In the Realm of Woman --- Some Interesting Features

When you have indigestion you never take a lung medicine. Why, then, when you have a cough, a cold or bronchitis (lung troubles) do you swallow things down into your stomach? It is a mistake, and the Peps treatment for colds, bronchitis and asthma, etc., cor-rects this mistake. Peps are tablets made up of Pine extracts and medicinal essences, which when put into the mouth turn into healing vapors. These are breathed down direct to the lungs, throat and bronchial tubes-not swallowed down to the stomach, which is not

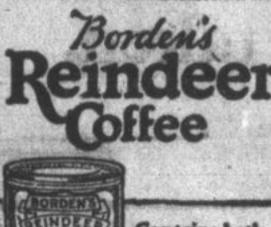
On the face of it, is not this treatment of coughs and colds more rational than the old-fashiened way? Peps are recommended by doctors, by nurses, by people in authority everywhere, who once having tried this new treatment will never go back to the old form. We could send you books of testimonials, if wu would like to read them, but one trial of Peps will rive you more personal satisfaction than lots of reading about what others say. 50c. box, at drugists and stores. Remember the name-just four letters-



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answer "The Wite" By Jane Phelps

BRIAN REFUSES TO MAKE UP, THOUGH RUTH BEGS HIM TO.

she hated that crowd which were, be impossible." in her thoughts, represented by Mollie King and Claude Beckley Sam," his tone gruff. She blamed them for Brian's defecstead of blaming Brian himself.

Brian gone? Would he return that | were quieted. She, too, began 'o in which he had always been get angry. If Brian were going to so careful in the future not to hurt him. She rose, took a hot bath, then went to bed. Hardly had she crept between the sheets when she heard his key in the door. She would pretend to be asleep. He could think then that she was an indiffer- Hacking coughs are very wearing ing to accept the favor, not mine!" ed to ask him what it meant. She ritated and inflamed condition. hoped he was sighing because he was sorry they weren't good friends,

snub, so she kept her eyes closed. her mind to try to act as if nothing and perfect cough remedy known. had happened. Brian had explained where he was the night she came home; and she knew that Sask., writes:-"Last winter I caught down in his heart he knew she loved him, also that he knew her coming home in Mandel's car meant cough I couldn't sleep at night. nothing. She never thought of didn't think I would get over it. doubting him. Neither that he One day a friend dropped in to see might not accept her explanation in me and was surprised to see how

the same spirit.

had not recovered his good nature; think there is anything to equal it." that he was still grouchy. She sighed a little as she poured his her what news was in the paper.

ful? Why, this article reads as if Milburn Co., Limited, Toronto, Ont.

"Girl's love is like pure gold

Hard to get and hard to hold.

Boy's love is like French snuff

Get a little, and you've got en-

I wonder if the

mist who wrote [

fashioned maid.

something might happen to drag us pleasant to her. He was more hurt In the midst of Ruth's misery into it." Then after a minute: than she knew.

"But we haven't ships, means of said nothing, hurt her, tion, for all his unstable ways, in- transportation, and we have no

"It's a disgrace that we haven't,"

ent as he. So when he spoke she on the system. The constant coughpretended not to hear, even when ing disturbs the rest, and keeps the your own face by throwing the he sighed so deeply that she want- lungs and bronchial tubes in an ir- blame on someone else. Ride in

Don't neglect the hacking cough. but she wasn't going to risk another You can get rid of it with a few doses of Dr. Wood's Norway Pine not a fool, neither am I blind." The next morning she made up Syrup; the most prompt, pleasant

a heavy cold and was laid up for some time. I had such a hacking up my deficiciencies." bad my cough was. She advised me "Hurry, Brian, breakfast is near- to try Dr. Wood's " Norway Pine y ready," she called as she hurried Syrup. The next day I sent for a into the kitchen to see what Rachel bottle, and I soon got relief, and by phoned the shop she was too ill to the time I had taken two bottles, When he sat down with her a my cough was all gone, and now I few moments later, she saw that he am able to do my work again. I don't

There are planty of "pine" precoffee, and tried to get him to tell | parations on the market trying to live on the reputation of Dr. "You can read. Look for your- Wood's." The genuine is put up in self," he gave her a part of the a yellow wrapper, three pine trees the trade mark, price 25c and 50c. "Oh, isn't the war news dread- a bottle. Put up only by The T.

ing the following classic in my

When he's teaching class you

"Old Baldy Wilks is fed on ink

-----With Lorna Moon -----

The Writing On the School Book.

While rummaging amongst old sist. Almost every one of us can

grammar book:

books in a second-hand book shop remember at some time being pun-

girl or an old and I deserved it.

