fore Handing It to Him.

ceived about their treatment at the as far as Brusseis, again taken off hands of the Huns. Major W. H. and taken to a hospital right oppo-Hooper, the Carleton Place officer site the station. who went overseas with the original 2nd Battalion, has recently returned from the prison camp. He was seriously wounded and taken prisoner at Ypres in April, 1915, and was for Germany. They had not given us three years a prisoner in Germany, very much to eat that morning, and He is now on duty with the casualty I was hungry and thirsty. On our company, No. 3 District Depot at the way we stopped at a station, where I new Barriefield huts. He tells the heard they were going to get somegraphic story of his treatment while thing to drink, but when I asked a

1915. I was unconscious, had been wounded a couple of times, and final- handed it to me. I was taken off ly I was taken to a first aid statioff. this train and laid down on the plat-There my wounds were treated and I form. Not far away a number of was taken a few yards further to an- men, women and children were other house. While there in the standing, and they pelted me with second house I came across some- mud, sticks and stones. I asked of thing in my pocket. Among these two French soldiers to move me was a bit of paper on which was away a little piece, and they did. written the name of a German lieu- was taken to a hospital at Gleeson. young fellow from Renfrew had bears no comparison with the treat! brought him in. He had had seven ment in the hospitals in Germany, bandages to go round, and I took my bandages and wrapped up his on the back of the card. I fortunately a wheel came off and I this same room a French soldier was

Whipped Wounded British. whirled by me I was lying between come under his power. . train happened to be a troop train. been on one occasion on my crutches, ance, or at least a pair of crutches, and from the windows I was spit I was forced to walk a distance vary- but these were brutally denied me.

MAJOR W. HOOPER'S STORY upon from head to toe. I was taken to another hospital, where I was put downstairs in a room occupied by negroes. In this place I was told that OF HUN CRUELTY TO BRITISH there was a room just upstairs which could accompand a about seventy of-However, I received every He Was Three Years in Germany- attention, and some weeks after-A German Woman Spit in Cup Be- wards I was carried out on my Istretcher to the train and put in a Now that the men who have been second class car. I was taken off prisoners in Germany are being re- somewhere that night, and lay in a turned, accurate stories are being re- station, and the next day I was taken

After a couple of days' rest I was woman to give me a drink, and when "I was taken prisorer in April, she discovered I was an English officer she spit in the cup before she

Cruelty of Doctors.

"I must say that there are skilful

doctors in Germany. One morning was taken down on my stretcher to the operative room, and was laid down on the floor, my straps were taken off my stretchers, and I was told to take off my bandages. being operated on by a German doctor, and he was crying from the pain, when an English soldier with both Next day I was taken to another legs off in another bed called out to

The Blood Pressure

THAT is the meaning of blood

"What has it to do with the

pressure?" you may ask, and

health?" For as much as we hear of blood

pressure these days it is somewhat of a

Perhaps the easiest way to explain it is

by comparison to water pressure, whereby

water is supplied to homes and made

available upstairs and down at a mere turn

a similar pressure as you will know if you

cut an artery and see the force with which

The arteries may be likened to the rub-

ber hose which you attach to the water

system in your house. So long as the

rubber retains its elasticity you do not

fear trouble, but as it gets older and

harder and begins to crack you dread the

water pressure which is everywhere test-

And so it is with the arteries. The walls

of the arteries harden as age advances,

more particularly if the vital organs are

not doing their full duty in filtering and

purifying the blood and keeping it in rich,

When your physician suspects that your

arteries are hardening and losing the elas-

The blood in the human body is under

mystery to most people.

the blood spurts out.

healthful condition.

ing the strength of the hose.

of the tap.

