

In the Realm of Woman --- Some Interesting Features

SUFFERED TERRIBLE AGONY

"Fruit-a-lives" Alone Gave Him Quick Relief

Buckingham, Que., May 8th, 1915.
 "For seven years, I suffered terribly from Severe Headaches and Indigestion. I had belching gas from the stomach, and I had chronic Constipation. I tried many remedies but nothing did me good. Finally, a friend advised 'Fruit-a-lives'. I took this grand fruit medicine and it made me well. To everyone who has miserable health with Constipation and Indigestion and Bad Stomach, I say take 'Fruit-a-lives', and you will get well."

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Famous Old Recipe for Cough Syrup

Easily and cheaply made at home, but it beats them all for quick results.

Thousands of housewives have found that they can save four-fifths of the money usually spent for cough preparations, by using this well-known old recipe for making cough syrup at home. It is simple and cheap to make, but it really has no equal for prompt results. It takes right hold of a cough and gives immediate relief, usually stopping an ordinary cough in 24 hours or less.

Get 2 1/2 ounces of Pinex (50 cents worth) from any druggist, pour it into a 16-oz. bottle, and add plain granulated sugar syrup to make 16 ounces. If you prefer, use clarified molasses, honey, or corn syrup, instead of sugar syrup. Either way, it tastes good, keeps perfectly, and lasts a family a long time. It's truly astonishing how quickly it acts, penetrating through every air passage of the throat and lungs—loosens and raises the phlegm, soothes and heals the membranes, and gradually but surely the annoying throat tickle and dreaded cough disappear entirely. Nothing better for bronchitis, spasmodic croup, whooping cough or bronchial asthma. Pinex is a special and highly concentrated compound of genuine Norway pine extract, known the world over for its healing effect on the membranes.

Avoid disappointment by asking your druggist for Pinex, and don't accept anything else. Guaranteed to give absolute satisfaction or money promptly refunded. The Pinex Co., Toronto, Ont.

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"The Wife" By Jane Phelps

RUTH ARGUES WITH BRIAN

CHAPTER CIX.
 When Brian said he was going to enlist with the Canadians, Ruth simply stood still and stared at him. But every vestige of color had left her face, and after a moment she swayed slightly. Brian thought she was going to fall, and put his arm about her. She shivered, and drew slightly away.

"Will you say that again—the whole of it?"
 "I said you would not have to pay rent for me much longer—that I was going to enlist with the Canadians."
 "You mean that?"
 "Yes."

"And it is because I paid the rent? Oh, Brian!"
 "Not—not entirely—though—if you hadn't—perhaps I wouldn't have gone unless Uncle Sam got into the scrap. But you can take care of yourself, better care than I can of you. You don't need me, and the army does."

"I don't—need you!"
 "No. You never really have. From the very first, you have been able to earn more than I did; to provide yourself with things I could not have hoped to give you for years—if ever. I realize that I am not, never shall be, a success—as far as making big money goes. I thought when I married you that I was going to be a big lawyer, his tone was contemptuous and bitter, 'but you took all necessity for pushing myself away from me. I could have braced up for you—not for yourself. You earn almost three times what I do. You don't need me.'

The tones of finality in the last words struck Ruth like a blow. He

was going, and because she had made him think she did not need him. Not need his love! His companionship! What was he thinking about? No woman ever needed her husband more. But could she make him believe it? Could she make him understand that he meant more to her than all the world beside?

Ruth had forgotten Mandel, and that she had really, seriously, wondered if she cared for him only because she thought of nothing, no one, but Brian—her husband.

"Brian—I want you to believe me when I tell you that I do need you. Need your love, your dear companionship, your money, dear, even though it may have seemed to you at times that I thought it was. I happened to have a gift for a particular kind of work. Work which is always highly paid. It was congenial work, too. That it has occasionally taken me from you for a little while, has been a drawback—but only one. Yet, dear, we have been very comfortable, and it has given you opportunity to feel that you could study and better equip yourself. You see, we have not need all we both earn."

"Study—equip myself—what for? To sit alone while you were working for Mandel? Not on your life! A man has to have a motive to do these things—and I have had none. Perhaps my pride should have been spurred enough—my ambition. Well, my pride wasn't, and you have let all ambition I ever possessed. Not intentionally, perhaps—the look on Ruth's face caused him to soften his words, 'but killed it just the same. I have a home which you provide. A

servant whom you pay. Food which you often pay for, and so on. Nice position for a man to be in, isn't it? Do you wonder that I cannot bring myself to let more people know that my wife supports me in a style in which I could not support her? It is unbearable that it should go on. Unthinkable that I should not take the first opportunity that offers to escape from such a humiliating position."

"But Brian—"
 "There is no use talking any longer. My mind is made up. We have talked of, quarrelled over, this money question until I am tired and sick of the very word 'money.' I would rather live in one room and cook the meals myself than go on."

"As Mollie King does?"
 Ruth never could have explained what made her ask that question. She had not thought of Mollie while Brian had been talking; she had not in any way connected her with Brian's decision. The question had slipped out.