"When a Child Droops"

Hurry, mother! Relieve the little stomach, liver and

bowels of souring food, bile and poisons. Look at the

Children droop and wither like tender flowers if you permit bile, sour

When a child's tongue is white, breath feverish, stomach sour, you can

fermentations and constipation poison to be absorbed into the system.

always depend upon good, safe "Cascarets" to gently but thoroughly clean

the clogged-up places. Children love to take Cascarets, the candy cathar-

tie which never gripes, never injures, never disappoints. Each 10 cent

box contains directions and dose for children aged one year old and upwards.

tongue! Children love to take harmless "Cascarets" be

cause Cascarets taste like candy-only 10 cents tool

here was projected the thought of 'Here's another one. All on our pre- "How long are those Canadian her employer's kindness and paredness, rather unpreparedness. soldiers going to be here?" she tried thoughtfulness. For the first time Why, Brian, think what it would again. "I haven't asked them." like a wish that Brian was more pen. This country, I mean. We like him. Mandel was so depend- are 3,000 miles away. We couldn't lip quivered as she took the cup he able, and Brian so erratic. How get a large army across. It would held out to her and refilled it. Even

drilled soldiers ready to fight, like she passed back the cup. "I shall be It was getting late. Where had the other countries." night, or was he so angry he would he went on eating. Ruth was almost do as he had the night before, and discouraged, trying to make up see that you are taken care of." remain out? Finally Ruth's sobs with him. Even talking of the war

Had Hacking Cough Couldn't Sleep Nights

Miss Catherine M. McLean, Craik,

interested, would not make him

It was awfully discouraging. Her

the fact, trivial as it was, that he "Nothing is impossible to Uncle always said something about the coffee being good and this morning "Do be nice, Brian," she said as

unhappy all day if you are not." "I see no reason why I should be nice to you. Mandel will probably "Oh, Brian, you silly boy!" she realized that he was still thinking of Mandel's courtesy of the day be-

fore. "I'm sorry I let him send me home, dear. But I really was ill. He has offered too many time before out I always refused. me ill by staying out all night!" she said more heatedly. "It was your fault that I felt so badly I was will-"That's right! Try and save Mandel's cars all you want to! I knew it would come to that when you went to work for him. I'm

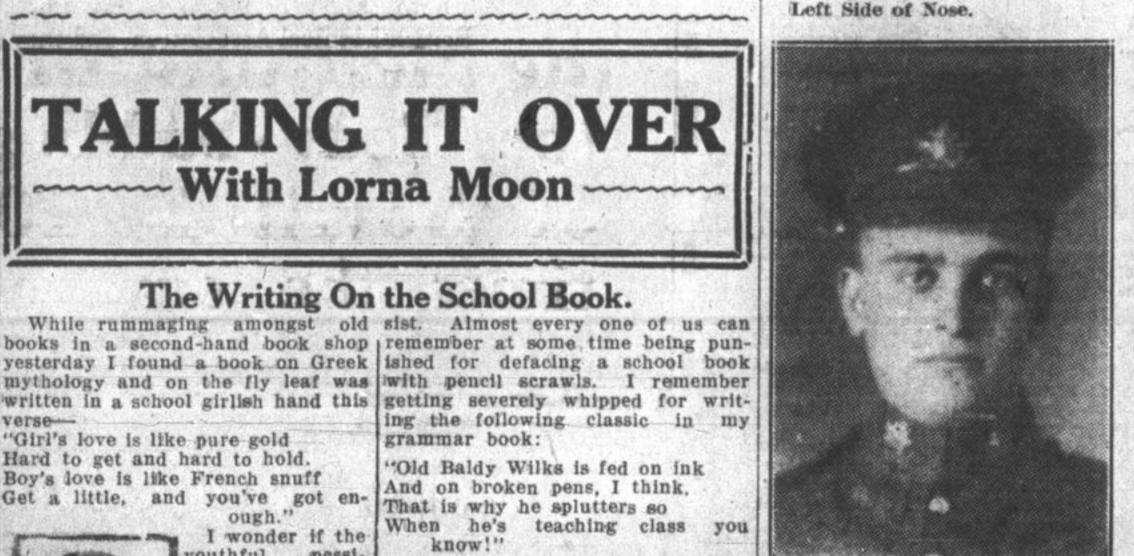
"O, Brian!" Ruth said again as he flung from the table, and started for the hall. "Aren't you going to kiss me, dear? You haven't, you know, since I came home." "Mandel has most likely made

The door closed after him upon the last word. Ruth laid her head on the table and cried as if her heart would break. Mammy Rachel could give her no comfort. She was sure she had lost Brian, and could

(To be Continued.)