ticity which enables them to withstand the

strain put on them he recommends that

you have your blood pressure tested. Then

he seeks a means of improving the con-

dition of the blood and of restoring the

health and vigor of the digestive, filtering

In the great majority of cases the weak

functioning of these organs is due to the

low vitality of the nervous system, and the

use of Dr. Chase's Nerve Food is resorted

Comparatively few people realize that the healthful working of each and every

organ of the human body is dependent on

the amount of nervous energy with which

that organ is supplied, and that when

nervous energy is consumed in overwork

or worry, in sorrow or mental anxiety,

these vital organs must fail for want of

Dr. Chase's Nerve Food cures by im-

creasing the amount of nervous energy in

proving the quality of the blood and in-

the human system. In other words, it

increases vitality, and this is what is lack-

ing in persons whose arteries are harden-

ing and whose blood pressure is conse-

quently rising. 50 cents a box, 6 for \$2.75,

all dealers, or Edmanson, Bates & Co.,

Ltd., Toronto. Look for the portrait and

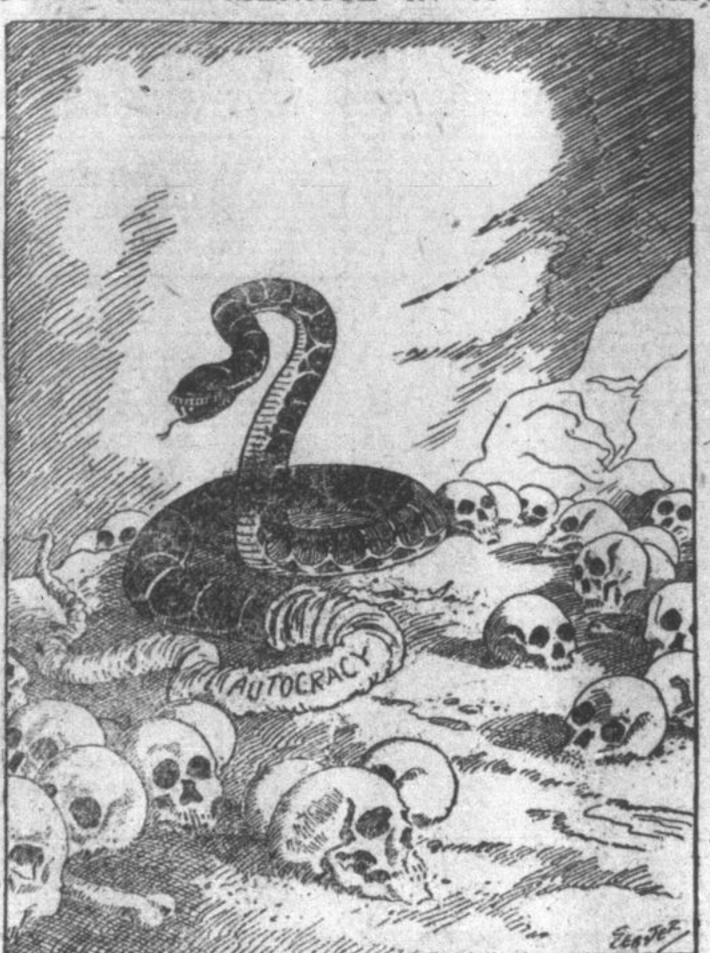
signature of A. W. Chase, M.D., on the

box you buy.

to with most satisfactory results.

and excretory organs.

THE SAME MENACE IN A NEW SKIN | that is really right. I hope so."



to the ground; needless to say my that morning, and for some consid- violence and said that the seats in shuffling was necessary to traverse wounds simply pained, and I began erable time the poor unfortunate suf- the car were for no English swine- the long platform to the main stame down and took me across two treatment. This doctor (Dr. Fran- up at the end of the car among the French and a Belgian officer with mywhistle in the distance, and as it and annoy the British who might around the sharp curves until the to await the arrival of the next train station was reached. Here I was which would take us to our destinatwo cars, with the black cinders and "This was shown when, on leaving made to descend and told to come tion. dirt blowing all around me. This the hospital, although I had only along. I asked for some convey-

I lay on my stretcher. While him not to cry. The German doctor ing from one-half to three-quarters and I was forced to shuffle along friend started violently, staggered, there I saw the first act of cruelty, asked the interpreter what the Eng- of a mile on the crutches to a street over a long platform until the ap- and almost fell then, hastily pulling A number of our soldiers lay wound- lish soldier had said. The inter- car unassisted, and was made enter pointed place was reached. The himself together, excused himself, ed, and a German officer grabbed a preter made a false translation, tell-the car. In order to do so I passed pain during this short journey was saying the red tape will be nearly whip and went around all of these ing the doctor that the English sol- my crutches to a guard standing near excruciating, and my wounds had ready, and bidding me good, bye, hur men and applied it, and not a move dier said, 'Do not squeal, be an Eng- and painfully drew myself up to the opened anew. On arrival of the ried off. The last words I heard him was made. I was taken from there lishman.' The doctor, evidently level of the car steps. This accom- train I was put into a third class car- say were: "It's a great old war." by train while my wounds were taking this as an insult to German plished, I turned about to ask for my riage, where, though not made to, I What a peculiar man! And yet bleeding badly, and was taken off the soldiers, picked up a sharp instru- crutches, but was sternly told 'Nein,' was permitted to lie on the floor. In have I the right to criticize him? next morning, and was picked up ment and prodded his wound until he that the crutches belonged to the this position I was quite comfortable, Have you? I think not. Perhaps if and put on another train again to go squealed with pain. Another case hospital, and I would have to get on but when at the end of the journey, all were known a necklace of Victo another place. I was there taken of cruelty was a Belgian officer who as best I could. Dragging myself Mayenee was reached, I was so stiff- toria Crosses were not enough for off by four men. Two jumped was suffering from a burn wound in further in I attempted to take a seat, ened up that it was only with the such as he. Who knows-I don'tdown (these were four Red Cross the head, and the same treatment but a burly boche in charge of the greatest difficulty I was again gotten you don't. It sure is or was a assistants), slid my stretcher down was given him in the dressing room car threatened me with all kinds of onto my feet, and some torturing great old wer. to bleed all over again. They lifted fered excruciating pain from his ill hund. I was thus forced to stand tion, and on arrival we, that is, two railway tracks. I heard a train kel) took every occasion to ill treat baggage and other articles, swaying self, were thrust into a dirty cellar