"Yes, if you will, just like Mollie King does. She, at least, spools no one's life by aspiring to things beyond her reach. Just why you should bring her into this, I can't see."

"I didn't mean anything. I spoke without thinking."
 "Since you have referred to her, I may as well tell you that Mollie is going over, too—she is going as a nurse. For six months she has been training."

"Mollie King is going too?"
 "More than Mollie seems unable to grasp what she had been told."
 "Yes, Mollie is going—too."

To-morrow—Ruth Spends Unhappy Hours.

Told In Twilight

TALKING IT OVER With Lorna Moon

A New Sisterhood.

Now that the war is over, and the last gun has been fired, and the last young hero led to rest on the fields of Flanders; and the war scared women of France and Belgium are leading their starved, frightened children back to the ruins which mean homes now that the birds can be heard to sing where only was heard the roar of cannon; now that the voice of the Hun is changed to a whine for mercy—what now?

Will the social butterfly lay aside her uniform and go back to her pink teas and her lap dog?
 Will the volunteer nurse ever be able to forget the white boyish face that smiled good-bye as it sank back on the pillow, or the legless boy who murmured in his delirium that something was lying on his legs?

Will the debutante who went across to help France replant her orchards, find the machine idly swirly thrilling again?
 Will the childless woman who has been handing out shoes and clothes for the fatherless, bruised and bleeding, and the thin little faces blue with cold?

No! We will laugh again, and dance again, and sing and be glad once more, but the social butterfly will think less of self in her pleasure; the war nurse will understand that in service lies the greatest joy; and the debutante will demand more than a "pretty manner" in the man she will love; and will be a greater tolerance, a greater love, a greater sympathy and understanding; for they have shared one common sorrow, made one common sacrifice, and forever they will be linked in one great world wide sisterhood.

Miss Charlotte Flanagan, Barrie street, has gone to Peterboro to visit Dr. and Mrs. McGrath.

Mrs. H. B. Anderson, Toronto, is coming to Kingston on a visit to her sister.

Mrs. Frank Ryan, who has been visiting her parents, Dr. and Mrs. Savage, in New York, has returned home.

Walter Steacy is the guest of his mother, Mrs. E. T. Steacy, King street.

Mr. and Mrs. Arthur Craig have returned from Toronto.

Mr. and Mrs. Ince, Toronto, who attended the memorial service in St. George's Cathedral on Sunday, have returned home.

George Sanderson, Montreal, spent the week-end in town.

Miss Agnes Charette, who has been in Kingston for some time, returned to Ottawa on Tuesday.

FUEL CONTROLLER'S WARNING.
 Hardship Inevitable Unless More Bituminous Coal Used.
 Ottawa, Dec. 10.—Fuel Controller Magrath, discussing the scarcity of anthracite coal, states that the cessation of hostilities in Europe, while temporarily making bituminous coal much freer has had no appreciable effect in solving the domestic coal problem in Canada and the United States, which is just as acute as ever. He fears that householders have not generally followed the advice repeatedly tendered by the administration to lay in soft coal supplies.

"It cannot be emphasized too much or too often," said Mr. Magrath, "that unless the public will avail themselves largely of this safely fuel supply now available, it is certain that great hardships will inevitably result."

Socialist to be Tried.
 Brockville, Dec. 10.—Louis Crus, a local follower of the Socialist party for many years, was committed for trial at the police court on a charge of having seditious literature in his possession under ban of the Dominion Government. He was liberated on bail of \$2,000 to appear at the assizes in January.

Empty heads contain a lot of useless information.

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DRINK DALLEY COFFEE The Most Delicious Drink. You can't buy better Coffee. It has the most delicious flavor and more strength to the cup. In 1 lb. and 1/2 lb. sealed tins only.

SUNLIGHT SOAP Imitated—never equalled. There is as much difference between Sunlight Soap and its imitators as there is between sunlight and artificial light. Why? Absolute purity with superior cleansing powers—more real soap for your money—you get them in Sunlight Soap. LEVER BROTHERS LIMITED, TORONTO, ONT.

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IN EFFECT SEPT. 20TH, 1918.

Trains will leave and arrive at City Station, Foot of Johnson Street.

Going West	Live City Arr. City
No. 19 Mail	12:20 a.m. 12:57 a.m.
No. 13 Express	1:15 a.m. 2:02 a.m.
No. 27 Local	9:45 a.m. 10:17 a.m.
No. 1 Intern'l Ltd.	1:15 p.m. 1:46 p.m.
No. 7 Mail	7:19 p.m. 8:47 p.m.
Going East	Live City Arr. City
No. 15 Mail	1:49 a.m. 2:17 a.m.
No. 16 Express	3:10 a.m. 3:52 a.m.
No. 4 Mail	12:20 p.m. 12:52 p.m.
No. 14 Intern'l Ltd.	1:15 p.m. 1:46 p.m.
No. 28 Local	6:48 p.m. 7:24 p.m.
No. 1, 12, 14, 16, 18, 19 run daily.	

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