LANCE-CORPORAL J. E. HUGHES AGAIN IN HOSPITAL,

He Went Overseas in the Fall of 1916—Bullet Entered His Head at Right Ear and Came Out on



Old Baldy Wilks was my teacher, LANCE-CORPL. J. E. HUGHES. that has changed of course, and he "spluttered so" Lance-Corporal J. E. Hughes, son her mind. I won- because he worse false teeth which der if she is a didn't fit. I was rather a favorite of Mrs. (L. M. Hughes, Arden, Ont., matron with him until the fateful day when has again been wounded in France. with a lot of jolly he found those words. After that His parents have received official youngsters, or if -well, I don't blame him for the notice that he was wounded in the she is a new fa- enthusiasm he put into that whip- head on October 11th. He enlisted shioned bachelor | ping. I was a heartless little Turk in the 146th Battalion on November 22nd, 1915, and went overseas with Only I never punish my children that unit in the fall of 1916. After The impulse to for writing in the flyleaf of a book, a short stay he went to France, write on the fly- or allow them to be punished for where he took part in the battles of leaf of a book is doing it. I know that they just the Somme, Vimy Ridge, Lens, Hill one that no nor- can't help it if they are normal 70 and Passchendale. In the latter battle he was wounded on November 12th, 1917, by a bomb, and was sent back to hospital in England. In August, 1918, he returned to France, and took part in the strenuous battles of the subsequent two months, and was wounded on October 11th. (His parents have had a letter from him since he was wounded, in which he tells them that he was wounded by a bullet, which entered his head at the right ear and came out on the left side of his nose. He had an almost miraculous escape from being killed. It is expected that Lance-Corporal Hughes will goon be able to return to Canada, bearing his honorable scars sustained in defence of the Empire.

On Thursday at Delta; the marriage was solemnized of Miss Grace Murray, daughter of Rev. George Murray and Mrs. Murray, and B. W.

Pte. Harold Carman Jones, only son of Mr. and Mrs. Hiram Jones, Lyn, has passed away of influenza at No. 23 Casualty Clearing Station, France, on Nov. 13th. The rolling stone sees its finish when it strikes the upgrade.



DESCRIBED "Pa, what is adversity?" "Adversity is semething that the Hun can't stand."



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Station, Foot of Johnson Street. No. 13 Express . . 3.10 a.m. 3.52 a.m. No. 27 Local . . . 9.45 a.m. 10.17 a.m. No. 1 Intern'l Ltd. 1.15 p.m. 1.46 p.m. No. 7 Mail . . . 3.10 p.m. 3.47 p.m.

. .12.20 p.m. 12.52 p.m. Nos. 1, 13, 14, 16, 18, 19 run daily. Other trains daily except Sunday.

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land. Fur further information apply to local agents or THE ROBERT REFORD CO., Limited, (General Agents, Canadian Service), 50 King Street, Cast, Toronto,

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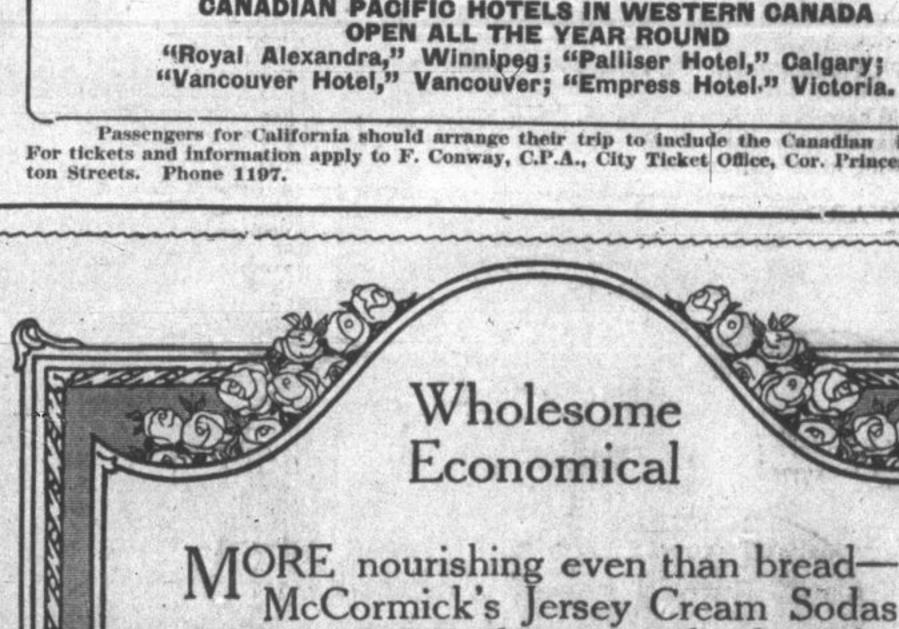
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