks of industry as a result of the war's demands do not want to return to domestic occupations, according to Mrs. Frank Hales, of the Chicago employment service branch, established by the department of labor.  
 The United States railroad administration is contemplating the employment of women exclusively as clerks, accountants, ticket sellers, station agents, crossing watchmen and car cleaners. They will be paid the same rate of pay as was received by the men.  
 Wellesley College has just graduated a group of farm superintendents who will work with the woman's land army, helping to direct 200 of their units in New York state and is also training the 10,000 farm-ettes who are expected to enroll for this work in the spring.  
 Sixty-five young women are undertaking a unique means of proving their value to their country by beginning a highly specialized type of war work that will eventually mean much to the labor power of the country. They are graduates of the training school for psychic social work at Smith College, Northampton, Mass., and are styled "shell-shock experts."

Greater food value—increased palatability  
 In making chocolate cakes use  
**BAKER'S CHOCOLATE**  
 with barley and buckwheat flour.  
 The chocolate covers the color and taste of the dark flour so it is practically as good as when made with all white flour.  
 This use of cocoa or chocolate increases the food value of the prepared dish.  
**Walter Baker & Co. Limited**  
 Established 1780  
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 The beverage of untold centuries—is of the same matchless quality today as a thousand years ago. It cannot be improved. The Government of Japan guarantees the purity of Japan Tea. Its use by more than 50 per cent. of Canada's tea drinkers testifies as to its quality.  
 "The salts of tea reduce the amount of solid food necessary and maintain the vigor."  
 —Dr. Williams, Yale.

## TALKING IT OVER With Lorna Moon

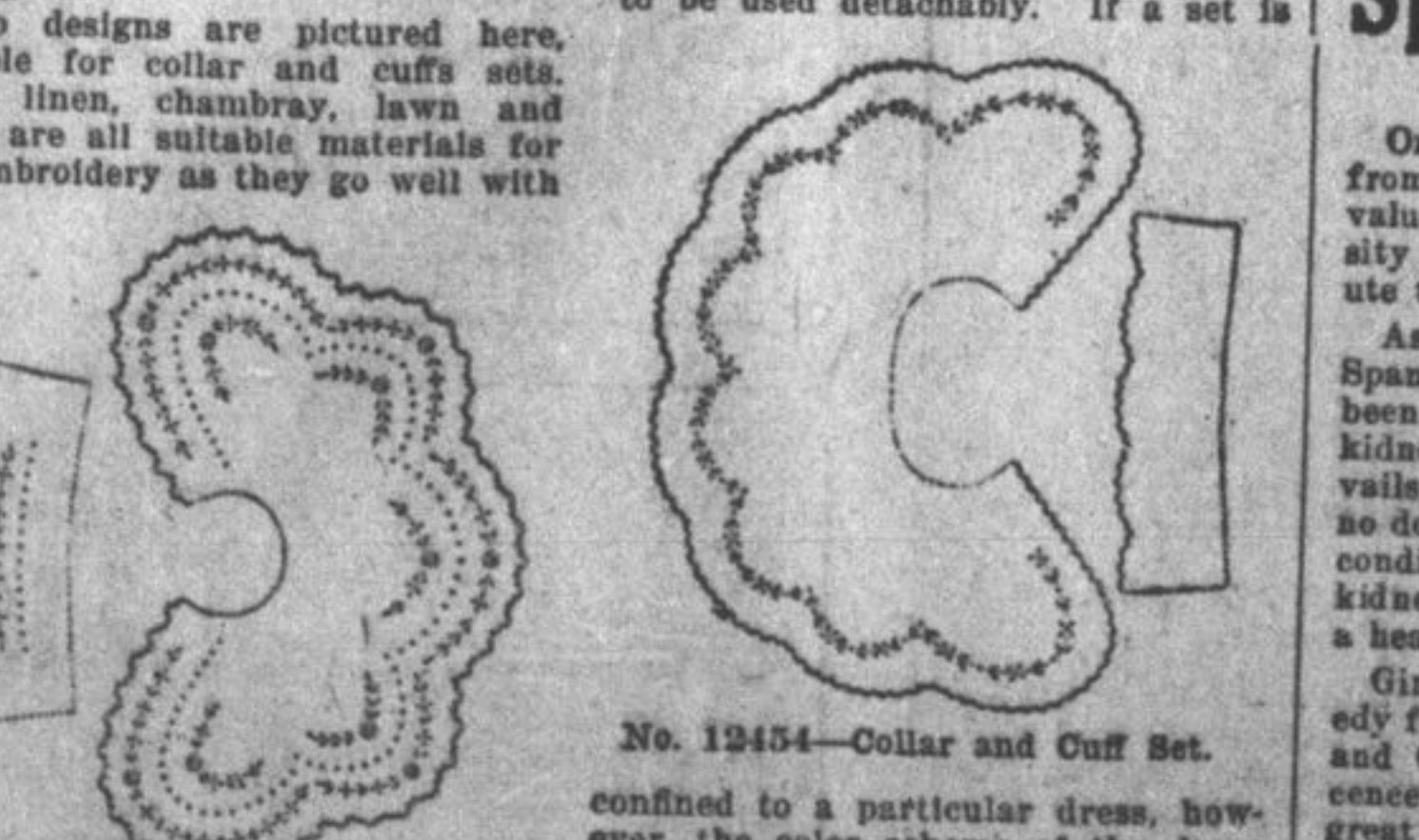
**Towers of Deception.**  
 "Over there where you see that tower is a fairyland," said the little Miss. She pointed to a tower on the horizon standing against a blue grey cloud that melted into pink and wore a fluffy white cap. That is fairyland, and I want you to take me over there some day. Do fairies live in all those tiny, tiny houses under the tower? Why don't we live over there, mother? I know there must be nice little girls over by that lovely tower.  
 "Ah well, even if the prize of satisfaction is denied us we can still, as the poet says, 'go into the battle with a song' in the night." After all the joy of the journey, it is in the towers of promise we gather by the wayside. If we would only remember that, we would not

