

In the Realm of Woman --- Some Interesting Features

Answer This!

When you have indigestion you never take a lung medicine. Why, then, when you have a cough, a cold or bronchitis (lung troubles) do you swallow things down into your stomach? It is a mistake, and the Peps treatment for colds, bronchitis and asthma, etc., corrects this mistake. Peps are tablets made up of Pine extracts and medicinal essences, which when put into the mouth turn into healing vapors. These are breathed down direct to the lungs, throat and bronchial tubes—not swallowed down to the stomach, which is not at all.

On the face of it, it is not this treatment of coughs and colds more rational than the old-fashioned way? Peps are recommended by doctors, by nurses, by people in authority everywhere, who once having tried this new treatment will never go back to the old form. We could send you books of testimonials, if you would like to read them, but one trial of Peps will give you more personal satisfaction than lots of reading about what others say. 50c. box, at drugists and stores. Remember the name—just four letters—

Peps



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"The Wife" By Jane Phelps

BRIAN REFUSES TO MAKE UP, THOUGH RUTH BEGS HIM TO.

CHAPTER XXVI

In the midst of Ruth's misery there was projected the thought of her employer's kindness and thoughtfulness. For the first time there crossed her mind something like a wish that Brian was more like him. Mandel was so dependable, and Brian so erratic. How she hated that crowd which were, in her thoughts, represented by Mollie King and Claude Beckley. She blamed them for Brian's defection, for all his unstable ways, instead of blaming Brian himself.

It was getting late. Where had Brian gone? Would he return that night, or was he so angry he would do as he had the night before, and remain out? Finally Ruth's sobs were quieted. She, too, began to get angry. If Brian were going to treat her like this, she would not be so careful in the future not to hurt him. She rose, took a hot bath, then went to bed. Hardly had she crept between the sheets when she heard his key in the door. She would pretend to be asleep. He could think then that she was an indifferent as he. So when he spoke she pretended not to hear, even when he sighed so deeply that she wanted to ask him what it meant. She hoped he was sighing because he was sorry they weren't good friends, but she wasn't going to risk another snub, so she kept her eyes closed.

The next morning she made up her mind to try to act as if nothing had happened. Brian had explained where he was the night she came home, and she knew that down in his heart he knew she loved him, also that he knew her coming home in Mandel's car meant nothing. She never thought of doubting him. Neither that he might not accept her explanation in the same spirit.

"Hurry, Brian, breakfast is nearly ready," she called as she hurried into the kitchen to see what Rachel had for breakfast.

When he sat down with her a few moments later, she saw that he had not recovered his good nature; that he was still grumpy. She sighed a little as she poured his coffee, and tried to get him to tell her what news was in the paper.

"You can read. Look for yourself," he gave her a part of the paper.

"Oh, isn't the war news dreadful? Why, this article reads as if

something might happen to drag us into it." Then after a minute: "Here's another one. All on our preparedness, rather unpreparedness. Why, Brian, think what it would mean to us if anything should happen. This country, I mean. We are 3,000 miles away. We couldn't get a large army across. It would be impossible."

"Nothing is impossible to Uncle Sam," his tone gruff.

"But we haven't ships, means of transportation, and we have no drilled soldiers ready to fight, like the other countries."

"It's a disgrace that we haven't," he went on eating. Ruth was almost discouraged, trying to make up with him. Even talking of the war in which he had always been so

Had Hacking Cough Couldn't Sleep Nights

Hacking coughs are very wearing on the system. The constant coughing disturbs the rest, and keeps the lungs and bronchial tubes in an irritated and inflamed condition.

Don't neglect the hacking cough. You can get rid of it with a few doses of Dr. Wood's Norway Pine Syrup; the most prompt, pleasant and perfect cough remedy known.

Miss Catherine M. McLean, Craik, Sask., writes:—"Last winter I caught a heavy cold and was laid up for some time. I had such a hacking cough I couldn't sleep at night. I didn't think I would get over it. One day a friend dropped in to see me and was surprised to see how bad my cough was. She advised me to try Dr. Wood's Norway Pine Syrup. The next day I sent for a bottle, and I soon got relief, and by the time I had taken two bottles, my cough was all gone, and now I am able to do my work again. I don't think there is anything to equal it."

There are plenty of "pine" preparations on the market trying to live on the reputation of Dr. Wood's. The genuine is put up in a yellow wrapper, three pine trees the trade mark, price 25c. and 50c. a bottle. Put up only by The T. Milburn Co., Limited, Toronto, Ont.

interested, would not make him pleasant to her. He was more hurt than she knew.

"How long are those Canadian soldiers going to be here?" she tried again.

"I haven't asked them."

It was awfully discouraging. Her lip quivered as she took the cup he held out to her and refilled it. Even the fact, trivial as it was, that he always said something about the coffee being good and this morning said nothing, hurt her.

"Do be nice, Brian," she said as she passed back the cup. "I shall be unhappy all day if you are not."

"I see no reason why I should be nice to you. Mandel will probably see that you are taken care of."

"Oh, Brian, you silly boy!" she realized that he was still thinking of Mandel's courtesy of the day before. "I'm sorry I let him send me home, dear. But I really was ill. He has offered too many times before, but I always refused. You made me ill by staying out all night!" she said more heatedly. "It was your fault that I felt so badly I was willing to accept the favor, not mine!"

"That's right! Try and save your own face by throwing the blame on someone else. Ride in Mandel's cars all you want to! I knew it would come to that when you went to work for him. I'm not a fool, neither am I blind."