SOME IMPRESSIONS BY A LADY FROM NEW YORK.

Returned Man When Accosted on the Street Answers Some Questions and Gives Some Interesting Information.

Arriving in Kingston from New York City, I walked blowly along Queen street, soliloquizing: This is Kingston, one of the famous military ada's world-famous fighting men were mobilized to proceed to fight the readed Huns. Might I be lucky enough to meet one of these wonderful men who has returned from overseas wonder? Oh! there he comes. A fine stalwart type of manhood what strong, determined features, well developed body, erect carriage, but one arm. But stay, what a wonderful expression on his face, what bright, intelligent eves with such a merry twinkle, and like a flash his whole expression changes, so different. Hard, thoughtful, far away, aling something we cannot see. He rears the roar of the guns, perhaps must-I shall speak to this Candian fighting man.

"Good morning, soldier!" His greeting was warm and coureous, again his whole face changed. What a lovely beaming, honest smile. "Good morning, lady." "Will you answer a few ques-

"Certainly, lady, if I can."

"How long have you been in the army?" Four years and three months." "How long were you in France?" "Three years and four months."

"What branch of the service do you elong to?" "The infantry." "Goodness! Have you ever ayoneffed a German?"

"Oh, lady what a question to ask "Do you like fighting?"

"Why do nearly all the soldiers in Kingston wear spurs? Yet I see none of them on horseback?" "To keep their feet from slipping off the desks, lady." "Are you sorry that you enlisted?"

"No, lady, not by a darned sight. I would not have missed what I have seen for all the world." "Would you join again, knowing what you receive?" "You bet I would."

"How much pay do you receive?" "The pay is \$1.10 per dap, but I have not received any for a long time. lost, so the wife, kiddles, and myself have to wait, wait, wait. We are new living almost entirely on red ane and it makes real hard swallawing. And we don't grow fat."

"What are you going to do?" "Oh, just walt, walt, wait. You see some day-'apres la guerre finis' -my comrades will all come home again, at least these that are not "naa poo." "

"What does 'nea poo' mean?" "It means the chaplains say that

"What do the red bands round so "I cannot tell you, lady, though in the trenches when we saw one, Wal

used to shout 'Peace has been de-"Why do so many soldirs wear white bands round their hats?" "I am not certain lady, but I hardly think these are soldiers. I think it!

has something to do with avoiding

conscription." "Tell me about your life in the

"Oh, lady, there is nothing to tell] -a few lice -a few near lice-an awful lot more lice-mud, water, cold. bullets, gas, splinters of shells, not much food. Bang! Oblivion, then, Hello, sister. Hospital, Blighty." "What does Blighty mean?"

"Heaven, lady." "Tell me, are your officers kind to

"In France yes; in England, not so much; in Canada, practically no You see, lady, if the officer has been, in France he understands, and he's a real pal, and if he has not-Oh well lady, you understand."

"What does that little red chevron and the blue ones on your right

"It means practically nothing lady. It is intended to denote service, the pay office in London since 1914 "And the little round button? Isn't that cute-'For service at the front'-how wonderful!"

"Oh no, lady, these are also worn by all comers cooks, tourists, men sojourners in the land of En wear this same button."

Just then a khaki colored touring car slowed up and stopped, emitting practically at the same moment, an immaculate officer, and a loud explosion from the muffler. My soldier

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