## LESSONS FOR THE Home Embroiderer

Specially prepared for this Newspaper by Pictorial Review.

Collar and Cuff Sets of Charming Simplicity for a Child's Coat, or Dress.

By KATHRYN MUTTERER.  
 Embroideries for children's garments always should be characterized by the utmost simplicity. Simple materials should be used, simple patterns should be chosen and the simplest of decorations should be employed.  
 Two designs are pictured here, suitable for collar and cuffs sets. Plain linen, chambray, lawn and pique are all suitable materials for the embroidery as they go well with



No. 12454—Collar and Cuff Set.  
 confined to a particular dress, however, the color scheme of the dress may be repeated in the embroidery.  
 It is important that the scallops look well. Buttonholed scallops should be run on both sides of stamping with fine stitches and then a padding should be put in between these lines. The padding may be put in by chain-stitch or in darning or outlining. The latter can be managed more easily than chain-stitching, and since the padding should be carefully graduated at the corners of the scallops it is the more satisfactory method. The corners of the scallops can be made to look perfectly even and professional, if great care is used to keep the stitches absolutely straight. They should not slant at all.  
 Pictorial Review Embroidery No. 12454. Transfer, blue, price 15 cents.  
 Embroidery No. 12455. Transfer, blue, price 15 cents.

another the free action of our hearts by the dust of speed; or strain the eyes of our souls looking for the tower of deception which lies at the journey's end.

### WHAT HAS BRITAIN DONE?

(By Rev. Frederick B. Hodgins, B.A., formerly of Toronto, in New York Herald.)  
 What has Britain done?  
 Kept the faith and fought the fight  
 For the everlasting right;  
 Chivalrously couched her lance  
 In defence of Belgium, France.  
 This has Britain done!

What has Britain done?  
 Given every seventh son,  
 Met the challenge of the Hun;  
 Placed her men on every field;  
 Proud to die, too proud to yield.  
 This has Britain done!

What has Britain done?  
 Answers every far-flung breeze  
 Blown across the Seven Seas;  
 "Watch and ward secure we keep  
 Vigilance that never sleeps."  
 This has Britain done!