"O, Brian!" Ruth said again as he flung from the table, and started for the hall. "Aren't you going to kiss me, dear? You haven't, you know, since I came home."

"Mandel has most likely made up my deficiencies."

The door closed after him upon the last word. Ruth laid her head on the table, and cried as if her heart would break. Mammy Rachel could give her no comfort. She was sure she had lost Brian, and could not feel herself at fault. She telephoned the shop she was too ill to work.

(To be Continued.)

AGAIN BEEN WOUNDED

LANCE-CORPORAL J. E. HUGHES, AGAIN IN HOSPITAL.



LANCE-CORPL. J. E. HUGHES.

He Went Overseas in the Fall of 1916—Bullet Entered His Head at Right Ear and Came Out on Left Side of Nose.

Lance-Corpl. J. E. Hughes, son of Mrs. L. M. Hughes, Arden, Ont., has again been wounded in France. His parents have received official notice that he was wounded in the head on October 11th. He enlisted in the 146th Battalion on November 22nd, 1915, and went overseas with that unit in the fall of 1916. After a short stay he went to France, where he took part in the battles of the Somme, Vimy Ridge, Lens, Hill 70 and Passchendaele. In the latter battle he was wounded on November 12th, 1917, by a bomb, and was sent back to hospital in England. In August, 1918, he returned to France, and took part in the strenuous battles of the subsequent two months, and was wounded on October 11th. His parents have had a letter from him since he was wounded, in which he tells them that he was wounded by a bullet, which entered his head at the right ear and came out on the left side of his nose. He had an almost miraculous escape from being killed. It is expected that Lance-Corporal Hughes will soon be able to return to Canada, bearing his honorable scars sustained in defence of the Empire.

On Thursday at Delta; the marriage was solemnized by Miss Grace Murray, daughter of Rev. George Murray and Mrs. Murray, and B. W. Payne, Brinston's.

Pte. Harold Carman Jones, only son of Mr. and Mrs. Hiram Jones, Lora, has passed away of influenza at No. 23 Casualty Clearing Station, France, on Nov. 13th.

The rolling stone sees its finish when it strikes the upgrade.

DESCRIBED
"Pa, what is adversity?"
"Adversity is something that the Hun can't stand."

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GRAND TRUNK RAILWAY SYSTEM

LOCAL BRANCH TIME TABLE

IN EFFECT SEPT. 29TH, 1918.

Trains will leave and arrive at City Station, Foot of Johnson Street, Going West.

No. 19 Mail	12:30 a.m.	12:57 a.m.
No. 15 Express	1:10 a.m.	1:52 a.m.
No. 27 Local	2:45 a.m.	3:17 a.m.
No. 1 Intern'l Ltd.	1:15 p.m.	1:46 p.m.
No. 7 Mail	2:10 p.m.	2:47 p.m.

Going East.

No. 18 Mail	1:40 a.m.	2:17 a.m.
No. 16 Express	2:10 a.m.	2:52 a.m.
No. 5 Mail	12:30 p.m.	1:02 p.m.
No. 14 Intern'l Ltd.	1:15 p.m.	1:46 p.m.
No. 28 Local	2:45 p.m.	3:17 p.m.

Other trains daily except Sunday.

Direct route to Toronto, Peterboro, Hamilton, Buffalo, London, Detroit, Chicago, Bay City, Saginaw, Montreal, Ottawa, Quebec, Portland, St. John, Halifax, Boston and New York. For Pullman accommodation, tickets and all other information, apply to J. P. Hanley, Agent, Agency for all ocean steamship lines. Open day and night.

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TALKING IT OVER With Lorna Moon

The Writing On the School Book.

While rummaging amongst old books in a second-hand book shop yesterday I found a book on Greek mythology and on the fly leaf was written in a school girl's hand this verse:

"Girl's love is like pure gold
Hard to get and hard to hold.
Boy's love is like French snuff
Get a little, and you've got enough."

I wonder if the youthful pessimist who wrote that has changed her mind. I wonder if she is a happy matron with a lot of jolly youngsters, or if she is a new-fashioned bachelor girl or an old-fashioned maid.

The impulse to write on the fly-leaf of a book is one that no normal child can resist.

Almost every one of us can remember at some time being punished for defacing a school book with pencil scrawls. I remember getting severely whipped for writing the following classic in my grammar book:

"Old Baldy Wilks is fed on ink
And on broken pens, I think.
That is why he splutters so
When he's teaching class you know!"

Old Baldy Wilks was my teacher, of course, and he "spluttered" so because he wore false teeth which didn't fit. I was rather a favorite with him until the fateful day when he found those words. After that—well, I don't blame him for the enthusiasm he put into that whipping. I was a heartless little Turk and I deserved it.

Only I never punish my children for writing in the flyleaf of a book, or allow them to be punished for doing it. I know that they just can't help it if they are normal children.

"When a Child Droops"

Hurry, mother! Relieve the little stomach, liver and bowels of souring food, bile and poisons. Look at the tongue! Children love to take harmless "Cascarets" because Cascarets taste like candy—only 10 cents too!

Children droop and wither like tender flowers if you permit bile, sour fermentations and constipation poison to be absorbed into the system. When a child's tongue is white, breath feverish, stomach sour, you can always depend upon good, safe "Cascarets" to gently but thoroughly clean the clogged-up places. Children love to take Cascarets, the candy-cathartic which never gripes, never injures, never disappoints. Each 10 cent box contains directions and dose for children aged one year old and upwards.

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