What has Britain done?  
 On every front her flag unfurled,  
 Fought the world-war round the world;  
 Then, when all is said and done,  
 Ask her Allies, ask the Hun,  
 "What has Britain done?"

What has Britain done?  
 For her slain Britannia weeps—  
 She might boast who silence keeps.  
 But when all is done and said,  
 Call the roll and count her dead,  
 And know what she has done.

Caddy girls at the York (Me.) County Club links have made their appearance for the first time.

### Kidney Weakness Produced by Spanish "Flu"

One great lesson we can all learn from the Influenza Epidemic is the value of prevention—the vital necessity of remedying all diseases the minute the symptoms appear.  
 As the result of being attacked by Spanish Influenza many persons have been left with weakened or inactive kidneys. The high fever which prevails during the period of sickness is the cause of this weakened condition, and in order to restore the kidneys to their former state of health a healing tonic is necessary.  
 Gin Pills are the acknowledged remedy for all Kidney or Bladder Trouble, and Gin Pills taken during convalescence have proved themselves to be the greatest remedy for rectifying the Kidney weaknesses left by Spanish "Flu."  
 From all parts of Canada letters are coming in to us stating that Gin Pills have relieved the sufferers from the annoyance and worry caused by weakened kidneys. People are daily finding that the quickest and surest way to remedy the detrimental effects left in the kidneys by Spanish "Flu"—is to use Gin Pills. Gin Pills act as a healing tonic to those inflamed, enfeebled vital organs.  
 Every "Flu" victim should take a course of Gin Pills not only to remedy immediate Kidney troubles, but to ward off danger of more serious consequences.  
 Gin Pills—Sold Everywhere at 60 cents a box.  
 The National Drug & Chemical Co. of Canada, Ltd., Toronto, Ont. 249

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 In Centre of Shopping and Business District  
 250 ROOMS  
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**FACE A FRIGHT WITH PIMPLES**  
 Also On Back. Kept Awake, Cuticura Healed at Cost of 75c.

"My face and back were all broken out with pimples, and my face was a fright to look at. The pimples itched and were scattered, and were so itchy that I scratched until the skin was sore and red. They kept me awake at night.  
 "When I saw Cuticura Soap and Ointment advertised I thought I would try them. I was completely healed after using one box of Cuticura Ointment and one cake of Soap." (Signed) Miss Mary Hastings, Cocton, Ont., August 19, 1917.  
 Keep your skin clear by using Cuticura Soap and Ointment for every-day toilet purposes. Nothing better.  
 For Free Sample Each by Mail address post-card, "Cuticura, Dept. A, Boston, U. S. A." Sold everywhere.

**Marlatt's Specific**  
 Removes Gall Stones in 24 Hours  
 THE Never-Failing Remedy for Appendicitis  
 Indigestion, Stomach Disorders, Appendicitis and Kidney Stones are often caused by Gall Stones, and mislead people until those had attacks of Gall Stone Colic appear. Not one in ten Gall Stone Sufferers knows what is the trouble. Marlatt's Specific will cure without pain or operation.  
 For sale at all druggists. Recommended by T. H. Surgeon, Druggist, Kingston, Ont.  
**J. W. MARLATT & CO.**  
 551 ONTARIO ST., TORONTO, ONT.

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 KEEP YOUR SHOES NEAT  
**2 IN 1 SHOE POLISHES**  
 LIQUIDS AND PASTES. FOR BLACK, WHITE, TAN, DARK, BROWN OR OX-BLOOD SHOES. PRESERVE THE LEATHER.  
 THE F. R. DALLEY CORPORATION, LIMITED, HAMILTON

**The Wonderful convenience of EGG-O Baking Powder**  
 Have you ever wanted tea biscuits for supper, but felt that you couldn't have them because you were going out for the afternoon and wouldn't have time to mix the dough after you returned?  
 Why not use Egg-O Baking Powder and mix the dough before you go, putting the dough in a cool place until you return? Then put into the oven and you'll have beautiful, light biscuits. Try it.  
 When Egg-O is used, it improves your biscuits and cakes to allow the dough to stand. And it is a wonderful convenience!  
 Egg-O is a different and better baking powder.  
**Egg-O Baking Powder Co., Limited**  
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